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From the Publishers:

Hello again. This is our second issue as Pahrump Life Magazine publishers. We thought we'd take this opportunity to identify ourselves a little more. Some readers have asked us to post a photo, so they can see who we are. We've lived in Pahrump for almost nine years and love it. It gives us great pleasure to continue Ron and Marion's tradition of telling others about our town, what it has to offer, and to relate the positive aspects of Pahrump and the people living here.



We are originally from Washington State but have lived in several other places in the United States, including New Jersey, Colorado, and Arizona. We went Full Timing in our RV for about three years to tour the country, and that's when we discovered Pahrump. We came here to stay for a month or two and decided to make it permanent. We haven't looked back. We were fortunate to meet Ron and Marion Frazier early in our adventure here and started working with them on the magazine. We were honored when Marion asked if we wanted to take it over. We hope you'll continue to support the magazine and let us know if there are particular subjects you'd like us to cover.

For this issue, we're starting two new segments, the State Parks of Nevada and highlighting the accomplishments of some of the youth who live here in town. The first state park we are covering is the closest, Spring Mountain State Park. We'll work our way out to the farthest from there.

Our first youth recognition is Raileigh Browning, General Manager of Pizza Hut. We hope you enjoy these new segments and will contact us regarding any young people who deserve special recognition.

In closing, we want to thank our contributors, subscribers, and advertisers for their continued support of our publication. If you're not an advertiser, we encourage you to take advantage of our incredible readership. Thanks for your support!

Read and enjoy!

Jim and Christine Butler

Contact Us

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Table of Contents



Feature Stories

- 8** The Bearded Lady Meets the Pahrump Chili Cook-Off
38 Shadow Mountain Quilters - It's All About the Stitch

In This Issue

- 4** A Word from Our Publisher
14 Our Veterans, Our Heroes. *Veterans in Review, Part 2*
20 Faces of Our Presidents. *The Presidents Who Lost Their Legacies: Richard Nixon, Lyndon B. Johnson*
26 **State Parks of Nevada.** *Spring Mountain Ranch State Park*
34 Busy Living. *The Two Lives of Lynn Peterson*
42 **Youth Recognition.** *Raileigh Browning* ← *new columns*
46 Spotlight on Service Organizations. *Disabled American Veterans*
52 Focus on Family. *Holy Week*
54 The Art Corner. *Making Art Pieces Out of Gourds*
56 Healthy Living. *A Foolproof Formula for Finding Peace*
60 Wills & Trusts. *Is Your Estate Going Through Probate? Find Out Now.*
62 Financial Focus. *Can You Count on Social Security?*
64 Tech Tips by Josh. *Things Your Computer Tech is Too Afraid to Tell You (Part 4)*
66 Stay Stopped. *Breaking the Intergenerational Cycle of Addiction*
68 Humorous Observations
70 Recipe Box. *Coconut Black Rice Pudding*
72 Events. *Upcoming Events in the Area*
74 Dining Life. *List of Pahrump Restaurants*
Mystery Diner: Teriyaki Madness
82 Volunteer Connection
84 Places of Worship in Pahrump
92 Business & Service Directory
97 Advertiser Index

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The BEARDED LADY meets the PAHRUMP CHILI COOK-OFF

*Owner Kelli Sater and
bartender Quiandra Lewis*

By Christine Butler

What could these two seemingly unrelated things possibly have in common? Well, the answer is simple. They are both run by Pahrump resident Kelli Sater.

Her first venture in Pahrump was co-owner of The Hubb Bar and Grill. She owned it with two good friends. When they bought the place, they chose not to change the name so they would keep the existing clientele. After two years, Kelli was ready for something different. She discovered a vacant saloon in the heart of Pahrump and decided to see what it was all about. She walked into the building and immediately saw her vision. Her only words were, "Send me the lease...I need this place."

She's always been a fan of beards and had the name "The Bearded Lady Saloon" in the back of her mind as

a catchy name for a bar. She found a picture online drawn up of a beautiful, bearded lady, and contacted Jason Minauro, a Tattoo artist in Snohomish, Washington, who gave Kelli permission to use his drawing as her logo for the bar. Once she opened the new bar, she saw the potential for the place and wanted to dedicate her time to growing this business. She and her partners agreed to part ways, and they bought her out of her partnership at The Hubb. They remain friends and are very supportive of each other and their businesses.

The official Grand Opening of The Bearded Lady Saloon was on January 3, 2020. She started with being just a bar serving liquor and beer. In the past three years, she has expanded into a bar with food, live music from some of the biggest bands in Vegas, and week-day fun you won't find anywhere in Pahrump. Her parties have grown so much over the years she is now looking into permits for closing the street

out front of her building to create the space needed to continue hosting these events.

What did Kelli do Before She Became a Business Owner in Pahrump?

Kelli was raised in Olympia, Washington, and lived in several towns in western Washington over the years, but none seemed to be a good fit. In 2007, she graduated from The Salon Professional Academy in Tacoma, Washington. She entered the school as an apprentice to become a high-end hairstylist at 7 Salon in Seattle. During the crash in 2008, she, along with many others, lost her prestigious job. She moved to the tiny town of Roy, WA., with a population of only 1,300. She loved the small-town feel and frequented the local Roy Tavern on the weekends. She always told herself she would want a bar like that if she ever



Saloon's Logo by Tattoo Artist Jason Minauro of Snohomish, WA

owned one.

She worked out of people's homes doing hair due to the recession. She struggled to find work anywhere. She was tired of the rain and saw her life spiraling downhill. She needed a change, so she got in her car, with only a couple of bags of clothes, and drove to Las Vegas. She knew no matter how bad the economy, she would be able to find work there and much less rain. In less than a month, she found work, and for four years, she remained in the entertainment industry in Las Vegas and, in addition, also did hair for friends.

She soon grew tired of the craziness of the city and moved to Pahrump, where she was looking forward to settling down and taking life more seriously. Before moving here, she would frequently visit her best friend and the best friend's fiancé who lived here. Her friends convinced her to move here, and Kelli fell in love with the town. It was just what she needed in her life.

When she first moved here, she did several jobs, including being a Karaoke host at the Maverick Saloon. She'd never even done Karaoke, but that didn't stop her. Before she knew it, she was bartending, running Karaoke, and hosting events, sometimes all at the same time. She worked with Alecia Lewis, who was bartending and going to school to become a social worker, who introduced her to fundraising and helping the community. Kelli and Alicia now run their own non-profit, the Butterfly Effect, and continue to

"She discovered a vacant saloon in the heart of Pahrump... walked in the building and immediately saw her vision."

raise money for various organizations. When the Maverick shut down, she moved to another bar and helped manage it for over a year before taking a position at Sullivan's Pub. After a year at Sullivan's, she realized she had a knack for running bars and decided she wanted to open her own.

Her friends, Dennis and Mary, wanted to own a bar but didn't have the experience. Kelli had the experience but not the money. So, they teamed up and purchased The Hubb Bar and Grill. After two years of helping them get started, she wanted to be on her own. They bought her out, and on January 3, 2020, she had her grand opening of the Bearded Lady Saloon.



You are welcome to sit at tables or the bar



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Kelli Became Her Own Boss and Business Owner

She wanted her new place to be different from other bars in town. Because they do not have gaming, she can charge a cover charge, allowing her more flexibility in hiring entertainment. Her plan worked very well, but less than three months later, COVID hit, and she had to shut down. After working since she was 11 years old, she wasn't used to having that much time off. She started hiking to fill her days but missed the bar and patrons. Between all the re-openings and shut-downs in 2020, her first year, she was only open for a total of six months.

The bar owners in town approached the Commissioners for relief, but they could do nothing. She discovered she



Customers sign dollar bills and attach them to the walls

could get a food license if she had a microwave and refrigerator. She had both and discovered a delicious brand of food that could be reheated and served. They reopened in September 2020 and began not only serving drinks and providing entertainment but serving food as well.

Kelli's Other Passion – The Nevada and Silver State Chili Cook-Off

This year will be Kelli's third year running the Chili Cook-Off. Pahrump Life's own Ron Frazier initially started this fundraising, competitive event. While he was in charge, it went from a small local event to a state-wide competition that led to the Internationals. Ron first approached Kelli to help with the Cook-Off in 2019. It was her first Chili Cook-Off, and she knew she wanted to be a part of this event immediately. He'd been organizing the event for years and was anxious to get more young people involved. He was familiar with some of Kelli's previous fundraising projects and felt she was an excellent candidate to take it over.

Kelli accepted the challenge and helped him with the event in 2020 before passing the event to her. Kelli started plans for the 2021 event, but it was canceled due to COVID restrictions and her not wanting to host an event the town wouldn't be able to enjoy. The 2022 event was Kelli's first solo run of the Cook-Off, and she saw this as an opportunity to help the youth in her town. She chose to donate the



Ron Frazier with Nevada State Winner in 2018

“In addition to the cook-off, Kelli teamed up with...Sin City Beard Coalition to host her first Beard and Mustache competition.”

money raised from the Cook-Off to the Nye County School District’s music program.

She rented out the local Rodeo Arena and booked the high school band to come open for Seattle’s Best, a popular band from the west coast. Kelli and her team were happy to donate over \$4,000 to the music program.

What Other Activities Occur During the Chili Cook-off?

Last year, they had around 40 participants competing in the cook-off, a higher number than in previous years. She hopes to get even more with this year’s competition. In addition to the Cook-Off, Kelli teamed up with Patrick and Lori from Sin City Beard Coalition to host her first Beard and Mustache competition inside the Bob Ruud Center. The center was packed with participants and on-lookers from all over the country, and even some from other countries came to participate. There are 20 different categories of beards and mustaches, making it possible for women to participate as well.



The recipient of the funds this time was the Pediatric Brain Tumor Foundation. Kelli, along with Patrick, Lori, and other Sin City Beard Coalition members, donated \$5,400 to this well-deserving organization.

This year’s activities will take place on March 25 and 26. They moved the event to the last weekend of the month in hopes of having better weather. This year’s side event will be a Mullet and Mohawk competition to benefit St. Jude Ranch. The previous year’s Beards and Mustache event was so successful they moved it to the Las Vegas Silverton to accommodate the number of participants and vendors this year. These activities are all for charity, and Kelli says the funds from the Chili Cook-off “will always go to local Pahrump charities.”

This year’s music will be “Sweet Home Alabama,” a tribute to Lynyrd Skynyrd and Southern Rock. It is scheduled for March 25, at noon. They will also hold a hot dog eating contest, pie eating contest, redneck games, and a mechanical bull for those who wish to test their skills. Several vendors will participate, as well as the Pahrump Gun Fighters. She hopes the town will continue to support this traditional fundraising effort.

The Butterfly Effect Works in Fundraising Too

Kelli welcomes ideas for fundraising and enjoys helping people raise money through The Butterfly Effect. She encourages people with ideas to contact her at NPOButterflyEffect@gmail.com. She is ready to help you with fundraising ideas and those in need.

If you are interested in participating in the Nevada and Silver State Chili Cook-Off, you can reach her at PahrumpChiliCookoff@gmail.com. Come and join the fun and a lot of delicious chili recipes from around the United States. Contestants come from all over the country to share their passion with you.

So, whether you want to have fun at a unique saloon or participate in the Chili Cook-Off, Kelli Sater is the person to contact. Both passions are important to her; she enjoys being helpful to others and believes in having fun along the way. If you are interested in volunteering and participating in this and future fundraising events, you can reach her by phone at 775-990-9441.



Ron Frazier and Kelli Sater with first place red chili winner in 2020



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OUR VETERANS OUR HEROES



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Part 2

By Tom Waters

We hope you enjoyed and appreciated the review of the “Our Veterans, Our Heroes” stories for 2016 and 2017 in the Jan/Feb 2023 issue of the Pahrump Life Magazine. We’ll now review the stories that you can read in their entirety in the archived 2018 and 2019 issues of the Pahrump Life magazine. As I stated in the January/February 2023 issue, (Ron & Marion Frazier and Tom Waters) found many veterans over the years in the Pahrump area and several of them voluntarily agreed to share their stories with you, the Pahrump Life Magazine readers. I (Lt. Colonel Tom Waters – USAF Retired) listen to their stories and proudly help them select the BEST parts to help you understand why they were willing to serve this great nation as a member of the military. Please remember that these stories are preserved in the archives of The Pahrump Life Magazine for all of the past issues.

Now, let’s go to 2018 and review more “Our Veterans, Our Heroes” stories.

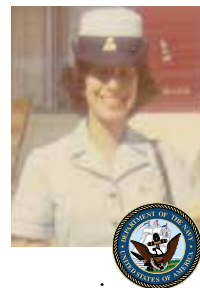
Lester Florence

I’ll start off by stating that I met our next Veteran at the Post Office. His name is Lester Florence, US Army. He was wearing a ball cap with Korea/Vietnam on it. I stopped him and asked if he’d be interested in telling his story to the Pahrump Life Magazine readers. He was hesitant and said he’d think about it. I gave him my business card and asked him to call me when he had made up his mind. After a day or so, he called me to say that he would write his story that appeared in the Jan/Feb Issue. You’ll enjoy the story of this Army Platoon Sergeant who served in Korea and Vietnam. After nearly 21 years of active duty service, he chose to retire and enjoy life as a civilian. He even served in the Auxiliary Unit of the Nye County Sheriff’s Office.



Susan Moore

The Mar/Apr Issue brought us Susan Moore, who served in the US Navy (she was our second female veteran). When I first heard her story, I was positively riveted by the words of her ordeal with the US Navy. Even though women were not universally accepted as Navy pilots, she “trained” Navy pilots as a Simulator Operator. That also meant that she could fly a plane if she could “fly” a simulator. In telling her story, she said, “I’m telling my story for everyone but, for those women out there who are thinking about joining the military, I want you to prepare for rejection and appreciation at the same time. When she was finally offered the opportunity to be one of the first women pilots, she declined because of past hurdles. You really need to read her entire story of “ups” and “downs” in her Navy career, how she met her Air Force husband, and her travels to Pahrump.



In Pahrump, she became a Veteran advocate, an Ambassador for Valley Electric, and a member of the Nevada Council for the Blind. Whaaat?? Now, you've really got to read her story.

Deby and Ron Wright

The next issue was the May/Jun Issue, where Deby Wright and her husband Ron (both Civilians) were the "drivers" who helped start the Veteran Banner program on Calvada Drive. It was an idea of former Commissioner Butch Borasky in 2016 but it was Deby and Ron who "made it happen" since they designed the first Banners and we have continued that design through the current Banners. We owe them a HUGE thanks for moving us forward and making it a Nye County project. They were also present when the first Banners were placed on the light poles on Calvada Blvd. If you still have questions, take a drive down Calvada and look at all of the Banners. And, if you still have questions, please read the article.

Ron Fairbarn

In the Jul/Aug Issue, Pastor Ron Fairbarn, US Marine Corps talked about "My PTSD and Me." He ended his story with this comment, "May God Bless you and keep you and watch over you till we meet again. Remember that this is just an old Marine talking about My PTSD and Me." Ron served at DaNang in Vietnam and I served my "tour of Duty" at DaNang. For this reason, I can truly 'relate' to Ron's story and I'm asking you to read his story and try to understand the "demons of war" that affect many of our veterans regardless of how we appear to function within



our society. Ron's story will give you a "close-up" perspective of what PTSD is and how it affects so many who have endured the rigors of war. He signed off with, "Your Friend, Your Neighbor" – Ronald Fairbarn.

Marc McAnally

The Sep/Oct Issue featured Marc McAnally, the US Naval Aviator who, after Naval Aviator training, was commissioned a 2nd Lieutenant in the US Marine Corps and later flew in Korea for 8 months and 22 days. Flying CLOSE air support for the ground troops means that you are within range of small arms handguns, rifles, and enemy machine guns. However, he never forgot that the guys on the ground were counting on the pilots to assist them in staying alive and that is a fact that is never forgotten. Back in the USA after Korea, he was promoted to 1st Lieutenant and then Captain while he taught guys to fly both propeller and jet-powered aircraft. This is another story that will pique your interest so I encourage you to read the entire story of this Marine who continued to serve our nation in his life after the Marine Corps.



Pauline Pavlick

As we prepared the article for the Nov/Dec Issue, we received the story from the niece of Pauline Pavlick (a.k.a. Polly) who told us that her Aunt served in the US Navy Waves during World War II (WWII). While we don't allow family members to tell the story of the Veteran, we do allow elderly Veterans to tell their story to a family member who then relays that story to us for inclusion in Our



"...now review the stories that you can read in their entirety in the archived 2018 and 2019 issues of the Pahrump Life magazine."

Veterans, Our Heroes. At the time of the writing, Pauline was 97 years old and her story "warmed" our hearts as her niece, Lili Kivisto, relayed the details to us. In December 1943 Polly joined the United States Naval Reserve, better known as the WAVES (Women Accepted for Volunteer Emergency Service). This was the WWII women's branch of the United States Naval Reserve. It was established on 21 July 1942 by the US Congress and signed into law by President Franklin D. Roosevelt on 30 July 1942. Polly was one of 84,000 women who would serve as a Navy WAVE. That would be about 2.5% of the American Navy's total personnel end-strength during WWII. At age 97, while telling her story, she was one of the oldest veterans in the State of Nevada and definitely the oldest female veteran in Southern Nevada. When you read her story in the Nov/Dec issue, you will feel as if you've known her for years. We completed and printed her story but Polly passed away just hours before the magazine was distributed but, even though they miss her, her family and friends got to read her story. So, we ask you to read the story of this dear and wonderful Veteran.

We have so many Veterans still here to tell so many stories and, if you missed any of the past stories, now you know which issue to look for. We hope you have enjoyed reliving the stories from 2016, 2017, and 2018. So now, let's go into the 2019 issues where we saw more veterans.

US Marine Corps

We started 2019 with the Jan/Feb Issue where we bring back Tim Callahan of the US Marine Corps.

However, this time Tim is NOT speaking about himself and his wartime and peacetime service in the Corps from 1989 through 2009, this time he is talking about The United States Marine Corps and its 240-plus years of tradition. He expertly leads us through the history of the US Marine Corps and whether you were in the marines or not, you get a guided tour of why the Marines are so critical to the defense of the United States of America. Tim and I both hope that you will take the time to read this article. In fact, he concludes with, "I hope you found this article interesting; perhaps you learned something new? Many books have been written about the Marine Corps and its history; this was my attempt at a very broad brush review, and much had to be omitted due to length limitations. I greatly appreciate the opportunity to write about my service branch's culture, capabilities, and history." This is an excellent article regardless of your choice of several military service organizations.



US Air Force

If you enjoyed learning about the US Marine Corps, you will also enjoy the Mar/Apr Issue where John Davis, tells us about the US Air Force. This is the third article by John Davis (Lt. Colonel, USAF-Ret) since he has already told you the story of his life and background, and his time in Vietnam as a Fighter Pilot, and now he wants to tell you all about the history and benefits of the US Air Force. This article breaks down the Air Force into Officers, Enlisted, and



Civilians, and then he focused on the job opportunities for the Officer and Enlisted personnel. To become proficient in the jobs within the Air Force takes a lot of training. So, what does the Air Force offer to anyone interested in becoming a member of this elite force? For one, it offers steady employment and a wide variety of jobs with a pension plan at retirement. (So does the Army, Navy, Marine Corps, and Coast Guard.) However, the Air Force offers positions to pilots and aircrew members like loadmasters and aircraft gunners. Other positions are aircraft and equipment maintenance personnel (called maintainers), medical munitions, intelligence, personnel, air police, drone pilots, and special operations. If you take a tour of Nellis Air Force Base, you can see the US Air Force up close and personal. Take a look while reading this article and see if you can measure up for one of these specialized positions.

The Tour of Honor

The May/June Issue covered the Tour of Honor - Pahrump and was written by Ron Frazier. The Tour of Honor (TOH) is a motorcycle event that began in 2010 and takes place from April 1 to October 31 every year. It is a self-directed ride to more than 300 memorial sites that change each year. The actual sites and locations are revealed on April 1st. The memorial sites are mostly for military veterans but some honor fire and safety personnel that pay the ultimate sacrifice in their service to others. TOH raises money for the Fisher House Foundation, Operation Comfort Warriors, or Police and Fire. The riders are invited to spend their summer riding to various veteran memorials and monuments in 49 states. In 2019 there were seven sites selected for Nevada and one site was the Veterans Memorial in Pahrump



at the Chief Tecopa Cemetery. To learn more about the Tour of Honor, they have a website (TourOfHonor.com) that will allow you to follow their accomplishments.

Michael Waters

The Jul/Aug Issue really comes home for me (Tom Waters) because my son, Michael Waters, US Air Force has the next story. Michael also served in the Air Force following in his dad's footsteps by enlisting and attaining the grade of technical Sergeant (E-6). After earning his Bachelor's Degree in Computer Science, he was selected for Officer Training School (OTS) where I was able to commission him a 2nd Lieutenant upon graduation. He had an interesting career and I am still very proud of him. You can read his entire story and I don't want to "steal his thunder" so I'll just add that I got to administer the oath of office to him THREE times. The first time was when he enlisted, then after OTS as an Officer, and the last time as a Field-Grade Officer when he was promoted to Major. I'll leave it there so PLEASE read his entire story in the July/August issue of Pahrump Life Magazine.



