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MARCH/APRIL 2025

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COMMUNITY DONATIONS FUND NEW DRONE

THE RISE OF EXPERIENTIAL RETAIL

TREATMENT OF PSORIASIS AND ATOPIC DERMATITIS

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CO-PUBLISHERS

Jim Butler & Christine Butler

MAGAZINE DESIGN

Denise D. Fortin, D2 Design
denise@d2design.biz

ADVERTISING SALES

Dot Ahrens / Jim Butler

EDITORIAL CONTRIBUTORS

Crystal Atwood
Charles Benson
David Bindrup
Christine Butler
Jeffrey R. Dye
Casey Jones
Janet M. Nast
Marre Noel
Josh Osborne
Shelley Poerio
Michael Roos, PA-C
Dr. Christopher Salute
Tamalyn Tayler
Jacky Walker
Dr. Tom Waters

COVER PHOTO

Jim Butler Photography

COVER

David Cleveland,
E-Cells E-Bikes

Golden Valley Central Print Facility
7080 Highway 68
Golden Valley, AZ 86413

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Notes from the Publishers

Well, it's time for another issue of Pahrump Life Magazine and here we are. We're already to the March/April issue and we've got some great information to share with you. I also want to remind you if you have topics you'd like covered, just let us know. We want to write about what's on your mind.

The same goes about upcoming events. If you have an event coming up, let us know and we'll list it in the events section.

I think you're going to like the cover article which is about a world-renowned electric bike manufacturer right here in Pahrump. Since Jim is an avid cyclist, he even wrote the story.

In our Busy Living segment, you'll read about Cathy Behrens who, at 82 years of age, is still participating in the Senior Olympic Swimming contests and coming home with gold medals. She believes in keeping busy and staying in good shape and she is in great shape.

If you are a well owner in town, you'll be interested in checking out Jacky Walker's Water Wise article where she provides some great material on managing wells. We've all experienced difficulties with our wi-fi connection at some time or another. Josh shares some good information on how to improve your home's Wi-Fi connection in the Tech Tips section.

Dr. Christopher Salute has provided information on several topics including the effect of experiential retail on how we shop, the results of the decline of arts education in our schools and higher education, and the Nye County Search and Rescue's new drone.

We've also reinstated Ron and Marion's hidden cross on the cover page. Can you find it?

These are just a few of the topics discussed. We have a jam-packed issue, and we hope you all enjoy it. If you have topic ideas, contact Christine at Christine@PahrumpLifeMag.com, and if you want to purchase an ad, contact Jim at Jim@PahrumpLifeMag.com. We'd love to hear from you.

- Jim and Christine



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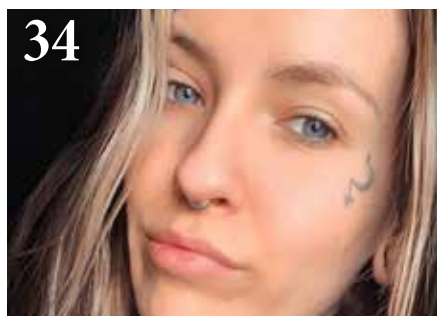
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World-Class E-Bikes

Made in Pahrump

By Jim Butler

This is one of those articles that defines who we are at Pahrump Life Magazine. We strive to find unique businesses and community events that you would not expect to find in Pahrump. We have owned Pahrump Life for two years, and I have to say it has been a blast. This is the first (and possibly last), article that I have written or will write. My wife is in charge of content; however, she allowed me to write this one article because E-Bikes are something that I love. I have had two E-Bikes and have ridden over 5,000 miles over the past two years. I am in my late 70s, and having an E-Bike has changed my life in that this bike has allowed me to stay active because I love riding it. Now, on to E-Cells, truly one of the best E-bike companies in the world, and it is right here in Pahrump!

E-Cells is the creation of David Cleveland (a disabled American Veteran) and has been in business for over 5 years. I met David accidentally at the Circle K on Basin Ave. He came riding into the Circle K as I was delivering magazines to this location. As he rode to a stop right by my car,

I couldn't help but ask him where he got his beautiful bike given it was so unique with TWO motors (this is unusual). Also, the styling was wonderful with special tires and shocks and on and on. He said, "I made this bike, and I own the company, and we sell these bikes all over the world!"

There are hundreds of E-Bike companies, so you can well imagine they are not all made the same in terms of reliability, durability, and quality. An

E-Bike is NOT your Walmart \$59.00 bike; they are quite expensive, with many running into the thousands of dollars. Also, they are quite heavy, due to the components that make up an E-Bike. My bike weighs 74 pounds, and some models are even heavier as you add more batteries and accessories. It is vital that you match your body weight with the weight of the bike and the balance between the front and back tires, which makes the bike much





safer to ride. I have fallen, and I can tell you that is not fun, so you need to be able to handle whichever E-Bike you decide to buy. Also, ALWAYS WEAR A HELMET, AND I MEAN ALWAYS!!

On David's website, he tells an interesting story of how he got into the E-Bike business. He bought an E-Bike, and like all E-Bikes, it comes with a set of marketing material that tells you how many miles you can expect to go on a single battery charge. There are a LOT of factors that have an impact on mileage, such as the power the battery produces as well as your body weight and much more. David's new bike completed about half of the specs stated in the marketing material. This is very typical with so much competition in this industry. Given he has over 25 years of experience with batteries and electrical components, he said, "I can do better than this..." and clearly, he has succeeded. This is where 90%, or even higher, E-Bike companies get you. They vastly overstate their capabilities. This is where YouTube enters in. There are hundreds and hundreds of reviews of E-Bikes. Pick a bike and search YouTube, and you will surely find a review, and if you don't find a review, pick another bike.

More on E-Cells. They currently of-

fer 12 different E-Bikes that span different price brackets and styles. However, all of their bikes meet their rigorous standards of matching the components to a specific bike. The wonderful thing about E-Bikes is that you can find a model that matches your riding style. For example, many just want to ride on the streets while others want to go off-road in rough terrain. Of course, you can find E-Bikes that do both, and generally, these bikes cost more given that they are built rugged and strong. You need to match your new bike with where you are going to ride.



Be sure to check out their website www.ecells.com. This is an excellent website where they not only list all of their bikes but also have extensive customer support material. In fact, they excel in customer support. I can tell you from experience that E-Bikes are very complex. Customer support is a critical component of buying any E-Bike. My current E-Bike is not an E-Cells bike given that I did not know they were in Pahrump. However, my next bike will be.

They are clearly head and shoulders ahead of the pack! They sell over



2,000 bikes a year with a gross revenue of more than 5 million dollars which places them in the top 50 independent bike stores in the world. David is a thought leader in the industry with several patents. Also, he has invented a way to significantly improve the safety of handling E-bike batteries which can be very volatile at times. More to come on this new battery safety invention. We are so fortunate to have this world-class company right here in Pahrump!!

Contact Information:

702.960.2015

281 South Woodchips Rd

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Remember...If You Don't Use It, You Will Lose It!

By Christine Butler

Remember, as you were growing up, your parents, teachers, and other adults would say, “If you don’t use or practice something, you will most likely lose it!” Many of us heard that as they were referring to various situations. Learning how to play the piano or any kind of instrument takes practice. Reading takes practice, and the more you read, the faster you get and the better you will comprehend and remember things.

The same thing goes with your body. If you don’t take care of it and use it, you will become weak and start developing conditions that are not healthy for you. In other words, if you don’t use something, you will lose it. Look at the weightlifters, wrestlers, football players, and other sports participants. They work hard to build a strong body so they can compete without damaging or hurting themselves. More often than not, the more they work out and build

strength, the less likely they are to fail.

Those are the exact words Pahrump resident Cathy Behrens lives by. She took her parent’s advice seriously, and today, at the young age of 82, she continues to swim or bicycle daily. She competes in the Nevada Senior Games every fall against other female swimmers in the 80-84 age range and has been very successful in bringing home awards. There are five runners and three swimmers who participate in the Nevada Senior Games. Her doctors tell her she is physically in the country’s upper one percent of women her age, and competitive swimming has helped her remain there. She has been participating in the senior Olympics for seven years.

Where Does She Swim in Pahrump?

Our town has several pools, but unfortunately, only a few are covered. Cathy does most of her swimming at the Community Swimming pool at 150 N Highway 160, which is not covered. When the weather cools off, and



Cathy Behrens

she can’t find a covered pool, she rides her bike to stay in shape. Missing a day of swimming or biking is not acceptable to her. She feels she is living proof that if you stay physically active, your chances of remaining healthy later in life are much higher. In fact, many times, when she is with people complaining of aches and pains, she invites them to go swimming with her.



October 6, 2024 - Nevada Senior Games at the Gold Pavillion Pool in Las Vegas

Other Advantages of Having a Covered Pool in Town

Another reason Cathy would support getting a covered public pool in town is that it would open up new opportunities for schools to advance competitive swimming, promote water aerobics, and host water shows. It would open the door to many opportunities connected with swimming. The town youth would have more chances to become involved in a healthy sport and expand their experiences.

When and where are the Nevada Senior Games Held?

This popular Nevada senior event is held every fall in September and October at the Pavilion Pool in Las

Vegas. There is also an Olympic size pool in Summerlin. Her particular event is usually held on October 5 and 6. Every two years there is a national event. Anyone who has won a gold, silver, or bronze medal in their regional competition is invited to participate in the National Games. Cathy has only been to one which was in Albuquerque, New Mexico in 2019. She says there are about 13,000 participants each time. People can watch for free, but it costs participants \$60-\$75 to enter and compete.

During that one National event she attended, she witnessed a 100 year old woman competing on the track. It was very uplifting for Cathy and gave her even more determination to keep up what she's doing. The participants are divided into groups according to their

age. The five year age categories are 80-84 (which is her bracket), 85-89, and so on. You must be at least 50 years old to participate.

There are no team events. Each participant swims as an individual. The team events in the senior games are events like volleyball, or other team sports.

Cathy Cares About the Residents in Town.

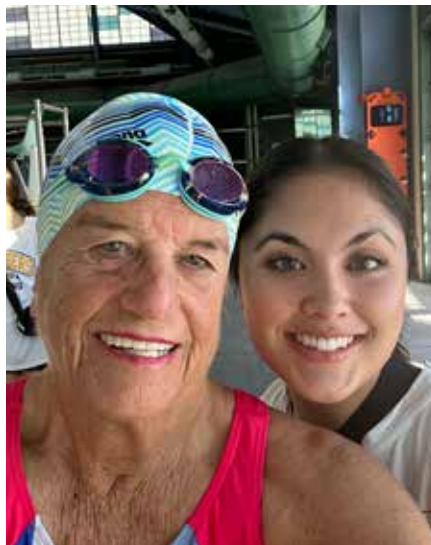
Being in good physical condition as one grows older opens many doors and, therefore, more opportunities for the town people...young and old. She would love to invite people to swim with her at the town pool. Or go on a bike ride with her. She visits the Senior Center often and encourages the women and men to remain active.

Does She Get Nervous When Competing?

In all honesty, she says yes. You don't know who you're going to be competing against until you set up for the race. In her first competitive race which was a corporate challenge when she worked at Treasure Island, she knew very little about the process or proceedings nor did she know anyone else there. She won a gold medal while swimming against all ages, so she was off to a great start. That is what got her going on her journey. Prior to this, she had never competed. When she won, she was thrilled and thought it was fun. She hasn't looked back. In fact, she now has her eye on Surfboarding at Newport Beach.

Plans for Her Future

Right now, she's feeling on top of the world, and no one is going to knock her off. She describes her life as "my puzzle is put together, and I am truly and honestly happy. I want to continue to tell other women that you can take care of yourself and do the things that



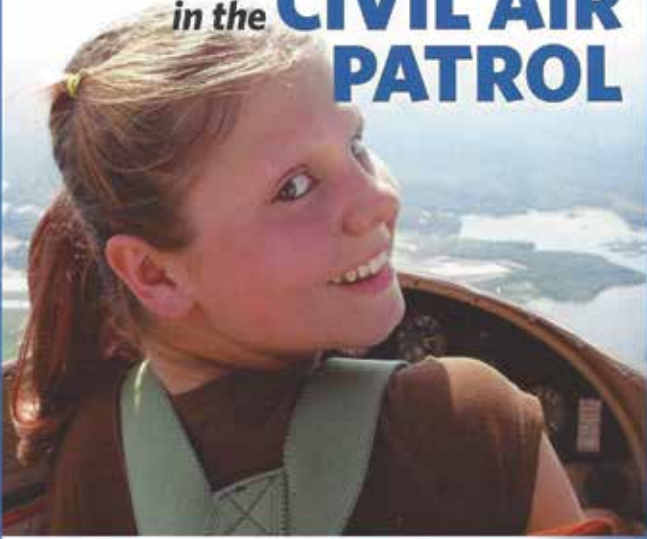
Cathy and her supportive grand daughter Skyla

make you happy, too." She has a daughter, a son, and a granddaughter that she feels is the most beautiful child in the world. These are also important parts of her life that make her very happy. We wish her well and hope she inspires all of us who are aging to remain active so we "don't lose it!"



She rides her bike every morning when not swimming

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21ST ANNUAL PAHRUMP EARTH DAY/ARBOR DAY CELEBRATION



By Tamalyn Taylor

Earth Day is an annual event that focuses on ways to sustain a healthy planet and protect our natural environment. Arbor Day is a holiday that recognizes the importance of trees. Put the two holidays together and you have a great way to spend the day learning more about Southern Nevada's natural resources and the organizations devoted to protecting our environment. I invite you to join us for the 21st Annual Earth Day/Arbor Day Celebration at the Bob Ruud Community Center on Saturday, April 26th, 2025.

I have had the pleasure of being a part of this event for the past 8 years. My day job is with NyE Communities Coalition where I work on promoting healthy eating and increasing physical activity. Outside of work I enjoy hiking and exploring the natural beauty around us. Being an earthy kind of person, I was delighted to find out that Pahrump celebrates Earth Day! Since moving here from Las Vegas, I have

found many people of like mind who enjoy the outdoors and are passionate about protecting our environment. One of those fine and unique individuals is John Pawlak.

Many of you may know John from seeing him host the Community Viewpoint Show on KPVM-TV. I know him as an individual that has donated countless hours to various committees that protect our environment. He served on the Pahrump Nuclear Waste and Advisory Board and on the Southern Nye County Conservation District Board. These are the two organizations that have helped organize the Pahrump Earth Day/Arbor Day event in the past and in the present. John has been able to attract numerous environmental organizations and agencies at all governmental levels to attend the Earth Day event in Pahrump.

At Pahrump Earth Day/Arbor Day 2025, you will see some of the local organizations like- the **Pahrump Master Gardeners**, **Friends of Discovery Park**, and the **Pahrump Garden Club**. All of whom have the expertise to talk about the local environment and how to grow

*“...at the Bob Ruud
Community Center on
Saturday, April 26...”*

things in the Mojave Desert. **Clean-Up Pahrump**, a fantastic organization that literally makes Pahrump a better place to live. **NyE Communities Coalition** will be sharing information on the NyECC Gleaning Program.

We have several organizations that will educate us on our precious resource of water. A representative from the **BLM** will provide information on recreational uses and Solar projects in the works for our area. A representative from **U.S Fish & Wildlife** will be present. We are grateful to have the **Amargosa Conservancy** with us. We hope to have representatives from **Death Valley** and **Ash Meadows** too. Other partners include **Valley Electric Association** and **Joe's Sanitation**. With over twenty partners involved it is like-



“Visit the website www.Earthday.org for information or ideas on how to celebrate and take action in your own community.”

ly I might have missed someone. We are still sending out invites for those who would like to be part of this great event.

For those that enjoy art, we will have the **Pahrump Artists and Artisan's** set up their works at the event. We also invited a youth group that meets at **NyE Communities Coalition** Game Night to create images promoting Earth Day to be displayed. We would like to have more youth engagement for our event.

So here is a call for action, for all those that participate in youth groups, please contact us with your ideas. In addition, there will be items donated by local businesses given as raffle prizes. The day will be topped off by enjoying complimentary smoothies in the morning and Chicago-Style Hotdogs served later in the day.

Curious to know more about the origins of Earth Day? Visit the website www.Earthday.org for information or ideas on how to celebrate and take action in your own community. 2025 will be the 55th anniversary of Earth Day. The theme for Earth Day 2025:

“Our Power, Our Planet” which focuses on the collective responsibility to transition to renewable energy sources

and create a sustainable future by utilizing the power of renewable energy like solar, wind, and hydroelectricity.

The theme highlights personal responsibility by making changes in our daily lives that affect the health of

our planet. Sometimes it is the minor changes that can make a difference. For example, lowering or eliminating our use of plastic. Recycling materials, eliminating food waste by gleaning excess produce and composting. The Pahrump Earth Day event will give us an opportunity to learn more about the pros and cons of solar energy in the Pahrump Valley. Amargosa Conservancy and the BLM are both involved in critical land use issues and will be able to give updates on proposed projects. It should be an enjoyable day for inspiration and learning!



As I dug deeper into the history of Earth Day, I found out that the first Earth Day event was held on April 22, 1970. United States Senator Gaylord Nelson took the idea from peace activist John McConnell about setting aside a day to honor Earth and the concept of peace. Originally, March 21st was chosen since it is the first day of spring in the northern hemisphere. As the concept grew, Senator Nelson would hire a young activist by the name of Denis Hayes to be the National Coordinator. It was Nelson and Hayes who named the event "Earth Day."

In 1990, Hayes expanded the national event to reach out on a global scale to 141 nations. Another milestone was reached in 2020, when over one hundred million people observed the 50th anniversary of Earth Day, in what is being referred to as the largest online mass mobilization in history. Earth Day 2025 notably is being called,

the World's Largest Environmental Movement.

I encourage you to take part in our own special tribute to the planet by attending the 21st Annual Earth Day/ Arbor Day Celebration at Petrack

Park/ Bob Ruud Community Center, 150 N. Highway 160, Pahrump, NV 89060. From 10:00 am to 3:00 pm on Saturday, April 26th, 2025. For more information contact Tamalyn Taylor at tamalyn@nyecc.org.





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Why is the Local Library Closed?

By Christine Butler

For several months now, the Pahrump Library has been closed. In case you are wondering what is happening, we have some answers for you. Shanna Gibbons, Assistant Director, met with me and filled me in on what is going on.

The library was built in 1999, and it officially opened in 2001. There have not been any structural or interior updates in the 24 years of its existence. The interior was becoming dated and needed some tender loving care.

The last day they were open to the public was December 14, 2024. They immediately started packing over 3000 boxes of just books plus additional boxes that contained office supplies and other miscellaneous items. These are being stored in four storage units. There are additional containers outside of the library storing the furniture. Needless to say, it was a major effort. Their current plans are to reopen this Spring with a possible grand opening at the beginning of summer. They will

keep us all posted.

There will be no reconstruction of any kind nor any changes to the exterior, but there will be fresh paint, new carpeting, and other clean up types of activities. The project is funded out of the capital improvement fund which they have been building over the years.

What are some of the activities still offered during this project?

The very popular book club continues to meet off-site. This book club is geared around favorite authors, so not all members are reading the same book, but books by the same author.

Other classes that will be offered again once they reopen include tablet and smartphone classes, the genealogy course, and their safe driving course for seniors. This course helps these drivers obtain discounts on their car insurance.

While the library is closed, you can obtain tax forms at the main post office on Postal Road during regular business hours. The library will carry them again once they reopen.

What will be available once they reopen?

When the doors reopen, the library will offer the same services as they did before they closed. The main structure and layout will stay the same, possibly with a few changes. For example, they are discussing moving the Southwest Corner back to the southwest corner of the building where it used to be.

Once again you will be able to reserve one of two small tutor rooms for free. They hold 2 to 4 people. The larger tutor rooms are also available for your use. They can hold 4 to 6 people. There are other larger rooms as well. You can reserve these for public use for a \$50 refundable deposit plus a \$50 fee for four-hour increments. This fee is waived for 501c3 organizations. No food or drinks are allowed in the library. They are maintaining the large room for kids' story time as well as baby time for the little ones.

They will also have a legal kiosk where you can print out legal forms and papers for free. They plan to continue with the quarterly blood drives in the parking lot.



Current plans include resuming all of their regular programs. They are also in the process of defining new ones they hope to offer.

Librarian Work is Strong in Shanna's Family

Shanna's love for books comes naturally. Her mother, Brenda, worked as the children's librarian for 20 years here in Pahrump. Her daughter, Brenna, is a student at Utah Tech and works in their library.

Shanna has worked at our library for 13 years. She started at the Circulation desk as an aide. She then moved to processing supervisor where she handled all the new books. Her next step was a move to Assistant Director. She has been the acting Director temporarily on two different occasions. The new full time Director, Kimberly Thomas was the Reference Librarian since March 2024 and applied for the director position when it became available. She assumed her new position on January 6, 2025. There are 13 employees at the library. Eight of them are full time and the rest are part time.

What to do if You Have Questions

The best way to get any questions answered, is to call Shanna on 775-727-5930, extension 105. Or you can email her at assistdir@Parhumplibrary.org. She'd be happy to answer any questions you might have. We will keep you posted on when the library is going reopen.



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Shelley Poerio

Know What You Can Control (You!) And Try to Understand Others

By Shelley Poerio with Casey Jones

The January/February article for Staying Stopped focused on the significant role human connections play in our mental and physical health and happiness. It also talked about how critical selecting and having the right relationships are to people in recovery. In this issue I want to delve into the importance of understanding what each of us has control over – and what we don't.

