

Pahrump Life

MARCH/APRIL 2026

A Charter School is Coming to Pahrump



FEATURES

NEVADA FREE TAXES COALITION (NFTC)
PINS AND NEEDLES QUILT SHOW
WELCOME TO NEVADA SUNDANCE RANCH
CHRISTIAN BROTHERS BAND AT AMARGOSA OPERA HOUSE
ANNUAL PAHRUMP EARTH DAY/ARBOR DAY CELEBRATION
COUNTRY FINANCIAL: FAITH, FAMILY, AND INSURANCE

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Notes from the Publishers

I know I sound like a broken record, but time sure
flies by. Hard to believe we're already over two months
into the new year. Having said that, here is your
March/April issue of Pahrump Life. As usual, we've
had fun putting it together, learned a lot about what's
going on in our town, and hope you enjoy reading it.

One of the big stories is the cover article talking about the
introduction of a new Charter School coming to town in 2027. After
seven plus years of working on it, it's now been approved and the
team working on it is ready to roll. The key players in this endeavor
are Dr. Sable Marandi, Dr. Maria Jerinic, Michelle Caird, Tynia
Dickson, Tim Burke, Jonathan Nelson, and Dr. Tom Waters. Read
about the plans this team has been working on and the value it will
bring to the school system and students in our town.

We have some fun events coming up over the next two months as
well. The Christian Brothers Silver Cornet Band from Memphis,
which is the reenactment band of the Christian Brothers Band,
the oldest high school band in America established in 1872, will present
a concert at the Marta Beckett's Legendary Amargosa Opera House.
There will be one show only on March 14, 2026. Also, don't miss the
23rd Annual Pahrump Earth Day/Arbor Day Celebration on April 18,
2026 at the Bob Ruud Community Center.

Our regular articles such as Stay Stopped, Looking Sharp, Focus
on Family, Life after 18, Just a Thought, Wills and Trusts, Financial
Focus and many more are presented as well. We hope you enjoy your
magazine.

- Jim and Christine



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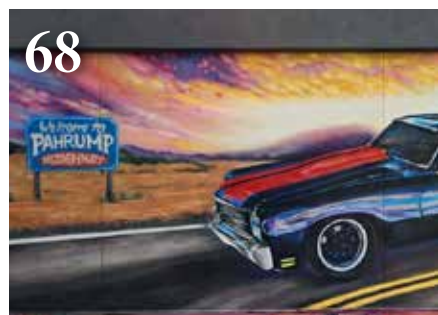
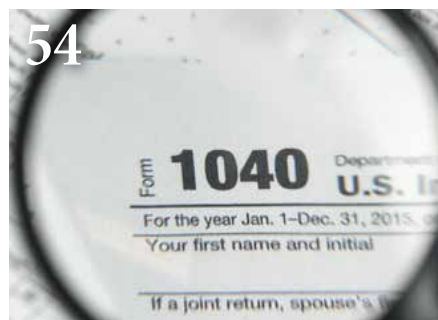
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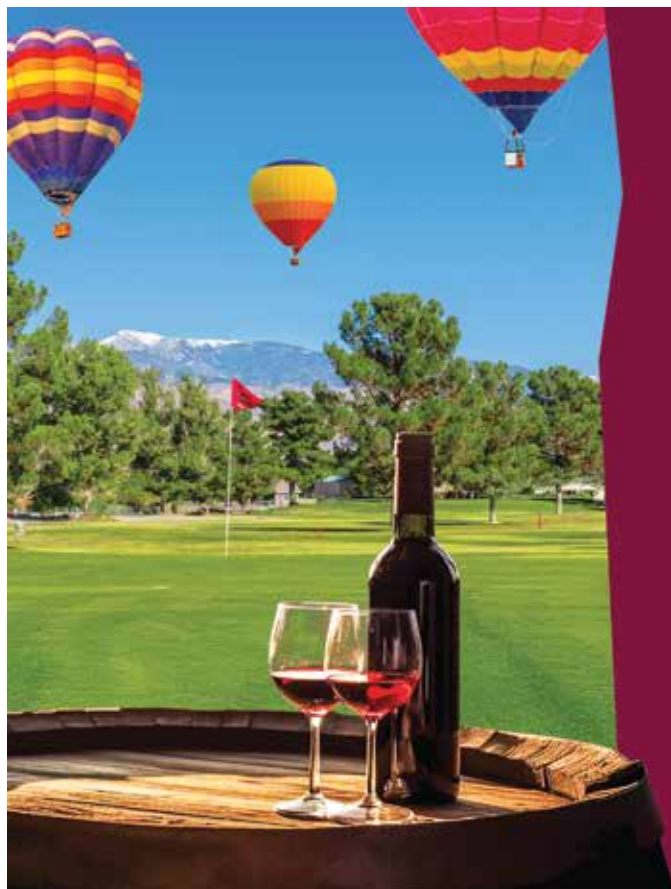
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A Charter School is Coming to Pahrump

Pahrump Valley Academy



By Christine Butler

The education community in Pahrump is excited about the approval of a Proposed charter school, Pahrump Valley Academy here in town. A committee made up of several local residents, including Board Treasurer Dr. Tom Waters, Board Member Dr. Maria Jerinic, Board President Michelle Caird, Board Vice President Tynia Dickson, Board Secretary Tim Burke, Board Member Jonathan Nelson, Esq. and Executive Director Dr. Sable Marandi have been working on this opportunity for over seven years and finally got approval to move forward with it. They were hoping to open it in 2026, but in order to ensure the school will open ready to offer the highest quality education in a facility that embodies and can both promote and support those highest standards, as promised in the PVA charter, the school opening has been postponed to August 2027. The team is excited to have been authorized and is working very hard to build a top-rated educational institutional in Pahrump.

What Exactly is a Charter School?

A charter school is a public school that is not part of the local school dis-

trict. It is tuition-free and operates completely separate from the town's school district. Because they have their own independent board and are managed separate from public schools, they have more flexibility on how they run the school and what they teach. Often, they have extremely high accountability measures in place, as accorded to their charter. They must look at every student to determine if the charter school can meet their needs. In the case of PVA, the school will strive to make every child feel special and find their own path to discover who they are. The school will work very hard to teach all student to become their own advocates and learn to stand up for themselves.

They will have a dress code to create a feeling of belonging. They also plan to have a homework scale. Teachers have input to the curriculum as well. This is appealing to teachers. They are not necessarily focused on money but want to work in a positive and constructive environment. They will also establish student success teams. A Success Team at PVA is a team that is formed at the request of the school's principal, and it comprises different stakeholders in a child's success, each of whom brings a different perspective to the table. The team will consist of a teacher, a staff member, an administrator, a parent, plus any other individual who might be

invested in that child's life and wishes to engage in the team's efforts (with the parent's permission) to help pave the way for the child to succeed. The team will then be led by the administrator on the team; the Executive Director will reserve the right to be engaged in all Success Teams. The current plan is to start out with K-4th with two classes each of 25-27 students. Grade 5 will have one class to start. Then each year they will add a class. They will have special planning programs to teach leadership and meet the needs of K through 12. The goal is to have every child feel special and help them find their own path to discover who they are. The students become advocates for themselves and learn to stand up for themselves. At the same time, they'll learn self-discipline. They will push each student to assume a starring role in their own lives.

Advantages to Parents

Parents have a role as well. They have the option of where their child goes. If one path doesn't work out, they can make changes to find something that does. It gives the parent and child options to choose a school that works for them. They feel this program will offer opportunities for the parents and students. This structure adds a third option to the current structure which is

public or private schools. It will open doors to students and parents. They can choose a school that offers the students and parents what they feel they need to be successful. One can think of it as raising literacy of all students because of the teared system of support. Parents and students can look at all the school levels.



Dr. Sable Marandi

Pahrump Is Growing Fast

All you have to do is look around town and see all of the construction in progress and observe how the traffic has grown. Our town is growing fast, and we need to make sure that we have a voice in determining the direction of that grow. We also need to make sure our students aren't left behind. Ensuring that our educational system grows with our town is one way of offering alternatives to make sure our students have comparable opportunities. We want them to have as strong an education as the other bigger towns/cities in our state.



“The current plan is to start out with K-4th with two classes each of 25-27 students. Grade 5 will have one class to start. Then each year they will add a class.”



Dr. Tom Waters



Dr. Marla Jerinic



Michelle Caird



Tynia Dickson



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By Vince Muir

Hello to everyone and hopefully you are also excited about the upcoming Spring season! We are especially happy to announce the opening of our second Country Financial office located at 6212 W. Charleston Blvd. in Las Vegas, Nevada. With the addition of our second office, it will help us serve our customers even better. We look forward to seeing you there, so stop by and say hello the next time you are in Vegas! Of course, we still have our main office right here in Pahrump near Home Depot, and the phone numbers below are the same for both offices. We always look forward to Spring because it is filled with endless possibilities. It is also a great chance to look backwards a little bit and reflect on the past year. Things we could have done, or people we should have visited, tasks that we needed to get completed but procrastinated too long until the time somehow disappeared. We can use the past to help us make better plans for the future. If we could just find a way to slow time down, we just may be able to complete many of the things we want, and in many cases, need to finish.

We should always hope and pray for the best, but we also need to keep in mind that unfortunate things can happen. We see it daily in the insurance industry. We caution customers about the bad things that may happen and assist them to make plans to help alleviate the stress and worry so the good times can be that much better. It is never fun thinking about things that may go wrong but if, and when they do, it is such a comfort to know that preliminary plans were put in place to help take care of the situation in the most positive way possible.

Here at Country Financial we work with our clients to help you find the best coverage that fits your needs and level of risk. We have coverages for auto, home, life, business, and retirement. All of these require that you take an assessment of what can happen in the best of cases, as well as what may go wrong, and implement the steps to help achieve your preferred outcome. This is where the right insurance agency can be pivotal. Our experienced agents will sit down and discuss options regarding the different scenarios that may occur, and help guide you with the correct coverage so if the unthinkable happens, you can be prepared to the best

of your ability.

One of the most common coverages is auto insurance. It is a good idea to have a conversation with your agent about your auto insurance policy. When reviewing your auto insurance policy, your agent will look at the following areas to ensure you have appropriate coverage, are not overpaying, and have accounted for any recent changes in your circumstances.

Liability Limits

Ensure your liability coverage is sufficient to protect your assets if you are at fault in an accident. State minimums often are not enough to cover serious injuries or property damage, and anything over your limit must be paid out of pocket. An umbrella policy can provide additional liability protection.

Another common coverage is homeowners' insurance. When you talk with your agent about your homeowner's insurance policy, key areas to examine include your coverage limits for the dwelling, personal property, and liability, understanding what is and is not covered, and checking for potential discounts. A few of the key areas you and your agent will review are as follows.