Judy Ostermiller

The Sep/Oct Issue is a story by Judy Ostermiller, who was a Registered Nurse in the US Army Reserve who started as a 1st Lieutenant and retired as a Major. I encourage every veteran who has served in a war theater to read her article. She "takes you where you need to go" and helps you along the way. She asks the question, "Have you ever wondered why you are here, why something happened to you



“Please let the new owners of the Pahrump Life Magazine know what you think of the articles in the magazine...”

and not someone else, or how you got so lucky or unlucky? So many why's in life and if you never learned how to answer them, your life can be filled with stress, confusion, anger, guilt, and shame.” You might say, we were all trained in the use of weapons. What does this Nurse know? Then, you learn that she was the first female pistol NRA Master Marksman in the State of

Montana when she was 17 years old. Now, she seeks to help those who need help. She reminds us that Veterans who read her article may be able to relate to the dilemmas we faced as we returned home and that we “are NOT alone.” Now, go ahead and read her article in the Sept/Oct 2019 issue of the Pahrump Life Magazine.



Doug Daniels

We conclude 2019 with the Nov/Dec Issue in a “first of several stories” about Doug Daniels who served in the US Navy in ways that are difficult to believe. His story was delayed in being printed because I needed to confirm that it was factual (and it is) and then that it was no longer classified by the Department of Defense (the classifica-

tion has been removed). In essence, he and the sailors with him were used as human “guinea pigs” for the United States Military. This was also confirmed by the DoD and the VA. Doug is a veteran who deserves to “live happily ever after” what our government has put him through. I know that this statement leaves each of you with a lot of questions that can only be answered by reading Doug’s entire story.

Please let the new owners of the Pahrump Life Magazine know what you think of the articles in the magazine, especially the ones under the Our Veterans, Our Heroes section. The Pahrump Life Magazine has readers throughout the State of Nevada, throughout the USA, as well as other parts of the world. In the next issue, we’ll cover those stories that appeared in the 2020 and 2021 issues.

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*****COME TALK WITH US*****

The Presidents Who Lost Their Legacies

By Lindsey Madsen

Lyndon B. Johnson

November 22, 1963 -
January 20, 1969

Lyndon B. Johnson took up the mantle after President John F. Kennedy was tragically assassinated. Johnson was sworn into office the same day President Kennedy died: November 22, 1963. And so our 36th president took office in the midst of disaster.

President Johnson's time in office was full of bold domestic changes. However, he is remembered mainly for one thing: the Vietnam War. The war was controversial, and how President Johnson handled this conflict became his legacy.

Growing Up in the Lonestar State

Lyndon was born on August 27, 1908, in Jackson City, TX. His parents, Sam and Rebekah Johnson, were farmers. Sam was also a businessman and state legislator. The Johnsons would have a total of five children, Lyndon was their oldest child.

Lyndon was well-acquainted with poverty. After high school, he worked his way through Southwest State Teachers College (present-day, Texas



Young Lyndon B. Johnson

State University). While attending college, he taught at a school in San Marcos, Texas. The majority of his students were Mexican-Americans. While teaching here, Lyndon saw firsthand what discrimination and poverty could do to children and their communities. His time teaching here impacted him deeply and would influence many of his domestic policies while president.

Lyndon moved to Washington DC in 1931, shortly after graduating from teachers college. He started working as congressional secretary to Texas' US Representative, Richard Kleberg. Johnson was intelligent, driven, and competent, so he quickly made connections in the nation's capital.

While in Austin, TX on business, Johnson met Claudia Alta "Lady Bird" Taylor, a fellow Texan. The two courted



Claudia Alta "Lady Bird" Taylor

briefly, then got married in November 1934. The Johnsons had two daughters together: Lynda and Luci.

Not long after they were married, the Johnsons moved back to Texas. He became the Texas director of the National Youth Administration. This was a New Deal program whose goal was to help young people find work during the Great Depression. President FDR was a political hero of Johnson's, and FDR's influence can be seen throughout Johnson's presidency.

Entering Politics

Johnson's entrance into politics didn't get started until 1937 when he was elected as a Democrat to the US House of Representatives. Congressman Johnson was earnest and hardworking,



Lieutenant Commander Johnson

quickly gaining respect as a legislator. He was reelected 5 times.

When the US joined World War II in 1941, Johnson was the first member of Congress to volunteer for active duty. He served as a lieutenant commander in the Navy until all members of congress were called back to Washington DC in the summer of 1942. Johnson didn't get a chance to enter combat, staying in the Navy reserves until he was called back to congress, where he served his country throughout the war.

Johnson left Congress when he won a seat in the US Senate. Senator Johnson proved himself to be an accomplished politician, who could work amicably with both Democrats and Republicans. In 1960, John F.



Lyndon and Claudia Johnson

“When the US joined World War II... Johnson was the first member of Congress to volunteer for active duty.”

Kennedy invited Johnson to be his running mate for the 1960 presidential election. Johnson's reputation as an amiable, conservative Democrat gave JFK the edge he needed to beat Republican Richard Nixon. When JFK won, Johnson became vice president.

After President Kennedy's assassination in 1963, Johnson was immediately sworn into office as the 36th president of the United States.

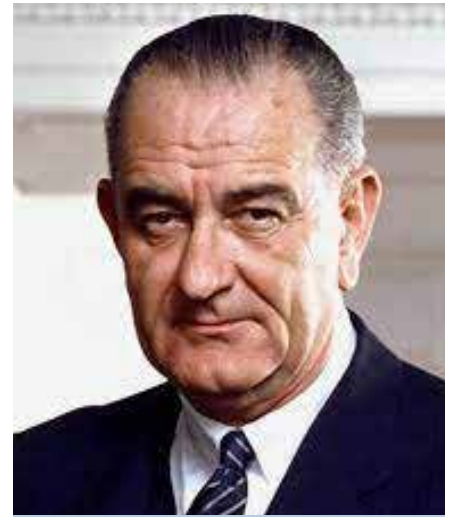
President Johnson's Time in Office

President Johnson shared the late President Kennedy's passion for civil rights. In 1964, he signed the Civil Rights Act of 1964, which outlawed discrimination based on race, color, religion, sex, or national origin. The next year, he also signed the Voting Rights Act of 1965. This act outlawed any discrimination against black voters, protecting their right to vote.

President Johnson ran for his first official term in the 1964 election and won definitively. Not long after taking office, President Johnson declared a war on poverty. His plan was called "The Great Society," a series of domestic programs aimed at reducing poverty and promoting social justice. Part of his plan was signing Medicare and Medicaid into law. The goal of these laws was to help elderly and low-income citizens access medical care.

The Vietnam War

No matter how active and popular his domestic policies were, President Johnson is mainly remembered for



President Lyndon B. Johnson

one thing: accelerating the Vietnam War. Johnson was the third president who had to deal with this war. It had started under President Eisenhower, and President Kennedy had continued it, believing it was key to the US's safety and the war against communism. President Johnson shared Kennedy's concern. He not only kept US troops in Vietnam—he increased the military's presence. When he took office, there were 16,000 troops in Vietnam. By 1968, that number had soared to 500,000 troops, with very little progress to show for the drastic increase.

The Vietnam War was controversial, to put it lightly. Anti-war protests broke out on campuses across the nation. Many soldiers returning home were greeted not with cheering and loving faces, but with jeering, spitting, and abuse. The controversy negatively affected President Johnson's popularity, both nationally and in his own party. He did not run for reelection in 1968.

After the Presidency

After leaving the presidency, Johnson and his wife retired to their ranch in Texas. He wrote memoirs and worked on a presidential library, which finally opened on the University of Texas at Austin campus in 1971.

Lyndon B. Johnson died of a heart attack on January 22, 1973.

Richard Nixon

January 20, 1969 -
August 9, 1974

The 37th president of the United States accomplished quite a bit during his nearly two terms in office. However, President Nixon is known for one thing: the Watergate Scandal. This scandal led Nixon to resign—he is the only US President to step down from office in our country's history.

The Early Years

Richard Nixon was born on January 9, 1913, in Yorba Linda, CA. He was the second oldest of Francis and Hannah Nixon's five sons. Francis Nixon owned a grocery store/gas station but struggled to support his family from its profits. Francis and his wife struggled to get by and were unhappy with their overall lot in life. Richard watched his parents struggle throughout his growing up; it nurtured a strong sense of ambition within him.

Richard attended Whittier College. While there, he distinguished himself on the college debate team and was elected president of the student body. He graduated in 1934, and three years later he earned his law degree from Duke University. He graduated near the top of his class. He returned to Whittier, CA, and started working as



Young Richard Nixon



President Richard Nixon

an attorney.

While living in Whittier, Richard joined a local theater group. One of the ladies cast in the same play as him caught his eye. She was Thelma "Pat" Ryan, a Nevada-born girl whose family had moved to California when she was young. By the time she met Nixon, both of her parents were long dead. The two hit it off and were married in 1940. They went on to have two daughters together: Patricia and Julie.

When the US joined WWII, Nixon signed up. He served as an operations officer in the Navy from 1942 to 1946. By the end of the war, he was promoted to lieutenant.

Entering Politics

After coming home from the war in 1946, Nixon started his political career. He was elected to represent his California district in the US House of Representatives. He was reelected in 1948, then won a seat in the US Senate in 1950.

Throughout his time in politics, Nixon established a fiery reputation for himself as anti-communist and aggressive. While these attributes made him disliked by his opponents, they made him popular with conservative Republicans. General Eisenhower asked him to be his running mate for the 1952 presidential election.



Thelma "Pat" Nixon

Even this early in his political career, allegations cropped up once he became General Eisenhower's running mate. He was accused of accepting gifts and money from industry lobbyists. Nixon skillfully dispersed these accusations in his "Checkers" speech. He addressed the aspersions and stated that the only gift he ever accepted was a puppy named Checkers, as a gift for one of his young daughters.

Eisenhower and Nixon won the presidential election in 1952 and were reelected in 1956. After serving two terms as vice president, Nixon became the Republican candidate for the 1960 presidential election. He was running against the handsome, charismatic John F. Kennedy, who faced a fair amount of opposition because he was a Catholic. Despite this difficulty, Kennedy beat Nixon easily.

After losing the presidential election, Nixon went home to California and started working again as an attorney. But he hadn't given up on politics. He campaigned to become the governor of his home state in 1962.....but he lost. The two losses stung Nixon, and it appeared that he would withdraw from politics altogether.

Winning the Presidency

But it turns out Nixon wasn't ready to retire his political aspirations. Six



Richard and Thelma Nixon

years after failing in the race for governor, Nixon once again became the Republican nominee for the 1968 presidential election. Finally, he succeeded! Richard Nixon became the 37th US President in 1968.

President Nixon took office during a contentious time. The Vietnam War was still going strong, and the majority of the American people, especially the young people, hated the war. Civil rights issues were also hot at this time, with a great deal of racially-motivated violence happening throughout the country.

The US Leaves Vietnam

President Nixon hit the ground running by declaring his intention to withdraw US troops from Vietnam. He implemented a policy called "Vietnamization," and its goal was to strengthen South Vietnam's armed forces while gradually withdrawing US troops. In 1973, the Nixon administration signed a peace agreement with Communist North Vietnam. By March of that same year, the last of the US troops went home.

US Troops leaving didn't mean we had won the war. By 1975, South Vietnam was conquered by North Vietnam and returned to communist rule.

Foreign and Domestic Accomplishments

During his first term in office, President Nixon laid the foundation for amicable relations between the US and China. In 1972, he visited Beijing and Moscow, smoothing tensions with both China and the USSR.

President Nixon also made a lot of bold domestic policy moves during his term. In 1970, he established the Environmental Protection Agency and signed the National Environmental Policy Act. The law created a national policy for the protection of the environment. President Nixon also built on the civil rights policies of Kennedy and Johnson. Among the civil rights policies that he signed were The 1970 extension of the Voting Rights Act and The 1971 extension of the Civil Rights Act.

Watergate

President Nixon ran and won the 1972 presidential election. However, shortly after he took office, the Watergate Scandal started. It began with a break-in of the Democratic National Committee headquarters at the Watergate office complex in Washington D.C. on June 17, 1972. The burglars, who were found to have ties to Nixon's re-election campaign, were attempting to wiretap the phones and steal documents.

As the scandal escalated, several high-ranking officials in Nixon's administration resigned or were convicted. President Nixon was also implicated in the cover-up. Rather than being impeached, President Nixon resigned from office in August 1974. He remains the only US president to date who has resigned. Nixon's vice president, Gerald Ford, took his place.

After the Presidency

While President Nixon accomplished much during his approximately one-and-a-half terms as president, he is remembered for one thing:

"President Nixon took office during a contentious time. The Vietnam War was still going strong, and the majority of the American people... hated the war."

Watergate. As a result, his legacy is not generally respected. After leaving the presidency, he and his wife went back to California. For the rest of his life, Nixon worked at rescuing his reputation. He had some success—by the end of his life, he was thought of by many as a respected elder statesman.

Richard Nixon died on April 22, 1994, at age 81 after suffering from a stroke.



Lindsey Madsen was born and grew up in the Upper Peninsula of Michigan. She graduated with Bachelor's in Liberal Arts from New Saint Andrews College in Moscow, Idaho. She lives in Seattle, Washington with her husband, David. If you would like to reach Lindsey, email her at Ikerst8@gmail.com.

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Spring Mountain Ranch State Park

By Carol Champney

Nestled in the Cotton Valley of Red Rock Canyon lies a treasure trove of adventure waiting for you at Spring Mountain Ranch State Park. Its proximity to Pahrump makes it an easy day trip. In a matter of 55 minutes, you can be at your destination.

Established in the 1800s as a working ranch, Spring Mountain Ranch transitioned into a retreat for famous actors and actresses and was once owned by millionaire Howard Hughes.

Early History

Archeological research indicates there were inhabitants in the valley as long as 10,000 years ago. In the early 1800s, the Southern Paiute settled in the area for its abundant water. Later trappers inhabited the oasis, and explorers used it as an alternative route to the Spanish Trail as they ventured

to Los Angeles. In 1829, the first caravan of 60 men was led by 25-year-old Antonio Armijo from Abiquiu, New Mexico, traveling through the Spring Mountains to southern California. There they traded wool for horses and mules. After herding them back to New Mexico in 1830, he sold them to the locals, profiting from his bartering. The trail became a well-traveled route for transporting goods to and from California. In 1847, Mormon pioneers used the Spring Mountain trail to take supplies from Los Angeles to Salt Lake City, Utah. The route became known as the Old Mormon Trail.

When the fur trade declined in the early 1800s, famous trapper William Sherey Williams turned to horse stealing. The stolen horses grazed in the Spring Mountain area, but Williams was never known to live on the ranch site. Unknown pioneers built a blacksmith shop, a one-room cabin, and several other buildings on the oasis, which still stand today.



State Parks of NEVADA

1876 to 1906

In 1876 Sergeant James B. Wilson and George "Tweed" Anderson filed a claim for 360 acres in the Spring Mountains. Subsequently, they moved to the property and named it Sandstone Ranch. Anderson and his wife Annie, a Paiute woman, had two sons, James and Tweed. Anderson ended up leaving his family to pursue the saloon business. It is unknown what happened to Annie.

James B. Wilson adopted the boys and continued cattle ranching as the family's mainstay. They also raised sheep and mined and hauled ore. James B. Wilson deeded the property to James Jr. and Tweed upon his death in 1902. James B. Wilson passed away in 1906.

The First Sale of Sandstone Ranch

Ironically, Tweed also married a Paiute woman whose name was Annie. Their two boys were Buster and Boone.

“...Spring Mountain Ranch...was once owned by millionaire Howard Hughes.”

Annie and Tweed divorced in 1919, and Annie and Boone moved off the ranch. World War I brought financial difficulties to many families, including Tweed and his son Buster. After the war, they could not financially sustain the farm and mortgaged the property for \$13,523.00.

Ten years later, William George, a wealthy California furrier and boyhood friend of James Jr., paid off Wilson's mortgage. With the financial transaction, he included a covenant that al-

lowed Jim Jr. and Tweed to live on the ranch for the remainder of their lives. Buster also lived there, working for the various owners until he died in 1972.

Mr. George spent most of his time attending to his furrier business in California and little time at Sandstone. In the 15 years William George owned Sandstone, he only lived on the ranch for two years. In that short time, he built a home for his family, a foreman's house, and a chinchilla shed. It's uncertain what his intentions were with the chinchillas. Did he plan to breed and raise them, or did someone give them to him as a gift? No one knows for sure.

Bar Nothing Ranch

In 1944 Mr. George leased his ranch to radio and film star Chester Lauck. Four years later, Lauck bought the farm and renamed it Bar Nothing Ranch.

Park Hours

Park hours vary by season and location. Spring Mountain Ranch's hours are on their website, www.parks.nv.gov/parks/springmountain-ranch. Entrance gates close one hour before the park closes.

Reservations & Fees

Nevada State Parks is currently implementing a reservation system for all 27 state parks, which includes reservations for Day Use. According to their website Spring Mountain Ranch has a \$10 entrance fee, \$15 for non-Nevada vehicles, and \$2 if you are biking in. There may be additional fees for boating, camping, and other events. Annual permits are available through Nevada State Parks. Visit www.parks.nv.gov/fees.

New Library Park Pass

The newly implemented Library Park Pass program is part of Nevada State Parks' reservation system. The state has provided every Nevada library with two Park Passes. Each pass covers one vehicle and up to eight passengers' free entrance to any Nevada state park. Passes are checked out in the same manner as you would check out a library book. To check out a pass, you must have a library card and be in good standing with the library (no outstanding fines). The pass is good for one week. Then, you must return it to the library. It's on a first-come, first-served basis. Pahrump Community Library requires you to call them to reserve a pass since there are only two. To make a reservation, call Pahrump Community Library at 775-727-5930.

Passport Booklets

Nevada State Parks designed the Passport Program to encourage Nevada residents and visitors to experience the unique and varying recreational resources of all 27 state parks. Each park offers something different in its natural setting and cultural history.

The Passport booklet includes photos, descriptions, and amenities available for each park. It also has journal pages for personal notes about your experiences. There is space for individual park validation stamps, explicitly designed to portray each park's unique qualities. Take the Passport Challenge and visit as many state parks as you can! Once you have 15 different park stamps, you will earn a free annual pass to all Nevada State Parks for one year. You can pick up booklets at any Nevada state park or at specific retail locations. To learn more about the Passport Program, visit www.parks.nv.gov/passport.





Chester and his friend Norris Goff created Lum and Abner, two comedy radio characters who ran the imaginary “Jot ‘em Down Store.” The radio show aired until 1954. Chester and Norris also made several films during the 1940s. During this time, Lauck and his family often went to the ranch. It was the perfect place to escape their busy lifestyle in Los Angeles. Chester built their family residence out of sandstone. He even built his sons a boy’s camp. Paying guests made it possible for the expansion of Bar Nothing Ranch. The sandstone building is now the park office and visitor center.

Sold and Renamed

Vera Krupp, a famous German-born actress, was the next owner of Bar Nothing Ranch. She became a naturalized U.S. citizen in 1947, but in 1952, she married Alfried Krupp of Krupp Steelworks in Germany. She moved back to Germany to be with her new husband. Mr. Krupp committed war crimes in WWII and was convicted. Therefore, he was not allowed in the

U.S. Vera grew tired of Germany’s inclement weather and her husband’s lack of attention and moved back to the United States. They were married for five listless years. Vera purchased Bar Nothing Ranch in 1955 and renamed it Spring Mountain Ranch. The ranch

“The experience unnerved Mrs. Krupp so much that she...paid a contractor to build a secret passageway... behind pine panels in her ‘boudoir.’”

now encompassed 500 acres.

Determined to change her life, Vera moved to Spring Mountain Ranch to raise white-faced Herefords and Brahma bulls, which she did. She learned to ride a horse and immersed herself in ranch living. One thing that didn’t change was Vera’s \$275,000, 33.19-carat blue-white diamond ring. She wore it religiously.

Diamond Theft and The Secret Passage

On April 10, 1959, while Vera and her ranch hand, Harold, were having dinner, three men broke into the



house, ripped the ring off Vera's finger leaving her bleeding, then blindfolded Vera and Harold and tied them back-to-back with wire from a lamp. The robbers also stole approximately \$700,000 cash, a camera, and a revolver, then fled the scene. Vera and Harold eventually freed themselves and drove to Las Vegas to report the theft. Why didn't they use the phone to report the intrusion? Unfortunately, the battery-powered phone was dead. The FBI recovered the large diamond six weeks later in New Jersey. The two smaller baguette diamonds were later recovered in St. Louis, Missouri. The experience unnerved Mrs. Krupp so much that she ordered a star-shaped badge engraved with her name indicating she was a deputy sheriff and paid a contractor to build a secret passageway and bedroom camouflaged behind pine panels in her "boudoir." Harry Winston, a famed American jeweler, reset the diamonds in their original platinum band. Vera continued to wear the ring proudly.

Howard Hughes Buys Spring Mountain Ranch

Vera Krupp lived the ranch life for another eight years. By the early 1960s, her health began to decline. In 1967 she offered to sell the estate to the state of Nevada for \$1.1 million. Unfortunately, her asking price was more than the state could afford. Instead, she sold it to the Hughes Tool Company, owned by none other than Howard Hughes, for a reputed \$625,000.