Most people know the Serenity Prayer, and anyone who's ever attended an Alcoholics Anonymous meeting has said it. One key point of the discussion in this article is to accept your limitations as an individual in impacting things you can control, or change. The other part of this article is a deeper dive into understanding which are the things we cannot change. How can we gain insights from the people who do control those other things, and how can we use this information to

strengthen relationships with others while improving our self-awareness.

Knowing What You Can Change – The Most Obvious

Some things we know we can change are more obvious, although not always easy to act upon consistently. Habits such as routine exercise, healthy eating, and avoiding negative influences typically can be recognized and targeted as changes that can be made to achieve a better life. Often this takes developing the insight to recognize what behaviors are better and then engaging the discipline in planning to move toward a better lifestyle.

We've discussed before in this column that incremental movement makes change more attainable. After all, that's the goal: to succeed at positive change. Start with identifying where you are right now. For example, if you are more sedentary then you know that adding some form of exercise to your

"Milestone: This issue marks the 8th year of Living Free Health's contribution to Pahrump Life Magazine."

lifestyle is good for you. Consider taking short, daily walks. Or if you prefer using exercise machines, joining a gym may be another option. But be realistic; just as you can't scale a mountain by jumping from its base to its peak, you can't become more fit overnight. Setting realistic goals for incremental improvement is critical to identifying that which you can control and reinforcing that you can succeed.

(Transitional housing clients at Living Free Health are required to attend gym groups, fitness training classes and nutrition classes. Consider stopping by Living Free Gym, 301 Oxbow Avenue, in Pahrump, where we are ready to help you with a plan to move toward a healthier lifestyle.)

Knowing What You Can Change – The Least Obvious

A person's weight, and fitness and nutrition habits can be easily assessed as areas needing improvement. But psychological issues – such as how we react to others' behaviors or comments, being easily frustrated, or simply being impatient – can be more difficult for us as individuals to acknowledge and change.

One way to begin on a journey to reduce stress is to pause and try to assess why we are reacting in a negative way. It could be that something from our past to which we are hyper-sensitive – such as feeling left out, ignored, or mistreated – is triggered by a stranger, friend or loved one doing or saying “the wrong thing.” Ask yourself if you can figure out why this event caused you such a strong internal reaction, or why it stimulated negative feelings. When you feel negative emotions boiling to the surface, endeavor to slow down. Try taking a deep breath, counting to ten, exhaling, and then responding. By slowing down, you are allowing the cognitive (or higher functioning part of your brain) to take charge, rather your being directed by an emotional (and sometimes regrettable) response. Your goal is to be able to diffuse the reaction and turn the experience into your own analysis of “why?” This mental exercise can help you learn about yourself – and alter the course of events (and feelings) in the future if similar events occur.

Focus on Having Compassion for Others

Doing the same type of analysis when others' behaviors negatively impact us can also lead to change. Do you

consider that maybe that the other person is dealing with some painful issues – a disappointment in a job or relationship, or even a death of a loved one or friend – that causes a caustic remark or unkind behavior or remark seemingly directed toward you.

In attempting to understand and be more open-minded and tolerant of others' words or actions, we can find a pathway to sincere self-reflection and introspection. We all have said or done things we now regret. By reflecting on why we behaved in a bad way we can learn what triggered the behavior and gain greater compassion for others. And in a small way, we may be able to prevent repeating our own reactive behavior toward others once we gain an understanding of its cause.

I recently read a quote by the late Wayne Dyer that is so pertinent to this topic: “When you change the way you look at things, the things you look at change.” Adopting this way of viewing interactions with others – or life's experiences in general – can have a significant positive impact on one's health and happiness.

Accepting that You Can't Change Others

You can change your behaviors and reactions to others, even if you can't change those of others. Keep in mind that your new behaviors and reactions to what others say or do can help minimize reactive situations. And who knows? You might even (knowingly or unknowingly) influence them toward changing for the better. There is a saying in 12-Step meetings about “keeping your own side of the street clean”. While it's true you cannot change oth-

GOD GRANT ME THE
serenity
TO ACCEPT THE THINGS I CANNOT CHANGE;
courage
TO CHANGE THE THINGS I CAN; AND
wisdom
TO KNOW THE DIFFERENCE

ers, you have the potential to exert positive influences over outcomes by modeling appropriate behavior.

The over-riding theme in these eight years of Staying Stopped articles is one of self-improvement and enlightenment. When we are happier, higher-functioning and more compassionate individuals, we find the world in which we live a more gracious and kindhearted place. Let your passion for personal betterment and enrichment reflect positively upon those in your circle of influence.

If you have comments, or ideas for next articles, please contact me at shelley@livingfreehealth.org.

Shelley Poerio is a Licensed Clinician, and author of “Rebalancing the Addictive Mind: Beating Addiction with Exercise and Nutrition.” She is also the CEO and founder of Living Free Health & Fitness, a 501(c)(3) organization that helps people stay in recovery through counseling, education programs, lifestyle changes and sober living. Shelley lives in Pahrump, NV and has been in active recovery since September 5, 2001. For more information: www.livingfreehealth.org.

Casey Jones, MBA, is a consultant who has been a part of Living Free Health & Fitness since 2013. She has helped numerous emerging companies successfully achieve their goal to grow to better meet the needs of their customers and clients. Casey lives in Dallas, TX.



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water wise



Well Ownership 101

By Jacky Walker

Maybe you've moved from the City and have always paid a monthly water utility bill and are new to well ownership. Or maybe you're a lifelong well owner with years of independent well experience and first-hand knowledge. Whichever category suits you, the following tips shared by our friends at the Private Well Owners Association will help you live a full well life in the Pahrump Valley.

💧 Learn about your own well

All wells and well equipment are not alike. Take photos of how your well-head, valves, gauges, electrical connections, and pressure tank are set up. Do some research about the brand of well equipment that you have. Know how to shut off the water (to the pump and to the house) if a leak should occur or repairs are required, especially if your system is aging and may need major parts replaced.

💧 Find a "Well Guy."

Your best friend in well ownership is the person you can call to do well repairs you aren't able to do. There are several licensed well contractors, installers, and repair folks in Pahrump,

so knowing the right one to call is critical if your well goes down. The right one may have worked on your well previously at one time and is familiar with your system, which is a big time saver when you don't have any water.

💧 Weather proof your pipes and well-related equipment.

When cold weather hits Pahrump, make sure your pipes are covered when temperatures dip into the low 30s. It's no fun being without water when the cause is avoidable. For example, Hubby and I had no water for several days in the Big Texas Power Grid Meltdown of February 2021. A small heater was trained on the well equipment, but the pipe leading out to the well head was not wrapped sufficiently. When the electricity failed, the PVC pipe froze and burst in the 6 degree temperature. Replacement parts were not available for 100 miles.

💧 Build a cover for your well.

Hand in hand with weather proofing your pipes is having a protective shed for your well. Having a shelter over your well pump will protect it from the elements – extreme heat, dust, insects, and freezing temperatures. This is per-

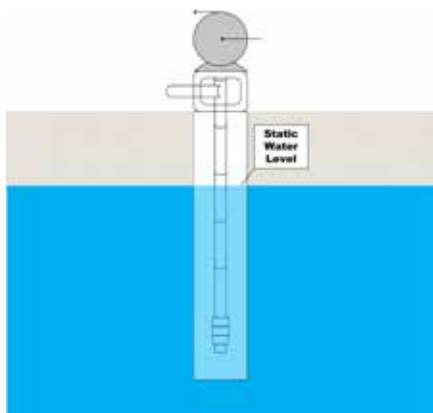
haps one of the most important tips to ensure your well pump's longevity and fewer problems in its operation.

💧 Obtain a copy of the original well drilling report or well log.

Well drillers in Nevada are required to register the wells they drill with the Nevada Division of Water Resources. Some of the well logs viewable in the public database date back to 1945, so chances are you will be able to find the records for your well. You can do a well log search at <https://tools.water.nv.gov/WellLogQuery.aspx>. You'll want to know your well depth, the static level at drilling, and the depth of the pump.

💧 Ensure your well doesn't run dry.

Keep an eye on the static water level of your well. The static water level is the natural water level of the well while it's not in active pumping mode. Your well's static water level can vary from year to year depending on the overall water pumpage from Hydrographic Basin 162, the source of all water for Pahrump (well or utility), and any recharge that occurs due to rain or snow-melt. A plumb bob lowered down the main well pipe to the top of the water can measure the distance. Be sure to record this distance in your personal Well Log to track any loss or gain year over year.



💧 Set up a routine maintenance schedule.

Periodically you'll want to check all the pipes, spigots, and water connections to your home and well system. A common, but easily fixed, problem is an ant infestation inside the well pump switch. Ants tend to favor the shelter of the small box and will congregate around the electrical contacts causing them to short out and disconnect. A monthly check of your well pump switch will head off this issue (but be sure to avoid using pesticides or other chemicals near the well).

💧 Test your well water regularly.

It makes sense to test your well water at least once a year for contaminants like bacteria, nitrates, and other potential pollutants. There is no federal requirement to test wells, so it's up to you to protect yourself. Water quality can vary in the Pahrump Valley, depending on your location, so testing for arsenic

and heavy metals is a good idea. The Private Well Owners Association does a free basic well water test for members, although a \$10 fee covers the arsenic testing supplies. Any noticeable changes in how your water looks, tastes or smells should trigger you to get your well tested asap.

💧 Write it down in your own Well Log.

No one can remember all the statistics from last year's well test, so keeping a personal Well Log is helpful. This valuable record could include a copy of the state's Well Log. You'll also want to record details such as your well's construction, depth and diameter, scheduled maintenance performed, invoices, and any well inspections or water quality tests. Think of your well equipment like your new car and it's maintenance record and you'll get it.

💧 Invest in a back-up generator.

When the power goes out, you've got no water. Whether using a whole-house generator or a portable generator, it's important that the unit be large enough to run the well pump. For example, a 4,000-watt generator may be able to run a ¾ HP pump but not a 1 HP pump. Your well-pump identification plate should give specs on its horsepower and wattage requirements. Another option is to consider a solar panel and use the stored energy to keep the well pump going after a blackout.

💧 Be an advocate for Basin 162.

Water is life in our desert community and to be a well-rounded well owner you can't have your head in the sand. Many folks in town are absolutely passionate about water rights, conservation and maintaining the rural lifestyle in the Pahrump Valley, so be sure to make your voice heard at Nye County Regional Planning Committee and Board of County Commissioners meetings. Agendas for these meetings are available on the Nye County website.

💧 Join a group.

You can learn a lot from other well owners. The Private Well Owners Association (PWOA) is a nonprofit organization whose primary purpose is education and sharing ways to preserve the rural lifestyle of the Pahrump Valley. Meetings include classes on a variety of water- and well-related topics. PWOA meets at 10 a.m. on the first Wednesday of every month at the Pahrump Valley Museum, 301 E. Basin St., Pahrump, Nevada.



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Marre Noel and the Doublewide Dreamin' Co.

By Marre Noel

My name is Marre Noel. I'm a momma of 3 kids and lots of animals. I'm a huge fan of books, farm animals, and all things self-care! Hence why I started Doublewide Dreamin' co. I've been a Pahrump local for almost 4 years now and I love it so much. I truly enjoy the small town feel and the sense of community it brings. I've traveled around a lot and grew up in small towns, but Pahrump has become home.

I tend to lean towards a much more natural aspect of life. And because of that I enjoy trying to make things myself. Something I've always been obsessed with are candles! I would always have plenty of them and wax melts around. Knowing that some contained chemicals that I wasn't so fond of having in my home, I decided to venture on to making my own and man, it became a newfound love! I played around with lots of ideas just to see what I enjoyed most. I did everything from desert candles to shaped melts and even some pretty vintage vessels. During my time of exploration, I met my amazing neighbor Robin with Fainting Goat Soaps. She saw my candles and brought me into the world that is Pahrump

craft shows! I can't thank her enough. Because of being able to be in shows I also met Ashley Welch and Carrie Nye who have welcomed me with open arms into some of the most amazing opportunities with shows, pop ups, and more. I've been able to try so many new things and find exactly what works for me and what my customers and friends love. I've made so many truly amazing connections that I'm beyond blessed to have this experience.

Since time has gone on, I have started making all natural candles, wax melts, room and body sprays, and aromatherapy bath salts! All of which are made with the most natural and safe ingredients I can find. I've started doing custom work for businesses and for friends. It's one of my favorite things to do, honestly. Being able to brainstorm and make someone's vision come to life in every aspect from scents, vessels, labeling, etc. is what it's all about. I love to also do customs with vessels that people already own! Some have beautiful items they feel would make a great candle or bath salt holder. If it is safe and checks all the boxes, then we work together to make it happen!

I find it so important to align with what people love while giving them a product they don't have to worry about when it comes to the safety of using it.



Marre Noel

Bringing the community products that are non-toxic as well as skin and home safe is something that drives me to this passion of mine. Everyone deserves an affordable and natural option when it comes to self-care.

I've worked hard to find my niche and while I've changed many things as time



has gone on, I still always have the goal of just bringing the best I can to those around me. I'm constantly trying to provide a service that everyone's happy and excited about. In the future I hope to be able to keep doing shows, meeting more awesome people, bringing new scents, ideas, and beauty through my creations, while also wholesaling for more amazing businesses around Pahrump. I couldn't have gotten to the goals I have accomplished without this community's love and support and for that I'm so truly grateful.





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8:00am Men's Bible Study

LIFE after 18



Know These Basic Terms Before Looking for That First Job

By Janet M. Nast
Life Skills Consultant, Speaker, Author
LifeAfter18.com

Introduction

Thinking about living on your own someday? Then earning your own money is a must! Whether it's called "working for a living" or just "getting a job," it all starts with understanding the basics. In this article, we'll break down everything you need to know before stepping into the working world—like what makes a full-time job different from a part-time job and other important terms and tips to help you get started on your journey to independence.

Full-Time vs. Part-Time Jobs

When you work 40 hours a week you are working "full-time." In general, anything less than 40 hours in a single week (seven consecutive days) is considered a "part-time" job.

Minimum Wage

The "minimum wage" is the lowest amount of money (hourly wage) an

"Whether it's called 'working for a living' or just 'getting a job,' it all starts with understanding the basics."

employer can legally pay an employee. Expect your first few jobs to pay minimum wage. This amount varies from state to state and in some cases, from city to city. To find out what that is, search for "minimum wage" for your state on the Internet.

As you move from one job to another and gain experience, your pay should go up.

Tip: No one "owes" you a living or anything else, nor do employers think you "deserve" anything more than what they are offering. You are only "special" to your parents.

If you get a college education, you might get lucky and someone will hire you (at your first job) for a little bit more than minimum wage, but don't expect it just because you put all that time and money into a higher education. That is your issue, not your employer's.



Janet M. Nast

Tip: Experience trumps education every time. Having both will help you to get ahead. So sometimes you have to suck it up and take those low paying jobs at the start of your career.

Hourly vs. Salary

Hourly workers are paid by the hour. For example, if you work 36 hours in one week, then you'll get paid for 36 hours. Hourly workers are usually eligible to be paid overtime based upon the description shown below under the "Overtime (OT)" heading.

Salaried workers get paid a set dollar amount per year, which is then divided by the number of pay periods in that year. For example, if your salary is \$50,000 per year and you get paid twice a month, (26 pay periods) then your gross pay would be \$1923.08 for each pay period. However, salaried workers do not get paid OT, no mat-



ter how many hours worked in a day or week.

Gross Pay vs. Net Pay

Gross pay is what your paycheck looks like before deductions.

Net pay is the amount of money that remains in your paycheck after income taxes, Social Security, Medicare, and other charges are subtracted, aka, deducted, from your paycheck. Most people refer to the final amount as your “take home pay.”

Overtime (OT)

Any amount of time you work over eight hours a day, or 40 hours in one week is considered overtime, also known as “OT.”

Some companies will pay you time-and-a-half for OT, and some will pay you double time. Time-and-a-half looks like this: If you earn an hourly wage of \$10 an hour, your overtime pay is \$15 an hour for overtime. Double time would be \$20 an hour.

Employee Benefits

These are services that a company offers to an employee such as paid vacation time, medical, dental and vision insurance, or various retirement account options. Keep in mind that these benefits are not always paid for by the

employer and they may only be offered to full-time employees who have worked for them over a certain period of time such as six months.

Applications

This is the form you must fill out to apply for a job. Every employer will ask you to do this whether it be on paper or online. You’ll be required to provide the following information:

Name, Address, Phone Number

Email Address

Previous work experience: If you have none, leave this blank. Don’t worry; zero employment history is not uncommon for most people under the age of 22 or 23. Most employers know that young adults don’t hold paying jobs, or jobs relating to their field of study, while they’re in school.

Education: If you have not yet com-

pleted your education, whether it’s high school or college, just enter the start date and leave the finish date blank or write the words “in progress.”

Tip: *Don’t ever lie on a job application.*

You can get fired when it’s discovered.

And yes, it will be discovered.

Résumés

A résumé is a document you create that contains essentially the same information as a job application. The difference is that you have the benefit of adding more information about your experience under each of your former employers. This is the place where you can really talk yourself up.

You can also add any “special skills or talents” you may have. But be sure to only list things that would have something to do with the job for which you

Work Experience

Janet M. Nast

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Client Coordinator/Client Partnering Coordinator

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- ☐ Coordinate all activities for setting up client seminars from initial contracts to ordering “off the shelf materials” as well as custom materials
- ☐ Enter all client and sales reps promo orders in Navision: includes product orders as well as registrations for seminars, workshops and special events
- ☐ Answer all client inquiries from tracking shipments to invoicing issues
- ☐ Assist in drafting client contracts by working closely with the Office of Intellectual Property

Help Desk Technician/Instructor

The Ken Blanchard Companies

- ☐ Troubleshoot all software/hardware calls
- ☐ Contribute to the New Employee Orientation Program
- ☐ Provide 1-on-1 instruction for the MS Office products
- ☐ Develop software training programs & supporting documentation

Senior Software Instructor

Sharper Executive

Executrain of San Diego

Learnsoft Inc.

- ☐ Conducted 1-2 day classes for a variety of end user applications
- ☐ Conducted private consultations with clients regarding their use of end user applications

are applying. For example, if you know how to use MS Excel and you're applying for an admin assistant or data entry role, then add it. I don't know that I would bother to add that you know how to play five-card draw for either of those jobs. But if you're in Vegas, go for it.

Many websites offer guidance on how to type up a good résumé. Do some homework on this topic and learn well. (You can also hire someone to write your résumé.) When you think you have a good first draft, have a few professional people (not your parents or friends – they all think you're wonderful and may not be brutally honest with you) review it for you before you send it to potential employers. Your résumé can really make the difference as to whether or not you get the job.

Your Internet Presence

Most employers will do some sort of "background" check on you and most of it can and will be done on the Internet. Your internet presence

refers to what you've been posting on Facebook, LinkedIn, Pinterest, Instagram, X (formerly known as "Twitter"), Tik Tok, and every other online account you might have.



Potential employers will look for your credit score (which reveals your financial responsibility history), all your education, and previous work experience. They will also find out about any illegal or criminal activity in which you might have engaged in your reckless youth.

Tip: *Everything about anyone can be found on the Internet whether you like it or not. So you or your parents should be thinking about this the moment you first touch a computer.*

To Summarize

No matter what career path you decide to take, the terms and processes you'll come across are pretty much

“Check out the Employment and Retirement lesson on ‘LifeAfter18.com’ or join my local 4H club to connect and grow.”

the same across most industries. Get a handle on them now so when it's time for your interview, you'll know exactly what to ask to make the most of the opportunity.

Want to learn more about interviews and employee benefits? Check out the Employment and Retirement lesson on *LifeAfter18.com* or join my local 4H club to connect and grow.

Got questions or ideas? I'd love to hear from you! Shoot me an email at jan@lifeafter18.com.



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OUR VETERANS OUR HEROES

Charles Benson, SMSgt (E-8), US Air Force

Part 2

*By Charles Benson
Introduction by Dr. Tom Waters,
Lt. Col. USAF (Ret.)*

As stated, this is Part 2 of Senior Master Sergeant (SMSgt) Charles Benson's story. I encourage you to read Part 1 in the Jan/Feb 2025 issue of the Pahrump Life Magazine for the background. As stated before, there is NO introduction required by Tom Waters (Lt. Colonel, USAF, Ret) so let's allow SMSgt Charles Benson to tell his story in his own words. Here goes ...

Hahn Air Base, Germany, (HAB) 1969-1971

I departed for Frankfurt, Germany, in late October or early November 1969. I flew out of McGuire AFB, New Jersey, in a C-141 Cargo aircraft. The cargo bay was configured for passengers with three seats to each side, six across total seating with a center aisle. The seats were facing the rear of the aircraft. A toilet relief pallet was in-

stalled near the front of the cargo bay. It was almost full of fresh, out-of-basic training army troops. We were all in Class-A dress uniforms, which was required to travel to Europe then. I had US Army troops sitting all around me. These guys were lost. I showed them how to fasten their seat belts. And I answered all of their questions as best I could. I must have looked impressive with three stripes, feeling comfortable on military aircraft.

I had been on active duty for four years and one month! Counting Lackland AFB in Texas, Lowry AFB in Colorado, Nellis AFB in Nevada, and Udorn AB in Thailand, I was heading

for my fifth Air Force Base in slightly over four years. I was impressed with myself seeing and doing so much in four years. The next chapter of my life was just hours away.