Dwelling Coverage Limit

Be sure this amount is sufficient to rebuild your home at current construction costs, not its real estate market value, which includes the land. The cost of building materials and labor can change, so this should be reviewed regularly.

Liability Protection

If you have added features like a swimming pool, trampoline, or a new dog, your risk increases. Again, consider an umbrella policy for additional protection above your standard limits.

And my final example, for this article, is the importance of life insurance. A life insurance policy is a cornerstone of financial and estate planning, providing a financial safety net for your family, ensuring that your family can cover expenses and debts, helping preserve your assets and legacy. One of the largest assets a family relies on is the family home, and in many cases the home can have a mortgage. It's also possible that your family will

“Life can change quickly, and an outdated policy can leave you financially vulnerable...”

be left with several years of mortgage payments. If you know you will leave a mortgage loan to your family members if you pass away, you may want to consider a policy that has enough coverage to pay off your mortgage in full. Here at Country Financial we recommend, at the very minimum, carrying at least a term life insurance policy in the amount to cover what is still owed on your mortgage.

In closing, considering the few examples I have covered, it demonstrates the importance of an annual insurance review and how vital it is for ensuring that your coverage aligns with your current life, protects your assets, and maximizes your savings. Life can change quickly, and an outdated policy can leave you financially vulnerable

when you need it the most.

All of us here at Country Financial wish you the very best in the coming new year and would enjoy talking with you about any insurance needs you may have. Our offices are located at 160 Emery Street here in Pahrump, Nevada, and our second office is located at 6212 W. Charleston Blvd. Las Vegas, Nevada. You can call either office location at 702-986-6432 or after hours and weekends at 725-249-4994. Email us any questions or comments to margaret.pitcher@countryfinancial.com.

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Christian Brothers Band to Perform at Amargosa Opera House

By Christine Butler

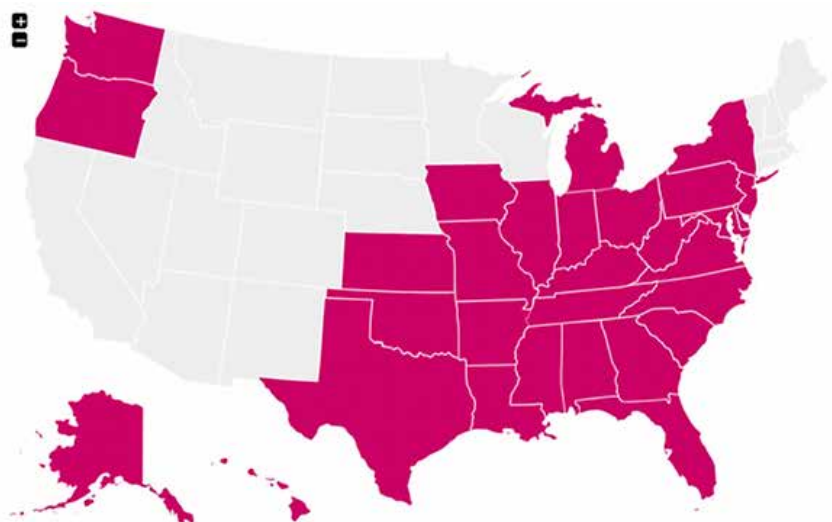
When I asked who the Christian Brothers Silver Cornet Band is, their current band Director, Patrick Bolton, answered by saying “The Christian Brothers Silver Cornet Band is the reenactment band of the Christian Brothers Band, the oldest high school band in America.” Brother Maurelian organized the band in 1872 and served as its first director. They’ve had ten directors since they started. According to their website, “the band has performed for many important functions over the years, including the 1876 dedication of the Hebe Fountain in Court Square; a visit by President Grover Cleveland in 1887; aboard the steamboat Kate Adams for dedication of the first railroad bridge across the lower Mississippi in 1892; a 1900 parade honoring Admiral George Dewey; so many Cotton Carnival parades that the band was recognized as the official band of that civic endeavor; the dedication of St.

Jude Children’s Hospital in 1962; a 1967 rally for Richard Nixon, who later was elected President; and concerts at New York’s Carnegie Hall and Lincoln Center during 2009.

The Band has played all over the country including 30 states, Washington DC and Canada.

Why Did I Ask About this Band?

Because they are going to be performing at Marta Beckett’s Legendary Amargosa Opera house on Saturday, March 14, at 2 PM. The tickets are free, but you must reserve by calling 760-



852-4441. What an adventure to witness a legendary band in a legendary opera house.. Address for the Opera House is 608 California Highway 127 And State Line Road, Death Valley Junction, CA

“The Band has played all over the country including 30 states, Washington DC and Canada.”



Christian Brothers Silver Cornet Band



Christian Brothers Concert Band

Nevada Free Taxes Coalition (NFTC)

By Christine Butler and Jodi Mobley

Following is a summary of what Nevada Free Taxes is all about. Instead of rewriting the information into a formal article, I thought it was best to use the actual description that the company gave me. I sent them a list of questions, and they were very descriptive with their answers. So, here is an inside look at Nevada Free Taxes:

How long has your company been in business and where did it originate?

Nevada Free Taxes Coalition (NFTC) has been serving Southern Nevada since 2014. We were formed to expand access to free, IRS-certified tax preparation through the VITA program, and we've continued growing our network of sites and volunteers each year to reach more low- and moderate-income taxpayers across the region, including Pahrump.

I believe you'll have two stores open in our area (Pahrump and LV) that you could introduce. Where are they located and when do they become available to customers?

Yes, we'll have in-person VITA tax sites available for taxpayers in Pahrump and another 14 sites across the Las Vegas Valley (including our main Las Vegas office).

- **Pahrump** (Great Basin College, Pahrump), 551 E. Calvada Blvd, Pahrump, NV 89048.

Opens Friday, February 13, 2026 (Fridays 10:00 a.m. – 2:00 p.m.).

- **Las Vegas** (Nevada Free Taxes Coalition Headquarters), 4825 S. Rainbow Blvd., Suite 212, Las Vegas, NV 89103.

Opens Monday, January 26, 2026 (Mon–Fri 10:00 a.m. – 6:00 p.m., Sat 10:00 a.m. – 2:00 p.m.).

Most sites offer service by appointment (and some walk-in availability depending on location and staffing), and our schedules vary by site.



Are you just in Nevada or elsewhere across the country?

NFTC is Nevada based. We operate here in Southern Nevada, including Pahrump, as a local nonprofit partner delivering free tax preparation through the VITA program.

VITA, however, is nationwide. It's an IRS program offered across the U.S. through thousands of community-based partner sites (nonprofits, libraries, schools, etc.) that are staffed by IRS-certified volunteers. In plain terms: NFTC = local Nevada organization; VITA = national IRS program that operates in communities across the country.

If I understand it correctly it looks like you are associated with United Way of Southern Nevada. Perhaps describe the relationship of the two companies and how the partnership came to be.

Yes. We have a close community partnership with United Way of Southern Nevada (UWSN), and our history is connected.

Nevada Free Taxes Coalition began when free tax preparation in Southern Nevada was operating as a program of UWSN. When that program was later discontinued, the community was at risk of losing broad access to this service (beyond very limited capacity elsewhere). In response, a group of about 10–12 committed volunteers came together to form a stand-alone nonprofit,

Nevada Free Taxes Coalition, so Southern Nevadans could continue to access free, IRS-certified VITA tax preparation. Today, NFTC and UWSN work together as community partners, collaborating on public awareness/outreach and connecting residents to free tax services, while NFTC operates independently and delivers the VITA services through our sites and volunteer teams.

How many employees do you have currently and will you be expanding?

Right now, Nevada Free Taxes Coalition operates with a small core staff team and a large volunteer base that scales up during tax season. We currently have 127 volunteers assisting taxpayers and 2 paid staff (year-round core team). During tax season, we typically add seasonal support as funding allows and scale service delivery primarily through IRS-certified volunteers.

“We were formed to expand access to free, IRS-certified tax preparation...to reach more low- and moderate-income taxpayers...”

Are we expanding? Yes, our intent is to expand to meet growing demand in Southern Nevada (including Pahrump) by recruiting and training more IRS-certified volunteers, adding site capacity and service hours, and increasing seasonal staffing when sustainable funding is secured.

What do your employees do in the non-tax season?

In the non-tax season, our staff focuses on everything that makes tax season successful and compliant. That includes:

- Recruiting volunteers and building partnerships with community sites (libraries, community centers, campuses) so we have locations and people in place before filing season starts.
- Training and IRS certification support for volunteers and site coordinators, including scheduling classes, study sessions, and ensuring everyone meets IRS requirements.
- Site planning and compliance prep, confirming site agreements, hours, equipment needs, and updating procedures to protect taxpayer data and meet IRS quality and security standards.
- Technology and operations set-up, coordinating software access, computers/printers, supplies, and troubleshooting plans so sites can open smoothly.
- Outreach and communications, planning community awareness campaigns, updating site schedules, responding to

inquiries, and coordinating with local partners and media.

- Reporting, grants, and sustainability work, tracking results from the prior season, completing required reporting, applying for funding, and planning improvements for the next year.

Do you take on additional accountants during the peak tax season and if so, who should they contact if they are interested?

We don't typically “hire extra accountants” the way a private firm might. VITA is powered primarily by IRS-certified volunteers, including many people with accounting, finance, or tax backgrounds who serve as tax preparers and/or quality reviewers. Although, we stress to interested parties that a finance or financial background is not necessary. You don't have to be “good with numbers” to serve as a tax preparer. The IRS software is not challenging to navigate, and volunteers are trained on tax laws to enable them to process uncomplicated simple tax returns.

If an accountant or tax professional is interested in helping, they can:

- Apply online through our Volunteer Hub on our website (start with the volunteer application).
- Or contact us directly at (702) 987-4625 or contact@nvfreetaxes.org.

**How can someone learn more about the company?
Online opportunities as well as others?**

People can learn more about Nevada Free Taxes Coalition (NFTC) in a few easy ways:

Online

- Visit nvfreetaxes.org to read about our mission, see services, and get updates.
- Check Hours & Locations and book an appointment online (or find the right site for you).
- Use our Virtual VITA or Drop-off options (online intake + secure document upload) for people who can't easily come in person.
- Follow us on Facebook and Instagram for announcements, deadlines, and event reminders.
- If you want to get involved, our Volunteer Hub/Portal explains roles and how to apply.

Other Ways

- Call us at (702) 987-4625 or email contact@nvfreetaxes.org to ask questions, confirm site details, or learn about volunteering.
- Visit one of our in-person VITA sites during the tax season (locations and dates are posted on our website).
- You can also find NFTC through community partner channels like United Way of Southern Nevada's VITA page and volunteer listings.