In July 1967, after selling her beloved ranch, Vera moved off the property. Three months later, she passed away at the young age of 58. The following year her diamond ring sold for \$305,000 at Sotheby's Auction in New York to Richard Burton for Elizabeth Taylor. After Elizabeth's death, a Korean retail company purchased the ring at Christie's auction in 2011 for over \$8.8 million.

Howard Hughes bought Spring Mountain Ranch as an investment,



never enjoying the oasis himself. His employees mainly used it. In 1967 Hughes started selling off his real estate holdings in Nevada, including the ranch. He sold the property, now 528 acres, to land developers Fletcher Jones and William Murphy for \$1.5 million.

Proposed Plans

According to the history of the property documented on the website www.parks.nv.gov. Jones and Murphy "... wanted to build a large equestrian-oriented residential neighborhood that would support up to 2,000 people. A public outcry encouraged the Clark County Planning Commission to stall their application for rezoning. When opposition to the plans formed, Jones announced his intention to auction the property."

The Bureau of Land Management proposed a different plan focused on high-level recreation development. Environmental groups strongly opposed BLM's plan. Eventually, the Bureau of Land Management and Nevada State Parks worked together to create a new project, and in 1973

Spring Mountain Ranch came to be a state park. It was registered as a historic district in 1976.

The Climate

At 3,800 feet, Spring Mountain Ranch is usually 10-15 degrees cooler than the Las Vegas Valley. During the winter, temperatures can get below freezing, and you may see snow showers. The temperature in the summer months reaches over 100°F. Although this is a high desert area, the summer season usually brings a few thunderstorms, flash floods, and gusty winds.

Natural Resources

At this high elevation, with its abundant water supply, you will find a variety of vegetation, everything from Desert Scrub and Joshua trees to Desert Marigolds and Mohave Yucca.

Animal life is just as diverse as the plants. You may only see a few animals, as most are nocturnal. As you hike the trails, look for ground squir-

rels, jackrabbits, cotton tails, lizards, snakes, coyotes, foxes, wild burros, and mule deer. You may spot badgers, rock squirrels, and bighorn sheep at higher elevations.

Activities to Enjoy

Spring Mountain Ranch has many amenities, including shaded picnic areas, a large grassy play field, campsites, hiking trails, self-guided tours of the main ranch house, living history programs, and the ever-popular Super Summer Theatre. Schedule group tours by calling 702-875-4141.

Living history programs consist of costumed role-playing depicting the lives of the early settlers, life on the ranch in the 1800s, and re-enactments of historical events. These fun, informative events are performed in the Spring and Fall.

Super Summer Theatre events run from May through September. You can find ticket information and a calendar of events on their website, www.super-summertheatre.org or by calling (702) 579-7529.

This year on March 25th, the Las Vegas Astronomical Society is hosting a stargazing event at Spring Mountain



Ranch. For more information, visit www.parks.nv.gov/events.

Whether you want to hike, picnic, camp, or be entertained, Spring Mountain Ranch State Park offers a va-

riety of activities you and your family will surely enjoy.

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busy living

“...get busy living
or get busy
dying.”

- Morgan Freeman
in “The Shawshank
Redemption”

The Two Lives of Lynn Peterson

By Christine Butler

I'm sure you know people like this. They just like to be busy and contribute to their community. Pahrump resident and musically talented Lynn Peterson is one of those people. You won't find her sitting still for very long.

Lynn was born in Evansville, Indiana, and still claims to be an avid Hoosier fan. When she was young, her father worked for Alcoa, and they were transferred to many places around the world. They were usually four-year assignments, but they spent six years in Australia. It was one of her favorite places to live.

When her husband, Erik, worked for a commodities firm in Chicago, the company eventually moved them to Las Vegas. Soon after that, they both decided to pursue Real Estate. This change brought them to Pahrump because of its potential. They started their own Real Estate company once they moved here. After a while, Lynn no longer wanted to be involved in Real Estate, so she began co-managing Wine Ridge RV Resort next to

Pahrump Valley Winery...soon to be Charleston Peak Winery.

Eventually, Lynn began working at the winery, giving tours, and working in the tasting room. She also became the buyer for the gift shop. Although Lynn enjoyed the work, her desire was to become more involved with the community. When an opportunity to work at Nye Communities Coalition (NyECC) became available, she took it and now thoroughly loves what she's doing.

Working for NyECC

Working in the administration office is her current responsibility. She likens it to a triage center. It's the first stop when people are looking for some help. NyECC's mission is to “grow healthy organizations, people, and environments (HOPE) across Nye, Esmeralda, and Lincoln Counties by joining together individuals, organizations, and agencies in a cooperative and collaborative effort to increase services and opportunities.”

With the help of government grants, the organization is growing and able



Lynn enjoys being involved in the community

“...her desire was to become more involved with the community. When an opportunity to work at NyECC became available, she took it and now thoroughly loves what she's doing.”

to help more people. They help find jobs for people as well as find employees for businesses that are looking to hire. They have many programs to help young people between the ages of 14 to 24. They help them achieve educational credentials, necessary licenses, employment, and independent stability. They have six development groups: safety, health, youth, early development, community, and occupational. This is only a portion of what they have to offer people of all ages to help move their lives forward. They also have



Lynn performs throughout Pahrump

classes on mental wellness, suicide prevention, Medicare, pre-diabetes, yoga, karate, and art. In addition, they assess homeless situations and meet with outside entities to work toward solutions.

Lynn loves working with and helping people improve their individual situations and enjoys being an active part of the community. NyECC has provided her with that opportunity.

The Musical Side of Lynn's Life

As if Lynn didn't have enough to do with her job, she is extremely active in the entertainment world of Pahrump. She's never had any formal vocal training, but she's been involved with singing for as long as she can remember. She comes from a family of entertainers and has always performed, no matter where they lived. She started singing in school and church and did musicals. She said she'd practice under the front porch light with a hairbrush in hand as her microphone. For a year, she worked with a production company in Los Angeles and learned more about behind-the-scenes production



Lynn at her desk at NyECC



Lynn performing at Artesian Cellars

“She met another icon in the music scene of Las Vegas, Tommy Deering...and started working...at The Pour House every Tuesday...from 5:30 to 8 pm.”

and stage presence.

Her mother, aunt, grandfather, and grandfather's brother were all singers and entertainers. American actor and comedian Foster Brooks was her great-uncle. Her grandfather had a children's TV show, and one of his guests on the show was Cassius Clay (later Muhammad Ali) as a child. Ali had a training camp in Lehigh Valley, close to where she lived with her family. When her granddad came to visit, he called Ali's manager to schedule a visit. Ali invited the whole family, and he and her granddad reminisced the entire day about the show.

When they first moved to Pahrump, she volunteered to provide music for all kinds of events. She sang with the group called Phatt Katz for seven years and performed throughout the town.

She developed a Broadway-style program for Sander's Family Winery called "Adventure in Time," where she and the Phatt Katz performed music starting from the roaring 20s and through the years to World War II and big band era, doo-wop, and early rock and roll. It was a representation of her repertoire of music. From that performance, she got a lot of theme-related jobs.

She has worked with many kinds of bands and different genres in music, including Big Bands, duos, jazz bands, and more. Once she even sang a love song with a Mariachi band during a cock fight. She describes it as a very different experience. Although she enjoys performing all kinds of music, her favorite is funk bluesy jazz.

She performs at Artesian Cellars twice a month and recently sang at the

Soroptimist's Mardi Gras Fundraiser. Other places in town where she's played include Tatuado Wild Side Tavern, Mountain Falls Grill Room, and Rhinestone's Country Bar, where she's performed with Breaking Out Band. She turned professional when she worked with Las Vegas Riviera's legendary Music Conductor, Al Alvarez, in 1980. She met another icon in the music scene of Las Vegas, Tommy Deering, in Pahrump and started working with him leading her to her current appearances at The Pour House every Tuesday evening from 5:30 pm to 8:00 pm.

How Does She Perform When Not in a Band?

Lynn does a lot of single performances around town. She uses a track system and background vocals when she's performing solo and not singing with a band. This allows her to be more flexible in her choice of music, and it is much more affordable when performing independently.

What are Her Plans Going Forward?

Music will always be an essential part of Lynn's life, and she will continue to perform as long as she continues to enjoy it and is able to do so. But she would also love to do more for the community. She is especially interested in two organizations in which she would like to investigate and perhaps participate. One is called the House on Wheels Alliance or HOWA. It is a charitable organization founded by Bob Wells, who is himself a nomad and works with seniors, low-income working folks, and the disabled. They call it vandwelling. HOWA makes homes out of vehicles providing people with a less expensive way to live. If the client doesn't have a vehicle to convert, this organization arranges to get one. In 2020, there was a movie made about them called Nomadland.

The other topic she would like to tackle is learning more about afford-

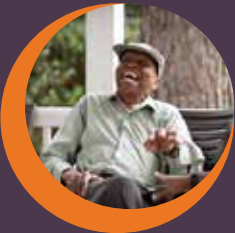
*"She performs at
Artesian Cellars
twice a month and
recently sang at the
Soroptimist's Mardi
Gras Fundraiser."*

able housing. Her current work with NyECC has opened her eyes to how serious an issue this has become. She wants to be part of the solution and is seeking ways to do that. Being an active part of the community is important to her.

No matter what her future direction or where she might end up, you can bet music will remain a major part of her life.



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By Jacquie Jensen

In a garage in Pahrump several like-minded ladies got together in 1994 and Shadow Mountain Quilters was born. Since that first meeting Shadow Mountain Quilters has grown to 150 members strong. Our primary purpose is to promote the art of quilting; however, some members also enjoy other fiber arts including crocheting, knitting, embroidery, weaving, tattering, beading, and making clothes.

We meet weekly on Tuesdays at the Bob Ruud Center, from 9am to 2pm, to share our skills and our quilting projects. Classes offered to help members increase quilting skills are scheduled regularly. Not only do we share our craft abilities, but members also share their baking expertise by providing snacks for our weekly get together. The

ladies visit and enjoy each other's company, discuss quilting techniques or the latest quilting pattern. A business meeting is held quarterly and sewing/quilting challenges are shared amongst members.

Our talents are scattered throughout the Pahrump community through charity. Beautiful quilts, knitted and crochet hats, neck scarves, and afghans are made and provided to those in need. Baby blankets have been presented to First Choice Pregnancy Center and Nevada Outreach for the newborn members of the Pahrump community.

In 2022 our main effort was to make wheelchair quilts for distribution to the VFW, Nathan Adelson Hospice, Inspirations, Pahrump Valley Health and Rehab, and Honey Bee House. Throughout this year the "Trojan Trunk" run by Mary Martinez at PVHS has received contributions of hygiene products such as shampoo, toothpaste, toothbrushes, and deodorant for stu-

dents. Our members are highly committed to helping our community. Our Charity Committee is led by Jacquie Jensen and Lynn Torres. These ladies put in many hours to make sure the community needs are met.

Several of our members are also involved with the local chapter of the Quilts of Valor. This group makes beautiful quilts to present to our local Veterans to show appreciation for service to our country. Each Veteran is presented a quilt and it is wrapped around their shoulders during the presentation. It is a beautiful and humbling program to observe.

Annually, members vote to donate to local charities. For 2022 SMQ members voted to donate to the Pahrump Valley Museum and to Retired Senior Volunteer Program (RSVP).

Annually we have a quilt show where we show off our talents in making quilts. The 2023 Pins and Needles Quilt Show will be held on Friday,

*“...Pins and Needles
Quilt Show will be...
Friday, March 10 and
Saturday, March 11 at
the Bob Ruud Center.”*

March 10 and Saturday, March 11 at the Bob Ruud Center. Times are 9am to 5pm on Friday and 9am to 4pm on Saturday. Admission is \$5 for the two-day show. Husbands will be admitted free if they are accompanied by a wife, children under 12 are free.

For 2023 the theme is Rainbow Express and the beautiful opportunity quilt was created by Snookie Beatty and Darla Holt. The quilt is a beautiful creation of rainbow colors. This beautiful quilt is pictured. Tickets can be purchased from any members of Shadow Mountain Quilters or contact Jacquie Jensen at sewquiltingmom@gmail.com.

Featured at the quilt show are Bed Turnings (an old plains tradition, which showcases vintage and new quilts with special stories), daily quilt and craft demonstrations, vendors, including the popular SMQ boutique booth, and quilt appraisals. This coming year we will continue to offer the popular raffle baskets. Each basket is filled with lots of goodies, many are quilt related and the baskets are raffled off at the end of the show, winners need not be present to win. SMQ members work many hours to make this show a success. For 2023, our members were challenged to make quilts of one of the rainbow colors on a white background. The quilts will be showcased on stage in a rainbow array.

For more information on Shadow Mountain Quilters or to purchase tickets for the Opportunity Quilt drawing call Jacquie Jensen at 702-338-7488 or please visit our web page at www.shadowmountainquilters.com or by email at shadowmountainquilters@gmail.com.



Pahrump Valley High School donation delivered by Lynn Torreso to Mary Martinez and the "Trojan Trunk"



Quilt donated to First Choice Pregnancy Center delivered by Eileen Centuolo and Jacquie Jensen



Donation to the Pahrump Valley Museum delivered to Marilyn Davis by Monda Eagan and Jacquie Jensen



Wheelchair quilts delivered by Sharon Reynolds





2023 Opportunity Quilt, Rainbow Express, will be featured at the Pins and Needles Quilt Show March 10 & 11 2023

Youth Recognition



Pizza Hut General Manager at Age 19

By Christine Butler

Raileigh Browning moved to Pahrump eight years ago and attended middle and high school here. While in high school, she became involved in Key Club, a Kiwanis-supported youth organization whose goal is to help develop leadership skills in students. We featured Kiwanis in our last Pahrump Life issue and discussed this organization's success. Here's one young lady who took her Key Club experience and put it to good use.

Raileigh joined Key Club as a Freshman and continued through her sophomore year and part of her junior year. She was also working at Pizza Hut, and when she got too busy with work, she discontinued Key Club but took the knowledge learned and experience acquired with her to her job.

She Worked Her Way Up the Line

She has done every job in the store, including managing the front counter to head cook. She became Shift Leader at age 17 and Assistant Manager a year later. In May 2022, at age 19, she became General Manager of the Pahrump Pizza Hut. Raileigh loves the company and can't imagine working for anyone else. It's the only job she's ever had, and she excels at it.

This Pizza Hut is a franchise owned by MP2 Enterprises out of Utah. Raileigh says the owners are amazing. In addition to giving her full support, they also give her complete control. When she was promoted to General Manager, she was able to choose her Assistant Manager. Since they work together so well, she picked Anthony. They make a strong team.

The company owners are very big on employee incentives and aim to ensure

the employees are happy. There are 23 employees at the Pahrump location, and everyone has mutual respect for each other, which is part of Raileigh's success. Her goal is to maintain good relationships with her staff.

Raileigh Wins Her Second Trip to Hawaii

In January, she received the General Manager of the year award and a trip to Hawaii. Two other GMs were chosen as All-Stars, and between the three of them, they had the top three performing stores in the franchise. There are 25 other stores covering four states, Utah, Alaska, Arizona, and Nevada. It was the second time she's had the opportunity to go to the Islands. Although Raileigh was not the youngest to become GM in the franchise, she was the youngest to be chosen as General Manager of the year.

When she was a freshman in High



Raileigh Browning, General Manager

School, one of her filler courses was marching band. She decided to play the flute and ended up loving it. While in the band, they had the opportunity to march in parades and participate in other town events and some outside of town. One of those events was performing at the 75th anniversary of Pearl Harbor Day on Oahu. She said it was a rewarding experience, which included the honor of meeting many

veterans. They represented the USS Nevada in the parade while there.

She also became involved with track and hurdles while in school. Again, she fell in love with it once she became engaged. When promoted to Shift Lead at Pizza Hut, she felt she needed to cut back on some of her activities. Even at age 17, she knew her store and job were her priority.

Her Work Ethics Come From Her Family

Her dedication and respect for her job paid off, and she moved up the ladder fast. At age 16, she worked the front counter and cooked. At 17, she moved to Shift Lead, followed by Assistant Manager at 18 and General Manager at 19.

Raileigh was raised by her grandparents, who are very proud of her. Her grandmother ran a business before Raileigh was born, but she left her job to raise her granddaughter. Her grandfather served in the army. She remembers growing up how dedicated they were to their jobs. Her grandfather was always working, and that trait seems to run in the family. Raileigh is compelled to work and enjoys staying closely involved. She claims she inherited that from her grandfather.

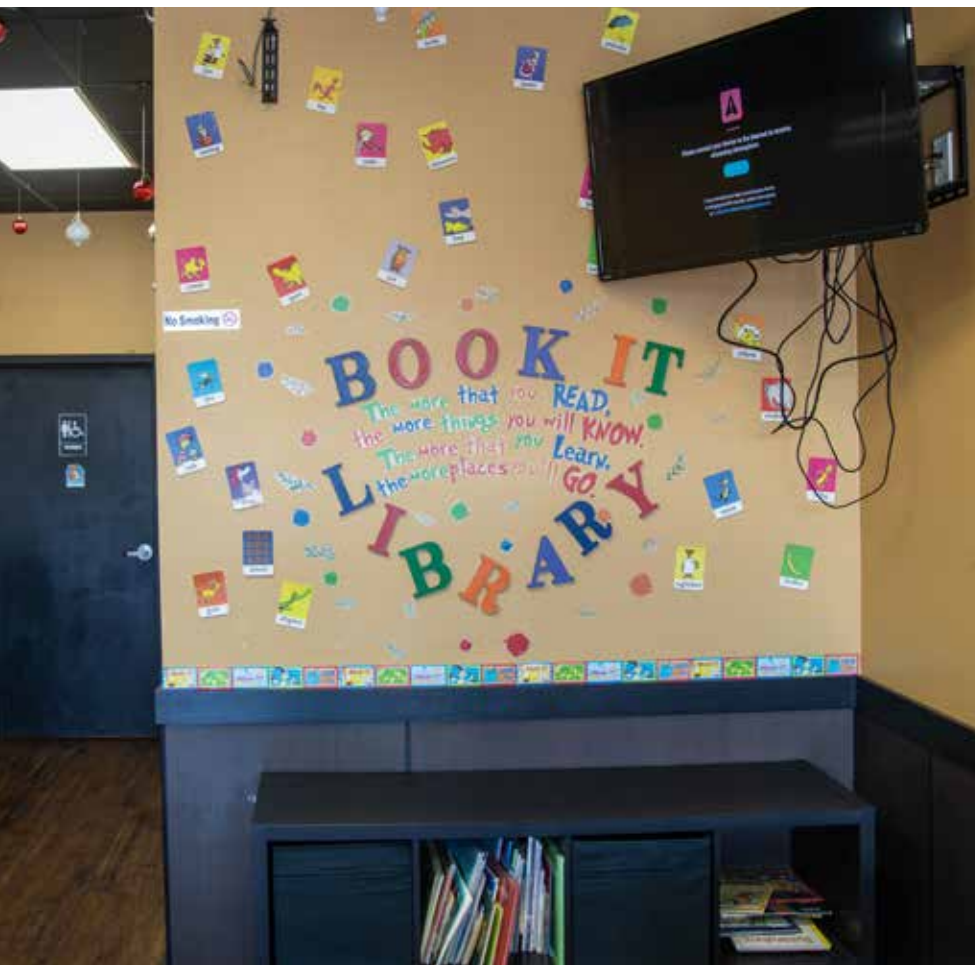
Her dad and uncle also live in Pahrump. About a year ago, her uncle started his own business in town called Blue Star Door Sales. They specialize in garage door repair and all metal doors. The family is comprised of hard workers, and Raileigh fits right in.

A Business Degree is in Her Future

Raileigh was set to attend Great Basin college to further her education



Pahrump Pizza Hut is located at 920 Pahrump Valley Blvd. The drive through is around the back of the building.



They often have celebrations and fun things for kids of all ages



They offer in house dining, delivery, and pick-up.

but received a 50% tuition opportunity from her company to attend Excelsior University. She also doesn't want school to interfere with her business. She is optimistic she'll be ready to start by summer. Her objective is to obtain a degree in Business Management. Her goal is to be her own boss someday, and she is willing to put in the effort to accomplish that.

Impact of COVID on the Business

We all know the trials and tribulations COVID brought to the world. Since they serve food, Pizza Hut wasn't shut down, but many restrictions were placed upon them. Masks had to be worn at all times, rigorous cleaning procedures were implemented, and although not mandated, most employees were vaccinated. They continue with many of these new procedures to maintain a safe environment and help keep customers and staff healthy.

They also developed their own way of contactless delivery. They created a pizza holder, which they called the ring of pizza. This ring was left on the doorstep with the ordered pizza in it. When



Hours are M-TH 10AM-10PM, F-SAT 10AM-11PM

“Her objective is to obtain a degree in Business Management. Her goal is to be her own boss someday...”

the customer took the pizza inside, the deliverer would pick up the ring, clean it, and use it for the next delivery. The system worked well, and the customers appreciated it.

What's Next for Raileigh?

If she continues to climb the ladder within Pizza Hut, her next step would be Area Coach, where she would manage several General Managers. She is very interested in that position down the road. Right now, she is enjoying being the boss of her own store and working with, what she calls, a fantastic team. There's no doubt in my mind that she'll accomplish whatever she sets out to do.