I arrived at Rhein-Main Air Base in Germany. It was cold. I was directed to a Blue USAF School Bus. An NCO (Sergeant) directed me to a Blue USAF School Bus waiting outside. The motor was running, and the heat was on. It had been waiting for my flight to land and to take a handful of troops to Hahn Air Base. Other buses were waiting to depart for different bases. I don't know how the Army got its troops. I was glad to be on the bus. It was the beginning of a new era in my life - a life-changing one. My boots are now on the ground in Europe, but I was exhausted.

I am trying to remember how I got to McGuire AFB to begin this trek, but I can't. There was no overnight layover. I remember spending hours at the ter-



C-141



The Blue Goose

minal waiting for my flight and being on the flight, and now I'm on the bus. I'm in a tired stupor. The "Blue Goose" was a scheduled shuttle from Hahn to Rhein-Main and back. It was dark when I arrived at Hahn. It's not very late, but dark, foggy, and cold. I am so tired.

My sponsor greeted me when I departed the bus. It was my buddy from Nellis, Bill C! He was an Airman First Class (A1C) as well - the same three stripes as me. But now they were restricted by the USAF as sergeants. I am no longer at the top of the airman structure but at the bottom of the NCO structure!

Bill was six months younger than me but entered the USAF six months earlier than me. Bill was my trainer at Nellis. After Nellis, Bill went to Vietnam, and I went to Thailand. Now, here we are together again in Germany. Seeing a familiar face after leaving Thailand and crossing the Pacific, The USA, and the Atlantic with a lot of "hurry-up and wait" mixed in was especially nice. Good old Bill had everything under control. He took me to the barracks, and I dumped my duffle bag on the bunk. I stayed in my Dress Blues, and we walked across the street to the Airman's Club. After a couple of beers and my very first Chicken Cordon Bleu, the fatigue finally hit me. My first day at Hahn AB was over.

After in-processing, I was assigned to the 50th Avionics Maintenance Squadron (AMS), 50th Tactical Fighter Wing (TFW) United States Air Force Europe (USAFE). I reported for



C-130 transport

work. My reputation has again preceded me, and I was assigned to the Shop (Mockup). I informed the Non-Commissioned Officer-in-Charge (NCOIC) that I would prefer to be assigned to the flight line instead. By now, I was very proficient in the shop and wanted to learn the other side of the job. I also said I would be an asset to the flight line due to my thorough training in the shop. He reassigned me to the flight line after commenting, "You're crazy to abandon the warm, dry shop for that freezing cold flight line." I had not thought of that. Man, was he right!

Like all things, you acclimatize to your surroundings. I had my cold-

"'You're crazy to abandon the warm, dry shop for that freezing cold flight line?...Man, was he right!'"

weather gear issued and barely had time to get used to wearing them when I was selected as part of a maintenance team to go on Temporary Duty (TDY) to Torrejon Air Base, Madrid, Spain, in December 1969 to support the Hahn F-4Ds that were using the Weapons Ranges provided by Spain for our pilots to train on weapons delivery bombing and strafing.

I boarded a C-130 transport aircraft and headed to Spain. It was sunny in Spain, but the weather required a light jacket. Still, it's much better than the "Icebox" weather at Hahn. Work, again, is relatively routine. Most of us work the night shift starting around three or four PM. They fly mainly during the day, and we repair them at night. We stay until all of the work is done. On a good day, with minimum problems reported by the aircrew, we could be finished by 7-8 PM. On a bad day, it could be three to four-o'clock in the morning finishing up. It comes with the territory of aircraft maintenance.



Cold weather gear



Air Force commendation medal

I was fortunate to have a fellow worker who was quite a good artist. We were roommates at Hahn, and he asked me to visit the Prado, the National Art Museum of Spain with him. Unknown to me then, the Prado has one of the largest art collections in the world and is best known for its diverse assortment of works by Velasquez, Goya, and El Greco. What a thrill it was to see those larger-than-life beautiful paintings. It was so many of them. I was speechless and felt so privileged to be looking at these masterpieces. It is a day I will never forget.

The 30 days in Spain passed quickly. I bought a few souvenirs. One was an oversized wooden Coat of arms-style Shield with crossed swords. I had the name BENSON carved on the front and shipped it to my folks in Tennessee. It hung over their Fireplace Mantle until they passed. I regained possession of it, and my son now has it hanging in his house in Texas. It has survived

55 years so far. Shortly after my return from Spain, I was awarded the USAF Commendation Medal for my efforts while assigned to Thailand.

I'm back in Hahn, working the 3:00 PM to 11:00 PM flight line in the cold, freezing snow, ice-covered flight line, and parking ramps. The planes are lined up wingtip to wingtip, with the tails facing the taxiway and runways. There is at least a 1/4 mile of open land behind the airplanes. There is nothing to stop the wind and blowing snow, and there is much of that in the winter-time at Hahn.

On more than one occasion, I remember working airplanes where the Radome (that black nose on airplanes) had to be opened to access the radar package for maintenance. (NOTE: The radome is a structure protecting radar equipment and is made from material transparent to radio waves, especially one on the outer surface of an aircraft.) The radome is held shut by four bolts at approximately 2-4-8-10 clock-face positions. I opened it by loosening those bolts and swinging the radome to the right 180 degrees. It is then attached to the side of the plane with a lanyard to hold it safely out of the way. This task is usually a one-man job. On several occasions, I would swing the radome a full 90 degrees and could go no further. I was standing on solid ice, and



Radome Opened Package Extended Door

the wind was pushing against the side of the radome so strong my feet were sliding on the ice. During these cold, windy nights, it would take two or three of us to get that radome secured, and that was the easy part. When closing the radome, at least one more person and I would have to be ready and very prepared to hold that radome once the lanyard was detached. The wind would grab that radome and try to slam it shut. With a little bit of carelessness, one could quickly get seriously hurt.

That would be the only winter we would have to suffer that way. With the Cold War getting warmer and warmer, Aircraft shelters were being constructed rapidly. They were called a TabVee. Why? Your guess is as good as mine. It was a concrete arch with openings in the back for the jet engine exhaust to escape, and the front had massive horizontal steel clamshell-style blast-proof doors. The doors were counter-balanced so well that one man could push them open or closed. It was a serious and costly project. By the middle seventies, almost every aircraft capable of delivering weapons to Russia was parked in TabVees.

It was early spring, and I purchased a 1965 white Ford Falcon from a departing airman. It was fabulous to have transportation and the freedom to travel. At about the same time, I was selected as a maintenance team member to deploy to Spangdahlem AB Germany. The Hahn Air Base, 10th Tactical Fighter Squadron (TFS) has been selected to participate in a weapons delivery competition orga-



They were parked in the open...like this.



Tab Vee

nized and sponsored by Allied Forces Central Europe as a member of the 4th Allied Tactical Air Forces (ATAF), all under NATO control. Also included in this competition were German, Dutch, Belgian, Italian, English, and Canadian planes, all vying for the accolades of being the best. I was one of four Weapons Control Systems (WCS) guys on the team.

The 10th TFS did very well and won numerous awards for winning in several different types of weapon delivery. Our Officers arranged a softball game and bought beer and burgers for a cookout for all of the maintenance team for our efforts in helping win the awards. Unfortunately, I was the only casualty of the celebration. While at bat, I hit a boomer to deep center field. I was steps away from third base when everything darkened briefly. I woke up flat on my back with everyone standing over me. "How's your head?" they kept asking. I replied, "Nothing is wrong with my head, but my ankle sure does hurt." I soon discovered that the centerfielder threw the ball to the third baseman, and I got in the way. As I was approaching third base, the ball hit me squarely in the back of the head, apparently knocking me out momentarily. I tripped over the third base and broke my ankle. Most of us played in T-shirts, fatigue pants, and combat boots. I was most likely having such a good time because of the beer. I laced my boots tighter and kept playing for another inning. Since I was playing catcher, I had minimal running to do. Eventually, it came to my turn at bat again. I stood up from the bench and couldn't put much weight on that ankle. It hurt too much. So I quit playing and had another burger and a couple more beers until the game ended.

I hopped to my car, and one of my friends drove me to the Emergency Room. I knew it was not just a sprain when they removed my boot. My right ankle and surrounding area were black and blue and swollen to twice their average size. It was broken. It was a Saturday, and the staff wanted to oper-



My 1965 Ford Falcon

ate and put a pin in the ankle. I said, "No, you can't do that! I must be at the NCO Club in two hours for the awards presentations"! There was no surgeon on duty. One would have to be called in. After I insisted, they reluctantly agreed to put a cast on and forget the pin.

I made it to the NCO Club on time. It got rowdy after the awards were presented. I am on crutches, and the cast is still drying. I sat with the cast, resting on another chair. The hours pass, and my fellow teammates pour beer and champagne down the toe of my cast. The initial cast was replaced after two weeks and smelled rancid upon removal. The new cast was to remain for approximately two months without a heel attached. I was supposed to put "no weight" on that foot for those two months. So, I got pretty good with those crutches. The Falcon had a bench seat, so it was pretty easy to rest my right foot, cast and all, on the transmission hump and use the left foot for the gas and brake pedals. Luckily, the Falcon was an automatic. I got good at driving it that way.

The Runways at Hahn were closed for repaving, so the rest of the 10th TFS joined us at Spangdahlem Air Base right after the Bombing Competition ended. We all resumed normal day-to-day flying until the end of July.

As I was crippled and could not work on the planes, I was temporarily transferred to a section called Debriefing. This room had four or five specialists

who would debrief the aircrew when they returned from a flight. The purpose was to talk face-to-face with the crew and discuss their gripes with the airplane. We would then be able to more accurately describe problems to the shop responsible for the check-out and repair of the malfunctioned system.

We returned to Hahn Air Base at the end of July. I remained in Debriefing for a bit longer. The cast was then gone, and I was fit to return to work on the flight line. By this time, I had made many friends in the squadron. I was a very popular guy, I had a car! One of the guys and I rented and shared an apartment in a farming village 8-9 miles from the base.

Shortly after returning to Hahn, three buddies and I went to a Gasthaus in Lautzenhausen, which was the closest village to the Base. (NOTE: A Gasthaus is a small inn or hotel in a German-speaking country or region.) The three guys were regulars there be-



Staff Sergeant



March 12, 1971 Our Wedding Day

fore leaving for the base runway repaving, but it was the first time there for me. I'm still on crutches, so I sit on a stool at the bar. The others were playing a bowling arcade game.

I ordered my beer from the most beautiful woman I had ever seen. No, this was not lust; this was love at first sight. She would be my future wife; she didn't know it yet. We talked. Her name was Barbara, but it was pronounced "ba-ba-RA", emphasizing the RA. Her English was as bad as my German, but we got along OK and understood each other well enough. You could say we were teaching each other. We dated. Sometime during September, I finally talked her into quitting work and moving in with me. My fellow roommate was off TDY somewhere again. He didn't have an apartment when he returned. I'm constantly begging her to marry me but with no luck.

Time marches on, and I still cannot get a yes from her. It is December, and I am promoted to Staff Sergeant (SSgt). My base pay is now \$371.10 per month. On 1 December, Barbara hurriedly sews on my new stripes for the first time.

Soon after, I will be TDY at Decimomannu Air Base in Sardinia to support Hahn aircraft deployed for advanced pilot training. The airfield is a front-line NATO training facility primarily used for Dissimilar Air Combat Training (DACT) of various NATO air force fighter aircraft.



1966 Olds F-85

Barbara's birthday is in December. I purchased a gold heart hanging from a gold chain as a birthday gift with the money I had won in a barracks Blackjack game. It was the first gift I gave her, and she still wears it today.

On my return, I also got that long-awaited YES that I had been trying to pry from her! We have also planned to visit her family in Hamburg for Christmas. After getting my "YES," I hastily obtained the necessary paperwork for Barbara's Mom to sign. She had just turned twenty and had to have a parent's permission to marry if you were under twenty-one. This was going to be one scary trip for me. Not only was I going to bring home the eldest daughter and ask for their permission to marry her in a language I could barely speak, but she was also pregnant! So, I was very nervous, 24-1/2 years old.

Her stepdad was a Fireman for the City of Hamburg, and her mom was a housewife still raising seven more children. Barbara was the oldest of eight! I was overwhelmed by the generous and gracious manner in which I was welcomed. This was after I had to show them my ID card, proving that I was only 24 years old and that I wasn't some old lecher trying to steal their daughter. Barbara's family almost immediately accepted me as one of them. They have accepted and treated me as one of their family members ever since. I was and am very fortunate to have them in my life.

In February, I am again TDY, this time to Zaragoza Air Base in Zaragoza, Spain. I will be doing the same duties,

maintaining the Radar System. All the USAFE fighter bases used Spain, Italy, and Turkey continuously to use their ranges to practice dropping bombs and string ground targets. There were no weapons delivery ranges in England or Germany. There were plenty of TDY tours of duty. The planes, aircrew, and maintenance personnel were rotated in and out on a 30-day cycle.

Zaragoza was uneventful, and upon returning to Hahn, we got married in March. All of my paperwork had to be translated into German, and all official German documents had to be translated into English. I paid for the translation per word! The ceremony also had to be translated into both languages. I don't know about today, but 50 years ago, it was not easy for a military person to marry a foreign national in any country. We had Barbara's mom's permission. I needed permission from my Squadron Commander. Getting married was easier than requesting a visa. However, I'll talk to you about that a bit later.

I soon discovered that one of the three



Zweibrücken AB Temporary housing

squadrons of F4 phantoms at Hahn was being transferred to Zweibrücken, Germany, in June. I joined the USAF to see the world and immediately volunteered to go with them. It was approved, and we eagerly started preparing to leave for Zweibrücken in June. I sold my Falcon and bought a 1966 Oldsmobile F-85 from a Sergeant departing for the States. We were having a baby, and I thought the four-door car would be easier than dealing with the two-door Falcon.

Zweibrücken Air Base, Germany, 1971-1973

It is June 10, 1971, and Barbara and I have arrived at Zweibrücken, Germany. It is about an hour's drive from Hahn AB. I signed in to the Base and discovered that no "on-base" temporary housing was available. We moved into The Hotel Erika in downtown Zweibrücken.

I started work and looked for housing. My old buddy Bill C transferred to Zweibrücken as well. This is the third assignment we served together.

Early afternoon on July 3rd, I rushed Barbara to the Landstuhl Army Hospital. It is about a 30-minute drive. The baby is coming! Our daughter, Jennifer, had arrived. I wanted to name her Erika after the hotel we were staying at. Barbara was a firm no on that. "No child of mine will be named after a hotel," she said. And that was that! Now, we are in a dilemma. We can't bring a baby back to the hotel. I visited the Base Housing Office and begged them

to solve my accommodation problem. It worked! They put me on the front of the waiting list for an apartment in the base Temporary Living Facility (TLF).

Two days later, Barbara and the baby were released from the Hospital, and we moved into a furnished apartment at the TLF. I'm still searching for housing every day. I am running out of time allocated for staying in the TLF. I need a place to live now! Fortunately, I became friendly with the German National running the off-base housing referral office as I saw him twice daily in the morning and afternoon. He gave me an address and said it wasn't ready to rent yet, but they would look the other way if I liked the apartment. We loved it. A third-floor walk-up, totally new, never lived in. The stairway handrail had yet to be installed. So, legally, it couldn't be rented. We took it! The apartment problem is solved just in time.

It is early September, and I am preparing for another 30-day TDY to Aviano AB, Italy. It is just another Weapons Training Deployment, with lots of flying and a heavy workload. Fortunately, it was another uneventful trip. There will be many more of these in my future.

We returned to Hamburg in 1971 for another Family Christmas with the in-laws. Even today, I'm still amazed to watch Barbara's mother place real candles on their Christmas Tree. I held my breath when she lit them with matches. However, a bucket of water was always placed nearby, and the tree was always supervised. The candles are short-lived and do not burn for more than 20-25 minutes. This ritual was repeated three or four times during the three days of Christmas. (the 24th, 25th, and the 26th).

Time passed, and I decided to take Barbara and Jennifer to America and let my Family meet them both. We take a 30-day leave to Tennessee. Upon our return, we discovered that the very sweet old lady who lived on the first-floor Apartment had fallen and lain in her apartment for days before she passed. Barbara was extremely distraught as she

had visited her almost daily and they had become very close. She blamed the trip for her death. "It would not have happened if I had been here," she said. It was a tough time for her.

To compound the problem, I learned that the Squadron of planes that had transferred from Hahn to Zweibrücken was again transferring to Spangdahlem Air Base, Germany, and I, along with the rest of us that transferred from Hahn, was being returned to the states. So, not only did I use 30 days' leave in America when I was soon to be transferred back anyway, but Barbara would have been there for the neighbor. I had orders to George Air Force Base, Victorville, California, departing in January 1973). We soon started preparations to depart Germany for California. We are scheduled to leave nine months early, and Barbara has no paperwork to enter America. She possessed a Dependant Military ID, but that will not get her into the US. She needs what is commonly called a "Green Card." It is an Immigration Visa allowing her to enter the US as a Resident Alien. The next three months are hectic, with numerous trips to the US Embassy in Frankfurt for a background check and doctor appointments for health and disease clearance. Fortunately, it all came together with a few weeks to spare.

We took one last trip to Hamburg in 1972 and said our goodbyes. We drove to Bremerhaven on Friday, 21 December, and shipped the Oldsmobile to Bayonne, New Jersey. We had a Hotel for the night and caught the train back to Zweibrücken on Saturday. I would be remiss if I failed to mention the horrifying train ride from Bremen to Kaiserslautern. We call it the train trip through hell!

The ride from Bremerhaven was crowded, but I gave it no thought. When we changed trains in Bremen, the station was in chaos. Most European trains are just like you see in the movies. Two doors separate the cabins from the exterior boarding platform. One door is located at each end



Our Apartment top floor

of the car. Once you enter the car, there are “cabins” for six people with an aisle on one side of the car. The cabins were entered from this aisle through cabin doors. We found and boarded our train car and got no further! The cabin seats were all full. The aisles were also jam-packed. We were stranded on the platform. And we were not alone! Our platform was enclosed, with an exit door to either side and a door at the end to exit/enter the next car. The toilet was also located there. Somehow, everyone appeared to have gotten on board at Bremen. But there was no more room for anyone to board the train. Our platform was packed. One lady had a sleeper cabin three cars away from us and could not reach it. Everyone was also carrying their luggage. Barbara sat on our hard-sided Samsonite suitcase and held our 6-month-old Jennifer. I stood along with all of our fellow companions. Fortunately, a fellow Military member, a German Navy guy, was also going home for Christmas. This was a whistle-stop train. It stopped everywhere. At every stop, the madness started. The Sailor and I held the door shut as people tried to force it open to board. They couldn’t board. There was no room! As the stops went by, people also wanted to get off. They were in the middle of the car with no way to reach the exits. The aisles were elbow to elbow. As the train approached the next station, the people who missed their last station exit had finally made their way through the crowd to our platform. When the train stopped, they exited the platform, and the sailor and I pulled the door shut and held it. There was still no room on the train. This same scenario continued for at least two hours as more people departed, and we could let a few board. It was cold where we stood, not like on the other side of the door where there was some heat. It was impossible to enter the cabin and find a seat for Barbara and the baby. At least we had the toilet. This continued until we arrived in Kaiserslautern.

We exited the train and found our

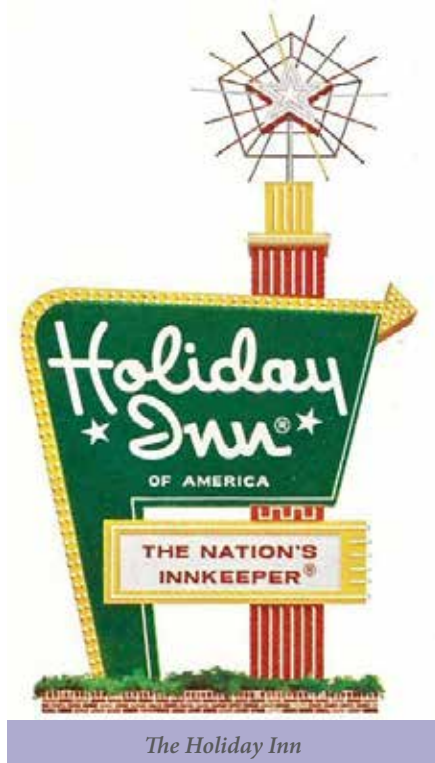
train to Zweibrücken. It was a regular train, with normal seating. It turned out that the day before, a Friday, was the last working day before Christmas, and all of the Saturday transportation was clogged with Gastarbeiters (guest workers), primarily Turkish citizens, trying to get home for the holidays. Christmas is three days in Germany. This year, it was Monday through Wednesday, 24th, 25th, and 26th. Friday was a regular work day, and Saturday, our travel day, was the first non-work day for all of them to try to get home for their holidays.

We rented a VW “bug” for our last month and used that for our final two trips to Frankfurt. I was used to driving the Oldsmobile with a V8 motor. This “bug” would maybe do 65 downhill on the Autobahn and 40 uphill. I feel lucky to have survived that month on the Autobahn. It was terrifying.

We departed on January 26, 1973. Our Friend is driving us to Rhein-Main Air Base for our return to the US. We have a flat tire on the way. No problem, other than the jack going straight through the rusty floor! We got a late start. I’m now starting to panic. We don’t have a lot of time to spare. Somehow, he found part of the floor that was strong enough to hold the car, and we arrived with 30 minutes to spare. I don’t know how; I didn’t ask why or care. I was just happy that we didn’t miss our flight.