Are you hiring accountants and if so, who should interested parties call?

If an accountant or tax professional is interested in getting involved, they should contact Nevada Free Taxes Coalition (NFTC) @ (702) 987-4625, or contact@nvfreetaxes.org.

How does someone needing help with the taxes get in touch with your company?

Someone who needs tax help can reach Nevada Free Taxes Coalition in three simple ways:

- Book an appointment online through our website (the quickest option).
- Call us at (702) 987-4625 to schedule, ask questions, or get help finding the right site.
- Email us at contact@nvfreetaxes.org for general questions or support.

Taxpayers can also view our current site list, dates, and hours (including Pahrump: Great Basin College) on the Hours & Locations page.

Thanks Jodi for all the information you've provided us today!



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Shelley Poerio

Planning How to Stay in Recovery *Ways to Simplify Planning - and Sticking with Plans*

By Shelley Poerio with Casey Jones

Here's hoping everyone is off to a good, solid start to this new year! I thought I'd go into more detail on some of the key topics that were in the first Stay Stopped article of 2026. In particular, the importance of having goals, and a plan to achieve them that is concrete, customized to fit your situation, and that contains steps to measure progress.

It's comforting to read suggestions about what to do to help with the process, such as, "be more organized" – but often there's more detail required to be successful. Personalizing and putting detail into your plan makes it more actionable for you – and can increase the probability of achieving your goals. Think of it as a blueprint – a written design plan with three levels.

The Highest Level: Goals

As I've noted before, if you don't set your own goals – you're allowing

chance to direct your life. None of us can control every aspect of our lives, but without a plan we can end up wandering through life, even aimlessly. It's important to take responsibility for what you want to do with your life or the person you want to become.

For a person in recovery, the main goal might be to live a healthier life. It can also mean changing attitudes to be more positive or optimistic than before. Whatever the desired outcome may be, it should be realistic.

The Middle Level: The Steps Required to Achieve Goals

This is the most challenging level for most people. It requires thinking through a progression of stages on which to build skills, habits, and experiences that will increase the probability of getting to the desired destination. This can take time, considerable thought, and may require iterations. But it's also essential as it helps us face

the discipline and work required to become the better person we strive to be. Achieving goals isn't easy for most people; it's tough making changes to current behavior and attitudes to evolve into a better self.

For example, if the goal is to be healthier, one question to ask is, "What am I doing (or not doing) now that I can improve on toward a healthier lifestyle?" There are many components to overall health, but let's focus first on the physical or specific body-related aspects: eating, exercising, sleeping. In this article, I'll focus on nutrition and achieving the goal of eating better.

Nutrition

The desire to improve nutrition is a common one – and often entails consuming less prepared food – which can contain too many additives including fat and sodium. Nutritional changes may require more time: shopping and preparing food from basic ingredients is more time-consuming than buying prepared food. But controlling what

you cook and eat is a sure way toward better nutrition – and it can also be rewarding, even therapeutic.

Many people think of “cooking” as what’s done on the stove or in an oven. But “cooking” includes the following:

- Planning (ingredients required)
- Shopping
- Timing and prepping: Figuring out how long it will take to prepare or gather the ingredients: measuring, chopping, slicing.
- Assembling and/or heating

The actual heating of food often requires less time and involvement (if using the oven or stove-top methods). It might take 40 minutes to “cook” a pasta meal – 25 minutes to chop and cook onions, prepare the sauce with tomatoes, and 10-15 minutes to cook the pasta and add to the sauce.

Improving time management - budgeting the time for shopping and preparing meals – is one side benefit of cooking. This entails listing the ingredients to shop for and allocating the time to prepare and cook a meal. Another side benefit of cooking your own meals is that in planning ahead, you won’t be eating for immediate gratification. This skill, once mastered, can influence all other aspects of your life: planning and investing time to prepare for any other endeavor you undertake.

For better nutrition, to start – if you’re not used to preparing your own food – your plan could be to prepare one meal a week and make enough for two days as a start. Then as you become familiar with the process, add another cooking day.

But – as with any new endeavor – changing incrementally (and sticking with a plan) is highly correlated with success. (In fact, the chart under “Example” could easily be a template for an exercise schedule – adding a new workout day each week.)

Example

Try to cook one meal from raw ingredients, starting with one in week one. Then, in each subsequent week, add one more meal. By week seven – if

you keep cooking one more day each week – you will both expand your cooking skills, gain confidence that you can control what you eat, and most likely eat healthier and less expensively than you are today: less fat, and lower sodium and other additives that are typically in prepared foods. And raw ingredients cost less than the same amount of prepared foods.

The graphic below shows starting with some form of fish in week one.

Cooking One New Meal a Week Until You’ve Achieved Your Goal

Even if you already cook a few meals a week from raw ingredients, adding more will improve your health. The point is to cook more meals, eat a variety of different foods and add one new meal each week. (If you are vegetarian, you can follow the same strategy by adding a different vegetable or preparation of that vegetable each week.)

Make more portions than you need, so you can extend the leftovers to another dinner or a few lunches.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 1							
Week 2							
Week 3							
Week 4							
Week 5							
Week 6							
Week 7							

The Final Level: Measuring Progress

Measuring progress is one way to stay accountable to yourself and see how you’ve done regarding progress toward your goal. If your plan is to start adding one home-prepared meal each week, you just need to keep track of that. How did it go? Did you learn about how much time you need for

shopping and preparing the meal? Did you enjoy eating what you cooked? Having a support network of friends, family or a sponsor can serve to help you stay on track – and advise how you might do things differently if your plan isn’t working out. And in this case, having someone who knows and enjoys cooking will be especially valuable if you are a novice.

Wishing you all more home cooked meals and a happy and healthy Spring!

Shelley Poerio is a Licensed Clinician, Master Addiction Counselor, Certified Fitness Trainer, and author of “Rebalancing the Addictive Mind: Beating Addiction with Exercise and Nutrition.” She is also the founder of Living Free Health & Fitness, a 501(c) (3) organization that helps people stay in recovery through counseling, education programs, lifestyle changes and sober living. Shelley lives in Pahrump, NV and has been in active recovery since September 5, 2001. For more information: www.livingfreehealth.org. Please contact Shelley directly at [shelley@ livingfreehealth.com](mailto:shelley@livingfreehealth.com).

Casey Jones, MBA, is a consultant who has been a part of Living Free Health & Fitness since 2013. She has extensive executive experience in public and private corporations and has helped numerous emerging companies successfully meet the needs of their customers and clients. Casey lives in Dallas, TX.

Source credit: <https://recovery.com>



Behind the Chair: Simple Tips for a Healthier Scalp

By Anthony Castillo

We've all been there. You step out of the shower, towel-dry your hair, and suddenly notice something's... off. Maybe it's a little snowstorm on your shoulders (thanks, dandruff), or your roots are shinier than your forehead at a family BBQ. Maybe, just maybe, your hairline is waving at you from the distance like an old friend you haven't seen in years.

Scalp and hair issues are more common than you think—and trust me, behind the chair, we see it all. Here's a breakdown of three of the most common scalp and hair conditions, and practical ways to manage them at home.

1. Dandruff: The Snowstorm Nobody Asked For

Dandruff is probably the most common complaint we hear—and also the most misunderstood. Contrary to popular belief, those white flakes aren't always from a dry scalp. Often, they're caused by an overgrowth of yeast that loves the natural oils your scalp produces. When this yeast multiplies too quickly, it irritates the skin, causing

flaking and sometimes redness.

What we see in the chair: Flakes on dark clothing, itching, redness, and the occasional client panicking before a big meeting or date.

How to handle it: Start with consistent cleansing using a gentle, medicated shampoo or scalp treatment. Letting the product sit for a few minutes allows the active ingredients to calm irritation and reduce flaking. Avoid scratching—it only worsens inflammation. Make sure to rinse thoroughly to avoid creating more flakes. Also, pay attention to your diet and stress levels; both can influence your scalp health.

Extra tip: Rotating shampoos every few weeks can prevent your scalp from getting “used to” one formula, which can sometimes help stubborn flakes.

2. Oily Scalp & Limp Hair: Not Just a “Shampoo More” Problem

Some clients swear their scalp is secretly producing oil in Olympic quantities. Over washing and harsh shampoos often make it worse. When you strip your scalp too aggressively, it panics and produces even more oil.

What we see in the chair: Hair that

falls flat, shiny roots by midday, and frustrated clients who don't understand why washing this morning didn't fix it by lunch.

How to handle it: Opt for gentle, balancing shampoos that cleanse without stripping natural oils. Conditioners should be applied only to the mid-lengths and ends to avoid weighing hair down. Also, avoid heavy styling products that can add residue to the scalp.

Extra tip: Massaging your scalp while shampooing can improve circulation and help regulate oil production. Similarly, rinsing with lukewarm water can prevent overstimulation of the sebaceous glands.

3. Thinning Hair & Sensitive Scalp: Handle with Care

Thinning hair is tricky. Genetics, stress, diet, and scalp sensitivity all play a part. Shampoos won't make hair magically reappear, but the wrong products can make thinning worse. Sensitive scalps can also react to harsh ingredients, leading to irritation, redness, and even temporary shedding.

What we see in the chair: Increased shedding, irritation, scalp sensitivity, and clients worried about permanent hair loss.

How to handle it: Use gentle, sulfate-free shampoos that soothe the scalp. Lightweight conditioners help prevent hair from being weighed down, which

can make thinning more noticeable. Avoid scratching or rubbing vigorously, and minimize chemical treatments or excessive heat styling, which can further damage fragile hair. A balanced diet, proper hydration, and managing stress also promote healthy hair.

Extra tip: Rotating haircare products and occasionally using a scalp mask or gentle exfoliation can help maintain scalp balance and support overall hair strength.

Final Thoughts from Behind the Chair

Barbers aren't medical professionals—we can't diagnose or treat scalp conditions. If you notice persistent or any unusual symptoms, it's important to contact a licensed medical professional. Your doctor can diagnose and recommend the right treatment. Consistently caring for your scalp, using gentle products, and paying attention to your hair's needs can make your haircut look better, last longer, and keep you feeling confident.

Stay tuned for the next article, where we'll explore and debunk some common barbershop myths.

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Barbers:

- Anthony Castillo – Owner
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English and Spanish
- Richard "Dick" Price
Thursday only
Primarily takes walk-ins
- Karla Carranza
702-619-2202
Monday, Tuesday, Wednesday,
Friday and Saturday
Walk-ins and appointments
English and Spanish

- Ethan Worsman
909-682-9633
Tuesday through Saturday
Walk-ins and appointments
Designs

About Anthony Castillo

Anthony brings over 25 years of customer service experience, starting with his first job at In-N-Out and later working for the Nye County Sheriff's Office. Barbering has always been his passion, and after leaving NCSO, he trained in Las Vegas and has now been barbering professionally for five years.