Additional Information on Pizza Hut

They offer more than just pizza. Try some of their wings, sides, and other pasta dishes. And don't forget dessert. They offer soft drinks as well. If you visit them on or near a holiday or game day, they'll be ready for you with decorations and additional specials.

Pahrump Pizza Hut is located at 920 Pahrump Valley Blvd. and can be reached at 775-727-7952. They offer in-house dining, delivery, and pick-up. Their hours are Monday through Thursday from 10:00 AM to 10:00 PM and Friday and Saturday from 10:00 AM to 11:00 PM. Their website is <https://locations.pizzahut.com/nv/pahrump/920-pahrump-valley-blvd>. You can order online.



Raileigh has done every thing including head cook



She says she can't imagine working anywhere else

SPOTLIGHT ON SERVICE ORGANIZATIONS

Local DAV Keeping Their Promise to American Veterans



There are many hardworking service organizations in town doing wonderful work helping people and the community, and we'd like to recognize these groups individually. Many people, both inside of Pahrump and outside, benefit from the charitable work accomplished by the members of these groups who unselfishly give their time and themselves to help. We thank everyone who participates in them and work so hard for the benefit of others.

By Christine Butler

The mission statement of the National Disabled American Veterans (DAV) is stated as follows: "Providing free, professional assistance to Veterans and their families in obtaining benefits and services earned through military service and provided by the Department of Veterans Affairs (VA) and other agencies of government."

Pahrump's Chapter #15 is a very active part of that organization. It was chartered on March 23, 1984. Approximately 25% of Pahrump residents are Veterans. The majority of them are 68 or older. Their local mission states, "We are dedicated to a single purpose: empowering Veterans to lead high-quality lives with respect and dignity. We accomplish this by ensuring that Veterans and their families can access the full range of benefits available to them; fighting for the interests of America's injured heroes on Capitol Hill; and educating the public about

the great sacrifices and needs of veterans transitioning back to civilian life."

National DAV is a registered 501C3 organization which means anyone can walk into their meetings, but they are not permitted to lobby Congress. The local Pahrump Chapter is a 501C4 entity which means there are some restrictions, but the Chapter is allowed to lobby Congress for action. Pahrump Chapter representatives met with Congressional members in Washington DC, last March to help set priorities for this legislative year. Chapter 15 members who attended included Bill Dolan, Cathy Girard, and Carl Jones.

The Town of Pahrump leased its Annex building to the local DAV Chapter for their use. They have been there for five years and hope they can continue. Chapter #15 meets once a month on the third Tuesday. Although most members arrive at 5:00 to socialize, the meeting starts at 5:30 pm. The location is 270 N Highway 160, Pahrump, NV 89041, near the town pool and Fire Station.



DAV Chapter 15 Charter

Requirements to Become a Member of DAV

DAV helps over 1 million veterans each year. The local Chapter has 500 members but only 25 – 35 active participants. It used to be required to have meetings in person. However, the recent approval of the use of vir-

“...Chapter Service Officers are available to help Veterans every Wednesday from 9 am to 4 pm at the Desert View Hospital lobby.”

tual meetings by the national organization has made it easier to reach more members, including those who live out of town or are unable to meet face-to-face for some reason. Virtual meetings will allow more of the 500 members to participate.

To be a member of DAV, you must have experienced some form of documented disability or aggravated a previous condition while in the service. You can be a Veteran from any of the military branches to become a member.

Structure of DAV in Nevada and Pahrump

There are five Chapters in the state of Nevada. Chapter 1 is Reno/Sparks;

Chapter 7 is Carson City; Chapter 12 is Henderson; Chapter 13 is Sunrise Mountain in North Las Vegas; and Chapter 15 is Pahrump.

Pahrump resident Cathy Girard is the Department Commander for the

state of Nevada. She is also the appointed Adjutant for the Pahrump Chapter. Members of the Executive Board of Chapter 15 include:

- William (Bill) Dolan - Commander,
- Richard Goldstein - Senior Vice Commander,
- Carl Jones - 1st Junior Vice Commander (JVC),
- William (Buddy) Tisdale - 2nd JVC,
- David Feltenbergen - Appointed 3rd JVC,
- Dr. Thomas (Tom) Waters - Judge Advocate for the Pahrump Chapter,
- Leon Samuel - Chaplain,
- Department Executive Committee (DEC) - Redell R. Samuel, and
- Alternate DEC - Joseph (Joe) Sepe.



Cathy Girard and Dr. Tom Waters of DAV Chapter 15



DAV Members are from all Military Services

DAV Activities to Help Veterans in Need

The Faces of the DAV organization are the Chapter Service Officers. These Service Officers help Veterans sign up for all benefits to which they are entitled. This is DAV's number one job...to help Veterans and their families. The DAV works with all qualifying Veterans in this capacity. The DAV is an accredited Veteran service organization, and the Chapter Service Officers work with the National Service Officers who have access to VA information and online records.

Currently, the Chapter Service Officers are available to help Veterans every Wednesday from 9:00 am to 4:00 pm at the Desert View Hospital lobby. DAV uses a small room in the corner of the lobby to meet with Veterans needing help. COVID restrictions restrict waiting in the lobby, so they must wait outside. When a Veteran receives the call for an appointment, they must show up 15 minutes before the appointment time.

They do many other services for Veterans, such as working with the local Rotary Club, which builds ramps for homes when needed by Veterans or their families. The DAV and the DAVA (Disabled American Veterans Auxiliary) split the cost of these ramps. DAV works with rehabilitation centers and helps Veterans return to fending for themselves. They work to help find them employment when they can.

In the Spring and Fall, the local DAV hosts Forget-Me-Not fundraisers.



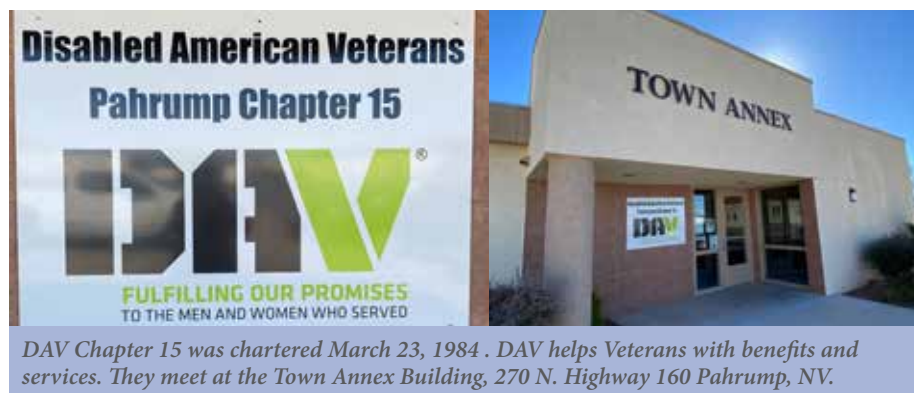
Welcome Home Wreath for Returning Veterans

They hand out artificial Forget-Me-Not flowers and information about the various activities, events, and services the local DAV Chapter provides. All

funds collected in Pahrump through this event stay in Pahrump.

They have set up a Trust for local Veterans and their families in need. The primary contact is Dr. Tom Waters. The Trust is running low on funds, but they want to continue to help, so they will create a new fund for this purpose. They support Vets by paying their electric bills or paying for car repairs as examples. They don't give them the cash, but they pay the bills directly. Sometimes they provide them with gift cards to purchase something they need.

Another activity they help with is providing Veterans with mobility items



DAV Chapter 15 was chartered March 23, 1984. DAV helps Veterans with benefits and services. They meet at the Town Annex Building, 270 N. Highway 160 Pahrump, NV.

such as wheelchairs, scooters, walkers, and other such devices. People in town can connect with any of the Veteran organizations to donate items needed by the Veterans. These organizations include Nevada Outreach, VFW, Marine Corps League (MCL), and the American Legion. Leon Samuel, Chaplain of Chapter 15, is a good contact, 775-537-5051.

A DAV transportation system includes Laughlin, Mesquite, Henderson, Las Vegas, and Pahrump. Sometimes they'll go to Amargosa. There is one dispatcher and two drivers. They've placed an ad in the paper looking for more drivers. The ad also provides the contact number for rides. If you need a

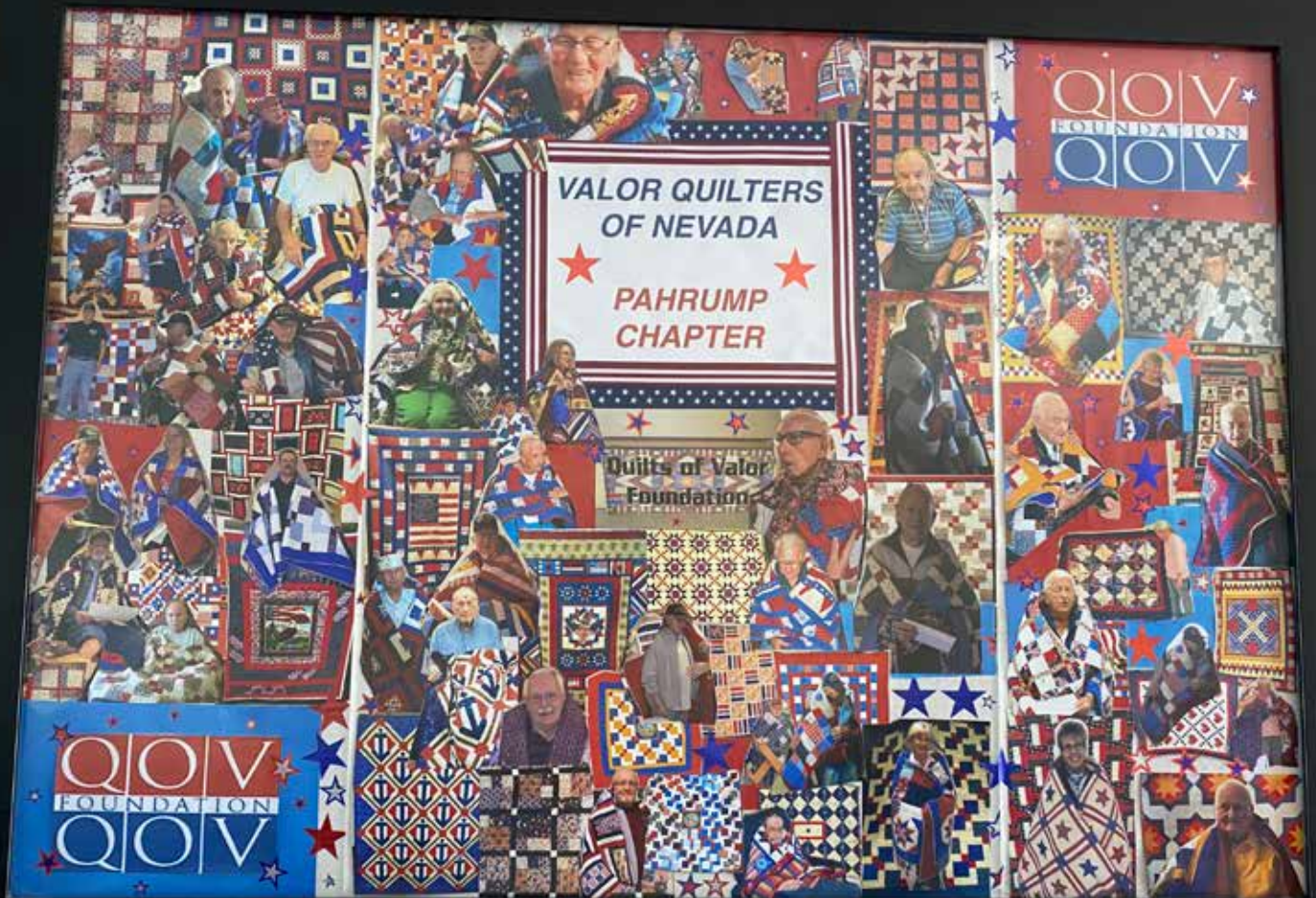
ride, call 775-209-0126.

Pahrump Valley Public Transportation also provides all Veterans rides to the VA Clinic or hospital. It's called VETrans, and they take Veterans to their doctor appointments, to the pharmacy to pick up medications, and trips to Las Vegas if a driver is available. The Vets only need to show ID proving they are indeed a Veteran.

Another notable event sponsored by the Nevada DAV is scheduled for March 15, 2023, the opening ceremony for Veterans and Military Day at the Nevada State Legislature in Carson City. The purpose of this special day is to improve Veterans and military awareness.

There is a Comradery Between Military Branches

Even though you may hear some cheering for their own "team" among Veterans, there is mutual respect for the members of the other service branches within the DAV Chapters. Dr. Tom Waters, who is retired from the Air Force, says if it weren't for the Marines, he wouldn't be here today. And others have had similar experiences. You can be a veteran of any military organization and get the same caliber of help from the DAV.



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The people who are part of the DAV are brothers and sisters in serving our country. They know what these Veterans have gone through. They've been there themselves. They desire to help in any way they can. They continually come up with ideas to provide

more services and support to fellow disabled Veterans.

If you are interested in becoming a part of this team and want to help others with similar backgrounds as your own, or if you need help or know someone who does, you can reach them online at <https://www.dav15pahrumpp.com> and hit contact us.

“Pahrump Chapter representatives met with Congressional members in Washington DC last March to help set priorities for this legislative year.”



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www.davnv15.org

Disabled American Veterans

**VOLUNTEER DRIVERS
NEEDED**

We have two DAV vehicles ready to transport our local veterans to their medical appointments at the VAMC Hospital and clinics in Las Vegas.

The pandemic has left us short of drivers. As a volunteer driver, NO special license is required. You will receive a lunch ticket that can be used at the Patriot Café for breakfast or lunch, or you may use it at the Patriot Exchange.

You must take a physical and be issued a VA ID card that takes a couple of weeks.

It is an incredible feeling knowing you are making an impact on a veteran's care and you are appreciated for your voluntary service.

Please call the VA Voluntary Services and speak with the amazing people there at

702-791-9134 or call DAV Pahrump Dispatch at 702-423-4885.

Commander William "Bill" Dolan Chapter 15 Pahrump
Adjutant Cathy Girard Chapter 15 Pahrump
Adjutant Email: dav15adjutant@gmail.com

THE BEARDED LADY SALOON

LIVE MUSIC AND ENTERTAINMENT SCHEDULE



Sonic Shakers	Mar 4th @8pm
Mickey Utley Band	March 8th @ 8pm
St. Paddy's Burlesque show	Marh 17th @ 8pm
Burning Allure	March 18th @ 8pm
Last Train to Juarez	March 25th @8pm
Matt Axton Music	April 1st @ 8pm
Rhyolite Sound	April 8th @ 8pm
Rum Runners	April 15th @ 8pm
Katfish	April 22nd @ 8pm

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Bottomless Wednesday @ 8pm

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Focus on Family



Holy Week

By Pastor Phyllis Murray, Pahrump Valley United Methodist Church

Perhaps at first, they talked of little things that spring evening. The upper room was dim with lamplight as Jesus sat with the twelve and remembered. Then quietly, he said, "There is one here whose kiss will bring me betrayal by and by. " They did not look at Judas, but each man murmured, "Master, is it I?" Each one looked inward, frightened, lest he find shifting sand where he had dreamed of rock. None placed the guilt on any other guest who had partaken of that gracious meal. When hungry children dwell on my street, when I see tears or hear a heart's cry because someone failed to keep faith, may I too murmur, "Master, is it I?"

- *A Guide to Prayer for All Who Seek God*, by Norman Shawchuck

I never tire of reading about Holy Week and have been blessed to have had the opportunity to read lots of different takes on the events and characters from the stories told in the Gospels and the Old Testament references to them. I have been challenged to put myself in the place of some of the people and try to determine what action or thought I might have had. Norman Shawchuck's

"Lent will begin this year on Ash Wednesday, February 22...leading up to Easter, April 9. This acknowledges the 40 days Jesus fasted in the desert."

reference to Matthew 26:22 made me stop and think this week. He thinks the disciples each looked into his own life to see if betrayal lay there. I had to pause and reflect on that. It seems the current news is only filled with people pointing fingers at others REALLY responsible for EVERYTHING!

Shawchuck goes so far as to say they didn't even look at Judas, but each searched his own heart. I immediately thought that could not happen today in the public world. And I hate it, but it doesn't seem that much different in the community of faith. Somebody must always be at fault, and it is almost always "somebody else!" But even when someone prepares to offer an apology and take responsibility for something, they somehow add how other people contributed to their poor choices. It seems part of our current behavior to immediately look for someone to blame. I am not leaving myself out of that characterization. I am quick to try to defend myself and my actions, even if I believe, privately, they are wrong. I

too often find my strength is 'shifting sand' where I would hope for 'rock.'

Shawchuck helped me to consider the one place I can't re-direct attention is with God, for He knows my thoughts, my heart, and what my intent is. Could I be the one to betray him? Surely, we all think that after spending three years with the Son of God, we would be beyond doubt, but I realize that even with all I know about God, Christ, and grace, I deny or betray him anytime I am less than what He asks of me. If it is my stance on issues, my lack of support for those in need, or even my silence when my words could help or defend, I know it IS me, even if I wasn't there in the upper room.

I am spending some time this Lent trying to find those places where the shifting sand is in my life, and firm them up. I can't bear to have to consider Jesus referring to me as causing Him pain. And I also do not want to be the one who might point at Judas when I myself am so guilty in so many ways. *Cleanse my heart, oh God.*

Lent will begin this year on Ash Wednesday, February 22. Many churches will observe this day with imposition of ashes, as we remember scripture. Then the observance of Lent lasts through Holy Week leading up to Easter, April 9. Many Christians and other folks 'give up' or 'fast from' something during that time as an effort

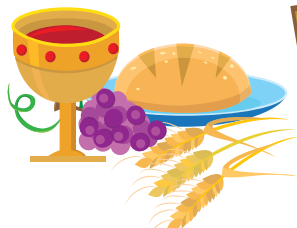
to eliminate obstacles in their relationships with God. This acknowledges the 40 days Jesus fasted in the desert. Others add something meaningful for the same reason. Still, others find success by replacing an obstacle with something positive, creating a new habit or lifestyle. There will be many services and observances in our com-

munity during Holy Week; prayer vigils, musical services, labyrinth walks, etc. Even a trip into the mountains can provide a time of reflection and peace.

Whether you observe Easter or Lent or not, this is a good time to do some 'spring cleaning' and reflect on those things that clutter your life and do not bring joy or peace.



Palm
Sunday



Maundy
Thursday



Good
Friday



Holy
Saturday



Easter
Sunday



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Making Art Pieces Out of Gourds

By Pamela Rothermund

My name is Pam Rothermund, and I am an artist addicted to creating “One of a kind” art with a Gourd. After 38 years in Las Vegas, moving to Pahrump in 2013 felt like I could finally breathe in this small-town atmosphere. Fast forward two years, and I retired from a 10-year career at the U.S. Census Bureau. Since work was in the rearview mirror, I started looking for something to keep me busy. Pahrump Valley Gourd Patch had a small ad in the PVT newspaper “to come see what gourd art was all about.” That is how I got hooked on Gourd Art.

To take a dried gourd from a “plain old gourd” to a beautiful art piece, you really don’t need expensive equipment. All you need is a Dremel, small cleaning balls, a sanding drum, a sanding mop, a zip cutter or filigree burr, and of course, a good mask to protect your lungs from the gourd dust. You may want to cut open a gourd or leave it whole. You can purchase quality gourds from the Wuertz gourd farm or Welburn gourd farm. Some members grow their own gourds or pick up wild coyote gourds for FREE that grow in washes and vacant lots in Pahrump and surrounding areas. Let them dry until you can hear seeds rattling inside.



Award Winner

Recently, I taught a class on how to take a piece of gourd and turn it into a beautiful jewelry pendant. After cutting out irregularly shaped pieces of gourds, then sanding the piece and spray painting white, students created art with alcohol inks and completed it by sealing it with a clear coat. You do not have to be artistic in the sense of drawing or painting. A lot of gourd art is abstract, just shapes and color. Anyone can do this. In addition to teaching on the meeting day, I also teach gourd classes in Carson City at the Silver State Art Festival.



Pamela in her carving get-up

The Pahrump Valley Gourd Patch meets monthly on the third Monday at 12:30 pm. Following are the details concerning our meetings:

*Pahrump Valley Gourd Patch
Artesia Community Center
6601 Fox Ave
Pahrump, NV 89061
PahrumpValleyGourdPatch@gmail.com*

I would email to make sure we are meeting.

There are gourd competitions in many states across the nation. I have entered several of my gourds in the Pahrump Fall Festival and won 1st place ribbons in the pyrography (wood burning) section, along with 2nd place at the Wuertz Gourd Festival in Casa Grande, AZ.



Away in the Manger



Carved in Red



Mr. Cool



Ms. Attitude

Besides belonging to the Pahrump Valley Gourd Patch, I belong to the Nevada Gourd Society, American Gourd Society, Artisans Guild NV, Pahrump Artists and Artisans, Rock-N-Gold Organization, and of course, our beloved Pahrump Valley Museum as a lifetime member.

If you would like more info, you can contact me directly at 702-630-2772 (leave a message) or email PahrumpValleyGourdPatch@gmail.com.