George Air Force Base Victorville, CA, 1973-1974

We cleared Immigration and Customs at McGuire AFB late afternoon, January 26, 1973. I left the family at the terminal and boarded the BELL Transportation Shuttle to pick up our car from their storage lot. It was a relatively long process. There was the shuttle ride and a lot of paperwork, including US Customs, finally inspecting the vehicle for damage or loss of contents, and the drive back to the terminal after purchasing gas. I picked up Barbara and



the baby at the Terminal and immediately looked for a motel.

Many years later, Barbara told me that she had thought I had abandoned her at McGuire AFB and had driven off without her due to me being gone for so long.

It was a long flight; it was dark, and we were tired. I spied a Holiday Inn. I thought, “What a wonderful way to introduce Barbara to America.” I had never stayed at a Holiday Inn. I assumed they were top-tier motels then. We were settled in for the night when Barbara noticed a cockroach scurrying across the floor. She hates bugs of any kind. Turns out the place is infested with them. She slept very little that night and got me up early so we could leave that place as soon as possible. Fifty-plus years later, we have never stayed at a Holiday Inn again.

It was an exciting time for us. We were driving cross country. Barbara was going to see a lot of America.

We stopped in Tennessee, visited family, and then headed west. We stopped in Dallas, Texas, and visited a friend who had departed Germany before us. We visited another friend

in Tucson, Arizona, who had also departed earlier.

We arrived at George AFB, again in the dark. Why do we always seem to arrive everywhere in the dark? I checked into the Temporary Living Facility (TLF). Barbara woke me the following day with the biggest grin that I had ever seen from her. She had gone outside and was delighted to see green trees and grass surrounded by beautiful landscaping. When she learned we would be stationed in the Mojave Desert, she had assumed it would be the Sahara Desert with drifting dunes!

We moved into Base Housing a couple of days later. Work, again, was familiar and routine. I got reacquainted with some pals I had worked with at previous assignments. Bill C also transferred here. Base four together!

The WCS career field was unique because we only worked with the Fire Control Systems installed in the F4-C/D Phantom II Fighter Bomber. So, no matter where we were assigned, there was always someone you knew. We were a pretty tight family. That is why I always say the work is familiar and routine. The bases all have the same type of airplanes and radar, and many guys are the same. As I write this, I mention the situations and incidents at each location, not necessarily the actual work.

The first major event at George was when I was selected to go TDY to Naval Air Station, Keflavik, Iceland. The USAF 57th Fighter Interceptor Squadron of F-102s was converting to F-4C aircraft, and they requested expertise to assist in the transition. It was a 60-day TDY, and four people were being deployed. I flew commercial to Keflavik, Iceland. We arrived and discovered that 19 F-4 WCS-qualified troops had already been assigned there.

This should work out OK. We had approval for the non-availability of housing and could live in a Hotel in Reykjavik, Iceland's capital and largest city. Here is a chance to make some extra money from this TDY! There

were no hotels in Keflavik. We found accommodations in Reykjavik quickly enough, but rental cars needed to be available. There were NONE! NONE! They were all rented! We eventually were assigned to Navy transient quarters. That took the fun out of the trip. The quarters were cockroach-infested. They were everywhere! After realizing this trip would not be a vacation and we weren't needed anyway, we concentrated on leaving early. They had to save face on their request for assistance. They relented and let us go after 30 days. Poor Barbara had to deal with cockroaches again. I brought them home in my luggage. I told you the place was infested!

Upon my return, the second major event occurred. I was given orders to Kunsan, Korea, reporting in May 1974! Next year! Five months after I left Germany, I was again reassigned overseas. At least I was given nine months advance notice. We must now add the stress of preparing to go while still relaxing and enjoying California. It is not overwhelming. However, it does tighten the timeline for visiting all those Southern California attractions. I had just finished four and one-half years overseas. I should get more than 15 months in the US before departing overseas again.

Barbara can't drive. A big-city girl in Germany does not need to drive because Public Transportation is everywhere. Barbara was a fast learner. One thing that stands out was during her road test, she had to parallel park. The examiner asked her to park no more than 18 inches from the curb. She stated, "I don't know how many 18 inches are." He told her to go ahead and park. She parked, and he opened his door and said, "That looks less than 18 inches to me."

The next major event was an accident in a hangar. An ejection seat technician (Egress) was removing the rear ejection seat from an F4 parked in one of the aircraft hangers. He removed the lower part of the seat safely (the bucket) but made an error as he removed the upper part of the ejection seat on the rail that lifted and guided the seat out of the airplane during the ejection sequence. The seat rocket motor fired, sending the upper part of the seat shooting upward, out of the cockpit, through the opened cockpit canopy into an "I" beam supporting the hangar roof. The upper part of the seat smacked the technician in his face as it departed the aircraft. He was fortunate to have lived. Most of the bones in his face and head were broken.

All of us maintenance personnel had



Sand dunes

“It snowed 17 inches and paralyzed the Base, Victorville, and the surrounding areas.”

to go to the hangar to witness the results of failing to follow written procedures. It was very sobering to see a shattered canopy and dried blood that had run down the side of the airplane. I was then directed to look at the ceiling “I” beam as a reminder of the force of that rocked motor. It had a dent in it the size of a football.

This was, yet again, another reminder that there is no place for complacency when working on and around machines that will injure, maim, and kill you in that one second of carelessness. Sadly, there will be more.

The last significant event during my tenure at George was Wednesday, 9 January 1974. I worked the swing shift from 3-11 PM. Early that morning, I received a phone call announcing a Base-wide recall to report to work as soon as possible. The Base was beginning a multi-day exercise designed to test our war readiness preparation. Everyone immediately goes into a simulated wartime condition. I reported to work, and we were transitioned into two 12-hour work shifts to prepare our aircraft for deployment to a forward operating location.

Around noon, it starts snowing heavily, but it doesn't stop. By mid-afternoon, the folks that live off-base are released so they can get home safely. Soon after, the exercise is canceled, and the rest of the personnel are sent home. It snowed 17 inches and paralyzed the Base, Victorville, and the surrounding areas. I lived on Base and returned to work five days later the following Monday! The Base and Victorville had NO snow removal equipment except for a handful of Road Graders. It took days to clear the runways, taxiways, and roads on the base, and it was no better

off-base either. But I did get a four-day snowbound weekend out of it!

My departure date for Korea is rapidly approaching. For financial reasons, we decided it would be best for Barbara and Jennifer to stay with my folks in Tennessee. They had plenty of room; three bedrooms and a bath were vacant upstairs. We departed California for Tennessee in mid-April, fourteen months after arriving at George AFB. As you will soon discover, we moved a lot! I got Barbara and Jennifer settled in Tennessee. I then departed for Kunsan Air Base, Korea.

Kunsan Air Base, Korea, 1974-1975

I am again on a contracted charter airline, flying into Yokota Air Base, Japan, for my fifth trip across the Pacific Ocean. I stayed overnight in Yokota and boarded a C-130 shuttle to Korea. I arrived at Kunsan in May 1974.

Kunsan is located on the 36th latitude, approximately the same as the Kentucky-Tennessee border. The summers are warm, muggy, and wet. The winters are very cold, dry, and windy. The temperature typically varies from 24 degrees F to 87 degrees F, rarely below 15 degrees F or above 92 degrees F. But it feels much colder in the winter as it is on the Yellow Sea. It has beaches with razor wire and mines and is off-limits. On the land side, a three-mile boundary of three miles is also off-limits. Finally, no American military was allowed on the streets off base between midnight and 6 a.m. That curfew was Korean law.

I am assigned to the 3rd Tactical Fighter Wing (TFW) and the 3rd Avionics Maintenance Squadron (AMS). I am again assigned to the flight line. Bill C arrived a day or two later. Base 5 now! I am also delighted that the non-commissioned officer in charge (NCOIC) of the WCS shop was an old Hahn boss, Bob L. He was one of my favorite NCOs at Hahn. I didn't work directly for him at Hahn, but our families were close. I was thrilled to be finally working directly for him. As I described earlier, the work is predict-

able and mostly routine. The planes fly and land with discrepancies. Plenty of others and I repair the discrepancies.

There are a couple of happenings worth mentioning. Vietnam War support was rapidly winding down, and the Pacific Air Forces (PACAF) was realigning their Thailand organizations, airplanes, and materials to meet current needs better.

I was selected to deploy TDY to Thailand as the Avionics specialist assigned to a five-person 3rd TFW transfer inspection team. My task was to check aircraft records, inspect the avionics systems, and accept aircraft transferring from Thailand to Kunsan. I was TDY to various bases in Thailand through June and July 1974. While there, I purchased five rings for my wife for the upcoming Christmas. There were Opal, Rubies, Emerald, Sapphire, and pearl rings. I was so happy to have these beautiful jewelry pieces for my wife.

Military transportation between the bases was scarce, so we used local transportation. Our only attempt at military transport was out of Bangkok on a T-29 transport with twin-engine radial air-cooled piston engines. Shortly after take-off, the left engine had problems, so the flight was aborted and returned to Bangkok. The team elected to take the local train to our next destination. It was a five-hour ride, and it was what you would expect from a train with wooden benches facing each other. Except these benches were much smaller. Each of us took the whole seat. Oh, and they were not upholstered. They were wood! Like church pews and just as comfortable! The windows were wide and fully open. Remember, this is Thailand. The weather was hot and humid. When we stopped at the stations, vendors outside approached the window, offering refreshments such as bananas and slices of pineapple, and cold drinks were provided in plastic bags with ice. They would open your bottle of soda, be it Coke, Pepsi, Fanta, etc, and pour it into the bag of ice, stick it in a straw, and tie the top shut. It worked well. After the



Test firing a centerline Gun Pod

drink, I still have ice in the bag to cool my neck, forehead, etc. Our final use of local transportation was an hours-long bus ride. Again, the same scenario. Small, narrow seats and we again occupied the whole seat sitting sideways.

I completed the TDY, and upon my return to Kunsan, it was now the 8th TFW, and the 3rd TFW had moved to Clark Air Base in the Philippines. It was a paperwork move. It happens frequently. The 432nd TRW from Udorn is now located at Creech AFB, Indian Springs, Nevada.

I was awarded the AMS NCO of the Month for July 1974, The AMS NCO of the 3rd Quarter of 1974, and the NCO of the Quarter 8th TFW 3rd Quarter 1974.

A serious accident occurred during my tour. I have failed to remember the month. All our F-4 aircraft were parked inside TabVees, the Concrete Arches I previously described while at Hahn AB. The F4-D did not have a gun installed as part of the aircraft. A Self-contained 20 mm Gun Pod was mounted externally on the centerline stores station as needed.

One afternoon, a four-man weapons load crew installed a 20 mm Gun Pod on an aircraft and checked the gun, ensuring it was serviceable and opera-

tional. As the crewmember under the belly of the airplane was performing the after-installation checks, he instructed the crewmember sitting in the front cockpit to pull the trigger. When he did, the gun pod fired dozens of rounds of 20 mm bullets. This was obviously not supposed to happen! Complacency, carelessness, or just plain stupidity somehow caused this tragic accident.

The F4 has a tricycle landing gear. The nose strut is in the front, centered, and

the main gear is to each side under the wings. A 20 mm bullet is one and 1/4 inches wide and five inches long from the base to the pointed tip. The shell that holds the bullet is one and 5/8th inches wide and 7 inches long. It is a big bullet. When the gun fired, it shot off the nose landing gear strut, causing the aircraft's nose to collapse to the ground. Pieces of the strut combined with many bullets all shattered into hundreds of shrapnel pieces. The load crew supervisor, Technical Sergeant (E-6), was sitting in his parked van directly in front of the airplane. He had just stopped to check on his crew and to verify the status of the Gun pod installation when the gun fired. He died instantly from a direct hit in the right hip from a 20 mm round and multiple pieces of shrapnel. The three load crew members on the ground suffered non-life-threatening injuries from shrapnel. The fourth man, in the cockpit, was unharmed. The van (bread truck style) was littered with hundreds of holes in the body. Large holes I could put my fist in. I could look through the side of the van and see out the other side from anywhere I was standing. All four tires were flat.

Sadly and factually, many non-combat military personnel die every year from on-the-job accidents. I have men-



Flightline Maintenance vehicle

“Working on and around airplanes is a hazardous profession. One must be constantly aware of one’s surroundings.”

tioned this before. Working on and around airplanes is a hazardous profession. One must be constantly aware of one’s surroundings. Following established written procedures, patience and caution are paramount if serious injury to death is to be avoided. You can never relax and get complacent. Never! The truck was placed on the base for all to see for weeks. It was a cold, sobering reminder of what we do and how it is supposed to be done.

Christmas is arriving, and I was anxious to get Barbara’s jewelry in the mail. It was the middle of January when I finally filed an insurance claim with the USPS. Her Christmas present never arrived. Neither did my daughter’s gifts. I was heartbroken. I was too far away to do anything to make up for it. Barbara

did get the insurance money, but that is not much of a Christmas Present 60 days after the fact.

The months rolled by, and I had my new assignment back to George AFB. I had volunteered for a Consecutive Overseas Tour (COT) to Germany and England as a second choice. My orders stated that I wasn’t a COT volunteer. I had those orders canceled and to be reconsidered for a COT.

I finally received orders to England the day before Barbara was to ship furniture back to George AFB. I immediately made one of those \$4.00 per minute calls to Barbara and told her to “NOT make the shipment; we were going to England instead.” That problem was straightened out but I chose to wait until I was back home to tell Barbara

that “they couldn’t travel with me to England. There was a severe housing shortage, and I’ll have to procure us housing before they could join me”. Bill C. was in the same boat.

We were reassigned to RAF (Royal Air Force) Bentwaters, England. That makes six bases on which we would be assigned together.

I depart Korea as I continue my journey.

While this concludes Part 2 of my story, it is still only the beginning. Please see Parts 3 and 4 in future issues of the Pahrump Life Magazine. I am pleased that you are enjoying my journey with me as you wait to read Part 3 of my story in the next issue. “See You There.”

Also, please remember that YOUR story could appear in the Our Veterans, Our Heroes section to allow you to share your STORY with the Pahrump Life Magazine readers around the world. Contact Tom Waters (Air Force Veteran) or Christine Butler (Owner & Editor) to share your story with the readers.

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For Additional Information Contact:

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No one knows the exact cause of prostate cancer. Doctors can seldom explain why one man develops the disease and another does not. Research has shown that men with certain risk factors are more likely than others to develop the disease.

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Community Donations Fund New Drone



for Nye County Search & Rescue

By Dr. Christopher Salute

The Nye County Search and Rescue Team is receiving a significant boost in its efforts to locate missing individuals, thanks to generous donations from local organizations and businesses. Contributions from the Pahrump Valley Rotary Club, Valley Electric, and Parker's Kawasaki have made it possible to acquire a new drone that will enhance search capabilities across Southern Nye County.

"We would like to extend our deepest gratitude to the Pahrump Valley Rotary Club and Valley Electric for their generous donations of \$3,000 each," SNCSR stated. "Their support has made it possible to acquire a drone that will greatly enhance search efforts and assist in reuniting missing individuals with their families."

Parker's Kawasaki also contributed \$500, providing the final amount needed to complete the purchase. "Their contribution provided the fi-

nal amount needed to acquire a drone that will significantly enhance search efforts and help reunite missing individuals with their loved ones," SNCSR shared.

This new drone will serve as a crucial tool in search and rescue operations,

improving efficiency and increasing the chances of successful recoveries. The Nye County Search and Rescue Team expressed deep appreciation for the community's generosity and commitment to public safety.







Healthy Living

The Benefits of More Zinc in Your Diet

By Crystal Atwood

Unless you already know you're at risk of a zinc deficiency, you probably don't spend much time thinking about how much of this nutrient you get into your diet. Unlike other substances, zinc doesn't usually get much attention in dietary articles.

However, zinc is critical for supporting a range of important bodily functions. Because your body doesn't produce zinc naturally, you need to obtain it through food or supplements. But what exactly are the benefits of getting more zinc in your diet?

Let's take a look at the true potential of zinc.

What Is Zinc?

Zinc is one of your body's essential nutrients, which means you can't store or produce it yourself. Instead, you need to get a consistent supply through

your diet.

Zinc is found in a range of plants and animals, and you can even get food fortified with the nutrient in your grocery store.

Zinc plays a number of important roles in your body, helping with things like:

- Growth and development
- Wound healing
- DNA synthesis
- Protein synthesis
- Immune function
- Enzymatic reactions
- Gene Expression

Without zinc, your body simply wouldn't function as it's supposed to. In fact, people who suffer from deficiencies of zinc can have severe medical issues, including impaired growth and development, skin rashes, delayed sexual maturity, chronic diarrhea, and impaired wound healing.

The Benefits of Zinc Supplements

Adding more zinc to your diet with the right food or supplements can have a number of beneficial effects on your health. Zinc is necessary for the activity of more than 300 enzymes which aid in metabolism, nerve function, digestion, and other processes. It's also crucial for immune function, skin health, and DNA synthesis.

Some of the biggest benefits of increasing your zinc intake (to the correct amounts), include:

- **Improved immunity:** Zinc helps keep your immune system strong, improves immune cell function, and stimulates various immune cells. Zinc supplements can significantly reduce the risk of infections and promote better immune response in adults.
- **Wound healing:** Zinc is often used in hospital environments

when treating a range of skin injuries, like burns and certain ulcers. This is because the mineral plays an important role in inflammatory response and collagen synthesis, facilitating better healing.

- **Reduced age-related diseases:**

Some studies indicate zinc may be able to reduce your risk of age-related issues like macular degeneration, pneumonia, and similar problems.

Zinc can relieve oxidative stress and improve immune response to protect you from infection, and even help you avoid more severe illnesses as you get older.

- **Curing acne:** Acne is one of the most common skin diseases in the world, driven by the obstruction of crucial oil-producing glands in the skin. Studies indicate that topical and oral zinc treatments offer an effective way of reducing inflammation and minimizing acne development.

- **Reduced inflammation:** Zinc plays an important role in decreasing oxidative stress, and it can also reduce various levels of inflammatory proteins in the body. Oxidative stress can lead to chronic inflammation, a contributing factor in various illnesses, including heart disease

and mental decline too.

- **Managing blood sugar:** People with diabetes are often at higher risk of zinc deficiencies. In some reports, zinc has been found to help with blood sugar control and maintaining healthy lipid parameters in people with diabetes.

Your doctor may recommend taking zinc supplements if you have diabetes, or to help improve insulin sensitivity if you're dealing with obesity.

- **Healthy heart:** Various studies have indicated supplementing with zinc might support a healthy heart. Zinc can assist in lowering your total cholesterol levels and your bad cholesterol levels, protecting you from high levels of blood pressure.

While more research is needed, a zinc supplement could be good for protecting against heart conditions.

- **Sexual health:** Low zinc levels have been shown to lead to issues like fertility problems and delayed sexual development. As a result, some researchers believe taking zinc supplements might be a useful way to improve hormone balance and enhance overall sexual health.



*Crystal Atwood, Integrative Health Coach
Owner-Natural Vibes Wellness and Nutrition
Center*

Do You Need a Zinc Supplement?

One thing to keep in mind if you're considering taking a zinc supplement is that not all zinc supplements are created equal. At Natural Vibes we carry high-quality products at an affordable cost. We offer an online ordering catalog with direct shipping for convenience and in-person customer service at our retail location.

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The Rise of Experiential Retail

The Future of Shopping

By Dr. Christopher Salute

I had a person very close to me who was the marketing coordinator at a store called American Girl in NYC. American Girl stores are both an awe-inspiring and utterly surreal retail experience. On one hand, they offer an unparalleled level of immersion, where children can not only purchase dolls and accessories but also engage in activities like dining with their dolls in themed cafes, personalizing their dolls with unique outfits, and even visiting an in-store doll hospital for repairs. On the other hand, the extravagance of it all—the sheer scale of themed merchandise, the precision of the elaborate in-store experiences, and the hefty price tags—creates an environment that feels both magical and slightly absurd. It is a place where childhood fantasy collides with high-end retail, leaving both kids and parents in awe, sometimes with lighter wallets than expected.

This coordinator managed partnerships: Placing a luxury doll bed in your hotel room when you arrive in NYC, ready for your doll to rest next to you. Renting the ice skating rink

at Rockefeller Center for you and your doll to skate in a private session. Managing ticket sales for a carriage ride around Central Park where you and your doll can enjoy the sights and sounds of New York. Like... Wow. I was always amazed.

In an age where online shopping has become the norm, brick-and-mortar stores need to evolve to stay relevant. One of the most successful strategies has been the rise of experiential retail—stores that offer more than just products, but immersive experiences that engage customers on a deeper level. Businesses like American Girl, Best Buy, and FAO Schwarz have embraced this model, creating environments where shopping is combined with hands-on activities, personal customization, and unique in-store entertainment.

As you consider opening a business in Pahrump... or elsewhere, consider changing up the game. You can't compete on price with Amazon and Wal-Mart. Can you compete with experience?

Many of the below examples are toy stores... and most of them are items we simply do not need. Some are even out of business, likely ahead of their time. But, that doesn't mean the model doesn't work.

What is Experiential Retail?

Experiential retail transforms the act of shopping into an event. Rather than simply walking into a store, selecting an item, and leaving, customers participate in an engaging, often interactive experience. This could involve building a custom product, trying out the latest technology, or even learning a new skill. These stores create lasting memories, deepen brand loyalty, and encourage repeat visits—things that online retailers simply cannot replicate.