Sharper Image Barbershop combines traditional services with modern practices, focusing on quality, customer service, and lasting community relationships.

Anthony has lived in Pahrump for eight years with his wife, Elvia, and daughter, Gianna. When he's not barbering, Anthony is a movie buff, a fan of In-N-Out, and a die-hard sports enthusiast. Go Raiders!

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Focus on Family

He Is Risen: How the Resurrection Heals Families



Tim Sutton, Esq.

By Tim Sutton, Esq., Managing Partner - Sutton Law & Consulting Group, suttonlawgroupllc.com

Easter morning begins with the joy of an empty tomb, but for many families, life feels anything but joyful. Homes carry memories of sharp words, misunderstandings, drifting relationships, financial strain, wayward children, or the silent ache of loss.

And yet, the central message of Easter is this:

Nothing—absolutely nothing—is beyond the power of Jesus Christ to restore.

The Resurrection was not only the triumph of Christ over death; it is His promise of *restoration*—that every broken thing can be made whole, every wounded heart can be healed, and every family, no matter its history, can rise again.

When Mary Magdalene heard the Savior call her name outside the empty tomb, she learned a truth that reaches into every home:

Christ knows how to call life back into things we believed were gone.

Families sometimes bury hope:

- “My child will never come back.”
- “Our marriage is too damaged.”
- “My sibling and I will never reconcile.”



- “The grief is too deep.”

But Easter proclaims a different message:

“He is not here: for he is risen” (Matthew 28:6).

If Christ can rise from the tomb, then He can raise love from the ashes of resentment. He can resurrect trust where betrayal once lived. He can bring joy to a home long overshadowed by sorrow.

The Resurrection is God’s assurance that ***the story is not over.***

Just as the Savior’s resurrected body was perfected, He offers us the chance to become spiritually renewed—changed in the way we see, think, and feel.

We often speak of resurrection as something distant. But the Savior’s power is not limited to the last day.

He restores families now:

- Courage to repair a marriage

- Strength to parent with patience
- Wisdom to let go of long-held grudges
- Peace to heal generational wounds
- Hope to keep trying

President Russell M. Nelson taught that: “It was at the Garden Tomb that the atoning work of Jesus Christ was fully realized and His victory over sin and death became truly complete. When we talk of the greater love of Jesus Christ for each of us, I testify that Jesus Christ’s Resurrection is the ultimate expression of that love.”¹

Families do not have to wait for the next life to rise. ***Every act of humility, forgiveness, and love is a small resurrection.***

In the end, Easter is not just the story of *His* rising. It is the promise of *ours*.

The Resurrection assures us that families—messy, imperfect, hurting families—are not doomed to fail. They are destined to be healed, restored, and reunited in perfect joy.

Christ walked out of the tomb so that your family could walk out of despair, out of conflict, out of sadness, out of anything that keeps you from the love God intends.

Because He rose, ***your family can rise too.***

¹ Russell M. Nelson, “The Peace and Hope of Easter”, Facebook, Retrieved February 8, 2026.

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Pins & Needles Quilt & Needlework Show

By Joyce Higginbotham

Shadow Mountain Quilters (SMQ) is a 501 (c) (3) nonprofit organization dedicated to education, charity, and fellowship. Membership has been growing since 1994, when a few like-minded ladies met in a member's garage. Today, there are over 120 members. In addition to weekly sewing days, there are quarterly potlucks and classes to introduce new projects and techniques. An added benefit of belonging to the guild is that some members travel throughout the year, bringing new ideas from across the country.

The quilters are very active in the community, supporting local children, families, seniors, and charities for those who are homeless with donations of quilts, afghans, hats & scarves, toiletries, and pillowcases, as well as donations to the local food banks.

SMQ has held an annual quilt show every year since 1996, except for the 2 years of Covid. Currently, preparations are underway for the 28th Annual Pins & Needles Quilt & Needlework Show scheduled at the Bob Ruud Community

Center (corner of Hwy 160 and Basin Ave) on Friday, April 10th, from 9am to 5pm, and Saturday, April 11th, from 9am to 4pm.

The 2026 theme is "*American Pride*." Each year, a drawing is held for a beautiful opportunity quilt. This year's quilt features a colorful kaleidoscope of squares surrounding a patriotic center. This king-size quilt, made by SMQ members, measures 94" x 112". To be in the drawing for a chance to win this quilt, tickets will be available from SMQ members and at the show.

A portion of the show includes the always-popular Bed Turning showcase, an event dating back to pioneer days that features a variety of historical quilts and quilts with special stories belonging to our members. Daily demonstrations and talks about various crafts and quilting subjects will be available to all who are interested in learning something new. Three vendors will be at the show, along with the SMQ booth, for your shopping pleasure. Beautiful raffle baskets raise money for the SMQ education fund. This year's member challenge will be Welcome Mats. Look for the display as

you enter the show and vote for your favorites.

Another reason to attend the show is that Terri Holloway of Kingman, AZ, will be offering quilt appraisals to one and all for a very reasonable fee. Come early, as she gets very busy.

Our Quilt Judge Project will be Terri Miller from Winslow, Arizona. Terri is a member of the National Association of Certified Quilt Judges. SMQ members showcase their quilts and needlework in 29 possible categories. Guests to the show have an opportunity to vote for their Viewer's Choice favorites.

Following the end of the show on Saturday, special awards will be announced, and the winner of the King-size opportunity quilt will be drawn. The 2027 show will also be previewed.

Admission is \$5 for a 2-day wristband, so you can easily return to enjoy your favorite demonstrations and events. Husbands are admitted free when accompanied by their wives, and children under age 12 are admitted free. For more information, contact Joyce Higginbotham at 775-253-4885 or by e-mail to joyceinpahrump@gmail.com.





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For Additional Information Contact:

Dr. Tom Waters, Chairman - 702-379-3449 or
Linda Wright, Co-Chair - 775-419-5715

No one knows the exact cause of prostate cancer. Doctors can seldom explain why one man develops the disease and another does not. Research has shown that men with certain risk factors are more likely than others to develop the disease.

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Healthy Living

Emotions, Energy and the Body *How Our Inner World Shapes Our Health*

By Crystal Atwood

Our bodies are energetic systems constantly responding to our thoughts, emotions, and life experiences. Long before symptoms manifest physically, imbalances often begin in our emotional and energetic layers. Understanding the relationship between energy flow and the meridian system provides powerful insight into how to support the body holistically.

The Emotional-Energetic Connection

Every emotion carries a frequency. When processed and released, energy flows smoothly. However, suppressed or unresolved emotions can become stored energetic patterns that disrupt

natural flow, leading to stagnation, fatigue, and stress. Common examples include:

- **Chronic stress:** Drains the nervous system.
- **Unexpressed grief:** Affects the lungs and heart.
- **Anger or resentment:** Stagnates energy in the liver and gallbladder.
- **Worry:** Burdens digestion and the gut.

Meridians: The Body's Energy Pathways

Meridians are channels through which life force energy (Qi) flows, connecting organs, emotions, and the nervous system. When balanced, they support emotional resilience, mental clarity, and strong immunity. When

blocked, the body signals distress through signs such as persistent fatigue, brain fog, digestive discomfort, or feeling “stuck.”

Addressing Imbalances with Energy Work

Energy work supports the body's innate ability to self-regulate. Holistic practices — including meridian balancing, frequency-based therapies, and nervous system regulation—gently restore natural flow. As energy moves, you may experience emotional relief, reduced tension, and renewed vitality.

The Body's Wisdom

Your body is constantly working for you; symptoms are messages, not mistakes. True wellness comes from alignment—mind, body, emotions, and energy moving together. At High-

Vibes Healing Sanctuary, we honor the whole person because lasting wellness begins within.

How Frequency Healing Supports the Body

Frequency healing modalities such as Vibroacoustic Therapy use gentle sound vibrations to communicate directly with the body at a cellular level. These low-frequency waves travel through tissue, fluid, and fascia, helping to release stagnant or congested energy while encouraging the body's natural state of balance. As the vibrations move through the body, they can help stimulate and support the meridian system—the energetic pathways recognized in traditional Eastern medicine—allowing energy (Qi) to flow more freely. This may promote deeper relaxation, improved circulation of energy, and a sense of emotional and physical reset.

Many people experience Vibroacoustic Therapy as both

grounding and expansive, helping to quiet the nervous system, soften the body, and restore energetic harmony from the inside

Living a healthy life isn't about perfection. It's about awareness, compassion, and creating space for your energy to flow freely again. When emotions are acknowledged, energy is supported, and the nervous system is nurtured, the body naturally shifts toward healing.

Free System Regulators

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- Sigh
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- Stretch
- Sunlight
- Animals
- Cold Water Plunging
- Breath-Work
- Rest
- Sing
- Walk
- Dance
- Nature
- Journaling
- Meditate
- Gratitude
- Connection



Crystal Atwood IHP, CRP, IINH

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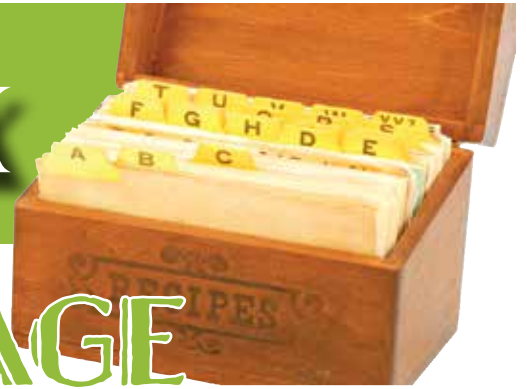
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Recipe Box



SAVORY CABBAGE WAFFLES

By Crystal Atwood

<https://naturalvibes-healthandwellness.com>

5 ingredients

8 hours, 50 minutes

12 servings

Ingredients

- 2 Egg (large)
- 1/4 cup Tamari (divided)
- 2 tsps Sesame Oil (toasted, divided)
- 1/4 cup Brown Rice Flour
- 3 cups Green Cabbage (finely shredded)
- 2 stalks Green Onion (green tops only, thinly sliced)
- 1 1/2 tsps Rice Vinegar
- 1/2 tsp Sriracha
- 1/2 tsp Maple Syrup
- 1 1/2 tbsps Water

Directions

1. In a large bowl, whisk together the eggs, half of the tamari, and half of the sesame oil. Fold in the rice flour and mix until smooth.