My Valentine



Copper Embellishment



Metal works



My Valentine



Pendants by students



Grey squirrel weaving



Healthy Living

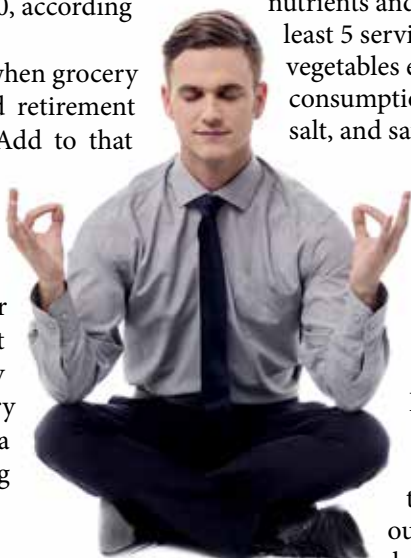
A Foolproof Formula for Finding Peace

By Crystal Atwood

Are you feeling uneasy about the future? You're not alone. Rates of depression and anxiety grew more than 25% starting in 2020, according to one global study.

It's a natural reaction when grocery prices are climbing, and retirement savings are dwindling. Add to that the headlines talking about climate change, pandemics, and war.

You probably have limited influence over these kinds of events, but you can control the way you respond to them. Try this foolproof formula for finding peace during challenging times.



Self-Care for Uncertain Times

1. **Eat healthy.** Give your body the energy it needs. Choose delicious whole foods rich in essential nutrients and fiber. Aim for at least 5 servings of fruits and vegetables each day. Limit your consumption of added sugar, salt, and saturated fats.

2. Exercise regularly.

Research shows that working out can be as effective as antidepressants for some patients. Find a variety of activities that you enjoy and will want to stick with. Go outdoors for an extra boost.

3. **Sleep well.** Most adults need 7 to 8 hours of sleep. If disturbing thoughts keep you awake, try writing them down as a way to put them aside until later. Avoid caffeine and alcohol later in the day. Adopt soothing bedtime rituals, like soaking in a warm bath.

4. **Accept reality.** Denying unpleasant facts can reinforce anxiety. Focus on solutions, rather than wishing things were different.

5. **Think positive.** Look on the bright side and cultivate gratitude. Search for uplifting news and citizens taking constructive action in their communities.

6. **Train your breath.** You have a simple and free tool you can use anytime to help manage your emotions. Practice taking deep

breaths and lengthening your exhalations. Attend a class or watch a video to learn more about connecting your breath and body movements.

7. **Stretch your muscles.** Scan your body for tight spots where you may be holding onto tension. Stretching helps you to loosen up and relax. Make it a regular part of your workouts and take breaks to move around when you've been sitting for a long time.



8. **Clear away clutter.** Your environment affects your mood. Keeping your home and office organized and neat helps you to focus and feel content. Give away items you rarely use or store them out of sight.

Social Support for Uncertain Times

1. **Connect with loved ones.** Hang out with family and friends. Dedicate time for movie nights and coffee dates. When your schedule is hectic, combine socializing with running errands and doing chores.
2. **Express your feelings.** Let others know when you're struggling and ask for help when you need it. Engage in deep conversations. Keeping a journal may increase your awareness and make it easier for you to talk about your emotions.

3. **Share laughter.** Encourage each other to lighten up. Tell jokes and describe amusing things that happened to you recently. Do impressions or poke fun at yourself. Play charades and send gag gifts.

4. **Eat together.** Family meals are one of the most important rituals you can observe. Enjoy stimulating conversation and healthy food. Work as a team to plan menus and prepare dishes. Turn off your TV and phones.

5. **Give back.** Being generous makes you feel happier and more confident. Do volunteer work in your community and practice random acts of kindness.

6. **Advocate for yourself.** Healthy relationships depend on give-and-take. Set reasonable boundaries. Share practical support and emotional validation.

Develop the wisdom and strength you need to thrive during uncertain times. Work on your relationships with yourself and others, so you can hold onto your peace of mind.

At Natural Vibes we strive to offer a place for the community to come together and embrace social connec-



Crystal Atwood, Integrative Nutritional Health Coach Owner-Natural Vibes Wellness and Nutrition Center

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Wills & Trusts

Is Your Estate Going Through Probate? Find Out Now.

By David Bindrup, ESQ., CPA, LL.M.

There are so many uncertainties in life - who will be the next president? When or if our country will go to war again? What will our health be like tomorrow, next year or five years from now? One thing in life is certain: we will all die. And although we cannot usually predict how we will die or when we will die, or even, to some extent, the size of our estate (our assets (after our liabilities)) when we die, we can have a good idea about whether or not our estate will go through probate.

If You Have a Will, Will Your Estate Go Through Probate?

The answer is YES. All wills are subject to probate. This is because a will cannot own property. A will is like a back-up plan for beneficiary designations on bank accounts, etc. If those designations fail - either because the financial institution does not have the proper information, or because the beneficiary named has passed away or cannot be located, then chances are your beneficiary-designated accounts will end up in probate. When your assets go through probate, if you have a valid last will and testament, the Courts will rely on your last will and testament to determine how to distribute your assets. If you do not have a valid

last will and testament, the Courts will rely on state law to determine how to distribute your assets. In other words, your will provides instructions to the Court if your beneficiary designations fail. This is why *when someone owns real property (land) and only has a will, their estate will always end up in probate court* when they pass.

If You Own a Fifth Wheel or Modular Home

Another surefire way to have your estate end up in probate court is if you own a fifth wheel or modular home. Whether you call it a modular home, a manufactured home, a trailer or just your home sweet home, if you receive a personal property tax bill for your dwelling (which means it is not con-

sidered real property or attached to the land), your estate will probably end up in probate. Why is that the case? You cannot name a beneficiary on your modular home. Because you cannot name a beneficiary, when you pass away, there is no one to whom it can be distributed. Thus, the modular home has to go through probate court so that title can be transferred.

In probate court, a judge determines how to distribute your property. A judge will either look at your last will and testament if it is valid, or if it is invalid or you do not have a last will and testament, a judge looks at state law. What a judge does not look at is how close you were to the people in your will when you pass away, what may have changed in those relationships, or how much you wanted your assets to go to those people. All a judge can look at is (1) whether or not you had a will and (2) if you do not, then the judge looks at state law to determine distribution of everything you've worked so hard to earn and save during your life.

Probate Court Costs

The biggest problem with probate court is the cost. Between court costs and attorney fees, your estate can pay somewhere between \$10,000.00 to \$15,000.00 on average. This means that the probate process can easily wipe out a large portion of your hard

earned money just because you didn't plan appropriately during your life. While some people may think, "What do I care when I'm dead?" others want to make sure their hard-earned money isn't wasted during their lives - or after their deaths!

How Do I Avoid Going Through Probate

The only way to be sure that your estate does not go through probate is to have a revocable living trust. Through a revocable living trust, you can designate who you want to inherit your assets and how you want them to be inherited. Do you want your granddaughter to have your wedding ring instead of your son giving it to your daughter-in-law (who you never really liked in the first place!)? Do you want your friend to be in charge of your final arrangements instead of your sister who you don't see very often? Do you want your closest confidante to make your medical decisions for you if you're incapacitated, instead of your cousin who lives across the country and is in poor health? Do you want to make sure that your modular home can be sold by your trustee so that your grandkids, the VA or your partner can have the proceeds in a way that is simple, quick and easy? These are decisions that you can make now, so that when the time comes, the decisions that mat-

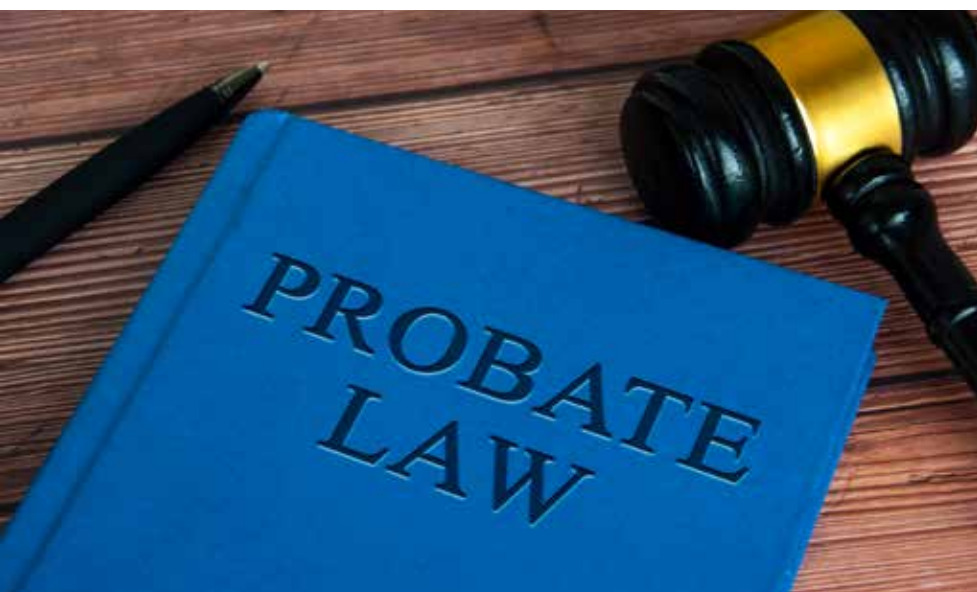


DAVID BINDRUP LAW FIRM is located at 1321 S. Hwy 160, Suite 8A, Pahrump, NV 89048 and provides free estate planning consultations or will/trust reviews to Pahrump Life Magazine readers. Contact us at 702-465-0888 for more information or to schedule your free consultation.

ter most are made by the ones you trust the most, not the courts.

Estate Planning Takes Control of Your Assets

Again, we don't know when we will pass or how we will pass or even how much we will have when we pass, but we do know that we want to have our assets go to people we love and trust, and that we want to be cared for by people we love and trust. By completing your estate plan, you can make sure that your assets go as you intend for them to and avoid the probate process. Take control of your assets so that things are settled in the way you want them to by meeting with an estate planning lawyer to review your assets and how they will be distributed. A competent estate planning lawyer can go through different scenarios with you to figure out how assets will pass with a will, a trust or even no planning at all. That way you can decide what happens, rather than leaving it to a guess.





financial focus

with Jeffrey R. Dye



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

Can You Count on Social Security?

If you're getting closer to retirement, you might be thinking more about Social Security. Specifically, can you count on it to contribute part of the income you'll need as a retiree?

There's been an increase in alarming language surrounding the solvency of Social Security, but in reality, its prospects are not nearly as gloomy as you might have heard.

Here's the story: Under current law, Social Security is estimated to exhaust its trust funds by 2035, after which benefits could be cut by 20%, according to the 2022 Social Security Trustees report. However, the large cost of living adjustment (COLA) (8.7%) for 2023 could cause the trust funds to use up their resources sooner.

But this outlook may represent a worst-case scenario. For one thing, the cost of the 2023 COLA will be somewhat offset by higher taxes on workers contributing to Social Security. The maximum amount of earnings subject to the 6.2% Social Security tax jumped from \$147,000 in 2022 to \$160,200 in 2023. And in looking down the road,

further increases in this earnings cap may also help reduce the gap in the trust funds. Increasing the payroll tax is another possibility for boosting funding to Social Security.

And here's a political reality: Social Security is a popular program and it's unlikely that any future Congress wants to be blamed for reducing benefits. Of course, there are no guarantees, but it seems fair to say that you can reasonably expect some benefits from Social Security when you retire.

But perhaps the bigger issue is just how much you should depend

on Social Security for your retirement income. On average, Social Security benefits will provide about 30% of a beneficiary's pre-retirement earnings, according to the Social Security Administration. But the higher your earnings before you retire, the lower the percentage that will



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be replaced by Social Security.

Still, you'll want to maximize the benefits that are available to you — and that means deciding when to start taking Social Security. You can begin as early as 62, but your monthly payments could be as much as 30% lower than your normal (or "full") retirement age, which will likely be between 66 and 67.

Even if you were to wait until your full retirement age before collecting Social Security, you'll also need to draw on other sources of funding. So, while you are still working, it's a good idea to keep contributing to your IRA and 401(k) or other employer-sponsored retirement plan.

The amount you contribute should depend on your overall financial strategy and your financial needs, so, for example, you probably shouldn't put in so much into your retirement accounts that you feel significant stress in your monthly cash flow. But when you do get a chance to invest more in these accounts, such as when your salary goes up, you may want to take advantage of the opportunity.

Ultimately, you should be able to count on Social Security as part of your retirement income. You may want to consult with a financial professional to determine when taking Social Security makes the most sense for you and how you can also get the most from your other retirement accounts. You'll want a retirement income strategy that's built for the long run.

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by Josh

Things Your Computer Tech is Too Afraid to Tell You

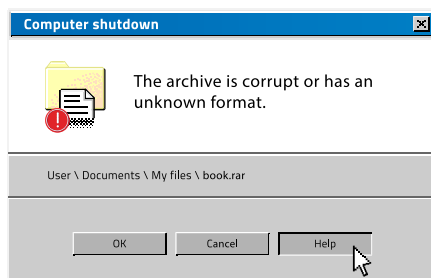
Part
4 of 5

If you've ever been to our store, Great Computer Deals, you'll see we're all about offering solid customer service in a friendly and understanding environment. Sometimes though, I feel in our attempts to be kind, the gravity of the customer's computer problem and cause gets lost. Basically, some of our customers don't understand the point we're trying to make because we perhaps "sugarcoat" it too much. This article may come across a little harsh, but the topics we're talking about are very important and deserve to be taken seriously for your own protection.

Brutal Truth #4: Your System is Ancient and It's the Reason Why You're Having All of Your Computer Issues.

We realize that people grow attached to their computers. Once you learn how to use a particular model or version of Windows and get used to it, the idea of having to start all over again is not appealing.

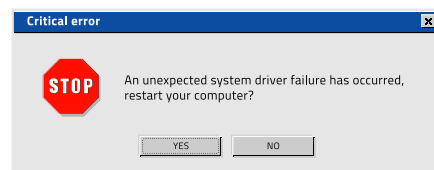
The reality is, electronics and technology can get very dated, very quickly. We try our best to help our customers get the maximum value out of their purchase but there is a certain point where you have to move on and upgrade. Especially when the computer costs more to fix/upgrade than just replacing it altogether.



How Do I Know When My Computer is Too Old?

Sign #1: It has a dated version of Windows running on it:

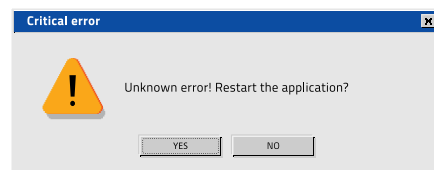
If your computer is running Windows 8, 7 or XP, it's probably time to look into upgrading. These old versions have either reached "end of life" through Microsoft or it will be the next version on the chopping block. When a version of Windows reaches "end of



life", it means Microsoft will no longer be offering updates, bug fixes or tech support. Not a good or safe place to be with the software that runs your entire computer.

Sign #2: You're experiencing major performance issues:

Just because a computer is running slow, it doesn't necessarily mean it needs to be replaced. There are many services we offer to help you out including PC clean ups and hard drive upgrades to the much faster solid state drive technology (the best difference maker for speed). That being said, if your computer is running slow because it's 10+ years old and wasn't designed to handle what you're now using it for, it's time to replace.



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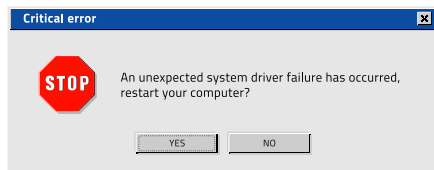
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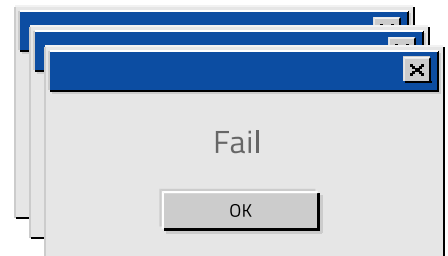
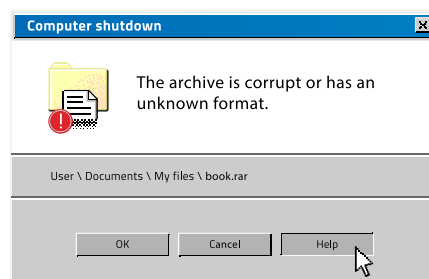
Sign #3: Important software you use is no longer supported on your computer:

Major software programs like Microsoft Office, Adobe Photoshop, Quickbooks, and Google Chrome have gotten much pickier in the last few years on what versions of Windows or Apple's macOS they will support. If you require one of these programs for your business or personal life, you'll need to be running at least Windows 10 on your PC and macOS 10.15 or higher.

Check back in Pahrump Life Magazine for part 5.

Still Needing Some Help?

For assistance here in Pahrump, visit our store and repair center for fast, friendly, and affordable service and shopping. We're located at 1190 East Highway 372 (across the street from Pizza Hut) and are available via phone at: 775-990-8833. We're open Monday thru Friday from 9am-3pm.



About Josh Osborne

Josh has over 22 years in the tech industry. After many years of selling computers, software and offering seminars to educators around the country, he and his family opened a local retail and repair center in 2010 called Great Computer Deals. The store's steady growth is due to Josh and his staff's ability to communicate computer technology in a way that's friendly, affordable, and easy to understand. Josh is a 15-year resident of Pahrump Valley with his wife Kristie and daughters Kaylee and Lily. Josh loves Jazz music, Mixed Martial Arts and is obsessed with all things Star Wars.



stay STOPPED

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Shelley Poerio

Breaking the Intergenerational Cycle of Addiction

By Shelley Poerio with Casey Jones

In this column, we've spent a lot of time focusing on positive behaviors and life changes that are critical for those in recovery to stay stopped (from using drugs or alcohol). One extension is how important new and healthy life skills are, especially when the addict is raising a child or children. Improvements benefit not just the addict or alcoholic and his or her immediate family, but society at-large.

National Surveys on Drug Use and Health (NSDUH) performs an annual survey to assess the status of substance abuse in the US population. In 2017, it released a comprehensive report on how many minors were living in households in which at least one parent or guardian had a substance abuse disorder¹. In that report, the agency concluded that over 10% of children aged 17 or younger lived in such a household. *By age range, the numbers*

reported were:

<i>Ages 17 or younger:</i>	<i>10.5%</i>
<i>Ages 0-2:</i>	<i>10.1%</i>
<i>Ages 3-5:</i>	<i>9.9%</i>
<i>Ages 6-11:</i>	<i>10.2%</i>
<i>Ages 12-17:</i>	<i>11.3%</i>

Rather shocking numbers – and this was before Covid-19, which we expect significantly increased the number of households using drugs or alcohol to cope with the stress brought on by the pandemic and related lockdowns.

Even more disturbing – but perhaps not surprising – is the reporting that children of parents with an alcohol-use disorder are at a greater risk of addiction than the general population of their peers. In fact, they are **four times** more likely to develop symptoms of substance abuse. NSDUH also reported that these at-risk children are more vulnerable to mental health disorders including depression and anxiety disorders, and problems with verbal skills.

No parent would wish to handicap

their child in any of these ways, but many inadvertently do. They may or may not realize that their addiction and related behaviors are being visited upon the people they love most, and the people they have been entrusted to keep safe. Households in which the primary parent is not addicted or abusing drugs, but a significant other in that household is, impact the child(ren) in the same negative ways.

Room For Some Optimism

A friend and volunteer for Living Free Health (LFH) was recently traveling via UBER – and she and the driver started talking about life as you often do with a stranger. She told my friend that she was in recovery, and when my friend asked her if she'd be comfortable revealing how she turned her life around, she openly stated that she knew, deep down, it was "personal responsibility" that would underpin that new life. The primary motivator to stop using was that she had become pregnant. As she put it, she "...couldn't stand the fact that I might be putting my future child in danger." She got help and stopped then and there – and has been happily sober for years. Knowing she

was bearing a child caused her to get into rehab and learn to live a healthier life without drugs or alcohol.

This was in Dallas, Texas, but similar stories of pregnant women or women with children who know they need to remove their child or children from a toxic environment are everywhere. We see this frequently in our local area of Pahrump / Rural Nye County.

Living Free Health Sober Living for Women and Children

In 2020, LFH added a third sober living home to their group of homes in Pahrump that focus on men in recovery and women in recovery. The new home, Women and Children Transitional Living House, is devoted to women with children, or women who are pregnant and who need a sober environment so they can maintain a substance-free pregnancy and/or reunify with their families in a healthy way. They also learn what it takes to be responsible for their children, with the help of LFH staff.

Since opening, this program has helped more than 20 women and their children (and in a few cases, also supported their pregnancies). The home provides a healthy, family environment in which the mothers live, and collaborate with staff and each other

to provide nutritional meals and a healthy existence for all the children. All the resident mothers are in recovery and are learning new and improved skills necessary to take the best care of their children. The LFH staff have created a program for the residents, with a curriculum titled "Parent Child Interactive Program". Each week they conduct a class in which the mothers and kids at our Women & Children's house engage in various guided activities, learning new ways to parent. We're already seeing improved behaviors in the kids, greater confidence and knowledge in parenting, and fun age-appropriate interactions among the families.