Leading Examples of Experiential Retail

American Girl: American Girl stores offer an immersive shopping experience where children can not only purchase dolls and accessories but also engage in activities like dining with their dolls in themed cafes, hosting birthday parties with said doll, and walking through floors and floors of items to decorate their doll's home, in addition to the amazingness I have written about in the above section.

FAO Schwarz: This iconic toy store is designed as a playground of wonder, where kids and adults alike can explore interactive exhibits, play with high-

“As you consider opening a business in Pahrump... consider changing up the game. You can’t compete on price... Can you compete with experience?”

quality toys, and even dance on the famous giant piano. The store thrives on creating magical moments that go beyond shopping.

Best Buy: Unlike typical electronics retailers, Best Buy offers hands-on experience with the latest gadgets, virtual reality setups, and gaming demos. Geek Squad services further enhance customer engagement by providing personalized advice and tech support.

Build-A-Bear Workshop: At Build-A-Bear, customers create and personalize their own stuffed animals, selecting everything from fur type to heart-insertion ceremonies, making the shopping experience deeply personal and emotional.

Lush Cosmetics: Lush goes beyond selling beauty products by offering in-store demonstrations, workshops on skincare and sustainability, and interactive stations where customers can test handmade bath bombs, soaps, and lotions.

Eataly: This Italian marketplace combines shopping and dining with live cooking demonstrations, pasta-making classes, wine tastings, and fresh food counters, making every visit a culinary adventure.

Apple Stores: Apple has mastered the experiential retail model with its open-store design, hands-on product interactions, and in-store workshops

that teach customers how to maximize their Apple devices.

Jewelry Making and DIY Craft Stores: Stores like Bead & Button and Michael’s craft stores offer workshops where customers can create their own jewelry or participate in DIY projects, transforming a shopping trip into a creative experience.

Spas and Wellness Centers: Many high-end spas now sell beauty products, aromatherapy oils, and skincare lines, allowing customers to purchase the same items used during their treatments to recreate the experience at home.

Nike and Adidas Flagship Stores: These sportswear giants provide in-store experiences like running analysis, shoe customization stations, and immersive digital experiences that let customers test their products in real-world scenarios.

Why Experiential Retail is the Future

Experiential retail is about more than just selling products—it’s about creating emotional connections between customers and brands. By offering unique, interactive experiences, these businesses create lasting impressions that lead to customer loyalty and word-of-mouth marketing. In a world where e-commerce dominates, physical stores that offer value beyond transactions will continue to thrive.

Retailers looking to stay competitive must innovate and embrace experiential models. Whether through hands-on workshops, personalization options, or in-store events, the key to retail success lies in transforming shopping from a chore into an adventure. The future of retail isn’t just about what you buy—it’s about the experience you have while buying it.





financial focus

with Jeffrey R. Dye

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC



Key Decisions for Retired Couples

Once you and your spouse retire, you'll have some decisions to make — decisions that could affect your quality of life in your retirement years. What are these choices?

Here are a few of the most important ones:

- **How much should you withdraw from your retirement accounts?**

By the time you retire, you may have contributed for decades to an IRA and a 401(k) or similar employer-sponsored retirement plan. But once you retire, you'll probably need to draw on these accounts to help pay your living expenses. Consequently, both of you will need to be sure that you don't withdraw so much each year that you risk running out of money later in your retirement. One common guideline is to aim for an annual withdrawal rate of 4%, but everyone's situation is different based on age, pre-retirement income, lifestyle, health, travel plans and other factors. (Once you turn 73, or

75 if you were born in 1960 or later, you will have to take certain amounts, based on your age and account balance, from your traditional IRA and traditional 401(k) each year.)



- **When should you take Social Security?** The answer to this question depends on many factors, such as your age and other sources of income. You can take Social Security as early as age 62, but your monthly payments will typically be bigger if you

wait until your full retirement age, which will be age 67 if you were born in 1960 or later. And if you can afford to wait even longer, your payments will “max out” when you reach age 70. Your decision on when to take Social Security can affect your spouse — and vice versa. If the lower-earning spouse claims Social Security before their full retirement age — again, age 67 — their own retirement benefit and any potential spousal benefit will be reduced. (Spousal benefits are given to the lower-earning spouse if their full retirement benefit is less than half the other spouse's full retirement benefit.)

- **Should you downsize?** If you live in a big home and your children are grown, you may find it economical to downsize. Of course, this is also an emotional decision, but you may find that you can save money by moving into a smaller home.
- **Where should you live?** Some states are far more expensive to live in than others. You'll want



to weigh your decision carefully, considering the cost of housing, food, income and real estate taxes, transportation and health care in whatever state you choose.

- **Have you finished your estate plans?** If not, now is the time. You'll want to work with your legal professional to create whatever documents are needed — a will, living trust, power of attorney — to help ensure your assets go where you want them to go, and that your financial and health care choices will be protected if you become physically or mentally incapacitated.

Of course, many of these same issues will apply if you are single, divorced or widowed. But if you are married, you and your spouse will want to discuss all your choices and then decide which steps to take. Once you've got your plans in place, you may well find that you can fully enjoy your retirement years.

Edward Jones, its employees and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.

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Dreaming up the ideal retirement is your job. Helping you get there is ours.

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Wills & Trusts

Don't Allow the Government to Control Your Property

By David Bindrup, ESQ., CPA, LL.M.

The people of the United States may be divided on political parties, but every single American agrees on one thing – the Government Wastes our Money!

Regardless of how you voted, all Americans can come together and agree that our local and national leaders have enabled a large amount of waste involving our hard-earned tax dollars. As a Certified Public Accountant, I hate waste. I absolutely hate when I see the State of California fail to capture water and see it running back into the ocean, but they still tap into our Colorado River a week later and fail to build water recycling plants like Nevada. I hate

seeing politicians flying first class on our dime. I absolutely hate seeing politicians going into office poor and leaving as multi-millionaires. Our message to them should be - it is now time to get out of the way and let Elon Musk help trim this waste because of so many spending blunders by politicians.

How Can We Kick the Local Government out of Our Property, Land, and Personal Assets?

First of all, don't allow the government to control you or your property, land, and personal assets by creating a Revocable Living Trust ("Trust") and designating people you know and trust to oversee your assets upon your incapacity or death.

Second, you should place a sign on your refrigerator and on paper throughout your house which states **"DO NOT LET THE PUBLIC ADMINISTRATOR IN MY HOUSE, IMMEDIATELY CALL (INSERT PERSON'S NAME), MY ADMINISTRATOR AT (INSERT PHONE NUMBER)."** For many years, I've gotten the same phone calls stating that after these government officials came into their loved ones' homes, assets are suddenly missing.

Third, if you don't create a Trust, then at least create a Last Will and Testament. A Trust avoids probate, but at least a Last Will and Testament designates an individual – NOT the Public Administrator – from entering your house upon your sickness, disability, incapacity, and even death.

“Schedule a cost-free meeting with my law firm or another law firm to discuss your desired options...you will be able to create a \$99 Last Will and Testament...”

To make matters worse, these local government officials can control you while you are alive. For example, without creating your proper plan, you are stuck with the Nye County Government controlling where you live, what you eat, and who cares for you.

Kick the local government out of your property, land, and access to your personal assets by creating a plan. Schedule a cost-free meeting with my law firm or another law firm to discuss your desired options. After this cost-free educational meeting, you will be able to create a \$99 Last Will & Testament or spend a little more and create a Trust. Nevertheless, take the first step by hiring the right person,

like Trump did with Elon Musk when he picked a successful businessman who wants others to succeed.

I want you to be protected, and so does every employee at my firm. I want to provide you with the power to control your destiny and success! I don't want to hear from your loved ones that they knew you had cash or other assets, but somehow after you passed away, it all disappeared. You now know what to do – hire the right person/law firm – and it is NOT the Government!

May God bless you, your family, our community, and the United States of America!

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David L. Bindrup, ESQ., CPA, LL.M. is a former Ernst & Young CPA and is also a Nevada CPA Attorney with an Advanced Law Degree (LL.M.) in Tax and teaches attorneys locally and nationally in the areas of estate planning, asset protection, business planning, and probate. David Bindrup Law Firm has been located in Pahrump for the last ten years. Free consultations are offered by appointment. Call 702-465-0888 to set up your cost-free consultation with a Nevada licensed attorney!

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tech tips

By: Josh

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Top 6 Ways to Improve Your Home's Wi-Fi Connection

By Josh Osborne

Having strong Wi-Fi at home can make a big difference in your daily life, whether you're using the internet to talk with family, watch shows, or check your email. But sometimes, the Wi-Fi signal may seem slow or weak, especially in certain parts of the house. Luckily, there are several simple things you can do to improve your Wi-Fi connection.

Here are the top six ways to help make sure your Wi-Fi is strong and reliable.

1. Choose a Good Internet Service Provider (ISP)

The first step to better Wi-Fi is having a good internet service provider (ISP). The ISP is the company that brings internet into your home, and the quality of their service matters.

- **Find a Reliable ISP:** Look for a company known for providing good, consistent service. If you're not sure which company to go with, you could ask neighbors or family members for recommendations.
- **Choose the Right Speed Package:** Internet speeds are measured in "Mbps," or megabits

per second. A speed of around 25-50 Mbps is usually enough for browsing, streaming, and video calls. For larger households, you might need a bit more speed. Your ISP can help you pick the best package for your needs.

Think of your ISP as the foundation of your internet. If they don't provide a solid connection, it's hard for your Wi-Fi to work well.

2. Invest in a Good, Name-Brand Router

The router is the device that sends the internet signal throughout your home. A strong, reliable router makes a big difference in Wi-Fi performance.

- **Choose a Trusted Brand:** Routers from well-known brands like Netgear, ASUS, TP-Link, Linksys, and Google Nest tend to work better and offer strong, steady signals. These brands make routers designed to handle multiple devices at once.
- **Upgrade if Your Router is Old:** If your router is over five years old, consider upgrading to a newer model. Technology changes fast, and newer routers have improved features to help you get better Wi-Fi throughout your home.

- **Be Wary of the Free or Rentable Routers That Your Internet Provider Tries to Offer You:** These routers are often cheap quality or expensive to lease. Great Computer Deals offers a wide selection of routers at affordable prices.

Think of this like replacing an old radio with a new one that has clearer sound and better reach.

3. Place the Router in an Optimal Spot

Where you place your router is very important for spreading Wi-Fi throughout your home.

- **Put it in a Central Location:** Try to place the router in a spot that's close to the center of your home. This will help the signal reach more rooms. If the router is in a far corner, some rooms might not get a good signal.
- **Place It Up High:** Routers work better when they're on a high shelf or mounted on the wall. Avoid placing it on the floor, as walls and furniture can block the signal.
- **Avoid Obstructions:** If possible, keep the router out in the open and away from thick walls, metal objects, or large appliances, as these can block the signal.

Think of your router like a light. If you place a lamp in the middle of

the room, the light spreads out more evenly. Placing your router in a central, open spot has a similar effect.

4. Minimize Interference from Other Electronics

Other devices in your home can sometimes interfere with the Wi-Fi signal. Some household electronics operate on similar frequencies and can weaken your connection.

- **Avoid Interfering Devices:**

Electronics like microwaves, cordless phones, baby monitors, and even Bluetooth devices can disrupt Wi-Fi signals. Try to keep your router away from these items if possible.

- **Use the 5 GHz Band (If Available):**

Many routers can send signals on two different frequencies, 2.4 GHz and 5 GHz. The 5 GHz band often has less interference, although it doesn't reach as far. Check your router settings to see if you can use this band for devices that are close to the router.

Think of this step like turning off noisy appliances when you're trying to have a conversation. With fewer interruptions, you'll have clearer "communication" between your devices and your Wi-Fi.

5. Use Wireless Extenders for Hard-to-Reach Areas

If you have a large home or certain rooms where the Wi-Fi is weak, a Wi-Fi extender can help. This small device can boost the signal to cover areas that the router can't reach on its own.

- **Place the Extender in a Strategic Spot:**

Wi-Fi extenders work best when they're placed halfway between the router and the area where you need a stronger signal. They'll pick up the signal and extend it into those "dead zones."

- **Easy Setup:** Many extenders simply plug into a wall outlet and connect to your existing Wi-Fi network. They're a cost-effective way to get better coverage without



buying a new router. Our store offers these extenders for around \$50-60.

Think of this like adding a second light in a dark hallway. The extender helps bring the "light" (Wi-Fi signal) to areas that the main router can't reach.

6. Keep Your Router Updated

Routers, just like computers or smartphones, need regular updates to keep them working well and to protect you from online security risks.

- **Automatic Updates:** Many modern routers can update themselves, so you don't have to worry about it. It's a good idea to make sure automatic updates are turned on or to check for updates every few months.
- **Better Security and Performance:** These updates not only help the router work faster, but they also protect it from new online threats. Keeping your router updated helps ensure it's safe and functioning at its best.

Think of this like getting your car serviced. Just as regular tune-ups help your car run smoothly, router updates keep your Wi-Fi running reliably and securely.

Quick Recap

By following these six steps, you'll have a stronger, more reliable Wi-Fi signal throughout your home:

- **Choose a good, reliable internet provider.**
- **Invest in a name-brand router that's known for quality.**
- **Place the router in an open, central spot in your home.**

- **Keep the router away from electronics that might interfere with the signal.**
- **Use a Wi-Fi extender if certain rooms have weak Wi-Fi.**
- **Keep your router updated to ensure it's secure and running well.**

These tips are easy to follow and can make a real difference. With these steps, you can enjoy strong, dependable Wi-Fi throughout your home!

Check back in Pahrump Life Magazine next month for another article.

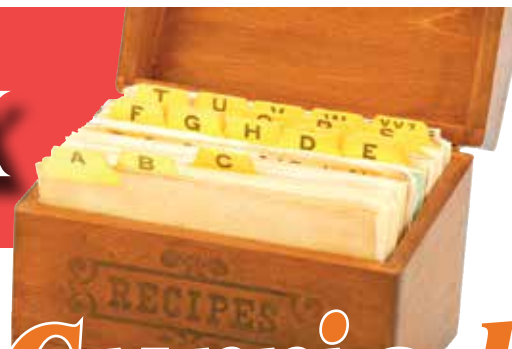
Still Needing Some Help?

Still needing some help? For assistance here in Pahrump, visit our store and repair center for fast, friendly and affordable service and shopping. We're located at 1190 East Highway 372 (across the street from Pizza Hut) and are available via phone at: 775-990-8833. We're open Monday thru Friday from 9am-3pm.

About Josh Osborne

Josh has over 25 years in the tech industry. After many years of selling computers, software and offering seminars to educators around the country, he and his family opened a local retail and repair center in 2010 called Great Computer Deals. The store's steady growth is due to Josh and his staff's ability to communicate computer technology in a way that's friendly, affordable and easy to understand. Josh is a 15 year resident of Pahrump Valley with his wife Kristie and daughters Kaylee and Lily. Josh loves Jazz music, the gym and enjoys watching Mixed Martial Arts.

Recipe Box



Slow Cooker Curried Red Lentil Soup

By Crystal Atwood

<https://naturalvibes-healthandwellness.com>

10 ingredients

6 hours 20 minutes

4 servings

Ingredients

- 2 Carrot (large, thinly chopped)
- 3 Garlic (clove, minced)
- 1 1/2 cups Dry Red Lentils (rinsed)
- 5 cups Vegetable Broth
- 2 tbsps Tomato Paste
- 2 tsps Curry Powder
- 2 tsps Ginger (fresh, minced)
- 1 1/2 cups Baby Kale
- 1/2 cup Canned Coconut Milk
- 1 tbsp Lime Juice (optional)

Directions

1. Add the carrot, garlic, lentils, broth, tomato paste, curry powder, and ginger to a slow cooker and stir to combine.

2. Cover and cook on low for six hours or on high for four hours.

3. Stir in the kale, coconut milk, and lime juice. Let it stand for five minutes, or until the kale has wilted. Divide evenly into bowls and enjoy!



Notes

Leftovers. Refrigerate in an airtight container for up to four days. Freeze for up to three months.

Serving Size. One serving is approximately two cups.

Additional Toppings. Chopped parsley, cilantro, and/or dill.

Puréed. If you prefer a blended soup, blend with an immersion blender to the desired texture once it has finished cooking.

Nutrition (per serving)

Calories 387	Cholesterol 0mg
Fat 8g	Sodium 858mg
Carbs 62g	Vitamin A 5877IU
Fiber 13g	Vitamin C 7mg
Sugar 6g	Calcium 73mg
Protein 22g	Iron 7mg



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Top 3 Benefits of Going to a Licensed Barber

By Anthony Castillo

Going to a barbershop is an experience like no other. An experience that has withstood the test of time and will continue to do so. Unfortunately, not everyone decides to go to a barbershop because there are so many options in the world we live in. People can go to a cosmetologist, stylist, and even get their hair cut in someone's garage. The question then is: Why choose a licensed barber? Here are the top 3 benefits of going to a licensed barber.

Benefit #1: Specialize in Men's Cuts

Barbers often specialize in men's haircuts because of the unique techniques and styles typically associated with male grooming. Men's haircuts often involve precise, shorter cuts with more defined shapes, including fades, buzz cuts, and undercuts, which require specific skills. Barbers also focus on services like beard trimming, mustache shaping and other grooming elements that are more common in male

personal care routines. Additionally, the barbering tradition has historically been linked to men's grooming, creating a specialized culture and expertise in catering to male clientele. This focus allows barbers to build expertise in providing personalized styles that cater to the unique textures and needs of men's hair.

Benefit #2: Cleanliness

When you choose a licensed barber and barbershop, you can expect clean and sanitary conditions because these establishments are regulated by health and safety standards set by local authorities. Licensed barbers must complete formal training and certification, which includes learning about proper sanitation practices to prevent the spread of infections and ensure a safe experience for clients. Barbershops are regularly inspected to ensure they adhere to these health codes, which require tools and surfaces to be sanitized between each use. This ensures that you're receiving professional care in an environment that prioritizes cleanliness, making your grooming experience not only stylish but also hygienic.

Benefit #3: Straight Razor

The straight razor is a barbershop staple and fan favorite! Barbers are trained and licensed to use a straight razor for various grooming tasks, such as beard trims, mustache trims, eyebrow shaping, neck shaves, and, most famously, the full face shave.

Barbers trained to use a straight razor offer a level of precision and skill that enhances the overall grooming experience. A straight razor shave is known for its smoothness, providing a closer cut that leaves the skin feeling incredibly soft and clean. Barbers with this expertise can expertly shape facial hair, creating sharp lines and contours that are difficult to achieve with standard razors. The technique also allows for more control, reducing the risk of nicks and cuts when used correctly. Beyond the shave, the ritual of a straight razor treatment can feel luxurious, offering a relaxing, spa-like experience. Overall, having a barber trained in using a straight razor ensures both a superior shave and a higher level of craftsmanship in grooming.

Choosing a barber who delivers excellent haircuts, maintains a sanitary shop, and is skilled with a straight razor ensures an exceptional grooming experience. In Nevada, state regulations require that a new, clean blade be used for each client to prevent the spread of blood borne pathogens and



illnesses. The barber you choose should also have a 'sharps' container near their station to properly dispose of used razor blades. By selecting a barber who follows these regulations and upholds these standards, you're not only guaranteeing a high-quality haircut but also enjoying a safe, comfortable, and professional experience that leaves you looking and feeling your best.

Looking for a Barbershop?

Come on down to **Sharper Image Barbershop** for fast, friendly, affordable, and traditional services.

We're located at **1266 E Calvada Blvd.**, on the corner of Pahrump Valley and Calvada Blvd. Feel free to call or text us at **775-910-2111**.

Hours of Operation:

- Monday–Friday: 9 a.m.–6 p.m.
- Saturday: 9 a.m.–4 p.m.

About Anthony Castillo

Anthony brings over 25 years of customer service experience, starting with his first job at In-N-Out and later working for the Nye County Sheriff's Office. Barbering has always been his passion, and after leaving NCSO, he trained in Las Vegas and has now been barbering professionally for five years.

Sharper Image Barbershop combines traditional services with modern practices, focusing on quality, customer service, and lasting community relationships.

Anthony has lived in Pahrump for eight years with his wife, Elvia, and daughter, Gianna. When he's not barbering, Anthony is a movie buff, a fan of In-N-Out, and a die-hard sports enthusiast. Go Raiders!



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the Education Editorial



Dr. Christopher Salute

The Decline of Arts Education: A Crisis in Schools and Higher Education

*By Dr. Christopher Salute
Director, Great Basin College, Pahrump*

For decades, arts education has been a vital part of the American school system, fostering creativity, critical thinking, and cultural appreciation in students of all ages. However, in recent years, the systematic defunding and removal of arts programs—including music, theater, visual arts, and culinary arts—have left a gaping hole in our education system. This troubling trend is not only stifling creativity but is also diminishing students' overall academic and professional preparedness.

This isn't something new. For anyone who has seen "Mr. Holland's Opus," (the movie with Richard Dreyfus, remember that one?), this has been plaguing our educational system for decades... DECADES!

The Diminishing Presence of Arts in K-12 Schools

Budget cuts and standardized testing pressures have led to the reduction, and in many cases, the outright elimination of arts programs in K-12 schools. Many school districts, particularly those in low-income areas, have prioritized

core subjects such as math, science, and reading while neglecting artistic disciplines. This shift has deprived students of opportunities to develop critical soft skills such as communication, teamwork, and emotional intelligence. Studies have consistently shown that students who engage in the arts perform better academically, with higher test scores and graduation rates. Yet, the removal of these programs persists, leaving students without essential outlets for self-expression and innovation.