2. Add the cabbage and green onion and mix until well coated.

3. Add enough batter to cover the bottom of a waffle maker, about 1/3 cup. Cook for three to five minutes until golden brown and cooked through. Repeat with the remaining batter.

4. To make the dipping sauce, whisk together the remaining tamari, rice vinegar, sriracha, remaining sesame oil, maple syrup, and water in a small bowl.

5. Serve the waffles warm with the dipping sauce on the side. Enjoy!



Notes

Leftovers. Refrigerate in an airtight container for up to three days. To reheat, place on a baking sheet

Serving Size. One serving is one waffle.

More Flavor. Add grated carrot to the waffle mixture.

Additional Toppings. Nori strips or sesame seeds.

No Waffle Maker. Add small dollops of the mixture to a non-stick pan until cooked on one side. Flip and cook until golden brown. Work in batches as needed.

Nutrition (per serving)

Calories 124	Cholesterol 93mg
Fat 5g	Sodium 1072mg
Carbs 14g	Vitamin A 461IU
Fiber 2g	Vitamin C 25mg
Sugar 3g	Calcium 50mg
Protein 7g	Iron 1mg

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DESERT SKIN

Investing Your Time in Your Care



Michael Roos, PA-C

By Michael Roos, PA-C

Modern healthcare works best when it is a partnership. While medical providers bring training, experience, and clinical judgment, patients bring something just as important: their history, their concerns, and their lived experience. When both sides actively participate, care becomes safer, more accurate, and more effective.

One of the most important ways patients can advocate for themselves is by sharing complete and honest information with their healthcare provider. This includes current symptoms, past diagnoses, medications, supplements, previous treatments, and even details that may feel uncomfortable or unrelated. Withholding or minimizing information—often out of embarrassment, fear, or the hope that a problem will resolve on its own—can unintentionally affect diagnostic decisions and treatment outcomes.

Healthcare providers rely on accurate information to guide care. What may seem minor to a patient can be clinically meaningful to a provider. Transparency is not about assigning responsibility or blame; it is about giving your provider the tools they need to deliver the best possible care.

Patients also play an important role in maintaining continuity of care, particularly when seeing multiple providers or specialists. Medical offices are often busy, and records do not always transfer smoothly between systems. Keeping personal copies of office notes,

pathology reports, imaging studies, and laboratory results can help prevent delays, duplicated testing, or missing information. When referrals are involved, having these records readily available ensures that each provider is working from the same foundation.

Another key part of self-advocacy is speaking up when concerns remain unresolved. Sometimes patients sense that something is not quite right, even when initial evaluations appear normal. These concerns matter. Symptoms, patterns, or changes may not be immediately obvious during a brief visit, and it is entirely appropriate to return for clarification or further discussion. Revisiting concerns can lead to new insights, additional evaluation, or adjustments in treatment.



Effective healthcare is not passive. It is a shared process built on communication, trust, and mutual respect. When patients invest time in understanding their care, asking questions, keeping records, and voicing concerns, they actively improve the quality of care they receive.

Your voice matters. Being your own advocate is not about challenging your provider—it is about partnering with them to achieve the best possible outcome.

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Dr. Jaldeep Daulat is a Board Certified Dermatologist with over 32 years of Dermatology experience. He opened Mohave Skin and Cancer in 1984, balancing his life between Las Vegas, Laughlin, Kingman, Lake Havasu City and in 2017 expanded into Mesquite and Pahrump, Nevada with Mohave Dermatology. Dr. Daulat is trained to perform highly specialized microscopic skin cancer surgery known as Mohs. He has successfully performed well over 25,000 surgeries and reconstructions. Dr. Daulat has been an instructor and speaker and has given numerous dermatology residents the opportunity for hands on learning and practicing under his guidance.

Michael Roos, PA-C, is a skilled physician assistant. Mr. Roos is a **veteran**, serving as a medic in the **United States Army**, and has a strong commitment to medicine and his patients. His service includes tours in Germany, Iraq, Kuwait, and Oklahoma. Michael received his undergraduate degree in biology and later became a Physician Assistant. He trained in dermatology with Dr. Daulat and treated all types of dermatology conditions, ranging from acne, psoriasis, and autoimmune diseases, to surgical removal of moles, cysts, basal cell, squamous cell, and melanoma cancers. He has over 22 years of experience in cosmetic injectables and laser treatments.



*Se Habla
Español*

Nicholas Benites, PA-C, is an exceptional physician assistant practicing in the Las Vegas area for over 10 years, with eight years in dermatology. He is a **veteran**, having served in the **United States Army** for almost 20 years in both the **Nevada Army National Guard** and the **United States Army Reserve**. He is currently a major in the Army Reserve. Nicholas completed his medical training in the military's Interservice Physician Assistant Program. Nicholas treats various skin conditions from acne to skin cancer. He brings expertise from his work with multiple dermatologists and practices over the years.

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water wise



Shedding Light on Well Sheds

By Jacky Walker

Whether temperatures in the Pahrump Valley are freezing cold or boiling hot, your well system is vulnerable without proper protection from the elements, according to both national and local experts. While there are many parts to a well system, for the purpose of this article, we are focusing on the above-ground well head and cap, well casing, pressure tank, pressure switch, and power source.

To learn more about protecting a well system, we chatted with Steven “Budd” Watkins, chair of the Private Well Owners Association (PWOA) dedicated to well owner education, well water testing for its members, and water conservation. Budd plans to present a class on well sheds during the monthly Private Well Owners Association meeting on February 4, 2026, at 10 am at the Pahrump Valley Museum, 401 E. Basin Avenue.

“Many homeowners in Pahrump leave their wells exposed to the elements,” Budd says. “Driving around town, it’s common to see a well’s location by the large pressure tank located out in an open field. Continuous

weather exposure over time can harm the well system. Exposure to rain and harsh sun can corrode parts or loosen connections and erode weather-protective coverings that help shield the well’s water from external contaminants. With no shed over the well, it is subject to all kinds of hazards.”

3 Typical Hazards

Among the hazards are insects. Long-time well owners will attest to having their water flow interrupted because their well stopped working, only to discover ants were the problem. Ants will congregate around the “sweet” electrical wire insulation and eat at it until they get fried. Their dead bodies pile up and eventually disconnect the electrical contact which stops the well operation (and water delivery to your house). Hot water will wash them and their trail scent away, but you’ll still have to replace the contacts.

Dust is another problem, and we sure have enough of that! Dust can build up and cause issues with connections, especially if the parts are never cleaned. Whoever says, “I’m going out to dust off my well today?”

Another hazard of having an unprotected well system is potential damage from farm equip-

ment or vehicles operating too closely. (A friend of the author accidentally backed into a pressure tank and dislodged it while driving at night, and boy was that expensive to repair.)

Building A Shed

While making well repairs have never been inexpensive, adding a well shed to protect the well system should be considered an investment in the safety and longevity of your private water supply.

“Bear in mind that just about anything over your well system is better than nothing,” PWOA’s Budd notes. “But you don’t need to spend thousands to get some protection. Even a heavy duty tarp can be helpful in windy conditions if secured properly. Some people use pool pump sheds and large dog houses with hinged roofs.”

Aside from our high winds in Pahrump, other factors to consider when choosing a well structure include how effectively it resists extreme sun, heavy rains and flooding, and cold to freezing temperatures.

“When constructing a well shed, consider long-term durability and shelter factors that can withstand freeze and extreme heat,” Budd continues. “You don’t want the wood to warp



or crack, so kiln-dried straight boards are best to minimize our harsh conditions. Roofs, especially, need to be heat resistant such as reflective asphalt shingles. Higher quality vinyl siding like Hardee board is heat and cold retardant. Installing rolls of insulation is helpful. Double pane windows are important if you prefer natural lighting and air flow, otherwise some type of ventilation is recommended.”

Consideration should also be given to the location of the wellhead, whether inside or outside the shed. Outside the shed allows greater access to the well shaft in case of a well pump failure or in case a well goes dry and further down-drilling is needed. If the well head is inside the shed, be sure there is at least a 24” x 24” weather-tight covered hatch/access panel in the ceiling/roof directly above it for any future drilling equipment to have access.

And, in our rapidly changing regulatory environment, be sure to check with the Nye County Building & Safety Department for any permits or Zoning

review applications needed for your shed. Be aware that If a solid concrete base is used, the shed may be added to your property tax assessment.

Although not an endorsement of their businesses or products, a few places in town that can assist with pre-fabricated wood or metal sheds and/or shed construction include Home Depot (Hwy 160), Your Shed Guy (Hwy 160), Affordable Sheds (Homestead), and Red Barn/Desert Valley Sheds (on Buol off Hwy 372) . Plus, YouTube has a wide variety of well shed building videos for the do-it-yourselfers.

Whether you call it a well shed, well shack, well house, or other designation, having a protective covering for your well system is a good idea. It ensures your water is safe from hazards, free from contamination, and can improve your property’s aesthetics and value.

Learn More

Private Well Owners Association (PWOA): www.privatewellowners.com

The Private Well Owners Association’s primary mission is education for well owners, well testing for members, and conserving Hydrographic Basin 162. We meet on the first Wednesday of each month at 10 a.m. at the Pahrump Valley Museum, 401 E. Basin Ave. Meetings are free and open to the public. Membership is \$40 per year and includes a free well water quality test plus educational material. We hope to see you there.



the Education Editorial



Dr. Christopher Salute

The Great Teacher Shortage: Why the Profession is Bleeding Talent

By Dr. Christopher Salute
Director, Great Basin College, Pahrump

This article was built from my Podcast: *The Edunomics Podcast*, where we discussed this same topic.

Across the United States, classrooms are emptying - not of students, but of teachers. Estimates suggest that nearly 600,000 teaching positions are currently unfilled, a crisis that is reshaping public education in real time.

We talk a lot about “learning loss,” test scores, and curriculum battles, but not nearly enough about a simple, uncomfortable truth:

We have built an education system that depends on teachers while making it nearly impossible to be one.

This isn't just a pipeline problem. It's a pay problem, a respect problem, and a work-life balance problem. And until we're willing to address all three, we're going to keep losing good educators - and the next generation will pay the price.

1. The Economics of Undervaluing Teachers

Let's start with the most basic question: What do teachers make? Queue my favorite Spoken Word Poet, Taylor Mali ... “Tell me... what do teacher's makeeee? Hahaha.” (Just google the video)

- The average starting salary for a teacher in the U.S. is about \$46,000.
- The national average teacher salary is roughly \$72,000 - but that includes those who've stayed in the profession for many years.
- Even with recent pay bumps, teachers earn about 73 cents for every dollar made by non-teachers with similar levels of education!