In addition to this class, we also have a weekly parenting class in-house delivered by a volunteer, retired teacher and parenting instructor from St. Martin's in the Desert. Since opening the Women and Children's house more than two years ago, we have come a long way in doing more than solely providing a safe, clean, sober, non-toxic, and beautiful home in which mothers and their kids (and pregnant women) can get back to being their best selves. (It should be noted that the underpinning of this women's services program is the evidence-based Parent Child

10.5% of children
17 years old or younger

Live in a home with substance abuse disorder

They are **4x** more likely to succumb to
substance abuse than their peers.¹

Assistance

Program developed by the University of Washington.)

Our transitional homes for men, women, and mothers with children are succeeding in large part due to the generosity of our Pahrump community – via volunteers and charitable donations – as well as a very dedicated and hard-working staff. LFH is honored to be able to contribute to the lives of people in recovery – and the Pahrump community overall -- through homes that offer our neighbors a new start.

If you would like to make a charitable donation in support of our transitional homes (or other programs), or if you have comments, or ideas for subsequent articles, please contact me at shelley@livingfreehealth.org. You may also donate directly via our webpage www.LivingFreeHealth.org/Donate.

Shelley Poerio is a Licensed Clinician, Master Addiction Counselor, Certified Fitness Trainer, and author of "Rebalancing the Addictive Mind: Beating Addiction with Exercise and Nutrition." She is also the founder of Living Free Health & Fitness, a 501(c)(3) organization that helps people stay in recovery through counseling, education programs, lifestyle changes and sober living. Shelley lives in Pahrump, NV and has been in active recovery since September 5, 2001. For more information: www.livingfreehealth.org.

Casey Jones, MBA, is a successful businesswoman who has been a pro-bono consultant and part of Living Free Health & Fitness since 2013. She has helped numerous emerging companies successfully achieve their goal to grow to better meet the needs of their customers and clients. Casey lives in Dallas, TX.

1. Lipari, R.N. and Van Horn, S.L. Children living with parents who have a substance use disorder. The CBHSQ Report: August 24, 2017. Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Rockville, MD.



Humorous Observations



By Tyler Ryan

Just a thought...

Does anyone else find it odd that for such a brutal sport, the prizes boxers receive for winning a match are belts and purses?

Meanwhile, they enter the ring while wearing a robe and dance with their opponent.

It's really none of my business, but raise your hand if you're the type of person who zips up first, then button your pants, or just the opposite?

I personally happen to zip up first.

While we're on the subject, do you button your shirt from top to bottom or from bottom to top?

I go from top to bottom.



Does anybody know someone who actually caught a nosebleed while sitting in the so-called "Nosebleed Section" seating of a concert or sporting event?

No offense to my fellow pet lovers, but watching a dog eat is one very gross sight to see. Just my opinion.

As far as pet owners singing the praises of certain dog food brands on television commercials, for once, I'd like to see the owner actually gobble down a big heaping spoonful of it.

Call me uptight, but I've never put dog food in the refrigerator. The only dog food in my fridge is called last night's leftovers.

Do Hotcakes really sell very fast as the old saying goes? And if so, why?

I find it very disappointing that there are no grapes or nuts in Grape Nuts cereal.

You have to buy them separately. Even the box is misleading because it's an image of blueberries and sliced strawberries.

Sorry folks but my rantings are therapeutic, so please bear with me.

Just curious, but what the hell is a "Raincheck" and where can you cash it?

I'm still trying to figure out what the term "Fast Asleep" means.

Here's a very good piece of advice to any guy.

If for whatever reason a woman asks you to guess her age, do not do it. Ever!

The same could be said for guessing her weight. It's pretty much a no-win situation.

Just a thought...





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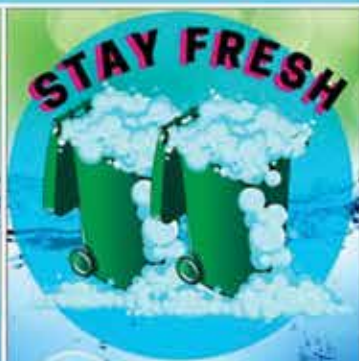
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FreshBinzLLC.com

Recipe Box



COCONUT BLACK RICE PUDDING

By Crystal Atwood

<https://naturalvibes-healthandwellness.com>

3 Servings

35 Minutes

Ingredients

- 1 cup Black Rice (uncooked)
- 1 2/3 cups Canned Coconut Milk
- 1/2 cup Water
- 1/4 tsp Sea Salt
- 1/2 tsp Vanilla Extract
- 1 cup Strawberries (sliced)
- 1 Peach (sliced)
- 1/3 cup Unsweetened Coconut Flakes

Directions

1. Rinse the rice and add it to a large bowl. Cover with water and soak for at least one hour, or overnight.
2. Drain and rinse the soaked rice and add to a medium sized pot with the coconut milk, water and sea salt. Cook over medium heat until it begins to boil, then reduce heat to medium-low. Simmer for about 20 to 25 minutes, stirring frequently. Once it is done cooking, stir in the vanilla and set aside.
3. Divide the rice into bowls and top with sliced fruit and coconut flakes. Enjoy!

Notes

PREP AHEAD: Make the rice ahead of time and serve it cold in the morning.

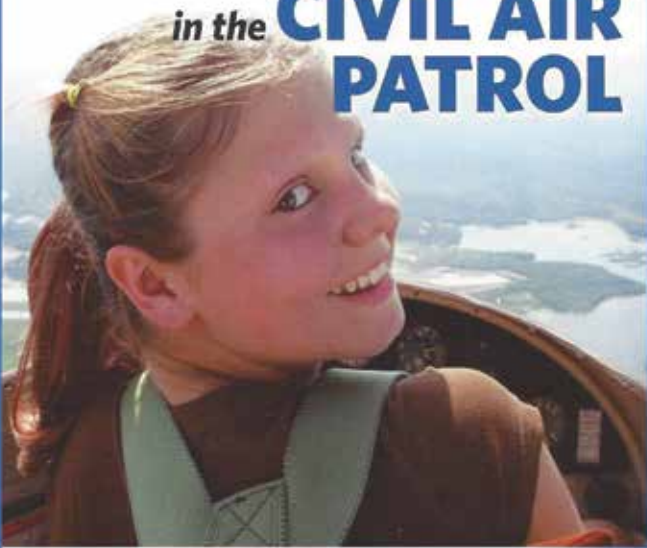
LIKES IT SWEET: Add maple syrup or honey to taste.

NO TIME FOR SOAKING: If you are unable to soak the rice ahead of time, the cooking time will increase to about 35 minutes and you will need to add extra water.

LEFTOVERS: Keeps well in the fridge up to 4 to 5 days.



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EVENTS

Tell us about your upcoming event! If you have an event that you'd like Pahrump to know about, please submit the details to us at Christine@PahrumpLifeMag.com.

By Marion Frazier



Eat, Drink & Be Irish

March 17, 2023

*Stockman's Steakhouse at Pahrump
Nugget, 681 S. Hwy 160, Pahrump, NV*

Offering an Irish feast from 4 to 9 p.m.
*Golden Harvest Café at Pahrump
Nugget, 681 Hwy 160, Pahrump, NV
Lakeside Café, 5870 Homestead Rd.,
Pahrump, NV*

Offering a traditional St. Patrick's Day meal of corned beef and cabbage from 11 a.m. to close.

Stargazing with the Las Vegas Astronomical Society

Saturday, March 25th, 7:30 – 10 PM
*Spring Mountain Ranch State Park
6375 NV-159. Blue Diamond, NV*

Bring your family for an evening of stargazing away from the city lights. The Astronomical Society will have their high-powered telescopes available for use. They



will also share their vast knowledge about the evening's stars and answer questions you have about the night sky. Temperatures are usually 10 degrees cooler than in surrounding areas, so wear warm clothing. They request you leave your pets at home for this event. Red flashlights only for better viewing for all. Park entry will close at 9:30 pm. The entry fee is \$10, cash only. Exact amount is requested to keep the entrance line moving.



Chili Cookoff

March 25-26; 9 am – 4pm

Petrack Park, 150 NV-160, Pahrump, NV

The Chili Cook-off will be held both days. It's sponsored by the Butterfly Effect Nonprofit Organization and this year it will be benefitting the Pahrump Valley Youth Activities (PVYA). On Saturday they are also hosting a mullets and mohawks competition to benefit the Saint Jude Ranch. They will have a Sweet Home Alabama Tribute to Lynyrd Skynyrd and Southern Rock performing at it, hot dog eating contests, redneck games and a mechanical bull. Entry to the event is free and tasting is available. Bring the whole family for a great day of fun! For more information, contact Kelli Sater of The Bearded Lady at pahrumpchilicookoff@gmail.com or 775-990-9441.



Pins & Needles Quilt Show Rainbow Express

March 31 & April 1, 2023 (This is an updated date as of 1/12/23)

March 31st 9:00 am – 5:00 pm

April 1st – 9:00 am – 4:00 pm

*Bob Ruud Community Center located at
150 NV-160, Pahrump, NV*

Hosted by Shadow Mountain Quilters, this year's quilt show includes, raffle baskets, demonstrations, and more. Admission is \$5 for the two-day wristband. Free entry for kids under twelve, and husbands who accompany their wife.

To enter items or for more information email shadowmountainquilters@gmail.com.

Baker to Vegas Run

April 1-2, 2023

In their own words: "Where Runners Go to Compete" 120 miles of pavement, 20 stages, over 8,000 runners, guests, family members, and support staff. Hot days and cold nights. Blood. Sweat. Pride. Honor...



That's what the world's most prestigious and unique law enforcement foot race is all about. Starting in Baker, CA, and ending in Las Vegas, NV, law enforcement officers from around the globe battle it out every Spring for the chance to win the coveted cup trophy. They run through Pahrump on their journey to Las Vegas. You'll find more details at <https://bakervegas.net> or follow them on FaceBook at <https://www.facebook.com/bakervegas/>

Kelly Vohnn

April 8, 2023; concert starts at sunset
Sanders Family Winery
3788 E Kellogg Road, Pahrump, NV

Sanders Winery Presents "The Stars Are Out At Sanders Winery." The start of the 2023 outdoor entertainment at Sanders Winery begins April 8th with Kelly Vohnn performing "The Women In Me" including Dolly, Patsy, and Shania. Tickets are \$25 per person. Reserve tickets by calling 775-727-1776.



Michael Grimm

April 22, 2023; concert starts at sunset
Sanders Family Winery
3788 E Kellogg Road, Pahrump, NV

Sanders Winery Presents "The Stars Are Out At Sanders Winery." Sanders Winery brings America's Got Talent winner, Michael Grimm, to the outdoor stage to perform Americana, Blues, R&B, and Soul. Tickets are \$25 per person. Reserve tickets by calling 775-727-1776.



Mark Preston

May 6, 2023; concert starts at sunset
Sanders Family Winery
3788 E Kellogg Road, Pahrump, NV

Sanders Winery Presents "The Stars Are Out At Sanders Winery." Mark Preston will be at the winery outdoor stage presenting "Music Man, from romance to swing." Tickets are \$25 per person. Reserve tickets by calling 775-727-1776.



Monster Truck Insanity Tour

May 5th & 6th, 5:00 p.m.
Petrack Park - McCullough Arena
150 NV-160, Pahrump, NV

Gates open at 5:00 p.m. Monster Rides, 5:00 – 5:30 p.m., Pit Party, 5:30 – 7:00 p.m., Showtime, 7:00 p.m.

Details for the event and advanced tickets can be purchased on the Live A Little Productions ticket website. www.livealittleproductions.com



The 1st Annual Conservative Women's Tea

May 7th, 2:00 – 5:00 p.m.
Artesia Community Center
6601 S. Fox Ave., Pahrump, NV

Join us for a fabulous afternoon to enjoy food, fellowship, entertainment, and special guest speakers! Bring your best hat and smile! Cost is \$35. Proceeds will benefit the Pahrump Valley Republican Women. This event is sponsored by Matt Sadler, with A Hope Bail Bonds and is not limited to Republican women. Call for sponsorship and table hosting opportunities (702) 504-9185.

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DINING life

Asian

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775-727-1222

China Wok Buffet & Grill

580 S. Hwy. 160
775-727-9988
Sun. - Thu.: 11 am - 9:30 pm
Fri. - Sat.: 11 am - 10 pm

Chattai Bistro

421 S. Frontage Rd., #1
775-537-7227

My Thai

5020 Pahrump Valley Blvd., #3
775-751-5333

Ohjah Japanese Steakhouse

20 S. Hwy. 160, #110
775-727-9888

Panda Express

280 S. Hwy. 160
775-751-8822

Teriyaki Madness

240 Hwy. 160, #2
775-877-9670
11 am - 9 pm

Assorted Specialties

Denny's Restaurant

240 S. Hwy. 160
775-751-3828
Open 24 hours

The Grill Room

Mountain Falls Golf Club
5001 S. Clubhouse Dr.
775-537-6553

Jeanne's Gourmet Hot Dogs

1401 Hwy. 160 & Loop Rd.

Johnny's

1440 E. Hwy. 372
775-727-3737

Johnny's To Go

4760 Pahrump Valley Blvd.
775-253-4521
10 am - 8 pm

Mister Tater's Tater Shack

Gold Town Casino
Hwy. 160 at Hwy. 372
775-751-7708
Sun. - Thu.: 9 am - 10 pm
Fri. - Sat.: 9 am - 11 pm

Mom's Diner

1240 E. State St. #100
775-751-9929

The Place To Go

921 S. Hwy. 160, #402
775-727-3676

Symphony's at the Winery

Pahrump Valley Winery
3810 E. Winery Rd.
775-751-7800
11:30 am - 8:30 pm
Reservations Suggested:
5 pm - 8:30 pm
Reservations Suggested:
Fri., Sat. & Sun.

The Venue

Nevada Treasure RV Resort
301 W. Leslie St.
775-770-6640
Closed Tue & Wed.

\$5 \$10 \$15 Restaurant

Stagestop Casino
100 W. Stagestop Rd.
775-727-7300
Mon. - Sun.: 10:30 am - 8 pm

Bars & Cafés

Pour House

Best Western
1101 S. Hwy. 160
775-537-1111
11 am - 11 pm

Golden Harvest Café

Pahrump Nugget Casino
681 S. Hwy. 160
775-751-6500

Lakeside Café

Lakeside Casino
5870 S. Homestead Rd.
775-751-7770
7 am - 9 pm

Moonshiners

Terrible's Road House
1750 S. Pahrump Valley Blvd
775-727-7777
Open 24 hours - Daily Specials

Rhinestones Country Bar & Dance Hall

1700 Pahrump Valley Blvd.
775-877-5068

Shenanigans Pub

1330 E. Calvada Blvd
775-419-6367
Mon. - Sat.: 12 pm - ?

Road Runner's Roost

Coyote's Den Bar
3971 E. Kellogg Rd.
775-537-8670

Silver Spur Buffet & Café

Saddle West Hotel, Casino & RV
Resort
1220 S. Hwy. 160
775-727-1111

The Hubb

3720 W. Bell Vista Ave.
775-764-1299

Bakery, Coffee & Snacks

Java Junkies

Horizon Market
840 Hwy. 372
775-238-6848
Mon. - Sun.: 6 am - 6 pm

Living Free Café

Featuring Java Junkies
2050 N. Hwy. 160, #400
775-505-3888
Mon. - Fri.: 6:30 am - 6:30 pm
Sat. - Sun.: 8 am - 3 pm

O Happy Bread French Bakery

1231 E. Basin Ave., #7
775-455-0478
Mon. - Sat.: 7 am - 6 pm
Sun.: 7 am - 4 pm

Pahrump Valley Roasters

775-537-0700

Starbucks

Albertsons
200 S. Hwy. 160
775-751-0160

Starbucks

460 S. Hwy. 160
775-727-7572

Sugar and Spice Bistro & Bakery

2301 Winery Rd., #106
Tue. - Thu.: 9 am - 5 pm
Fri.: 7 am - 5 pm
Sat.: 7 am - 2 pm
Sun.: CLOSED

Deli/Sandwiches

Capriotti's Sandwich Shop

Pahrump Nugget Casino
681 S. Hwy. 160
775-751-3354
Mon. - Thu.: 10 am - 8 pm
Fri. - Sat.: 10 am - 9 pm
Sun.: 10 am - 6 pm

Living Free Café

Featuring Java Junkies
2050 N. Hwy. 160, #400
775-505-3888
Mon. - Fri.: 6:30 am - 6:30 pm
Sat. - Sun.: 8 am - 3 pm



Mystery Diner

Teriyaki Madness - A Nice Addition to the Pahrump Dining List

A new restaurant recently opened in Pahrump, so I gave it a try. It's called Teriyaki Madness and is located right next to Denny's in the Albertson's parking lot. It offers a "build your own" teriyaki bowl menu with an assortment of sides. The bowls are made to order so you can create your own masterpiece, and the food is fresh. They give you plenty of options. Some of the options include chicken teriyaki, or orange chicken served with your choice of yakisoba noodles or fried rice. Stir-fried vegetables are also included in the bowl. The amount of spice added is up to you. Some of the side orders they offer include chicken potstickers, edamame, eggrolls, and Rangoons. If you'd like to have a dessert, try their chewy marshmallow treat or a chocolate chunk cookie.

It's a very casual place. As you enter the restaurant, the menus are on the walls, and you walk past them to place your order at the counter. You can choose a drink from several options and serve yourself. They bring your food to your table. When you're finished, they ask that you dispose of your dishes in the receptacle by the door.

They serve Seattle-Style Teriyaki. What is Seattle-Style Teriyaki, you might ask? It is a type of teriyaki that was invented in the mid-1970s by

Seattle's original teriyaki shop, Toshi's Teriyaki Grill. Some people call Seattle the Teriyaki Capital. Toshi's website claims that "teriyaki has become an iconic dish of Seattle, just like pizza in New York, and cheesesteaks in Philadelphia."

Compared to the traditional Japanese teriyaki sauce made with soy sauce, sugar, and rice wine, the Seattle version adds fresh ginger and garlic to the sauce and marinates the meat overnight. It is then grilled and topped off with more teriyaki sauce. Whatever they call it or however it's cooked, it's delicious.

The restaurant's address is 240 NV Hwy 160 #17, Pahrump, NV 89048. Services they offer include dining in, takeout service, and delivery. They're open daily from 11:00 am to 9:00 pm. Their phone number is 775-877-9670. It is part of a franchise that has recently expanded its presence in smaller towns. There are already 14 stores in Las Vegas.

Go to their website at <https://teriyakimadness.com/locations/nv-pahrump/>,

where you can order online, learn about their rewards program, purchase gift cards, and more. According to their website, they also offer catering. If you like teriyaki, I believe you'll be pleased with Teriyaki Madness.



Side dish options



Menus are on the wall leading up to the counter where you order. Build your own bowl with fresh ingredients.



Teriyaki Madness sits next door to Denny's

MOONSHINERS

LUNCH & DINNER MENU • SERVED 11AM-11PM
20% GRATUITY FOR PARTIES OF 8 OR MORE

STARTERS

- Fried Chicken Fingers \$8.99
Plain or Buffalo Red Hot, with ranch. Add fries for \$1.25
- Moonshiner Tots \$8.25
Potato strips rolled with cheese, lightly seasoned, then fried. Served with beer cheese sauce.
- Chicken Wings (8) \$11.99
Pit-smoked, then flash-fried, sealing in the flavor. Served with ranch, or try one of our sauces from the BBQ sauce bar.
- BBQ Tostadas (3) \$11.99
Shredded lettuce, pico de gallo, cheddar, choice of meat.
- Moonshiner Minis (3) \$9.99
Three small BBQ sandwiches. Choice of chopped brisket or pulled pork. Add fries for \$1.25
- Fried Mac & Cheese Bites \$8.25
Our house-made mac & cheese, battered and fried.
- Crispy Pork Nuggets \$8.99
Pork belly, sweet chili glaze, sriracha aioli & peanuts
- Onion Rings Choice of dipping sauce \$6.99
- Road House Quesadilla \$8.99
Grilled tortilla, jack & cheddar, with pico de gallo, sour cream and guacamole. Add chicken, pork or brisket for \$1.25
- BBQ Potato \$8.99
Stuffed with your choice of BBQ pork, BBQ beef, BBQ chicken, or chili. Topped with cheddar and green onions.
- Chili Cheese Fries with onions \$8.99



SHRIMP
COCKTAIL
\$1.50

SALADS

- BBQ Salad \$11.99
Fresh greens with your choice of BBQ chicken, BBQ beef, or BBQ pork, with cheddar and Parmesan cheeses. Topped with tomatoes, croutons, and red onions.
- Classic Caesar \$8.99
Fresh romaine tossed in a creamy Caesar dressing, topped with Parmesan cheese and croutons. Add pulled chicken or pulled pork for \$2.00.
- Oriental Salad \$9.99
Fresh cabbage, mandarin oranges, onions, fried noodles, with sesame seed dressing. Add pulled chicken or pulled pork for \$2.00.
- Chili \$7.99
Our hearty, homemade chili with beef.
- CUP OF CHILI \$4.99



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- Pulled Pork \$12.99
Smoked low & slow for 16-18 hours, then pulled, dusted and sauced. Choice of two sides.
- BBQ Brisket \$13.99
Smoked low & slow for 16-18 hours, then sliced, dusted and sauced. Choice of two sides.
- Half Chicken \$13.99
Smoked low & slow for 3.5-4 hours, then dusted and sauced and finished on the grill. Choice of two sides.
- Turkey Breast \$10.99
Slice turkey breast topped with our house-made gravy. Served with mashed potatoes, an additional side and a cranberry garnish.
- St. Louis Style Ribs Dinner \$18.99
Dusted with our Shiner Dust, then slowly smoked in our pit for 4-6 hours over post oak wood, locking in the flavor. Choice of two sides.
- Two Meat Plate \$16.99
Choice of any two of our pit-smoked meats. (Ribs once only.) Choice of two sides.
- Three Meat Plate \$19.99
Choice of any three of our pit-smoked meats. (Ribs once only.) Choice of two sides.