From the movie, "Mr. Holland's Opus," mentioned above, "Pretty soon these kids won't have anything to read and write about..."

What's the point of producing data

analysts if they can't enjoy something soothing in their downtime? Do we think we've just produced enough art? I mean... I'll be real - I don't really understand much of the new music coming out. I enjoy my 80s and 90s pop and hip hop. So, personally, I'd be fine for the rest of my life if Taylor Swift never published another song. However... that doesn't mean I want to deprive others from it!

The Decline of Arts in Higher Education

The crisis extends beyond primary and secondary education. Colleges and universities across the country are also cutting funding for arts pro-



grams, often citing financial concerns or declining enrollment. Departments once dedicated to fine arts, music, dance, theater, and even culinary arts are being downsized or dissolved. This is particularly evident in public institutions, where dwindling state funding has forced administrators to prioritize STEM and business programs over artistic disciplines. For a moment, we were converting STEM to STEAM programs... with an A for "Arts." What happened? I wish I had more insight!

The impact of this shift is profound. Without a robust arts curriculum, students interested in creative careers are finding fewer opportunities to hone their craft in an academic setting. Furthermore, the absence of arts education at the collegiate level devalues the cultural and economic contributions of creative industries, which collectively generate billions of dollars annually and employ millions worldwide.

But, what other programs are protected? Athletics for example. From the movie, "The day they cut the football budget in this state, that will be the end of Western Civilization as we know it!"

We love that students are remaining active at all levels. Also... is it easier to sell art on Etsy... or become a professional basketball player?

The Far-Reaching Consequences of Cutting Arts Programs

The removal of arts from the education system does not just affect aspiring artists—it harms society as a whole. A well-rounded education that includes the arts cultivates problem-solving skills, adaptability, and the ability to think outside the box—traits that are highly valuable in any profession. Employers today increasingly seek workers who can innovate and communicate effectively, skills that are deeply rooted in arts education.

Sales: One very simple and important example. Salespeople... god willing... will not be disappearing. If they do... goodness, we've really put too much emphasis on our faith in AI. But, I digress... Imagine you're buying a car... a home... something. The sales



representative is talking to you and you say, "Oh goodness... I need to go. I need to be at Allegiant Stadium for this Metallica concert I bought tickets for..." And they say, "I'm sorry... who? What's a concert?"

Would you feel comfortable with that person? Obviously that is a bit extreme. But, really - the arts bond us! Why are we devolving?

Moreover, exposure to arts in schools fosters cultural awareness and appreciation. In a world that is becoming more interconnected, understanding different artistic expressions can bridge divides and promote empathy. By stripping away arts programs, we risk creating a generation of students who lack the ability to engage with and appreciate diverse perspectives. The beauty of these arts- in all ways, shapes and forms, is unimaginable. To quote Mr. Holland's Opus, again, "Play the sunset..." This is a line Holland says to a student who needs inspiration.

Reversing the Trend: The Need for Renewed Investment

It is imperative that educators, policymakers, and communities work together to restore and expand arts education. Increased funding for arts programs, both in K-12 schools and higher education, must be a priority. Schools should integrate arts into interdisciplinary learning, demonstrating its relevance in subjects like history, science, and technology. Additionally,

institutions of higher learning must recognize that the arts are not expendable luxuries but essential fields of study that contribute significantly to society and the economy.

We've noticed, recently, that there is a huge trend in AI producing art. This is only going to hurt our arts education and arts, in general. So, let me get this straight: We want to allow computers to create art and music... so that we can do more... chores? Budgeting? Programming? Goodness... this is not the life I want for my (unborn) children.

The arts are not simply an extracurricular activity; they are fundamental to a complete and effective education. If we continue to sideline creative disciplines, we risk producing a workforce devoid of imagination and a society that fails to appreciate its cultural richness. It is time to reinvest in arts education and ensure that future generations have access to the creative tools they need to thrive.

From the movie, "There is a story, that in order to write his music, Beethoven literally sawed the legs off of his piano, so that the body would lay flat on the floor. And he would lie down next the piano with his ear pressed to the floor, and he would hit the keys with his fingers in order to hear his music through the vibrations of the floor..."

Now, what kind of a world do we want to live in, devoid of that passion? Ask yourself.

Biologic Therapies in the TREATMENT OF PSORIASIS AND ATOPIC DERMATITIS



By Michael Roos, PA-C

Psoriasis and Atopic Dermatitis (AD) are chronic inflammatory skin conditions that can significantly impact a person's quality of life. Though they share some symptoms, they have distinct causes and treatment approaches.

Psoriasis is an autoimmune condition characterized by rapid skin cell turnover, leading to thick, scaly plaques on the skin. It often appears on the scalp, elbows, knees, and lower back and is associated with systemic inflammation that can affect the joints (Psoriatic Arthritis).

Atopic dermatitis (AD) is a chronic inflammatory skin condition commonly associated with allergies, asthma, and eczema-like dry skin symptoms, typically starting early in life. It causes dry, itchy, and inflamed skin, often affecting the face, hands, and flexural areas (elbows and knees). AD is linked to an impaired skin barrier, considered to be genetically inherited, making the skin more susceptible to irritation and infection.

Biologic therapies have revolutionized the treatment of both psoriasis and atopic dermatitis by targeting specific components of the immune system that drive inflammation. Unlike traditional systemic treatments, which

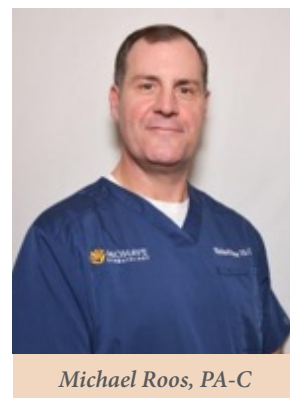


broadly suppress the immune system, biologics work by inhibiting specific pathways involved in the disease progression. Biologics for psoriasis primarily target inflammatory molecules like Tumor Necrosis Factor Alpha (TNF-a), interleukin-17 (IL-17), interleukin-12/23 (IL-12/23), and interleukin-23 (IL-23). These treatments help reduce excessive immune activity leading to decreased skin inflammation and plaque formation. Common biologics for psoriasis include: Humira, Cosentyx, Taltz, Tremfya, Otezla, Skyrizi and many more. It is important to understand that Psoriasis is currently incurable but these treatments can control the appearance and symptoms of the disease.

Biologic therapies for Atopic Dermatitis (AD) primarily target interleukins that drive skin inflammation and itching. The most notable biologic therapy for AD are Dupixent, Rinvoq and others in development.

Benefits and Considerations

biologic therapies offer long term disease control and are generally well tolerated. They are typically adminis-



Michael Roos, PA-C

tered via injection and require ongoing monitoring by a health care provider. While effective, they are not suitable for everyone, as they may increase the risk of infections and require screening for conditions like tuberculosis before starting treatment. For patients struggling with moderate-to-severe Psoriasis or Atopic Dermatitis biologic therapies provide a life changing option, improving skin health, reducing symptoms, and enhancing overall quality of life. If you are considering biologic treatment we welcome you to schedule a consultation with Dr. J.Daulat, Dr.A. Daulat, Michael Roos PA-C or Nicholas Benites PA-C at Mohave Dermatology, located in Pahrump, Las Vegas or Mesquite, to determine the best treatment option for your condition.



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Dr. Jaldeep Daulat is a Board Certified Dermatologist with over 32 years of Dermatology experience. He opened Mohave Skin and Cancer in 1984, balancing his life between Las Vegas, Laughlin, Kingman, Lake Havasu City and in 2017 expanded into Mesquite and Pahrump, Nevada with Mohave Dermatology. Dr. Daulat is trained to perform highly specialized microscopic skin cancer surgery known as Mohs. He has successfully performed well over 25,000 surgeries and reconstructions. Dr. Daulat has been an instructor and speaker and has given numerous dermatology residents the opportunity for hands on learning and practicing under his guidance.

Michael Roos, PA-C, is a skilled physician assistant. Mr. Roos is a **veteran**, serving as a medic in the **United States Army**, and has a strong commitment to medicine and his patients. His service includes tours in Germany, Iraq, Kuwait, and Oklahoma. Michael received his undergraduate degree in biology and later became a Physician Assistant. He trained in dermatology with Dr. Daulat and treated all types of dermatology conditions, ranging from acne, psoriasis, and autoimmune diseases, to surgical removal of moles, cysts, basal cell, squamous cell, and melanoma cancers. He has over 22 years of experience in cosmetic injectables and laser treatments.



*Se Habla
Español*

Nicholas Benites, PA-C, is an exceptional physician assistant practicing in the Las Vegas area for over 10 years, with eight years in dermatology. He is a **veteran**, having served in the **United States Army** for almost 20 years in both the **Nevada Army National Guard** and the **United States Army Reserve**. He is currently a major in the Army Reserve. Nicholas completed his medical training in the military's Interservice Physician Assistant Program. Nicholas treats various skin conditions from acne to skin cancer. He brings expertise from his work with multiple dermatologists and practices over the years.

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Volunteer Connection

Volunteer Connection is a listing of local organizations that need volunteers. We often hear people say they would love to volunteer, but don't know where to start. If your organization needs volunteers, please send a 40-80 word description to: Christine@PahrumpLifeMag.com.

Ambassadors of Pahrump

The official Ambassadors of Pahrump (the Nevada Silver Tappers and Ms. Senior Golden Years, USA,) non profit 501(c)(3) organizations invite all golden ladies to join them in their sisterhood.



The tappers invite anyone who has reached the age of 50 years young to join them and learn to dance, get great exercise and have lots of fun. The Ms. Sr. Golden Years USA, Inc. invite any lady who has reached the golden age of 60 to join them in their pageant held in June at Saddle West Hotel & Casino. To join either group, no experience is needed. We are just ladies who devote our lives to the community of Pahrump wherever and whenever there is a need. You may join us by phoning the executive director at 775-727-7011 or 702-370-8852.

Clean up Pahrump®

CLEAN up PAHRUMP®, a chapter of Desert Pigs nonprofit, is committed to the removal of illegally dumped trash. Meeting every Saturday for 1 hour we clean up trash sites and roadside garbage; properly disposing of it. Come make friends, and do something beneficial for the community! Bring plenty of fluids and no politics-we supply the rest! For more information on volunteering or donating please visit us at www.cleanuppahrump.org or Facebook at CLEAN up PAHRUMP!



MLK Foundation of Pahrump

Martin Luther King Foundation of Pahrump, MLK, is a non-profit organization. Here in Pahrump, we focus on hosting events that provide

scholarship money for college or trade school applicants from our local Pahrump Valley High School. All our proceeds go to our graduating high school seniors. We are committed to our community and the future of our students. At this time, we are hosting an event to help replenish the funds we used for last years' scholarships recipients. We are holding our usual MLK Luncheon in January honoring Martin Luther King Day. We are looking for volunteers to help with event planning, decorating, ticket sales, fundraising, and so much more. Your time and effort is what is needed. Our monthly meetings are held on Monday afternoons and there are no dues for our members. For more information or questions send an email to MLKPahrump@icloud.com and please include Volunteer in the heading/subject line.



Nevada Outreach Training Organization

NOTO is the umbrella organization for the Pahrump Family Resource Center, No to Abuse, and the Nye County Children's Advocacy Center.



We offer assistance with applications from community and government agencies (SNAP, TANF, energy assistance, unemployment, etc.), assistance in obtaining necessary documents, referrals and connections with other community resources, and material goods. We offer court-approved parenting, co-parenting, anger management/impulse control, and life skills classes. We also run Nye County's only supervised visitation program, providing court- and

DCFS-ordered visitation services to Nye County residents, a weekly women's support group for domestic violence survivors, advocacy services for victims of domestic violence and elder abuse, material goods, and referrals for community needs assistance. We provide advocacy services to families referred by the Nye County Sheriff's Office in cases of child abuse allegations.

Volunteers can help by processing donations to NOTO, property maintenance, office work, and outreach events. If you would like help or want further info, please call Darlene at 775-751-1118, ext. 113, Monday-Thursday, 8:00 to 4:30.

Never Forgotten Animal Society

Never Forgotten Animal Society is a no-kill rescue. We are looking for animal-loving volunteers to help with quarterly yard sales and our second-hand store "Make An Offer Shoppe" located at 1050 S. Dandelion. We are largely supported by community donations. Any questions please contact Pat at 775-764-9070.



The NyE Communities Coalition

We are building healthy communities across Nye and Esmeralda Counties and we welcome anyone interested in helping! The coalition is made up of individuals, organizations and agencies that are focused on joining together in cooperative and collaborative efforts to increase prevention services and opportunities. The NyE Communities Coalition and partners always have volunteer opportunities. If you would like to help improve the quality of life in our community please contact us for current opportunities. To contact by phone 775.727.9970 or send an email to info@nyecc.org.



Nye County School District

Volunteers are needed to read with children offer tutoring in a variety of subjects, to offer mentorship in arts, writing, poetry, and math. You don't have to have a student enrolled to volunteer your time. Volunteers need to fill out forms in accordance to state law but anyone with a few hours to give, come on down! They'll hook you up with a school. For more information or to volunteer contact the NCSD Human Resources office at 775-727-7743, ext. 300 or email volunteer@nyeschools.org.



The Nye County Sheriff's Office Auxiliary Unit

The Nye County Sheriff's Office is looking for volunteers for our Sheriff's Auxiliary Unit in Pahrump, Amargosa, Beatty, and Tonopah. You can volunteer a minimum of 15 hours a month. You must be able to pass an FBI Background Check and must be available for day-time classroom training. For information about Neighborhood Watch, contact Harold Rubin-Smith at 775-419-9707 or on their Facebook page. Call Commander Al McMahan or Vice Commander Leia Martin at 775-751-4231. Applications are available at the Sheriff's Office, 1520 East Basin Avenue, at the Administrative Office in the Detention Center (next to the Court House), or online.



Pahrump Valley Lions Club

Lions Clubs International is the largest service club organization in the world. The Pahrump Valley Lions Club is looking for new members to assist in efforts to aid the blind and visually impaired, champion youth initiatives, and strengthen the local community through hands-on service and humanitarian projects. The Club meets the first and third Tuesday of each month at 6:30 p.m. at Las Patronaz, 270 Dahlia St. For more information, call 775-727-9016.



Rocky Mountain Elk Foundation

The Pahrump Chapter of the Rocky Mountain Elk Foundation will hold their annual Fund Raising Banquet at Pahrump Nugget on Saturday, November 12 at 5 p.m. The mission of the Rocky Mountain Elk Foundation (RMEF) is to ensure the future of the elk, other wildlife, their habitat, and our hunting heritage. Banquet proceeds will support the mission to conserve, restore and enhance natural habitats, promote the sound management of wild elk, which may be hunted or otherwise enjoyed. The committee meets at the Pour House, 1101 NV-160, Pahrump the second Saturday of each month. Volunteers are welcome. For more information contact: **Dakota Evans 702-426-1684.**



RSVP Needs Drivers

Would you like to assist seniors and disabled persons in our RSVP Transportation program? RSVP provides door to door safe transportation for medical appointments, to pick up prescriptions or shopping. Drivers must pass a background check and will receive 40 cents per mile reimbursement for each & every round trip of a registered client. Please join us in helping our friends and neighbors. Call 775-751-5282 to Volunteer.



The Salvation Army Pahrump Service Center

The Salvation Army Pahrump Service Center is open five days a week from 8 AM to 4 PM and is always accepting new volunteers. We need the most assistance on our client-choice food pantry days, which are Tuesday and Friday from 9 AM to 2 PM. Volunteers will work with clients to check in, select food items, and load items into clients' cars. To apply please come to our office located at 240 Dahlia Street or call 775-751-6181



Silver State Chili Cook-off

If you like chili, networking, organizing, and helping a great cause we have opportunities for you to get involved. All of the proceeds of this event goes to support local charities. We are in need of individuals for organizing the judges, vendors, car show, chili contestants, entertainment, and purchasing supplies. For additional information call Kelli Sater at (775) 764-9377.



Sleep in Heavenly Peace

Sleep in Heavenly Peace is a new chapter in town and in the state of NV. This organization was started in 2014 and is based in Twin Falls, Idaho. This organization gets beds for kids. They are 100% volunteer-driven and donation-driven. They need funds for tools and materials to build the beds and volunteers to help assemble the beds and deliver them to children right here in Pahrump. For more information call Gary Bennett at 702-539-9685 or [gary.bennett@shpbeds.org](mailto:bennett@shpbeds.org).



Southern Nye County Search and Rescue

Southern Nye County Search and Rescue is a volunteer organization, our primary mission is to respond to and execute any search and rescue operations within Southern Nye County, NV and surrounding jurisdictions under the direction of the Nye County Sheriff's Office. Our volunteers, along with our local equestrian unit, assist and support many community events and provide on-going training programs to unit members.



Are you interested in becoming a member? For more information about our mission and services, please contact us at 775-727-5071 or searchrescue201@yahoo.com.

Tails of Nye County

Tails of Nye County needs YOU if you are a compassionate animal lover with some time to donate to improving the lives of Nye County's cats and dogs. We are a dynamic group of volunteers looking for help with cat transport to Las Vegas, trapping, fund raising, office help, and fostering kittens. Our organization is a registered nonprofit 501(c)(3) that is dedicated to helping the community with its growing community cat population through the Trap-Neuter-Return (TNR) program which is the only humane, effective approach to care for a feral cat population. Cats are trapped, spayed or neutered, vaccinated, ear tipped and then returned to their outdoor home. Tails of Nye County traps and sterilizes an average of 1000 stray cats annually. We also offer dog and cat owners a low cost spay/neuter program based on their ability to pay. Please consider partnering with our organization to help end the suffering of homeless cats in Nye County. For additional information, please contact Denise Scherer at 702-306-3245.



West Star Ranch

If you love animals, West Star Ranch could use your help. We're always in need of folks to help with placing animals, light construction, help in the store, rescues, networking, and much more. For more information call 775-287-1436.



Places of WORSHIP in Pahrump

Apostolic Church of Pahrump

3190 S. Highway 160, #J (775) 419-3800
www.ApostolicChurchOfPahrump.com
 Pastor Anthony Liso

Calvary Chapel Pahrump Valley

1051 E. Mickey St. (775) 751-8000
www.CalvaryChapelPahrump.org
 Pastor John Gundacker

Calvary Chapel - Shadow Mountain

2491 Mount Charleston Dr. (775) 751-7623
www.CalvaryChapelShadowMountain.com
 Pastor Lonnie Biggs

Central Valley Baptist Church

3170 S. Blagg Rd. (775) 910-9995
www.BlessU2.com
 Pastor Terry Stone

Choice Hills Baptist Church

340 W. Mesquite Ave. (775) 751-1417
www.CHBCPahrump.com
 Pastor Carl England Jr.

Church of Jesus Christ of Latter-Day Saints

921 E. Wilson Rd. (775) 727-5342
www.ChurchOfJesusChrist.org

Wheeler Pass Ward

Bishop Jim Wulfenstein
 General Congregation Sunday Service 9am

Charleston Park Ward

Bishop John Toomer
 General Congregation Sunday Service 10:30am

Water Rock Branch

President Jaime Osorio
 General Congregation Sunday Service 12:40pm

Church of Jesus Christ of Latter-day Saints

5461 Manse Rd. (775) 751-7618

Manse Springs Ward

Bishop Timothy Sutton
 General Congregation Sunday Service 9am

Gamebird Ward

Bishop Joe Gent
 General Congregation Sunday Service 10:30am

Homestead Ward

Bishop Jeff Hammar
 General Congregation Sunday Service 12pm

Church of Pentecost

781 S. Woodchips Rd. (775) 727-6681
www.PentecostalsOfPahrump.com
 Pastor James Monroe

Church of the Harvest

1670 Vondell Dr. (775) 513-4950
www.ChurchOfTheHarvestPahrump.org
 Pastor Harold L. Davis Sr.

Covenant Lighthouse Church

921 S. Highway 160 #401 (775) 537-5555
 Pastor Pennie Rosco

Desert Church of Christ

2360 E. Calvada Blvd., #C (775) 751-1045
www.DesertChurchOfChrist.org

Faith Fellowship Church

2190 N. Blagg Rd. (775) 727-9183
www.FaithFP.org
 Senior Pastor Jim Huntington

Heritage Bible Church

3061 E. Heritage Dr. (775) 727-7220
www.HeritageChurchPahrump.org
 John Edgell or Bud Hawk

It is Finished Ministries

2301 Winery Rd. (702) 813-1490
www.ItIsFinishedMinistries.com
 Pastor Dennis Boylan

Jehovah's Witness Kingdom Hall of Jehovah's Witness

6131 Thousandaire Blvd. (775) 727-6077

Joy Divine Community Church

1161 S. Loop Rd. (775) 419-5266
www.JoyDivineChurch.com
 Pastor Vivian Chess, Pastor Jim Horvath

Living Word Church

1370 E. Matthew Ln. (775) 505-2626
www.LivingWordPV.com

New Hope Fellowship Foursquare Church

781 West St. (775) 751-1867
www.NHFPahrump.org
 Pastor Isaiah Hill

Oasis Outreach and Worship Center

1061 Second St. #A (775) 727-7227
www.OasisOutreachNV.AdventistChurch.org
 Pastor Peter Neri

Our Lady of the Valley Roman Catholic Church

781 E. Gamebird Rd. (775) 727-4044
www.OurLadyOfTheValleyChurch.org
 Father Bruno Mauricci

Pahrump Seventh-Day Adventist Church

477 Blagg Rd. (775) 727-6655
www.PahrumpNV.AdventistChurch.org
 Pastor Peter Neri, Pastor Ryan Johnson

Pahrump Church of Christ

911 S. Lola Lane (775) 727-9218
www.PahrumpCOC.org
 Speaker Dave Miller

Pahrump Community Church

1061 E. Wilson Rd. (775) 727-5384
www.PahrumpCC.com
 Senior Pastor D. Keith Walker

Pahrump Valley United Methodist

1300 E. Highway 372 (775) 727-6767
www.PahrumpValleyUMC.com
 Pastor George Barcus

Primera Iglesias Bautista Pahrump

4180 N. Highway 160 (702) 275-8091
www.FaithStreet.com
 Pastor Juan Estrella

Redeeming Grace Church

741 Fehrs Way (775) 513-6009
www.RedeemingGracePahrump.church
 Pastor D. Joe Aja

Rock Vineyard Church

1370 E. Matthew Ln. (775) 751-8449
 Pastor Kenny & Kathy Simpson

Safe Haven Fellowship

920 Highway 160 (619) 246-7363
www.EnterTheBlessings.com
 Renee Wallace

Saved By Grace Lutheran Church ELCA

6341 S. Hawkins Way. (775) 751-8424
www.SavedByGraceELCA.com
 Pastor John A. Biggs

Second Missionary Baptist

3651 Homestead Rd. (775) 537-1587
www.2ndMBC.COM
 Pastor Daniel Collins

Shepard of the Valley Lutheran Church

650 S. Blagg Rd. 308-458-8231
 Pastor Andy Safarik

Soka Gakkai International (Buddhist)

..... (775) 990-4132
 John Field

South Valley Baptist Church

7050 S. Homestead Rd. (775) 513-3444
www.SouthValleyBaptistChurch.com
 Pastor Doug Landers

St. Martin's in the Desert Episcopal Church

631 W. Irene St. (775) 419-9204
www.StMartinsInTheDesert.org
 Reverend John McClatchy
 Reverend Lola Culbreath
 Reverend Kathy Funk

Trinity Assembly of God

750 S. Big 5 Rd. #12 (775) 727-4514
www.TrinityChurchNV.com

Yakin B'racha Jewish Messianic Fellowship

2601 Hacienda St. (775) 751-6106
 2570 Idelwide (775) 406-8215
www.YakinBracha.org
 Rabi Paul Cohen



Pahrump Life

Pahrump's Largest Circulation Publication

We publish and distribute 45,000 magazines annually - the largest distribution of magazines per issue in our market! Your message can reach this market for less than 1/2 cent per issue. **Pahrump Life Magazine** is distributed to RV parks, motels, the Pahrump town office, various retail stores, real estate offices, restaurants, and to subscribers across America. The pass along readership of our magazine, and the length of time the issues are saved, make this an incredible value for your business. All ads are priced in full color.