On paper, \$46,000 - \$72,000 might sound “okay” to some people - until you remember the context:

- These are jobs that require a bachelor's degree, often a master's, plus certifications.
- Teachers typically work 50+ hours

per week, and a huge portion of that time is emotionally intensive, student-facing work.

- In many states and districts - especially those with higher costs of living - these salaries simply don't cover a stable, middle-class life without side jobs.

We're asking highly educated professionals to carry the intellectual, emotional, and social development of our children - and paying them as if they're easily replaceable.

2. The Hidden Cost: Teachers Are Subsidizing the System

On top of low pay, teachers are routinely expected to financially subsidize their own classrooms.

- An estimated 90-95% of teachers pay out of pocket for classroom supplies.
- Many spend \$500-\$800 or more per year on basics: paper, books, pencils, cleaning supplies, tissues, snacks, even furniture and lab materials.



In other words:

We've created a system where teachers are underpaid and expected to fund the tools they need to do their jobs. Could you imagine if your pilot had to pay for their own fuel before you took off from Las Vegas? You'd never travel!

Yes, there's a small tax deduction available. No, that doesn't fix the problem. The issue isn't "Can I write this off?" - it's *Why am I paying for this at all on a salary that already doesn't cover my life?*

3. The Myth of Summers Off: Work-Life Balance That Doesn't Exist

One of the most common defenses of teacher pay is:

"Well, they get summers off."

This is, at best, a half-truth.

Here's what summers and "off hours" often look like for teachers:

- Second and third jobs: bartending, retail, camps, tutoring, summer school.
- Mandatory professional development: conferences, trainings, credential renewals - often unpaid or underpaid.
- Curriculum planning and classroom setup: weeks spent

preparing the next school year, usually off-contract and unpaid.

- Catching up on life: medical appointments, house repairs, family time that had to be delayed during the school year.

During the school year, many teachers:

- Work 50–60 hours a week,
- Spend six or more hours a day directly with students, with little downtime,
- Then grade, plan, and respond to parents and students at night and on weekends.

Teaching is not a job where you can tuck yourself into a cubicle, put on headphones, and coast for an hour. It's constant emotional and cognitive engagement.

So, no - summers do not "make up for it." They keep teachers from collapsing. Barely.

4. Disrespect and Deprofessionalization

If the low pay and workload weren't bad enough, there's a third blow:

We increasingly treat teachers as obstacles, not experts.

From Educators to "Customer Service"

Beyond the headlines, teachers face daily disrespect:

- Grading decisions are challenged constantly.
- Parents email or call at all hours, expecting instant responses.
- Curriculum, assignments, and even classroom conversations are picked apart and politicized.

Teachers are no longer treated as professional experts. They are treated as service providers in a hyper-demanding, zero-grace customer service model.

Add to that:

- Increasing curriculum control from above: scripted lessons, rigid pacing guides, and district-mandated content.
- Standardized testing pressure, which narrows their ability to teach creatively or respond to student needs.

We've stripped teachers of autonomy and then act surprised when they feel demoralized.

5. The Human Toll: Why Fewer People Want to Teach

When you put it all together, the picture is pretty clear:

- Low and stagnant pay relative to education and workload.
- Long hours with little time to turn "off."
- Out-of-pocket expenses just to function in the classroom.
- Constant scrutiny & political crossfire, with minimal institutional backing.
- Decreased autonomy, with more micromanagement and test-driven teaching.

And then we ask:

"Why don't more young people want to become teachers?"

The better question is:

"Why would they?"

Those who do persist often do it out of deep love for students and the work itself - not because the system makes it sustainable.

6. What Needs to Change: Three Pillars of a Real Solution

Fixing the teacher shortage isn't about patching holes. It's about rebuilding the foundation of the profession.

1. Pay Teachers Like Professionals

- Raise starting salaries so they are competitive with other professions requiring a bachelor's or master's degree.
- Narrow the wage gap so teachers aren't earning a fraction of what similarly educated professionals make.
- Offer meaningful performance-based bonuses, but tie them to real outcomes, not just test scores: student growth, engagement, collaboration, and long-term success.

2. Restore Work-Life Balance and Classroom Support

- Provide more staffing support: teaching assistants, paraprofessionals, behavioral specialists, counselors.
- Explore co-teaching models where two teachers share responsibility for a class, giving each the ability to breathe, plan, and intervene more effectively.
- Protect evenings and weekends by setting clear boundaries for email response times and expectations.
- Ensure professional development is paid and purposeful, not just another box to check.

3. Respect Teachers' Expertise and Redefine Outcomes

- Give teachers real voice in curriculum design, assessment, and classroom practices.
- Back educators when they enforce academic standards and reject non-credible "sources" or work that doesn't meet basic expectations.
- Shift success metrics beyond standardized tests to include:
 - Real-world application of knowledge

- Student well-being and happiness
- Behavioral and social-emotional growth
- Readiness for college, trades, military, or the workforce

Some countries already involve high school and college students in solving real community problems with local governments and organizations. Imagine K-12 classrooms where students apply math, science, civics, and communication to actual issues in their cities - guided by teachers who are respected, supported, and paid to mentor that kind of work.

7. Why This Matters for Everyone

This isn't just a "teacher issue." It's an everyone issue.

Teachers shape:

- The future workforce.
- The quality of our civic life.
- The innovation, empathy, and resilience of the next generation.

When we allow teaching to become a low-paid, high-stress, low-respect profession, we don't just lose teachers - we lose:

- Potential scientists who never got inspired in 8th grade.
- Potential writers who never got feedback that helped them grow.
- Potential entrepreneurs and community leaders who never had a teacher tell them, "You can do this."

Closing Thoughts

The teacher shortage is not a mystery. It's a predictable outcome of a system that:

- Pays too little,
- Demands too much, and
- Respects too few.

If we want classrooms filled with talented, passionate educators, we have to treat teaching as the critical profession it is - not a fallback, not charity work, and not a public punching bag.

- Raise the pay.
- Fix the workload.
- Restore the respect.

Do that, and we won't just solve the teacher shortage. We'll transform education itself.





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OUR VETERANS OUR HEROES

Mike Hazard, MK2 (E5) - US Coast Guard

Part 2

By Mike Hazard
Intro by Lt. Colonel (USAF Ret)
Tom Waters

Welcome to Part 2 of Life in the U.S. Coast Guard. While we continue to search for Veteran stories for the Pahrump Life Magazine's "Our Veterans, Our Heroes" section, we receive stories of interest. As stated, this is Part 2 of his story from U.S. Coast Guard veteran Mike Hazard. It continued to get our attention because it was different from the previous stories, and it gave us more of a view from inside the Coast Guard. Now, you get to read it and determine for yourself what the Coast Guard is really like and what guarding the coastlines is all about. I want to remind you that Mike also wrote a book (*The Sea's Fury*), and he provides glimpses into life in the United States Coast Guard. If you missed Part 1, please find a Jan/

Feb 2026 Issue of the Pahrump Life magazine so you can be up to date.

Now, as we did for Part 1, let's listen to Mike Hazard as he takes us through Part 2.

Why I Wrote *The Sea's Fury*

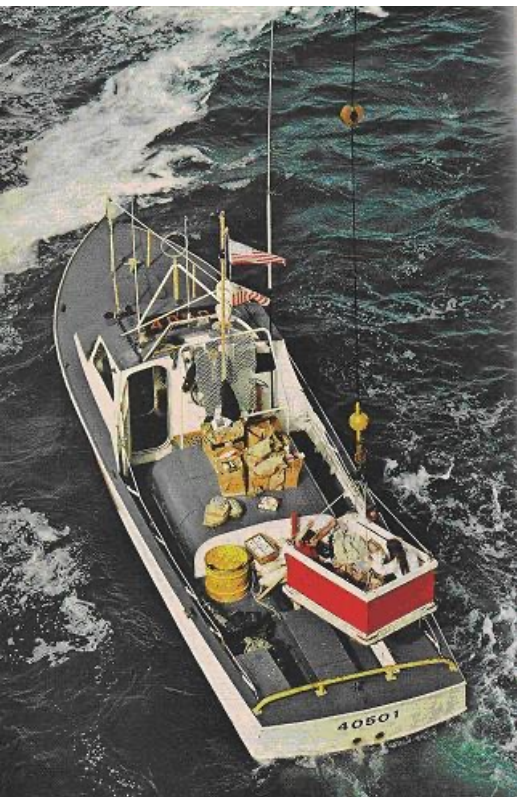
One day in the summer of 1972, we were on the return trip to the island in the 40-footer with the families and their supplies. The seas were calm, the sky was overcast, and, to the east, a heavy fog bank appeared to be moving gently in the westerly direction that we would also be heading. We still felt that we could make the run, deliver the families, and be back to base before the fog really socked in. On the northeast corner of the island, there was a small-protected cove that we would back the 40-footer into and wait for the hook connected to the cable from the giant winch on the top of the island that would pick up the box full of groceries and passengers. On this particular day, after the last box of supplies was topside, as we headed back to the station, we were almost immediately met with that slowly moving blanket of thick,



Mike Hazard

heavy fog we had seen earlier as we left the mouth of the harbor.

This wasn't a thin 'see through the mist' kind of fog that came and went. This was "pea soup" type stuff that you couldn't slice with a sharp knife if you had one, type of fog. Visibility was down to less than 25-30 yards, if that. All sense of direction was lost. All landmarks had disappeared into the fog, and in those days, the 40-footers did not have radar. We steered by compass, and it was a concept we assumed all the boat coxswains were aware of. We continued to proceed east at a slower than usual speed, but when the coxswain (who shall remain nameless) became concerned because he couldn't find the entrance to the harbor, he posted a bow watch, me, to let him know if we were on an imminent collision course with anything such as



a huge rock, a spit of land or above all else another vessel we might be on a collision course with.

No one ever expected to see anything on this foggy day. We certainly didn't think anyone else would be crazy enough to be out on the Straits in those conditions. That all changed though when suddenly out of the depths of the gray murkiness a huge U.S. Navy Sea going tug emerged at full throttle. We were only off her port beam 25-30 yards when we passed each other in the deep gloom of the early foggy afternoon. Being only 40-feet long we were definitely the smaller of the two vessels compared to the tug that was almost twice or three times our size. We silently passed like two ships in the night, and the tug quickly disappeared, swallowed up by the leaden pale curtain of fog that surrounded us in a gloomy gray envelope.

Being surprised by the huge unexpected swiftly moving vessel was a little un-nerving for the entire crew to say the least. Not only because it was so large, but because it was so close as well. The crew all reluctantly realized

we were now out in the middle of the Straits of Juan de Fuca. That meant we were literally halfway between the United States and Canada, which was really not that big of a deal especially if it had been a clear day. All of us had made several logistic runs to Tatoosh before, but we also all knew that we had never been out that far in the Straits for these runs. What it did was to convince us, except for the coxswain, that there was no doubt now; we were definitely off course.