PIT SMOKING ADDS A ROSEY CAST TO OUR SUCCULENT MEATS

SANDWICHES

SERVED WITH YOUR CHOICE OF ONE SIDE.

- Pulled Pork \$9.99
Smoked low & slow with Texas post oak, topped with slaw, barbecue sauce and Shiner Dust.
- Chopped Brisket \$12.99
Smoked low & slow with Texas post oak. Served on Texas garlic toast, topped with slaw, barbecue sauce and Shiner Dust.
- Smoked Turkey Club \$9.99
Smoked turkey, bacon, lettuce, tomato, American & Swiss cheese, mayo, choice of bread.
- Grilled Cheese \$7.99
Parmesan-crusted Texas toast, with cheddar, Swiss, American cheese.
- Beef Sausage Hot Link \$11.25
All-beef sausage link smoked in our pit. Topped with slaw, BBQ sauce, and Shiner Dust.
- BLT Served with one side \$8.99
- Catfish Sandwich \$9.25
Farm-raised catfish fillet fried golden brown, with lettuce, tomato, onion, pickle and tartar sauce.



SIDES

- Moonshiner Fries \$4.99
Homemade with fresh cut potatoes, deep-fried and dusted with our Shiner Dust
- Cole Slaw (vinegar base) \$3.49
- Potato Salad \$3.49
- Mac & Cheese \$3.49
- Green Beans with Bacon \$3.49
- Corn on the Cob (seasonal) \$3.49
- Baked Beans \$3.49
- Mashed Red Potato with Gravy \$3.99
- Onion Rings Upgrade (with meal) \$3.99

BURGERS

1/2-POUND ANGUS BEEF BURGER. SERVED WITH YOUR CHOICE OF ONE SIDE.

- Grilled Cheeseburger \$10.99
Flame-broiled with choice of cheese, lettuce, tomato, onion, and pickle.
- Smashed Cheeseburger \$10.99
Smashed on the grill, sealing in the flavor. Choice of cheese, lettuce, tomato, onion, and pickle.
- BBQ Burger \$11.99
Choice of cheese, bacon, onion straws, BBQ sauce, lettuce, tomato, onion, and pickle.
- Chili Burger \$11.99
Grilled burger with choice of cheese and onions.
- Patty Melt With grilled onions & Swiss cheese \$11.99



DINNER PLATES

CLASSIC DISHES FOR ANY TASTE.

- Salmon GRILLED OR BLACKENED Served with two sides \$15.99
- Catfish \$12.99
Farm-raised catfish fillet fried to a golden brown, served with two sides, tartar sauce & lemon.
- Baked Ziti \$11.99
Ziti pasta with marinara & mozzarella, baked topped with ricotta, served with garlic toast.
- Chicken Fried Steak \$13.99
Battered chicken fried steak in home-style gravy, with mashed potatoes and additional side.
- Porterhouse Steak \$18.99
Grilled to your liking, with our house-made steak seasoning and two sides.
- Fish & Chips \$12.99
Served with cole slaw, tartar sauce, and lemons.
- Liver & Onions \$12.99
A Southern classic served with bacon, mashed potatoes and additional side.

BREAKFAST

SERVED 6AM - 11AM

DEUCES WILD

Two Eggs Any Style
Two Pancakes or Two French Toast
Two Strips of Bacon or Two Sausage Patties
\$5.99



FROM THE GRIDDLE

Pancakes Stack (3) **\$6.99**
Choice of bacon or sausage patties.
Pancakes - Short Stack (2) **\$4.99**
Belgian Waffle **\$6.99**
Add strawberries and whipped cream for \$1.99
French Toast **\$6.99**
Thick-sliced toast dipped in cinnamon vanilla batter and fried to a golden brown. Choice of bacon or sausage patties.
Chicken Fried Steak **\$9.95**
Served with two eggs any style, hash browns, and choice of toast.



Road House Classic **\$7.99**
Two eggs any style, with hash browns. Choice of bacon or sausage patties, choice of toast.
Moonshiner Omelet (build your own) **\$8.99**
Choice of 3: bacon, sausage, ham, green pepper, onion, tomato, American, Swiss, provolone, cheddar, pepper jack, jalapeños. Choice of toast. Each additional item \$0.75
Steak & Eggs **\$11.99**
New York steak, two eggs any style, with hash browns and choice of toast.
Breakfast Sandwich **\$8.99**
English muffin, eggs, sausage patty, American cheese, hash browns.
Breakfast Burrito **\$9.99**
Scrambled eggs, choice of meat, cheese, pico de gallo, hash browns.
Country Platter **\$9.99**
Biscuit & gravy, hash browns, two eggs any style, choice of bacon or sausage patties, and choice of toast.
Biscuits & Gravy **\$6.95**
Handmade buttermilk biscuits smothered in country gravy.
Cold Cereal **\$3.49**
Assorted flavors
Oatmeal / Cream of Wheat **\$3.49**



BREAKFAST SIDES

One Egg **\$1.25**
Toast (white, wheat, sourdough, rye) **\$1.99**
English Muffin **\$1.99**
Hash Browns **\$1.99**
Bacon **\$2.99**
Sausage Patties **\$2.99**
Biscuit & Gravy **\$3.49**
Sliced Tomatoes **\$2.25**
Substitute Egg Beaters **\$1.49**

DESSERT

OUR SCRUMPTIOUS DESSERTS ADD A SWEET FINISH TO ANY MEAL

Bread Pudding **\$6.99**
Cobbler **\$5.99**
Brownie Sundae **\$5.99**



BEVERAGES

Soft Drinks, Iced Tea, Raspberry Iced Tea **\$1.99**
Coffee, Hot Tea, Hot Chocolate **\$1.99**
Milk, Chocolate Milk **\$1.99**
Juice (Orange, Apple, Tomato) **\$2.49**



FOR THE KIDS

FOR OUR PATRONS 12 AND YOUNGER

Hot Dog with Fries **\$5.99**
Ziti Pasta **\$6.99**
Topped with marinara and served with garlic toast.
Chicken Fingers with Fries **\$6.99**
A child-size portion of our mouthwatering chicken strips, served with a side of fries.



CONSUMPTION OF UNDERCOOKED MEAT, POULTRY, EGGS OR SEAFOOD MAY INCREASE RISK OF FOOD-BORNE ILLNESSES. PLEASE ALERT YOUR SERVER IF YOU HAVE SPECIAL DIETARY REQUIREMENTS.

DINING life

Old West Market

5581 N. Hwy. 160
775-419-6114
Mon. - Fri.: 6 am - 9 pm
Sat. & Sun.: 8 am - 9 pm

Port of Subs

150 S Hwy. 160, #C-6
775-751-6000
Mon. - Sat.: 9 am - 8 pm
Sun.: 10 am - 4 pm

Subway Sandwiches

1520 E. Hwy. 372, #1
775-751-8400
Open 24 hours

Subway Sandwiches

Walmart
300 S. Hwy. 160
775-751-6777

Fast Food

Burger King

667 S. Hwy. 160
775-751-8080

Carl's Jr.

500 S. Hwy. 160
775-727-3700

Dairy Queen/Orange Julius

20 S. Hwy. 160, #109
775-751-2177

Jack in the Box

640 S Hwy. 160
775-727-3783

KFC

1540 E. Hwy. 372
775-751-6400
10:30 am - 10 pm

McDonald's

710 S. Hwy. 160
775-727-8765
Open 24 hours

Seemore's Polar Parlor

70 E. Hwy. 372 (at Blagg Rd.)
775-764-8242
SEASONAL

Sonic Drive-In

350 S. Hwy. 160
775-727-0742

Taco Bell

571 S. Hwy. 160
775-727-7313

Indian

Pour House

Best Western
1101 S. Hwy. 160
775-537-1111
11 am - 9 pm

Italian

Carmelo's

1440 E. Hwy. 372, #3
775-751-1660

Nicco's Pizza Italian

Restaurant
2201 E Postal Rd., #1
775-751-9090

Pato Lalo's Place

270 Dahlia St. #1-3
702-820-2281
Mon - Sat: 8 am - 8 pm
Sun: CLOSED

Mexican/ Southwest

5280 Mexican Grub & Pub

2450 W. Mesquite Ave.
702-379-8926
Noon - 9 pm

El Cancun

1330 E. Fifth St. (off Hwy. 372)
775-727-6161

El Jefe's, #1

1560 E. Calvada Blvd.
775-537-6034

El Jefe's, #2

921 S. Hwy. 160, #101
775-537-6034

Johnny's

1440 E. Hwy. 372
775-727-3737

Johnny's Taco Shop

1330 S. Hwy. 160
775-727-3733



OLD WEST MARKET

Call
775-419-6114

- Liquor
- Beer
- Wine
- Pizza
- Deli
- Ice
- Groceries
- RV Supplies
- Gaming
- ATM



**5581 N. Hwy. 160
Pahrump, NV 89060**







**2 - 16" Pizza Pie w/2 fixins
6 wings - \$30, w/12 wings - \$33**

LaFonda - Salvadorian & Mexican

1021 Gamebird Rd.

775-253-1604

Mon. - Thu.: 9 am - 8 pm

Fri. & Sat.: 9 am - 9 pm

Sun.: CLOSED

Las Patronaz Mexican Cuisine

270 Dahlia St.

702-820-2281

Roberto's

1541 E. Hwy. 372

775-990-4703

Mon. - Sun.: 8 am - 12 am

Romero's

290 S. Humahuaca St.

775-537-1800

Mon.-Sat.: 10 am - 8 pm

Sun.: CLOSED

Rubalcaba's Mexican Restaurant

1500 Red Butte St.

775-727-4225

Wed. - Mon.: 7 am - 8 pm

Tue.: CLOSED

Taco Fiesta

Horizon Market

4060 N. Blagg Rd.

Mon. - Wed., Fri.- Sat.: 9 am - 5 pm

Thu.: 9 am - 4 pm

Sun.: CLOSED

The Tamale Place

3640 S. Hwy. 160

(775) 727-7530

Tina's Tamales

361 Frontage Rd., #5

775-253-2634

Pizza

Domino's

250 S. Hwy. 160, #B-6

775-751-3030

Farinata's Pizza

775-877-9400

1360 Hwy. 372, #3

Wed. - Sat.: 11:30 am - 8:30 pm

Sun.: Noon - 8 pm

Little Caesars Pizza

70 S. Hwy. 160, #107

775-751-5556

Pizza Hut

920 S. Pahrump Valley Blvd.

775-727-7952

Sun. - Thu.: 10 am - 10 pm

Fri. - Sat.: 10 am - 11 pm

Tarantino's Pizza

Horizon Market

961 S. Linda at Hwy. 372

775-727-4992

Mon. - Sat.: 11 am - 8 pm

Sun.: CLOSED

Tower Pizza

3561 E. Kellogg Rd.

775-537-2211

Premium Casual

Irene's Casino

820 S. East St.

775-727-5211

Casino: Open 24 hours

Restaurant: 8 am - 11 pm

Steak House

Stockman's Steak House

Pahrump Nugget Casino

681 S. Hwy. 160

775-751-6500

Mon. & Tue.: CLOSED

Wed. & Thu.: 5 pm - 9 pm

Fri. & Sat.: 5 pm - 10 pm

Sun.: 5 pm - 9 pm



We are Java Junkies, Pahrump's premiere Espresso, Boba Tea, and Custom Soda Craft Confection Beverage Specialist.

840 E Hwy 372 in Pahrump

We DELIVER JUST CALL US

775-238-6848

Tina's Tamales RESTAURANT



**LATIN
AUTHENTIC
AMERICAN
CUISINE**

**OPEN
TUES-SAT
9AM-6PM**

**775-253-2634
361 FRONTAGE RD. UNIT #5
PAHRUMP, NV 89048**

TINASTAMALES14@GMAIL.COM

Leo Blundo's



FOR STARTERS

EVERYONE'S FAVORITE GARLIC BREAD

ARTISAN CHEESE BREAD SERVED WITH A SIDE OF OUR NONNA'S MARINARA.

FRIED MOZZARELLA

GOLDEN BREADED, CRISPY, GOOEY MOZZARELLA! SERVED WITH MARINARA.

BRUSHETTA

TOMATOES & OLIVES TOSSED IN OLIVE OIL & BALSAMIC ON TOASTED GARLIC BREAD.

CAPRESE

HANDMADE MOZZARELLA COMPLIMENTED BY LUSH TOMATOES, OLIVE OIL & BALSAMIC VINEGAR.

CHICKEN CAESAR

GRILLED CHICKEN, ROMAINE LETTUCE, CROUTONS & PARMESAN TOSSED IN OUR SIGNATURE CAESAR.

FRIED CALAMARI

LIGHTLY FRIED TO PERFECTION. THE ITALIAN STAPLE. SERVED WITH MARINARA.

ANTIPASTO

ITALIAN HAM, PEPPERONI, MUSHROOMS, ARTICHOKE, OLIVES & MOZZARELLA, OVER A BED OF GREENS SERVED WITH BALSAMIC.

NON-ALCOHOLIC BEVERAGES

COKE, DIET COKE, SPRITE, RASPBERRY TEA, DR PEPPER, ICED TEA & COFFEE.

ITALIAN SPECIALTY DESSERTS

SICILIAN CANNOLIS

TUBE PASTRY SHELLS FILLED WITH RICOTTA SMASHED IN CHOCOLATE CHIPS. LG & SM

N.Y. CHEESECAKE

AN ITALIAN STAPLE. CREAMY & SMOOTH GOES GREAT WITH A CUP OF COFFEE.

DECADENT CHOCOLATE CAKE
WE ALL LOVE CHOCOLATE CAKE.

EAST COAST PIZZA & CALZONES

DOUGH IS MADE FRESH DAILY. OUR PIES ARE 14-16" PLEASE ALLOW 10-15 MINUTE FOR PREP.

CALZONES ARE STUFFED WITH MOZZARELLA & RICOTTA. ADD A HOUSE SALAD & BREAD.

EXCHANGE FOR EACH ADD'L TOPPING TO ANY PIZZA OR CALZONE

PEPPERONI, HAM, PINEAPPLE, SAUSAGE, GROUND BEEF, TOMATOES, OLIVES, GARLIC, ARTICHOKE, PESTO, SPINACH, PEPPERS, ONIONS, MUSHROOMS, JALAPENO & ANCHOVIES.

CHEESE

EAST COAST STYLE PIZZA.

AMERICANO

PEPPERONI & MUSHROOMS.

MARGHARITA

TOMATOES & BASIL PESTO.

MEAT LOVERS

SAUSAGE, PEPPERONI & ITALIAN HAM.

CAPRICCIOSA

ITALIAN HAM, MUSHROOMS, ARTICHOKE & BLACK OLIVES.

SUPREME

PEPPERONI, SAUSAGE, PEPPERS, ONIONS & MUSHROOMS.

FLORENTINA

RICOTTA, SPINACH, GARLIC & PARMESAN. ADD CHICKEN 3

ITALIAN CALZONE

ITALIAN HAM & SAUSAGE.

FLORENTINA CALZONE

SPINACH & PARMESAN CHEESE.

BUILD YOUR OWN CALZONE!

MOZZARELLA, RICOTTA & YOUR CHOICE OF 3 INGREDIENTS.



Leo Blundo's **CARMELO'S** BISTRO-PIZZA-FINE PASTAS



PASTAS

NONNA'S SPAGHETTI & HANDMADE MEATBALLS

THE TRADITION IN EVERY ITALIAN HOUSEHOLD. SOFT MOIST HOMEMADE MEATBALLS WITH MARINARA.

LUCA'S LASAGNA AL FORNO

A HELPING OF OLD FASHIONED LASAGNA. BOLOGNESE, MOZZARELLA, RICOTTA & BÉCHAMEL.

CAPELLINI ALLA PESTO

FRESH TOMATOES, GARLIC, FRESH BASIL PESTO, PARMESAN & OLIVE OIL ALL OVER ANGEL HAIR.
AVAILABLE W/O PROTEIN, ADD CHICKEN OR SHRIMP

SPAGHETTI MEAT SAUCE ALLA BOLOGNESE

FRESH GROUND ANGUS CHUCK SIMMERED IN OUR SIGNATURE POMODORO.
ADD SAUSAGE OR MEATBALLS

ALFREDO REGGIANO

FRESH CREAM INFUSED WITH REAL GARLIC, BUTTER & PARMESAN CHEESE.
AVAILABLE W/O PROTEIN, ADD CHICKEN OR SHRIMP

PENNE POMODORO & SAUSAGE

BRAISED HOMEMADE SAUSAGE OVER PENNE POMODORO. ROBUST & FULL FLAVOR.

BAKED ZITI

STUFFED FULL OF RICOTTA & MOZZARELLA.

MEATS

PARMIGIANA

POUNDED, EGGED & BREADED, BAKED AND SMOTHERED IN MARINARA & MOZZARELLA.
AVAILABLE WITH EGGPLANT, CHICKEN OR VEAL

MARSALA

TENDER CUTLETS SAUTÉED IN GARLIC, OLIVE OIL, MUSHROOMS & MARSALA WINE. A CLASSIC!
AVAILABLE WITH CHICKEN OR VEAL

PICATA

TENDER CUTLETS SAUTÉED IN GARLIC, OLIVE OIL, CAPERS, LEMONS & WHITE WINE. SAVORY & DELICIOUS.
AVAILABLE WITH CHICKEN OR VEAL

SEAFOOD

LINGUINE & SHUCKED BABY CLAMS

BABY CLAMS SAUTÉED WITH GARLIC, HERBS, A HINT OF SPICE & WHITE WINE.

ZESTY SHRIMP SCAMPI

FRESH SHRIMP SAUTÉED IN GARLIC, OLIVE OIL, HERBS, TOUCH OF SPICE & WHITE WINE.



FROM OUR FAMILY TO YOURS!

LEONARDO (LEO) BLUNDO WAS BORN IN RIDGEWOOD, NEW JERSEY - "BACK EAST, WHERE WE ALL EAT GOOD." HIS FAMILY OPERATED SUCCESSFUL RESTAURANTS IN MANHATTAN AND LAS VEGAS FOR MANY YEARS. THEY RELOCATED TO THE PAHRUMP VALLEY IN 2007, BRINGING THEIR EXPERIENCE AND KNOWLEDGE TO MAKE THE "BEST PLATE OF ITALIAN DELICIOUSNESS. I NAMED THE RESTAURANT IN HONOR OF MY FATHER, CARMELO, WHO IS A CHEF OF OVER 30 YEARS AND WAS BORN IN RAGUSA, SICILY. THIS IS OUR FAMILY BUSINESS AND LUCA LOVES TO COME AND MEET OUR GUESTS."

ANDIAMO MANGIARE!! (LET'S EAT!!)

CARMELO, LUCA & LEONARDO BLUNDO

Volunteer Connection

Volunteer Connection is a listing of local organizations that are in need of volunteers. We often hear people say they would love to volunteer, but don't know where to start. If your organization needs volunteers, please send a 40-80 word description to: Christine@PahrumpLifeMag.com.

Ambassadors of Pahrump

The official Ambassadors of Pahrump (the Nevada Silver Tappers and Ms. Senior Golden Years, USA,) non profit 501(c)3 organizations invite all golden ladies to join them in their sisterhood. The tappers invite anyone who has reached the age of 50 years young to join them and learn to dance, get great exercise and have lots of fun. The Ms. Sr. Golden Years USA, Inc. invite any lady who has reached the golden age of 60 to join them in their pageant this year which will be held on July 9th at Saddle West Hotel & Casino. To join either group, no experience is needed. We are just ladies who devote our lives to the community of Pahrump wherever and whenever there is a need. You may join us by phoning the executive director at 775-727-7011 or 702-370-8852.



Clean up Pahrump®

CLEAN up PAHRUMP®, a chapter of Desert Pigs nonprofit, is committed to the removal of illegally dumped trash. Meeting every Saturday for 1 hour we clean up trash sites and roadside garbage; properly disposing of it. Come make friends, and do something beneficial for the community! Bring plenty of fluids and no politics-we supply the rest! For more information on volunteering or donating please visit us at www.cleanuppahrump.org or Facebook at CLEAN up PAHRUMP!



Desert Haven Animal Shelter

Desert Haven Animal Shelter is a no-kill, municipal shelter in Pahrump (DHAS). Its goal is reuniting owners with lost pets, and finding forever homes for surrendered and abandoned animals. It

is a non-profit organization supported by community donations and volunteers.

We are currently in need of individuals who have time in their schedule to help at the shelter and can do any of the following tasks: stop by as their time allows to walk a dog or play with a cat; laundry worker; assist with special events and projects such as adoptions, fundraising, etc.; provide a foster home for a senior, special needs or very young kittens and puppies; transportation of animals and supplies; cat and dog care (cleaning cages, kennels, dishes, litter boxes, etc.); escorting visitors to the kennels and cattery; reception desk (greet visitors, answer phone, computer work/data entry); housekeeping (cleaning common areas of shelter, etc); have vet tech knowledge/skills; grounds and building maintenance; if your time is limited, DHAS can always use donations of money and supplies

Call DHAS at 775-751-7020 for more information or stop by at 1511 E. Siri Lane, Pahrump.