Pahrump Life Magazine publishes six issues per year. Each issue is packed with interesting stories and useful information pertaining to our area. Make your advertising dollars pay off! **Contact Us Today!**

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Jim and Christine Butler
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Harvey's Barber Shop • Holiday Inn Express • Inspirations Senior Living
Jackpot Joanie's • Lakeside RV Resort • Lisa Bond Real Estate
Living Free Café • Mastertech Computers • Nevada Treasure RV Resort
O Happy Bread French Bakery • Optimal Therapy • Pahrump Care Pharmacy
Pahrump Community Library • Pahrump Justice Court
Pahrump Nugget Hotel & Casino • Pahrump Rentals & Hardware
Pahrump Station Laundromat • Pahrump Valley Museum
Pahrump Wellness Center • Pizza Hut • Preferred RV Park • Romero's
Saitta Trudeau • Sander's Family Winery • Pahrump Senior Center
Shoshone Market • Smith's • Terrible's Road House • The UPS Store
Pahrump Tourism • Trish Rippie Realty • Pahrump VA Clinic
2nd Amendment Gun Shop

EVENTS & ENTERTAINMENT

Tell us about your upcoming event! If you have an event that you'd like Pahrump to know about, please submit the details to us at Christine@PahrumpLifeMag.com.

By Christine Butler

Tumbleweed Tales - Poetry Roundtable

Mar. 18, Apr. 15, 2-4 pm

**Pahrump Valley Museum,
401 E. Basin Ave.**

Poets share original poems, short writings, or those of favorite authors. Creativity is celebrated! Come join us; gatherings are free but we help Pahrump Valley Museum with a donation at the door. For more information, please email Judy Strickland at jbsbrooks@yahoo.com or text 775-537-5859.



Mountain Falls Food Truck Night - "Foodie Fix"

March 20, April 17, 4 - 7pm

Mountain Falls Golf Club Parking Lot 5001 Golf Club Drive

Come and get your "Foodie Fix" from the food trucks



Mountain Falls Craft Fair

March 29, 10am - 2pm

**Mountain Falls Golf Club Parking lot
5001 Golf Club Drive**

Take a look at the work by talented local artists. You may just find that perfect gift.

Pins and Needles Quilt Show

April 4, 9am - 5 pm; Apr. 5, 9am - 4pm
Bob Ruud Community Center, 150 N. Hwy. 160

Presented by the Shadow Mountain Quilters. Bed turning, SMQ Boutique, Opportunity Quilt, The Quilted Dragon, Demos, Quilt Mobile, Raffle Baskets, Quilt Appraiser. Admission \$5 for two-day wristband, kids under 12 free, husbands free! Entries will be limited to SMQ membership only. For further info, please contact shadowmountainquilters@gmail.com, visit our website at shadowmountainquilters.com.



EAA Annual Pancake Breakfast **Saturday, April 5, 8 - 10am** **1061 Interceptor Dr, on the Calvada Airpark**

Pahrump Chapter 1160 of the Experimental Aircraft Association (EAA) is hosting a breakfast. There will be pancakes, scrambled eggs, sausage links, biscuits and gravy, yogurt with fruit, coffee, tea, and juice. Donations will be used for aviation gas to provide free EAA Young Eagle airplane rides for children. Up to 350 tickets for a gun raffle are now being sold for \$10.00 each. Sales will continue until the drawing at 10:15 am, right after the breakfast. There will be 2 winning tickets. For more information, call Ron Settje at 702-373-7211 or Peter Davis at 775-764-7556.



Mountain Falls and Ovation Community Wide Garage Sale **April 25, 26, 27, 7am - 3pm**

Shoppers can pick up a map at the Mountain Falls Residential Facility located at 5001 Clubhouse Dr. to find locations of participants. For more information call 775-473-3555.



21st Annual Pahrump Earth Day/Arbor Day Celebration **Saturday, April 26th, 10am - 3pm** **Petrack Park, Bob Ruud Community Center, 150 N. Hwy. 160**

Come join us for a day filled with fun and information. Learn about the natural resources in the Pahrump Valley. Find out about ways you can take action to make Pahrump a better place to live. Free giveaways and food. For more information Contact Tamalyn Taylor at tamalyn@nyeccc.org



RECURRING EVENTS

Pahrump Community Choir **Every Wednesday, 6:30 - 8 pm** **301 Oxbow Rd. Suite 14** **www.Pvpac.org**

Come sing your heart out! The rehearsal time is fun; you don't need choral singing experience. Many



of our members haven't sung since high school, and some have never sung in choirs. We have enough members with expertise to help those who need more experience. For more information, visit www.pvpac.org or their Facebook page, Pahump Arts Council.

Cocktails & Canvas

Mar. 15, Apr. 1, May 10, 1 – 4 pm
Pahump Senior Center
1370 W. Basin Ave

Laurie McCaslin calls her monthly classes 'Fun Art' instead of 'Fine Art.' Each month, she teaches a different acrylic painting. Guided instructions are easy to follow, and traceables or templates are provided. Youth are welcome with an adult. Reservations are required. \$25.00 cash or check includes all supplies and guided instruction. To reserve your spot call Laurie McCaslin at 775-209-6200.



Artesian Cellars Winery & Vineyard

Monday – Wednesday, 11 am – pm
Thursdays, 11 am – 9 pm
Fridays & Saturdays, 11 am – 10 pm
Sundays, Noon – 5 pm
1731 S. Hwy 160, Pahump, NV 89048

Artesian Cellars offers diverse musical entertainment. Listen to music by local artists while you taste the delicious wines personally crafted by owner Tim Burke.



The staff at the winery are welcoming, creating a warm home-town feel. There is indoor and outdoor seating. A special menu includes Charcuterie boards, flatbreads, personal-size pizzas, desserts, and more. In addition to music, classes are offered, such as wine pairing, wine and paint night, Funtastic Saturdays benefitting a local charity, and unique wine events for Wine Club members. For an event listing, visit their website, www.artesiancellars.com, or their Facebook page, Artesian Cellars.

Old West Weekends

First Friday & Saturday of Every Month
March 7-8, 2-6 pm
April 4-5, 2-6 pm
May 2-3, 2-6 pm
Great Basin College, 551 E. Calvada
(702) 528-6797

Fun for the whole family! Enriching activities include arts and crafts, music,

dancing, book sales, food, and local vendors to shop from and network with.



Entry is free, and the event is open to the community. Great Basin's Open House is held every Saturday at 2 pm. Staff will be available to answer questions, and help you sign up for classes. For more information, call (702) 528-6797 or email christopher.salute@gbcnv.edu.

Biweekly Children's Choir

Every other Friday, 6 – 7:30 pm
Pahump SDA Church
477 North Blagg Road

Open to all children ages 4 – 17. Learn basic music theory skills, new songs, and meet new friends. You do not have to be a church member and can join anytime. For more information, contact Shannon Sagert at 407-758-3254.



Pahump Community Library Renovations

701 East Street

The library will be closed from December 16th, until the renovations are complete in the Spring of 2025. Patrons will still be able to checkout digital e-books and audio books using the Libby app on their phones and digital devices. We have Kanopy, a new streaming service with over 30,000 things to watch for free. The Kanopy app can be downloaded to smart TVs, and most mobile devices and desktop computers. Learn a new language for free using the Rosette Stone database on our website. To use all of these services, you must have a library card. All fines for overdue items will be waived if they are checked out and due after our closing date. The drop box will be open on most days but will be closed from time to time if work is being done in that room. We can't wait to have a re-grand opening in the Spring!



Over the Hump Offroad Club

This group of trail riders in the Pahump Valley is well-versed in hidden gems throughout the surrounding area. Join our private Facebook page for upcoming rides.



Nye County Dirt & Desert Riders

We are a group of like-minded people who like creating dust, exploring our beautiful deserts, and riding on countless trails. This group is for riders, friends of riders, and those who enjoy desert and dirt riding. Check out our Facebook page to see where we've been riding!



Pahump Valley Chess Club

Every Saturday Afternoon
Noon – 3 pm

Holiday Inn Breakfast Lounge
860 NV Hwy 160

Whether a newbie or an expert, you and your family can join this free activity. Join the Pahump Valley Chess Club. It is open to all ages and all levels. They also offer a free beginner's class. For information, call (775) 419-7552.



Pahump Discussion Group

Every Thursday, 8:30 am

Pahump Museum, 401 Basin Ave

We are a group of people who want to see a better world. We are not a political group. We meet every Thursday at 8:30 a.m. at the Pahump Museum on Basin. The \$5 donation benefits the museum, and includes coffee, and cookies. There are many lively discussions on what's happening in Pahump, the state, the nation, and the world. For more information, email Bill Newyear at bnewyear@att.net.



Chili Festival Fun!

Petrack Park, 150 HWY 160



Friday March 21st

Open to the Public

Live Music by Perception

Hot Ones Wing Challenge

Danny Pillman

and the Mission Men

4pm-11pm

4pm

6:30pm

8:30pm



Saturday March 22nd

Tasting Prices

\$20 unlimited

or

\$10 for 12 cups

or

\$1 per cup

Ask the
information booth
how you can be a
judge and taste
chili for free!

Open to the public

10am-11pm

Chili tasting

11am

Watermelon Eating Contest

11am

Kids Drag races

12pm

Jukebox Trio Band

1:30pm

Beer Chug Contest

3:30pm

Kids Games/contests

4pm

Hot Ones Wing Challenge

7pm

Improve/Comedy Show

9pm



Spinning them sick beats all
cook-off weekend!!

Sunday, March 23rd

Open to the public

11am-5pm

Sweet Home Alabama

11am

Chili Tasting

11am

Unplugged

Hot Dog Eating Contest

1pm

Car Show

10am

Raffle

2pm



Excellent Service - Exceptional Value

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Open Mon-Fri 6:30am - 6:30pm
Open Sat-Sun 8:00am - 3:00pm

Stop in for a great meal or snack at inflation-busting prices!

10% off
4pm - 6pm Mon-Fri

Corner of Hwy 160 & Mesquite Avenue

**Pahrump, NV
775-505-3888**

Living Free Café is a nonprofit eatery – all proceeds benefit
local addiction treatment and recovery housing.

DINING life

Dining Life is a listing of local restaurants. Every attempt is made to maintain accuracy. If your restaurant is not listed or there is an error, please email Christine@PahrumpLifeMag.com.

Asian

China a Gogo

150 S. Hwy. 160, #C12
775-727-1222

China Wok Buffet & Grill

580 S. Hwy. 160
775-727-9988

Chattai Bistro

421 S. Frontage Rd., #1
775-727-9988

My Thai

5020 Pahrump Valley Blvd., #3
775-751-5333

Ohjah Japanese Steakhouse

20 S. Hwy. 160, #110
775-727-9888

Panda Express

280 S. Hwy. 160
775-751-8822

Teriyaki Madness

240 Hwy. 160, #2
775-877-9670

Bars & Cafés

Dry Creek Saloon

1330 5th St.
775-505-5161

Best Western

1101 S. Hwy. 160
775-537-1111

Golden Harvest Café

Pahrump Nugget Casino
681 S. Hwy. 160
775-751-6500

Jeremiah's BBQ

Coyote's Den Bar
3971 E. Kellogg Rd.
775-537-8670

Lakeside Café

Lakeside Casino
5870 S. Homestead Rd.
775-751-7770

O Happy Bread

French Bakery
1231 E. Basin Ave., #7-8
775-455-0478

Moonshiners

Terrible's Road House
1750 S. Pahrump Valley Blvd
775-727-7777

Rhinestones Country Bar & Dance Hall

1700 Pahrump Valley Blvd.
775-877-5068

Shenanigans Pub

1330 E. Calvada Blvd
775-419-6367

Silver Spur Buffet & Café

Saddle West Hotel, Casino & RV Resort
1220 S. Hwy. 160
775-727-1111

The Hubb

3720 W. Bell Vista Ave.
775-764-1299

Bakery, Coffee & Snacks

Black Cow Coffee House

1266 E. Calvada Blvd #4,
775-419-6592

Caffé Chilly

960 Margaret St. at Hwy. 372
775-537-0700

Java Junkies

Horizon Market
840 Hwy. 372
775-238-6848

Living Free Café

Featuring Java Junkies
2050 N. Hwy. 160, #400
775-505-3888

O Happy Bread French Bakery

1231 E. Basin Ave., #7-8
775-455-0478

Our Place

1401 S. Hwy. 160
702-742-8621

Starbucks

Albertsons
200 S. Hwy. 160
775-751-0160

Starbucks

460 S. Hwy. 160
775-727-7572

Deli/ Sandwiches

Jimmy John's Sandwiches

Pahrump Nugget Casino
681 S. Hwy. 160
775-505-6011

Living Free Café

Featuring Java Junkies
2050 N. Hwy. 160, #400
775-505-3888

Port of Subs

150 S. Hwy. 160, #C-6
775-751-6000

Subway Sandwiches

1520 E. Hwy. 372, #1
775-751-8400

Subway Sandwiches

Walmart
300 S. Hwy. 160
775-751-6777

Family Style

Caffé Chilly

960 Margaret St. at Hwy. 372
775-537-0700

Dad's American Diner

1440 E. Hwy. 372
775-751-3237 (DADS)

Denny's Restaurant

240 S. Hwy. 160
775-751-3828

The Grill Room
Mountain Falls Golf Club
5001 S. Clubhouse Dr.
775-537-6553

Jackpot Joanie's
820 S. East St.
775-727-5211

Jeanne's Gourmet Hot Dogs
1401 Hwy. 160 & Loop Rd.
Jeanneshotdogs.com

Johnny's
90 Emery St.
775-727-3737

Johnny's To Go
4760 Pahrump Valley Blvd.
775-253-4521

Mom's Diner
1240 E. State St. #100
775-751-9929

The Place To Go
921 S. Hwy. 160, #402
775-253-4952

The Venue
Nevada Treasure RV Resort
301 W. Leslie St.
775-770-6640

\$5 \$10 \$15 Restaurant
Stagestop Casino
100 W. Stagestop Rd.
775-727-7300

Fast Food

Arby's
690 S. Hwy. 160
725-245-1120

Burger King
667 S. Hwy. 160
775-751-8080

Carl's Jr.
500 S. Hwy. 160
775-727-3700

Chipotle Mexican Grill
540 S. Hwy. 160
775-505-2418

Dairy Queen/Orange Julius
20 S. Hwy. 160, #109
775-751-2177

Jack in the Box
640 S Hwy. 160
775-727-3783

KFC
1540 E. Hwy. 372
775-751-6400

McDonald's
710 S. Hwy. 160
775-727-8765

Seemore's Polar Parlor
70 E. Hwy. 372
(at Blagg Rd.)
775-764-8242

Sonic Drive-In
350 S. Hwy. 160
775-727-0742

Taco Bell
571 S. Hwy. 160
775-727-7313

Indian

Best Western
1101 S. Hwy. 160
775-537-1111

Italian / Pizza

Carmelo's
1440 E. Hwy. 372, #3
775-751-1660

Domino's
250 S. Hwy. 160, #B-6
775-751-3030

Farinata's Pizza
775-877-9400
1360 Hwy. 372, #3



If you know of additional Food Pantries in Pahrump, please email details to Christine@PahrumpLifeMag.com.

Faith Fellowship Church
2190 N. Blagg Rd775-727-9183

Friday, 9 a.m. sharp!
Food boxes are distributed via drive-thru. Please remain in your car and thank you for your understanding.

Great Basin College
551 E. Calvada Blvd.775-327-5210
Monday - Friday, 8 a.m. - 5 p.m.

New Hope Fellowship
781 West St.775-751-1867
Wednesday 9 a.m. - 2 p.m.
TEFAP and Commodities distributed during regular pantry hours.

Joy Divine Community Church
1161 So. Loop Rd.....775 -419-5266
Seniors: First Friday, 10-11:30 a.m.
Public: Every Friday, 10-11:30 a.m.
Lunch and pre-filled pantry food bags are served at the door.

Oasis Outreach
1061 E. Second St.775-727-7227
Sunday, Tuesday, Thursday, Friday, 6:15-7:15 a.m.
Please remain in your vehicle, we wave you up when boxes are ready.

Pahrump Community Church
1061 E. Wilson St.....775-727-5384
Monday, Thursday, Friday, 9:30-11:30 a.m.
Identification is required.

The Salvation Army
240 S. Dahlia St.....775-751-6171
Tuesday and Friday, 9 a.m. - 2 p.m.
Golden Groceries: Tuesday & Friday, 9 a.m. - 2 p.m.
All are welcome, ID and check-in required. Pantry lists limited to ONE visit per month for all programs.

United Methodist Church
1300 E. Highway 372775-727-6767
Monday, 9-11 a.m.; Tuesday, 4-6 pm

VFW Food Bank
4651 Homestead Rd.....775-727-6072
1st & 3rd Wednesday, 10 a.m. - 12 p.m. (Last name A-L)
2nd & 4th Wednesday, 10 a.m. - 12 p.m. (Last name M-Z)
Veterans only, Military ID and proof of Pahrump residency required.



Mystery Diner

Caffé Chilly

A New Taste Trip and "Devine Destination"

Yes! Another new place in Pahrump! Unlike any other! Open and spacious, bright and light. Happy, go-to- atmosphere for guests.

As it used to be Pahrump Valley Roasters, this cafe restaurant serves all kinds of their many unique roasted coffees, with at least a dozen selections of syrups to create all kinds of drinks tailored to your tastes.

Weather permitting, Caffé Chilly of-

fers a side garden just outside in their "back yard". Cozy, semi-private and a cute photo opportunity area!

Easy to find on Margaret street at Highway 372, approximately 7 miles before the California border.

No reservations required. When you enter don't forget to ask them what their special of the day is as it changes daily. There are four cheese, grilled sandwich and roasted tomato. Soup is a delicious beginning to any lunch, followed by a selection of several fresh desserts you won't see anywhere else!

TRY IT, you'll find you will like it!