What really aroused the concern of the crew however was the one-inch hawser that was draped over her taffrail on the transom of the tug and disappeared into her foamy wake as it disappeared into the gray fog bank. (Note: Taffrail is the upper part of the stern of a wooden ship or a rail around the stern of a ship.) What in the heck was this tug towing in the middle of the Straits on a day like this? In a few short moments however, all curiosity was erased when the towline reappeared suddenly out of the dense fog tied to the bow cleat on a gigantic, decommissioned U.S. Navy Destroyer Escort (DE).

The huge ship loomed ominously out of nowhere. It sliced through the thick fog bank as it ripped through the dense gray mist. The massive gray ghost-like steel hulk moved almost soundlessly as it plowed through the peaceful water. Its decks were silent now, void of any life or activity. The bridge had been abandoned; its windows removed. All rigging, yardarms and masts were missing. No thick plume of black diesel smoke belched from her tall now lifeless stacks located amidships. No longer were there any large white numbers painted on her gently flaring bow to identify her as a once proud U.S. Navy warship. She was a huge ghost ship, lumbering after that thick hawser that had become her final commanding officer taking her on one final mission to an unknown destination and fate. Her stern soon disappeared for the last time into the dark gloom, as she was swallowed up by the puffy gray mist of the impenetrable fog. The tug and

DE had been traveling east to west. We had been traveling north-northeast. If we had been 40-50 yards further north and crossed between the tug and the DE, the 40-footer would have been cut in half like a can opener slicing through a can of sardines.

Once we all regained our senses, I immediately came in off of bow watch and relayed to the coxswain my thoughts on the situation. There was always a sense of respect for the coxswain and the duty engineer on what each other's underway responsibilities were, but I felt my opinion should be heard at this point. By now we all had a sense that we'd been underway even at our reduced speed to certainly have passed the entrance to the harbor by now. I told him we should head south, which would put us soon off the southern shore of the Straits. Once we saw the shoreline we could tell at that point if we needed to go west because we had passed the entrance to the harbor or go east having not passed the entrance to the harbor, which was our obvious goal at that point. It was that simple. Fortunately, my assessment was correct, but even more fortunate was that Ancient Mariner in the sky must have been looking out for us that day, like I'm sure He has done the same for so many others. We were a very fortunate crew, but also our short escapade would remain classified among all of us.

When we see a picture of a ship on the high seas or even in the waters of a calm bay, little do we question its flotation capability. We take for granted that this huge behemoth of a vessel should float under all conditions, as it appears to be unsinkable even under the worst of circumstances. Such was the illusion I too held until one foggy summer afternoon on June 5th, 1973.

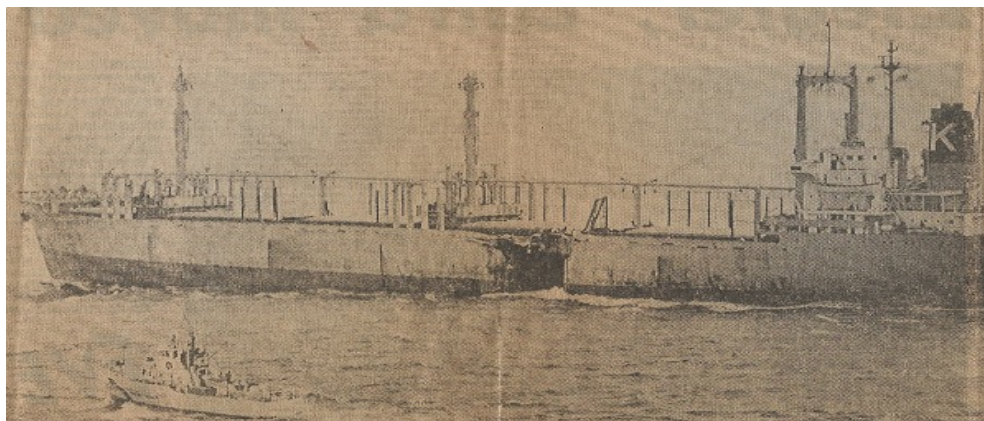
On that particular day we had just finished the noon meal and afternoon quarters when the boat call alarm sounded. Boat crews quickly dispersed to the CG40501 and CG44364 and headed into dense fog where two ships had collided in the middle of the Straits, 5-10 miles northeast of Neah Bay. Keep

in mind this was again not a light or patchy fog. It was a thick, dense, pea-soup type of fog that was very common in the Straits of Juan De Fuca.

I was on the CG40501, which was one of the early deep V hulls built at the Curtis Bay, Maryland shipyards and was the older of the two rescue vessels. It did not have radar and the RDF device on board was virtually useless as far as a guidance system was concerned, especially for a vessel operating in dense fog. Fortunately, the CG44364 had been recently equipped with a new radar system that worked well in all-weather situations. Nonetheless, the crew on the CG40501 was sailing alone almost blindly into the fog guided only by the original compass course that one of the ships had radioed in when they sent their original distress call.

In spite of the antiquated equipment, we were relegated to use, and with the skill of the experienced boat coxswain and a little mariner's luck, in about one-half to three quarters of an hour we popped out of an opening in the fog bank bearing down on *Oriental Mariner*, the container ship involved in the collision. At about the same time the CG44364 radioed us that they had found the *Way Way*, the log ship also involved. The container ship had rammed the log ship broad side. Once on scene we gave the HH52A chopper out of Port Angeles a 'long count' on the radio so they could find the collision as well. Afterwards there was quite a bit of rhetorical machismo among our guys because the Port Angeles paper reported that the 'air dales' (helo pilots) had needed the lifeboat crew to find the accident. Before it was all over, the Point Countess out of Port Angeles, the Canadian minesweeper Chignecto, the CGC Winona and tugs Martha and Myrtle Foss out of Seattle also provided assistance.

The two ships that had collided were the 544-footer-foot Panamanian registered container ship *Oriental Mariner* and the 564-foot Liberian-flag log carrier, *Way Way*. The *Oriental Mariner* had been heading west after leav-



ing Vancouver, B.C., heading for the Columbia River. The *Way Way* had been heading east inbound for Tacoma most likely to pick up its new cargo of logs for Japan. The container ship's decks had been stacked to maximum capacity. Both ships had been on a collision course for at least ten miles although they had picked each other up on radar and been communicating and even made course changes to avert a head-on collision. Both ships had made course changes that they thought would prevent a collision, but they were still on a collision course with less than a half mile between them when visual contact was finally made. At that point during the transition in course changes, the container ship collided head on into the port side of the log ship.

It was hard to understand how the crews on both ships had allowed themselves to collide in this huge body of water despite watching each on radar to see through the zero visibility of the heavy fog that engulfed the Straits. The log carrier had a huge gaping hole in her port side amidships and most of the bow of the container ship was literally missing. It was almost as if someone had taken a giant hatchet and sliced the most forward part of the bow of the container ship right off and let it fall into the sea.

The missing bow left the structural and operational innards of the container ship open to the elements and vulnerable to whatever forces the sea might deliver. Exposed and open to the atmosphere were the open ends of conduits, pipes, wires, ducts, and steel

beams that were the strength of the multiple decks making up the hull of the ship. Already the sea had poured into the openness of the uncovered hold and was only stopped by the watertight doors of compartments that buoyed the ship from the invasive seawater. Even then she had become vulnerable and was listing with her bow lowered under the weight of incoming water. Extensive damage also occurred on the *Way Way*. A large gaping hole had opened up in the #4 hold left by the impact of the *Oriental Mariner's* bow.

The force of the impact had caused the anchors of the container ship housed neatly in forward compartments of her upper bow to be tossed onto the deck of the log carrier when the two ships collided. Both ships floated helplessly apart from each other isolated by the fog that surrounded them. Neither was able to help themselves except for limiting the damage of the incoming sea by pumps and shoring bulkheads that might have been weakened by the blow of the collision.

As we came alongside on the 40-footer to transfer our engineer to the *Oriental Mariner* to assess damage on board, the sea made it precarious bouncing us up against the ship's ladder that had been lowered for us to board the vessel. We were dwarfed by the size of the vessel. A later picture of the CGC Point Countess (82-footer) depicted as it escorted the *Way Way* into Victoria corroborated that concept. It made the point Countess, which was more than twice as long as we were, look like a small toy sailing alongside the ship.

“The two ships that had collided were the 544-footer-foot Panamanian registered container ship Oriental Mariner and the 564-foot Liberian-flag log carrier, Way Way.”

Looking down in the water next to the hull of the Way Way I was amazed at how the steel of the hull from the ship just kept going and going for as far as the eye could see underwater. Yet it was mind-numbing to see this gigantic vessel driven by such powerful engines that drove giant propellers, now barely floating, stricken and helpless, completely dependent on outside sources for its very survival.

Fortunately, there were no injuries and no oil spillage on either ship. The log ship Way Way was towed into Vancouver and the *Oriental Mariner* was towed backwards into port in Seattle and both were later repaired in dry-dock. By the time we retrieved our

engineer off of the *Oriental Mariner* and were ready to leave, most of the fog in the Straits had lifted. We sailed back to the station and waited for the next boat call.

At Neah Bay we saw every type, shape and description of boat that would float on the water's surface while I was there. Boat calls came in from the tiniest pleasure craft to two of the largest ships on the water at the time. Both had their unique simpleness to their extreme complexities.

Probably the most memorable event occurred on a Thursday evening in late October or early November of 1973. I had just been down on the docks and made my final engineering round for

the evening at about 7:45pm. Every four hours the duty engineer would go aboard both boats tied up at the finger piers and check conditions on board each boat in their respective engine compartments and then as they came up the ladders to get back on the dock, they would check the tension of the mooring lines to each boat. Lines were brought in with the incoming tide and let out on the outgoing tide to keep the boats generally centered between the pilings of their respective finger piers.

The bay was calm, the sky was dark and cloudy, but there was no wind to speak of; no rain and the boats were secure until the next watch would check the lines on them at midnight and adjust for any changing tide conditions. As I re-entered the barracks and walked past the com-center, the radio watch hailed me saying that he was getting incoming SAR (Search and Rescue) traffic from somewhere, but couldn't tell from who or where it was coming from. I told him I would stand by and check with him before I left for home. I then quickly dialed up my wife to let her know I might be later than I originally thought due to a possible boat call. We were having house guests that evening and she appreciated the advance warning.