Nevada Outreach Training Organization

Nevada Outreach Training Organization (NOTO) is the umbrella organization for No to Abuse, The Pahrump Family Resource Center, The independent Living Program for Foster Youth, and The Nye County Child Advocacy Center.



We offer a variety of support services and prevention programs to the community in the way of parenting classes, anger management classes, women's support groups and domestic violence classes, advocacy services for victims of domestic violence and abuse,

and referrals for community needs assistance.

Our volunteers can help in a variety of ways including property maintenance, office work, and fundraising events.

If you would like to be a part of helping this worthy organization or would like further information, please contact Salli at 775-751-1118.

Never Forgotten Animal Society

Never Forgotten Animal Society is a no-kill shelter. We are looking for animal-loving volunteers. We will be hosting a microchip clinic on May 7th & 8th and hosting Maddie's day free pet adoption days on June 11th & 12th. Sponsored by David & Cheryl Duffield Foundation. We have monthly yard sales and our second-hand store "Make An Offer" that we need volunteers to help. We are largely supported by community donations. Any questions please contact Maxine at 775-513-1205.



The NyE Communities Coalition

We are building healthy communities across Nye and Esmeralda Counties and we welcome anyone interested in helping! The coalition is made up of individuals, organizations and agencies that are focused on joining together in cooperative and collaborative efforts to increase prevention services and opportunities. The NyE Communities Coalition and partners always have volunteer opportunities. If you would like to help improve the quality of life in our community please contact us for current opportunities. To contact by phone 775.727.9970 or send an email to info@nyeccc.org.



Nye County School District

Volunteers are needed to read with children offer tutoring in a variety of subjects, to offer mentorship in arts, writing, poetry, and math. You don't have to have a student enrolled to volunteer your time. Volunteers need to fill out forms in accordance to state law but anyone with a few hours to give, come on down! They'll hook you up with a school. For more information or to volunteer contact the NCSD Human Resources office at 775-727-7743, ext. 300 or email volunteer@nyeschools.org.



The Nye County Sheriff's Office Auxiliary Unit

The Nye County Sheriff's Office is looking for volunteers for our Sheriff's Auxiliary Unit in Pahrump, Amargosa, Beatty, and Tonopah. Are you retired? Can you volunteer a minimum of 24 hours a month? You must be able to pass an FBI Background Check and must be available for day-time classroom training. Call Commander Daryl Thompson or Vice Commander Jerry Hashimura at 775-751-4233, or pick up an application at the Sheriff's Office, 1520 East Basin Avenue, north of the Court House, or the Sheriff's Office administrative front office in the Detention Center (Jail).



Pahrump Valley Lions Club

Lions Clubs International is the largest service club organization in the world. The Pahrump Valley Lions Club is looking for new members to assist in efforts to aid the blind and visually impaired, champion youth initiatives, and strengthen the local community through hands-on service and humanitarian projects. The Club meets the first and third Tuesday of each month at 6:30 p.m. at the Pour House, 1101 S. Highway 160. For more information, call 775-727-9016.



Rocky Mountain Elk Foundation

The Pahrump Chapter of the Rocky Mountain Elk Foundation will hold their annual Fund Raising Banquet at Pahrump Nugget on Saturday, November 12 at 5 p.m. The mission of



the Rocky Mountain Elk Foundation (RMEF) is to ensure the future of the elk, other wildlife, their habitat, and our hunting heritage. Banquet proceeds will support the mission to conserve, restore and enhance natural habitats, promote the sound management of wild elk, which may be hunted or otherwise enjoyed. The committee meets at the Pour House, 1101 NV-160, Pahrump the second Saturday of each month. Volunteers are welcome. For more information contact: **Dakota Evans 702-426-1684.**

RSVP Needs Drivers

Would you like to assist seniors and disabled persons in our RSVP Transportation program? RSVP provides door to door safe transportation for medical appointments, to pick up prescriptions or shopping. Drivers must pass a background check and will receive 40 cents per mile reimbursement for each & every round trip of a registered client. Please join us in helping our friends and neighbors. Call 775-751-5282 to Volunteer.



Silver State Chili Cook-off

If you like chili, networking, organizing, and helping a great cause we have opportunities for you to get involved. All of the proceeds of this event goes to support local charities.



We are in need of individuals for organizing the judges, vendors, car show, chili contestants, entertainment, and purchasing supplies. For additional information call Kelli Sater at (775) 764-9377.

Sleep in Heavenly Peace

Sleep in Heavenly Peace is a new chapter in town and in the state of NV. This organization was started in 2014 and is based in Twin Falls, Idaho. This organization gets beds for kids. They are 100% volunteer-driven and donation-driven. They need funds for tools and materials to build the beds and volunteers to help assemble the beds and deliver them to children right here in Pahrump. For more information call Gary Bennett at 702-539-9685 or gary.bennett@shpbeds.org.



Southern Nye County Search and Rescue

Southern Nye County Search and Rescue is a volunteer organization, our primary mission is to respond to and execute any search and rescue operations within Southern Nye County, NV and surrounding jurisdictions under the direction of the Nye County Sheriff's Office. Our volunteers, along with our local equestrian unit, assist and support many community events and provide on-going training programs to unit members.



Are you interested in becoming a member? For more information about our mission and services, please contact us at 775-727-5071 or searchrescue201@yahoo.com.

Tails of Nye County

Tails of Nye County needs YOU if you are a compassionate animal lover with some time to donate to improving the lives of Nye County's cats and dogs. We are a dynamic group of volunteers looking for help with cat transport to Las Vegas, trapping, fund raising, office help, and fostering kittens. Our organization is a registered nonprofit 501(c)(3) that is dedicated to helping the community with its growing community cat population through the Trap-Neuter-Return (TNR) program which is the only humane, effective approach to care for a feral cat population. Cats are trapped, spayed or neutered, vaccinated, ear tipped and then returned to their outdoor home. Tails of Nye County traps and sterilizes an average of 1000 stray cats annually. We also offer dog and cat owners a low cost spay/neuter program based on their ability to pay. Please consider partnering with our organization to help end the suffering of homeless cats in Nye County. For additional information, please contact Denise Scherer at 702-306-3245.



West Star Ranch

If you love animals, West Star Ranch could use your help. We're always in need of folks to help with placing animals, light construction, help in the store, rescues, networking, and much more. For more information call 775-419-3838.



Places of WORSHIP in Pahrump

Apostolic Church of Pahrump

3190 S. Highway 160, #J (775) 419-3800
www.ApostolicChurchOfPahrump.com
 Pastor Anthony Liso

Calvary Chapel Pahrump Valley

1051 E. Mickey St. (775) 751-8000
www.CalvaryChapelPahrump.org
 Pastor John Gundacker

Calvary Chapel - Shadow Mountain

2491 Mount Charleston Dr. (775) 751-7623
www.CalvaryChapelShadowMountain.com
 Pastor Lonnie Biggs

Central Valley Baptist Church

3170 S. Blagg Rd. (775) 910-9995
www.BlessU2.com
 Pastor Terry Stone

Choice Hills Baptist Church

340 W. Mesquite Ave. (775) 751-1417
www.CHBCPahrump.com
 Pastor Carl England Jr.

Church of Jesus Christ of Latter-Day Saints

921 E. Wilson Rd. (775) 727-5342
www.ChurchOfJesusChrist.org

Wheeler Pass Ward

Bishop Jim Wulfenstein
General Congregation Sunday Service 9am

Charleston Park Ward

Bishop John Toomer
General Congregation Sunday Service 10:30am
Water Rock Branch
 President Jaime Osorio
General Congregation Sunday Service 12:40pm

Church of Jesus Christ of Latter-day Saints

5461 Manse Rd. (775) 751-7618

Manse Springs Ward

Bishop Timothy Sutton
General Congregation Sunday Service 9am

Gamebird Ward

Bishop Joe Gent
General Congregation Sunday Service 10:30am

Homestead Ward

Bishop Jeff Hammar
General Congregation Sunday Service 12pm

Church of Pentecost

781 S. Woodchips Rd. (775) 727-6681
www.PentecostalsOfPahrump.com
 Pastor James Monroe or Basil Moore

Church of the Harvest

1670 Vondell Dr. (775) 513-4950
www.ChurchOfTheHarvestPahrump.org
 Pastor Harold L. Davis Sr.

Covenant Lighthouse Church

921 S. Highway 160 #401 (775) 537-5555
 Pastor Pennie Rosco

Desert Church of Christ

2360 E. Calvada Blvd., #C (775) 751-1045
www.DesertChurchOfChrist.org

Faith Fellowship Church

2190 N. Blagg Rd. (775) 727-9183
www.FaithFP.org
 Senior Pastor Jim Huntington

First Southern Baptist Church

4180 N. Highway 160 (775) 513-6009
www.FSBCPahrump.net
 Pastor Erich Hall

Heritage Bible Church

3061 E. Heritage Dr. (775) 727-7220
www.HeritageChurchPahrump.org
 John Edgell or Bud Hawk

It is Finished Ministries

2301 Winery Rd. (702) 813-1490
www.ItIsFinishedMinistries.com
 Pastor Dennis Boylan

Jehovah's Witness Kingdom Hall of Jehovah's Witness

6131 Thousandaire Blvd. (775) 727-6077

Joy Divine Community Church

1161 S. Loop Rd. (775) 419-5266
www.JoyDivineChurch.com
 Pastor Vivian Chess, Pastor Jim Horvath

Living Word Church

1370 E. Matthew Ln. (775) 505-2626
www.LivingWordPV.com

New Hope Fellowship Foursquare Church

781 West St. (775) 751-1867
www.NHFPahrump.org
 Pastor Isaiah Hill

Oasis Outreach and Worship Center

1061 Second St. #A (775) 727-7227
www.OasisOutreachNV.AdventistChurch.org
 Pastor Peter Neri

Our Lady of the Valley Roman Catholic Church

781 E. Gamebird Rd. (775) 727-4044
www.OurLadyOfTheValleyChurch.org
 Father Bruno Mauricci

Pahrump Seventh-Day Adventist Church

477 Blagg Rd. (775) 727-6655
www.PahrumpNV.AdventistChurch.org
 Pastor Peter Neri, Pastor Ryan Johnson

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911 S. Lola Lane (775) 727-9218
www.PahrumpCOC.org
 Speaker Dave Miller

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1061 E. Wilson Rd. (775) 727-5384
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www.FaithStreet.com
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www.SavedByGraceELCA.com
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1341 Elderberry

This Beautiful home sits on 1.25 acres with 2,850 sq ft of living space. This home offers a spacious living room, kitchen with all appliances, 3 bedrooms, 2 1/2 bath, laundry room and sunroom on the back of the home. Washer & Dryer are included. The 3-car garage has access to the backyard. The Water softener and Ecco-Smart instant hot water tank are included. No HOA **\$475,000.00**



6710 Southgate

In Artesia. 2592 sq ft 4 bedroom, 2 1/2 bath custom home with many custom features and design throughout. Upgraded appliances, counters and cabinets. Oversized 3 car garage, RV parking & covered paver stone patio. Late september delivery. Call for appointment. 775-513-7755. **\$625,000.00**



5580 Doubletree

This home is a great Manufactured Home on a half-acre lot with 1554 sq ft of living space. There are 3 bedrooms, 2 bath & a large great room with a fireplace. Kitchen has all appliances included & a breakfast bar & nook. The Oversized 2 car garage is attached and off the laundry room. The spacious backyard has a covered patio, lots of trees, a shed and the well house. **S/P \$325,000.00**



5071 Fairmont

Absolutely GORGEOUS newbuild! 1809 sqft living area with 9 foot ceiling. 3 Bedrooms, 2 Bathrooms. 3 Car Garage with RV parking with full RV hookups. ENTIRE home is INSULATED in and out, including the garage walls! Block wall and gates included!! Seller is willing to cover some of the closing costs. Call for more info. **S/P \$414,900.00**



5270 Acqua Lane

Wow! Take a look at this Mountain Falls home on the golf course. Located in the Bella Sera community. 2712 sq ft, 4 bedrooms, 2 primary bedrooms and 3 & 1/2 bath. Center island kitchen includes all appliances, double ovens and Fisher Paykel double drawer dishwasher. This room overlooks the Great Room with an electric fireplace and views of the golf course. In addition to the breakfast bar and nook you will find a formal dining room that may be used as an in-home office. The two Primary suites are situated on one side of the home and 2 additional spacious bedrooms with a shared bath are on the opposite side of the home. The back yard with a covered patio overlooks the beautiful Mountain Falls Golf Course and mountains. **\$499,900.00**



5485 San Pietro

Beautiful 3 bed 2 bath 2 car garage home is for sale. 1,533 sq ft and only 2 years old. Carpet in the rooms and tile in the hallway and kitchen. Covered patio and pavers! Granite countertops. Walk in closet in master. Additional linen and coat closet. Beautiful landscaping in the back (with underground irrigation) and front. Water softener, refrigerator, washer and dryer are included!! Call today for more information. **\$369,000.00**

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6440 Montclair

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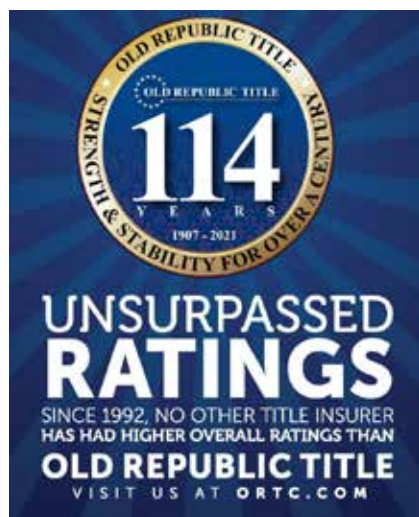
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Moving Checklist

It's time to start your moving calendar.

- ☐ Have a moving binder to store all the information you'll be getting and keeping your receipts for tax purposes.
- ☐ Contact your physician to get your medical records for yourself and your pet.
- ☐ Obtain your child's school records.
- ☐ Take a complete home inventory to know what you will take and what you'll leave behind. Take all give-away items to local charities.
- ☐ Contact 3-4 reputable moving companies to receive moving quotes. Make sure your quotes include all the services the mover is including. Get all the paperwork up front so you don't have any surprises. Never sign any blank or incomplete documents.
- ☐ Obtain boxes for packing.
- ☐ Start packing items you won't need right away first, such as off season clothing, dishes and pans. As you pack the items you'll need right away with "Open First".
- ☐ Obtain your change of address from from the Post Office.
- ☐ As credit card bills come in, change your address so you won't miss a payment.
- ☐ Decide how to transport your pets. Check with your veterinarian.
- ☐ Decide the best way of transporting your plants. Check with your local nursery.
- ☐ Change the address on your magazines that you receive in the mail.
- ☐ Change your address with the Internal Revenue Service.
- ☐ Make arrangements to stop your newspaper deliveries.
- ☐ Discuss with your family about how this move will impact them.
- ☐ Get your vehicle serviced.
- ☐ Cancel your utilities including water, electricity, gas, internet and reconnect these services to your new home in your new location.

Now you're ready to greet your Big Day!

Useful Phone Numbers



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800 E Hwy 372



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Utilities Inc 775-727-5575
1240 E State St.
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Desert Utilities 775-751-1368
4060 Blagg Rd.
Pahrump Utility Co Inc. 775-727-1629
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Rise Broadband 844-411-7473



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Desert View Hospital 775-751-7500
360 S Lola Ln.



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SENIOR CENTER

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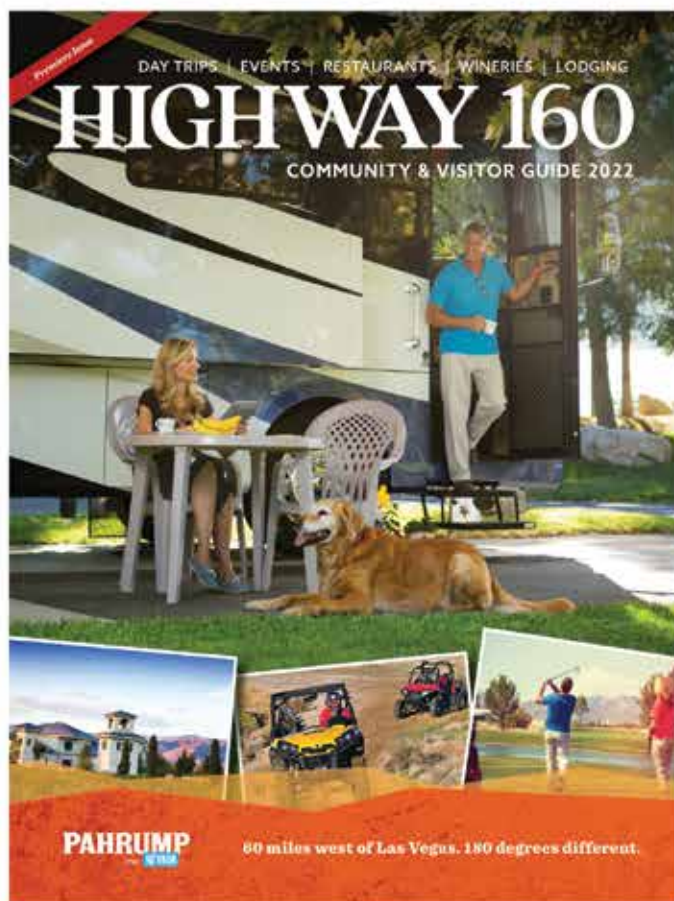
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Bring your RV or settle into one of our hotels. Make this your base camp to adventures from Pahrump.

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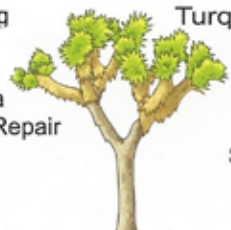
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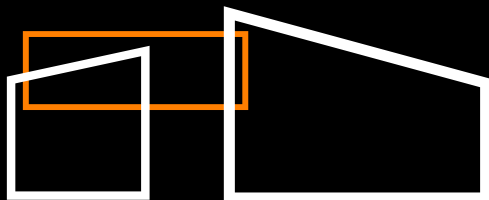
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advertiser index

2nd Amendment Guns & Accessories	89	Jewelry by Michael	94
775 Realty - Linda Mickelson	92	Jim Butler, Professional Photographer	94
A & D Framing and Drywall	92	Joe's Sanitation	94
ABB Roofing	92	Johnny Boys	19
ABC Service	25	Kustom Kolors	94
Access Realty - Kim Washington	88	LandArt Landscaping	7
ACME General Store	92	Lighthouse Gift Shop	50
Ahrens Digital Concepts	92	Lisa Bond Real Estate	90
America First National Bank	71	Louis M. Minicozzi III	95
American Family Insurance	18	Mary Kay - Dot Ahrens	95
Artesian Cellars	Inside Back Cover	MedSpine of Pahrump	98
Battle Born Financial Advisor	12	Morales Construction	95
Best in the West	92	Mountain West Lawyers	58
Carmelo's Restaurant	80, 81	Nathan Adelson Hospice	17
Central Valley Baptist Church	25	Old Republic Title	86, 87
Civil Air Patrol	71, 92	Old West Market	78
Civilwise Services	93	P Town Air	95
Classic Realty - Sheryl Hunter Team	89	P3 Health Partners	Back Cover
ClearVision - Dr. Ashley Henkel	93	Pahrump Gunfighters	59
Comprehensive Wound Care	93	Pahrump Orange Mobile Notary	95
Country Financial	93	Pahrump Prostate Cancer Support Group	19
Cunningham Construction	93	Pahrump Rentals & Hardware	24
D2 Design	53	Pahrump Valley Disposal Cash for Scrap	95
David Bindrup Law Firm	63	Pahrump Valley Disposal Recycling Centers	95
Desert View Hospital	3	Pahrump Valley Glass	95
Dr. Keith Kohorst	93	Performance Auto	96
Edward Jones Investments - Jeffery R. Dye	63	RCT Storage	96
Fern Ridge Shores - Ed Horner	93	Sanders Family Winery	59
Fresh Binz, LLC	69	Secret Sisters Boutique	96
Full Throttle Excavating	93	Speak Geek Mobile Computer Repair	19
Gold Star Mortgage Financial Group - Shannon Keller	94	Stagestop Casino & Bar	96
Golden Entertainment	18	T&M Group Realty - Debra Strickland	96
Great Computer Deals/Game Corner Arcade & Family Fun Center ...	65	Terrible's Road House	Inside Front Cover, 76, 77
Greater Nevada Mortgage	73, 94	The Bearded Lady	51
Groover Realty	85	The Butler Wrote It	96
Gunny's Air Conditioning & Heating	32, 94	Tina's Tamales Restaurant	79
Hargis Electric, Inc.	33	TNL Handyman	96
Harvey's Barber Shop	94	Town of Pahrump Tourism	59
Highway 160 Magazine	91	Trish Rippie Realty	96
Inspirations Senior Living	37	Trusted Ally Home Care	6
ISN	71	Urban Ranch General Store	13
Java Junkies	79		

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