BUSINESS HOURS:		
Mon.	7:00am to	2:00pm
Tues.	7:00am to	2:00pm
Wed.	7:00am to	2:00pm
Thur.	7:00am to	2:00pm
Fri.	7:00am to	2:00pm
Sat.	7:00am to	2:00pm
Sun.	Closed to	Closed



DINING life

Italian / Pizza

K-7 Pizza

6050 Thousandaire Blvd.
775-727-9070

Little Caesars Pizza

70 S. Hwy. 160, #107
775-751-5556

Mia Ava East Coast Pizza

1971 S. Pahrump Valley Blvd.
775-505-4434

Pizza Hut

920 S. Pahrump Valley Blvd.
775-727-7952

Tarantino's Pizza

Horizon Market
961 S. Linda at Hwy. 372
775-727-4992

Tower Pizza

3561 E. Kellogg Rd.
775-537-2211

Mexican/ Southwest

El Jefe's, #1

1560 E. Calvada Blvd.
775-537-6034

El Jefe's, #2

921 S. Hwy. 160, #101
775-537-6034

Johnny's

90 Emery St.
775-727-3737

Johnny's Taco Shop

1330 S. Hwy. 160
775-727-3733

LaFonda - Salvadorian & Mexican

1021 Gamebird Rd.
775-253-1604

Las Patronaz

270 Dahlia St.
702-820-2281

Maria's Taco Shop

2301 S. Winery Rd.
775-751-0228

Maria's Tacos & More

Coyote Den
3971 E. Kellogg
775-253-0148

Rivas Mexican Grill 21

270 Dahlia St.
702-333-7800

Roberto's

1541 E. Hwy. 372
775-990-4703

Romero's

290 S. Humahuaca St.
775-537-1800

Rubalcaba's Mexican Restaurant

1500 Red Butte St.
775-727-4225

Tacos Fiesta

1330 E. Fifth St.
(off Hwy. 372)
702-579-5972

Tina's Tamales

361 Frontage Rd., #5
775-253-2634

Small Plates

Artesian Cellars

1731 S. Hwy. 160
775-600-7144

The Wine Down

250 Hwy. 160, #8
775-307-9463

Steak House

Stockman's Steak House

Pahrump Nugget Casino
681 S. Hwy. 160
775-751-6500

Montana Bar & Steak House

1231 S. Loop Rd.
775-209-2163



MOONSHINERS

LUNCH & DINNER MENU + SERVED 11AM-11PM

20% GRATUITY FOR PARTIES OF 8 OR MORE

STARTERS

- Fried Chicken Fingers \$10.99
Plain or Buffalo Red Hot, with ranch. Add fries for \$1.99
- Chicken Wings (8) \$12.99
Pit-smoked, then flash-fried, sealing in the flavor. Served with ranch, or try one of our sauces from the BBQ sauce bar.
- Moonshiner Minis (3) \$11.99
Three small BBQ sandwiches. Choice of chopped brisket or pulled pork. Add fries for \$1.99
- Fried Mac & Cheese Bites \$9.99
Our house-made mac & cheese, battered and fried.
- Onion Rings *Choice of dipping sauce* \$7.99
- Road House Quesadilla \$9.99
Grilled tortilla, jack & cheddar, with pico de gallo, sour cream and guacamole. Add chicken, pork or brisket for \$2.99
- BBQ Potato \$10.99
Stuffed with your choice of BBQ pork, BBQ beef, BBQ chicken, or chili. Topped with cheddar and green onions.
- Chili Cheese Fries with onions \$10.99



SALADS

- BBQ Salad \$13.99
Fresh greens with your choice of BBQ chicken, BBQ beef, or BBQ pork, with cheddar and Parmesan cheeses. Topped with tomatoes, croutons, and red onions.
- Classic Caesar \$9.99
Fresh romaine tossed in a creamy Caesar dressing, topped with Parmesan cheese and croutons. Add pulled chicken or pulled pork for \$2.99.
- Oriental Salad \$10.99
Fresh cabbage, mandarin oranges, onions, fried noodles, with sesame seed dressing. Add pulled chicken or pulled pork for \$2.99.
- Chili Cup \$5.99
Our hearty, homemade chili with beef.
- Soup & Salad Bar *ALL YOU CAN EAT* \$9.99



ADD SOUP & SALAD BAR TO ANY ENTRÉE FOR \$5.99

PIT SMOKED BARBECUE

MOUTH-WATERING POST OAK SMOKED MEATS, SERVED WITH YOUR CHOICE OF TWO SIDES



- Pulled Pork \$13.99
Smoked low & slow for 16-18 hours, then pulled, dusted and sauced. Choice of two sides.
- BBQ Brisket \$15.99
Smoked low & slow for 16-18 hours, then sliced, dusted and sauced. Choice of two sides.
- Half Chicken \$14.99
Smoked low & slow for 3.5-4 hours, then dusted and sauced and finished on the grill. Choice of two sides.
- Turkey Breast \$12.99
Slice turkey breast topped with our house-made gravy. Served with mashed potatoes, an additional side and a cranberry garnish.
- St. Louis Style Ribs Dinner \$21.99
Dusted with our Shiner Dust, then slowly smoked in our pit for 4-6 hours over post oak wood, locking in the flavor. Choice of two sides.
- Two Meat Plate \$18.99
Choice of any two of our pit-smoked meats. (Ribs once only.) Choice of two sides.
- Three Meat Plate \$19.99
Choice of any three of our pit-smoked meats. (Ribs once only.) Choice of two sides.

PIT SMOKING ADDS A ROSEY CAST TO OUR SUCCULENT MEATS

SANDWICHES

SERVED WITH YOUR CHOICE OF ONE SIDE.

- Pulled Pork \$10.99
Smoked low & slow with Texas post oak, topped with slaw, barbecue sauce and Shiner Dust.
- Chopped Brisket \$14.99
Smoked low & slow with Texas post oak. Served on Texas garlic toast, topped with slaw, barbecue sauce and Shiner Dust.
- Smoked Turkey Club \$11.99
Smoked turkey, bacon, lettuce, tomato, American & Swiss cheese, mayo, choice of bread.
- Grilled Cheese \$8.99
Parmesan-crusted Texas toast, with cheddar, Swiss, American cheese.
- BLT Served with one side \$9.99



SIDES

- Moonshiner Fries \$5.99
Homemade with fresh cut potatoes, deep-fried and dusted with our Shiner Dust
- Cole Slaw (vinegar base) \$3.99
- Potato Salad \$3.99
- Mac & Cheese \$3.99
- Green Beans with Bacon \$3.99
- Corn on the Cob (seasonal) \$3.99
- Baked Beans \$3.99
- Mashed Red Potato with Gravy \$3.99
- Onion Rings Upgrade (with meal) \$3.99

BURGERS

1/2-POUND ANGUS BEEF BURGER. SERVED WITH YOUR CHOICE OF ONE SIDE.

- Grilled Cheeseburger \$11.99
Flame-broiled with choice of cheese, lettuce, tomato, onion, and pickle.
- Smashed Cheeseburger \$12.99
Smashed on the grill, sealing in the flavor. Choice of cheese, lettuce, tomato, onion, and pickle.
- BBQ Burger \$14.99
Choice of cheese, bacon, onion straws, BBQ sauce, lettuce, tomato, onion, and pickle.
- Chili Burger \$14.99
Grilled burger with choice of cheese and onions.
- Patty Melt With grilled onions & Swiss cheese \$13.99



DINNER PLATES

CLASSIC DISHES FOR ANY TASTE.

- Salmon GRILLED OR BLACKENED Served with two sides \$17.99
- Catfish \$14.99
Farm-raised catfish fillet fried to a golden brown, served with two sides, tartar sauce & lemon.
- Baked Ziti \$12.99
Ziti pasta with marinara & mozzarella, baked topped with ricotta, served with garlic toast.
- Chicken Fried Steak \$15.99
Battered chicken fried steak in home-style gravy, with mashed potatoes and additional side.
- Porterhouse Steak \$19.99
Grilled to your liking, with our house-made steak seasoning and two sides.
- Fish & Chips \$14.99
Served with cole slaw, tartar sauce, and lemons.
- Liver & Onions \$13.99
A Southern classic served with bacon, mashed potatoes and additional side.

BREAKFAST

SERVED 6AM - 11AM

DEUCES WILD

Two Eggs Any Style
Two Pancakes or Two French Toast
Two Strips of Bacon or Two Sausage Patties
\$7.99



FROM THE GRIDDLE

Pancakes Stack (3) **\$7.99**
Choice of bacon or sausage patties.

Belgian Waffle **\$7.99**
Add strawberries and whipped cream for \$1.99

French Toast **\$7.99**
Thick sliced toast dipped in cinnamon vanilla batter and fried to a golden brown. Choice of bacon or sausage patties.

Chicken Fried Steak **\$12.99**
Served with two eggs any style, hash browns, and choice of toast.



Road House Classic **\$8.99**
Two eggs any style, with hash browns. Choice of bacon or sausage patties, choice of toast.

Moonshiner Omelet (build your own) **\$10.99**
Choice of 3: bacon, sausage, ham, green pepper, onion, tomato, American, Swiss, provolone, cheddar, pepper jack, jalapeños. Choice of toast. Each additional item \$.75

Steak & Eggs **\$13.99**
New York steak, two eggs any style, with hash browns and choice of toast.

Ham & Eggs **\$10.99**
8oz bone-in ham steak, two eggs any style, with hash browns and choice of toast.

Breakfast Burrito **\$10.99**
Scrambled eggs, choice of meat, cheese, pico de gallo, hash browns.

Country Platter **\$11.99**
Biscuit & gravy, hash browns, two eggs any style, choice of bacon or sausage patties, and choice of toast.

Biscuits & Gravy **\$7.99**
Handmade buttermilk biscuits smothered in country gravy.

Cold Cereal **\$3.99**
Assorted flavors

Oatmeal / Cream of Wheat **\$3.99**



BREAKFAST SIDES

One Egg **\$1.49**

Toast (white, wheat, sourdough, rye) **\$1.99**

English Muffin **\$1.99**

Hash Browns **\$1.99**

Bacon **\$2.99**

Sausage Patties **\$2.99**

Biscuit & Gravy **\$3.99**

Sliced Tomatoes **\$2.99**

Substitute Egg Beaters **\$1.99**

DESSERT

OUR SCRUMPTIOUS DESSERTS ADD A SWEET FINISH TO ANY MEAL

Bread Pudding **\$8.99**

Cobbler **\$7.99**

Brownie Sundae **\$7.99**



BEVERAGES

Soft Drinks, Iced Tea, Raspberry Iced Tea **\$3.49**

Coffee, Hot Tea, Hot Chocolate **\$3.49**

Milk, Chocolate Milk **\$3.49**

Juice (Orange, Apple, Tomato) **\$3.99**

FOR THE KIDS

FOR OUR PATRONS 12 AND YOUNGER

Hot Dog with Fries **\$6.99**

Ziti Pasta **\$7.99**

Topped with marinara and served with garlic toast.

Chicken Fingers with Fries **\$8.99**

A child-size portion of our mouthwatering chicken strips, served with a side of fries.



CONSUMPTION OF UNDERCOOKED MEAT, POULTRY, EGGS OR SEAFOOD MAY INCREASE RISK OF FOOD-BORNE ILLNESSES. PLEASE ALERT YOUR SERVER IF YOU HAVE SPECIAL DIETARY REQUIREMENTS.

Leo Blundo's



DINE IN / To-Go / CATERING CALL: 775-751-1660

OPEN NIGHTLY 4PM – CLOSE

FOR STARTERS

EVERYONE'S FAVORITE GARLIC BREAD

ARTISAN CHEESE BREAD SERVED WITH A SIDE OF OUR NONNA'S MARINARA.

FRIED MOZZARELLA

GOLDEN BREADED, CRISPY, GOOEY MOZZARELLA! SERVED WITH MARINARA.

BRUSHETTA

TOMATOES & OLIVES TOSSED IN OLIVE OIL & BALSAMIC ON TOASTED GARLIC BREAD.

CAPRESE

HANDMADE MOZZARELLA COMPLIMENTED BY LUSH TOMATOES, OLIVE OIL & BALSAMIC VINEGAR.

CHICKEN CAESAR

GRILLED CHICKEN, ROMAINE LETTUCE, CROUTONS & PARMESAN TOSSED IN OUR SIGNATURE CAESAR.

FRIED CALAMARI

LIGHTLY FRIED TO PERFECTION. THE ITALIAN STAPLE. SERVED WITH MARINARA.

ANTIPASTO

ITALIAN HAM, PEPPERONI, MUSHROOMS, ARTICHOKE, OLIVES & MOZZARELLA, OVER A BED OF GREENS SERVED WITH BALSAMIC.

NON-ALCOHOLIC BEVERAGES

COKE, DIET COKE, SPRITE, RASPBERRY TEA, DR PEPPER, ICED TEA & COFFEE.

ITALIAN SPECIALTY DESSERTS

SICILIAN CANNOLIS

TUBE PASTRY SHELLS FILLED WITH RICOTTA SMASHED IN CHOCOLATE CHIPS. LG & SM

N.Y. CHEESECAKE

AN ITALIAN STAPLE. CREAMY & SMOOTH GOES GREAT WITH A CUP OF COFFEE.

DECADENT CHOCOLATE CAKE
WE ALL LOVE CHOCOLATE CAKE.

EAST COAST PIZZA & CALZONES

DOUGH IS MADE FRESH DAILY. OUR PIES ARE 14-16" PLEASE ALLOW 10-15 MINUTE FOR PREP.

CALZONES ARE STUFFED WITH MOZZARELLA & RICOTTA. ADD A HOUSE SALAD & BREAD.

EXCHANGE FOR EACH ADD'L TOPPING TO ANY PIZZA OR CALZONE

PEPPERONI, HAM, PINEAPPLE, SAUSAGE, GROUND BEEF, TOMATOES, OLIVES, GARLIC, ARTICHOKE, PESTO, SPINACH, PEPPERS, ONIONS, MUSHROOMS, JALAPENO & ANCHOVIES.

CHEESE

EAST COAST STYLE PIZZA.

AMERICANO

PEPPERONI & MUSHROOMS.

MARGHARITA

TOMATOES & BASIL PESTO.

MEAT LOVERS

SAUSAGE, PEPPERONI & ITALIAN HAM.

CAPRICCIOSA

ITALIAN HAM, MUSHROOMS, ARTICHOKE & BLACK OLIVES.

SUPREME

PEPPERONI, SAUSAGE, PEPPERS, ONIONS & MUSHROOMS.

FLORENTINA

RICOTTA, SPINACH, GARLIC & PARMESAN. ADD CHICKEN 3

ITALIAN CALZONE

ITALIAN HAM & SAUSAGE.

FLORENTINA CALZONE

SPINACH & PARMESAN CHEESE.

BUILD YOUR OWN CALZONE!

MOZZARELLA, RICOTTA & YOUR CHOICE OF 3 INGREDIENTS.



Leo Blundo's **CARMELO'S** BISTRO-PIZZA-FINE PASTAS

PASTAS

NONNA'S SPAGHETTI & HANDMADE MEATBALLS

THE TRADITION IN EVERY ITALIAN HOUSEHOLD. SOFT MOIST HOMEMADE MEATBALLS WITH MARINARA.

LUCA'S LASAGNA AL FORNO

A HELPING OF OLD FASHIONED LASAGNA. BOLOGNESE, MOZZARELLA, RICOTTA & BÉCHAMEL.

CAPELLINI ALLA PESTO

FRESH TOMATOES, GARLIC, FRESH BASIL PESTO, PARMESAN & OLIVE OIL ALL OVER ANGEL HAIR.
AVAILABLE W/O PROTEIN, ADD CHICKEN OR SHRIMP

SPAGHETTI MEAT SAUCE ALLA BOLOGNESE

FRESH GROUND ANGUS CHUCK SIMMERED IN OUR SIGNATURE POMODORO.
ADD SAUSAGE OR MEATBALLS

ALFREDO REGGIANO

FRESH CREAM INFUSED WITH REAL GARLIC, BUTTER & PARMESAN CHEESE.
AVAILABLE W/O PROTEIN, ADD CHICKEN OR SHRIMP

PENNE POMODORO & SAUSAGE

BRAISED HOMEMADE SAUSAGE OVER PENNE POMODORO. ROBUST & FULL FLAVOR.

BAKED ZITI

STUFFED FULL OF RICOTTA & MOZZARELLA.

MEATS

PARMIGIANA

POUNDED, EGGED & BREADED, BAKED AND SMOTHERED IN MARINARA & MOZZARELLA.
AVAILABLE WITH EGGPLANT, CHICKEN OR VEAL

MARSALA

TENDER CUTLETS SAUTÉED IN GARLIC, OLIVE OIL, MUSHROOMS & MARSALA WINE. A CLASSIC!
AVAILABLE WITH CHICKEN OR VEAL

PICATA

TENDER CUTLETS SAUTÉED IN GARLIC, OLIVE OIL, CAPERS, LEMONS & WHITE WINE. SAVORY & DELICIOUS.
AVAILABLE WITH CHICKEN OR VEAL

SEAFOOD

LINGUINE & SHUCKED BABY CLAMS

BABY CLAMS SAUTÉED WITH GARLIC, HERBS, A HINT OF SPICE & WHITE WINE.

ZESTY SHRIMP SCAMPI

FRESH SHRIMP SAUTÉED IN GARLIC, OLIVE OIL, HERBS, TOUCH OF SPICE & WHITE WINE.



FROM OUR FAMILY TO YOURS!

LEONARDO (LEO) BLUNDO WAS BORN IN RIDGEWOOD, NEW JERSEY - "BACK EAST, WHERE WE ALL EAT GOOD." HIS FAMILY OPERATED SUCCESSFUL RESTAURANTS IN MANHATTAN AND LAS VEGAS FOR MANY YEARS. THEY RELOCATED TO THE PAHRUMP VALLEY IN 2007, BRINGING THEIR EXPERIENCE AND KNOWLEDGE TO MAKE THE "BEST PLATE OF ITALIAN DELICIOUSNESS. I NAMED THE RESTAURANT IN HONOR OF MY FATHER, CARMELO, WHO IS A CHEF OF OVER 30 YEARS AND WAS BORN IN RAGUSA, SICILY. THIS IS OUR FAMILY BUSINESS AND LUCA LOVES TO COME AND MEET OUR GUESTS."

ANDIAMO MANGIARE!! (LET'S EAT!!)

CARMELO, LUCA & LEONARDO BLUNDO



Mountain Falls—a place where your story begins



Discover two traditional communities and 55+ active lifestyle community

Mountain Falls is the ideal place to begin your story, home to spectacular resort-style amenities and an inviting masterplan perfect for making lasting friendships and planting roots. With a state-of-the-art golf course throughout the neighborhood, two resort-style pools, a play pool, a fitness center, a multipurpose room, a signature restaurant and more, you'll never run out of activities to fill your days.



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Lisa Bond Real Estate, LLC

3130 S. Highway 160
Pahrump, NV 89048



MLS



ANDREA FINKLER, REALTOR®

Nevada License: S.0179035

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GENESIS FIGUEROA, REALTOR®

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Hablo Español

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- Vacant/Improved Land

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Direct: 702-582-2883 Office: 775-764-0990 Ext.604 Email:Genesis@LBRENV.com



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JOHN G. INGRAM
Sr. Escrow Officer
702-882-4028
jingram@ortc.com



AMY CHILDRESS
Sr. Escrow Officer
702-804-7760
achildress@ortc.com



DIANNA GOMEZ
Sr. Escrow Officer
702-804-7745
dgomez@ortc.com



VICKI BLACKFORD
Jr. Escrow Officer
702-804-7710
vblackford@ortc.com



HANNAH GARCIA
Escrow Assistant
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Moving Checklist

It's time to start your moving calendar.

- ☐ Have a moving binder to store all the information you'll be getting and keeping your receipts for tax purposes.
- ☐ Contact your physician to get your medical records for yourself and your pet.
- ☐ Obtain your child's school records.
- ☐ Take a complete home inventory to know what you will take and what you'll leave behind. Take all give-away items to local charities.
- ☐ Contact 3-4 reputable moving companies to receive moving quotes. Make sure your quotes include all the services the mover is including. Get all the paperwork up front so you don't have any surprises. Never sign any blank or incomplete documents.
- ☐ Obtain boxes for packing.
- ☐ Start packing items you won't need right away first, such as off season clothing, dishes and pans. As you pack the items you'll need right away with "Open First".
- ☐ Obtain your change of address from the Post Office.
- ☐ As credit card bills come in, change your address so you won't miss a payment.
- ☐ Decide how to transport your pets. Check with your veterinarian.
- ☐ Decide the best way of transporting your plants. Check with your local nursery.
- ☐ Change the address on your magazines that you receive in the mail.
- ☐ Change your address with the Internal Revenue Service.
- ☐ Make arrangements to stop your newspaper deliveries.
- ☐ Discuss with your family about how this move will impact them.
- ☐ Get your vehicle serviced.
- ☐ Cancel your utilities including water, electricity, gas, internet and reconnect these services to your new home in your new location.

Now you're ready to greet your Big Day!

Useful Phone Numbers



ELECTRIC

Valley Electric Association (VEA) 775-727-5312
800 E Hwy 372



WATER

Utilities Inc 775-727-5575
1240 E State St.
Customer Service 866-277-5515
Desert Utilities 775-751-1368
4060 Blagg Rd.
Pahrump Utility Co Inc. 775-727-1629
5250 S Hafen Ranch Rd.



TRASH SERVICE

Pahrump Valley Disposal 775-727-5777
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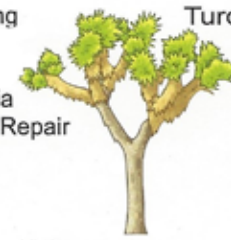
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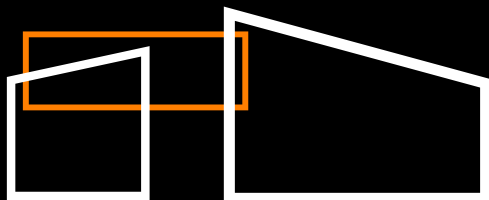
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