By the time our short conversation had ended the radio operator had a fix on where the boat was located and it was definitely a boat calling in distress. A fishing boat was sinking at the entrance to the harbor with 6 passengers on board. “Duty boat crew lay to the docks immediately,” echoed in my ears over the station PA (public address) system as I raced down the main wooden pier to the waiting 44-footer (CG 44364). I had the engines running well before the crew clambered aboard. Within one to two minutes, we were underway to Baadah Point on the western shore of the spit of land that was the entrance to the harbor. From the time the radio operator had said where the accident was, I was befuddled as to how anybody this close to the docks of the downtown harbor could have gone



aground on a reasonably calm evening such as this one. Yes, it was cloudy and overcast, but there was definitely no fog anywhere and we could even see the lights of Vancouver Island across the Straits. It simply didn't make any sense.

Once we were underway and having the benefit of discussions with the radio operator, BM1 Cain, the boat coxswain explained that the reason radio communication had been difficult to understand was the fact that the radio operator on board the fishing boat was highly inebriated and was having a great deal of difficulty talking coherently. Apparently, the entire 6-person crew was also under various stages of intoxication, which then fully explained why this would be such a short on scene travel distance.

In minutes we were on scene at Baadah Point and found a 35-foot commercial fishing boat aground on the north side of an underwater reef about 250 feet offshore. How any vessel that was familiar with the harbor at all could have missed the well-marked entrance buoys to the harbor was a mystery to the entire crew. Frankly, none of us even knew the reef at Baadah Point even existed. We'd all been on numerous boat calls where erroneous judgment and gross incompetence had played a major role in the reason for their needing assistance, but never to this extent before. Running aground inside the harbor was unheard of.

We approached the vessel cautiously, from the south side of the reef while the boat in distress clung precariously to the north side. We did not know how far underwater the reef extended in our direction. The trawler was listing to starboard, and we saw four male passengers on the forward deck. Through the windshield of the small pilothouse on the fishing boat, we could see one male passenger at the helm and one female passenger on his right side.

Cain established early on that the first order of business would be to remove all passengers immediately. Three of us moved to the bow rail as he moved in gingerly until both boats

were practically nose to nose on opposite sides of the reef. We beckoned in no uncertain terms to the four male passengers to get off of their boat and on to ours. They quickly complied and once aboard went down to the forward cabin below deck. However, the male and female passengers, the apparent owners of the vessel, were not so eager to leave. Motioning to them from the 44-footer bow rail to immediately abandon their boat and transfer to ours was met with blank stares, expressions of misunderstanding and incoherence behind the windshield of the trawlers small pilot's cabin. After 5-6 minutes of attempts at verbal and hand-motion communication and realizing that that had failed, we appeared to be no closer to convincing the skipper and his wife to abandon their boat than when we first arrived on scene. Cain was rightfully losing his patience with the couple and was considering more aggressive action and soon.

His paramount concern was for the safety of the fishing boats crew not knowing what could happen and knowing full well that anything could happen and if it did, we'd have little control over a situation that might quickly move further out of control. Cain was also concerned that our prolonged position in close proximity to the reef could possibly expose the hull of the 44-footer to damage; damage that was totally unnecessary. He backed away from the reef and began to talk strategy with the entire crew that he had called together on the coxswain platform. He quickly made the decision to place BM3 Baker on board the fishing boat to escort them off onto ours for their own safety. With his decision made, Baker prepared to board, but before we could even re-position the 44 up against the reef, to get him on board the fishing boat, events suddenly turned from bad to worse.

I was standing on the right side of Cain who was seated in the Coxswain's chair behind the helm as the radio speaker only inches above my head crackled to life. "Four-four-three-six-

four, this is mobile one. She's just gone over. Repeat: the fishing vessel has just slid off the rocks and is sinking, over."

I reached for the handset to respond as I glanced to the shoreline and could see BM2 Dixon's electric lantern flickering in the darkness as he and MK3 Erickson were running towards the reef. We'd been so busy with the events on scene that we didn't even know a shore party had been dispatched. "Copy mobile one. Six-four out," I responded, as I looked left in total disbelief. What I saw through the windshield of the pilothouse on the fishing boat has never left my memory. The skipper was reeling backwards, falling as the boat was slipping off the reef. The starboard rear quarter was sinking fast indicating that there must have been a gaping hole somewhere on the starboard side of the wooden hull that was allowing copious amounts of water to come aboard at a rapid rate as it sucked the wooden craft quickly under the surface. Unbeknownst to the crews of both vessels, the tide had been coming in. It had lifted the shipwrecked trawler to the point of dislodging it from the reef and now it was listing drastically to starboard taking on water fast. What had originally appeared to be a perfectly controllable situation was now far different. Two lives were now at extremely grave risk: their ultimate fate completely unknown.

Seeing the boat sinking I turned quickly off the coxswain's platform and reached for the 44's orange life ring hanging amidships on the steel post that supported the vinyl covered cable handrail. Grabbing it and running forward I was totally amazed to see that the trawler was now almost totally submerged. The only visible part remaining was the gently curving shape of the middle section of the port gunwale and the now horizontal trawling poles and associated rigging riding parallel to the water's surface. Splashing in the water in that jumble of poles and rigging was the female passenger who had managed to somehow swim free away from the wreckage of the trawler. Worry



clouded her face, splashing frantically as she struggled to stay afloat in the chaos of the sinking boat.

Cain had moved the 44 towards the end of the reef and was re-positioning us so we could pick up the woman. I removed the tag line from the center of the life ring and placed it in my left hand as I simultaneously tossed the ring towards the frightened passenger in the water. In total disbelief and frustration, I watched as the lifeline tangled, stopping the forward progress of the flying ring forcing it to crash to the water below, halfway between her and the 44-footer. Curses pursed my lips as I hastily re-coiled the line and prepared for a second throw. Somehow her silent fearful struggle for survival continued as she waited desperately for the ring to reach her. In seconds my second throw was underway and this time the orange-colored line followed dutifully the gracefully flying life ring that splashed down perfectly in front of the woman's outstretched hands. She reached out and quickly threw her right arm around the ring and hung on. We hastily pulled her into the starboard side of the well deck and gently hoisted her aboard amid her frantic screams of fear, apprehension and her grief-stricken calls for her missing husband.

By now the fishing boat's port hull was barely a shadow on the water's

dark surface of the calm bay. A small pocket of trapped air on the port side of the boat was all that kept a small remaining portion of the hull above the water. There was simply no sign of the male passenger. We searched frantically for any sign of him, but sadly none was to be found. For the coxswain to order any of the crew into the water to try and find him would have been a fool's errand at this point. The concept of a "rescue swimmer," would not come into existence for several more years and the fate of the female passenger had taken complete priority over the boat and the male passenger. None of the crew was trained for in-water rescue and especially in a situation where we didn't even know where to initiate any form of rescue in the water. The skipper had simply disappeared.

Nonetheless, we all knew time was running out for the skipper, but it was also quickly dissipating for the life of the boat as well. The air trapped in the tiny space of the almost fully submerged port gunwale could only keep the boat afloat for so long before it sank to the bottom of the harbor. In short order Cain asked for a volunteer swimmer to jump in, swim to the trawler and tie a line to the bow cleat of the mostly submerged fishing vessel and then swim that line to the beach where a waiting bulldozer would pull the boat up on the beach. Seaman Dewees vol-

unteered and immediately donned a survival suit, jumped in the water, tied a line to the fishing vessel and then swam the line to the beach to be connected to the waiting bulldozer.

Slowly the bulldozer tugging on the taut line drug the boat up on the beach and drained the water as it went up further on the beach. As the boat advanced further and further up the beach the tangled rigging on the starboard side of the boat now free of its watery encumbrance became visible. It was now tilting from its former horizontal position nearly 10 feet under water to its now nearly vertical position on the beach. Sadly, its nearly vertical position now revealed and finally solved the mystery of what had happened to the fishing boats skipper. He had become a prisoner of his own craft, entangled in that rigging deep underwater as the boat had tilted radically to starboard as it fell quickly off the reef. Clearly the skipper had squandered the moment of opportunity when he refused to abandon ship on our first command when we arrived. It was a gamble that sadly, had cost him his life.

In late 1973 an opportunity came up for me to join the 13th Coast Guard District Boating Safety Detachment located at Sandpoint Naval Air Station in Seattle. I needed to extend my enlistment for two years, but it gave me an opportunity to live in a real city for a change, have evenings and weekends off and furthermore a chance to get a college class in occasionally. The only downside to the move was there would be a lot of travel especially in the summertime.

We were a mobile boarding team that traveled to several western states like, Washington, Oregon, Idaho, Montana and Wyoming. In other words, the states that made up the 13th Coast Guard District. Each team member went through 6 weeks of training at the Coast Guard National Boating Safety School at Base Yorktown in Yorktown, Virginia. In school we learned boating safety principles, how to inspect boats for safety regulations, how to speak in

public regarding general boating safety principles at yacht clubs and other boating enthusiast organizations. It was an intense course that I took seriously and got in the top 10% of the class at graduation.

In this detachment there were 3 teams of 4 guys each consisting of one Chief (at least E-7) or first class (E-6) with one engineer and either a seaman or a third-class Boatswain's Mate or both. Team A had a 19' foot Bay Liner and team B and C each had a 19' Glassply with an inboard/outdrive runabout pulled behind 3 full sized Dodge vans. Our job was to launch on any lake or river that was considered a federal waterway or at least under Federal Jurisdiction in the 13th district. Our purpose was to be a "Boating Safety," presence on the water to hopefully create an educational atmosphere and a greater respect for safety regulations that were designed to reduce boating accidents on the water.

We did random boat inspections of small pleasure craft. We wanted to make sure their boat was currently registered and that the registration was properly displayed on each side of the bow of the boat along with a current renewal sticker. Then safety equipment was verified and checked. We looked for certification of life jackets and verified they were still in good condition. We wanted to make sure they had an SPD (sound producing device) on board. Next, we checked their engine compartment. They needed to have a working engine compartment ventilation system and a clean and undamaged flame arrestor on the carburetor. We would write up an inspection report and give the boat owner a copy and send a copy to 13th District Headquarters for follow-up with the boat owner.

The above was our summer routine normally Wednesday through Sunday from Memorial Day to Labor Day. In the winter from generally October through April, we conducted training for boarding of boats to all the lifeboat stations in the 13th District. I definitely

missed the often drama and excitement of the lifeboat station, but evenings at home and weekends off and living in a modern city was a good trade. I was finally home at night.

The two-year extension went quickly though, and before I knew it, I was taking my separation physical. In the last 6 months of my enlistment, I'd studied for and passed my E-6 exam for first class Petty Officer, but I did not compete on the service-wide exam. My family was growing now and the long weeks of being separated were beginning to wear on me. I was offered the engineering officer billet on the CGC Point Countess from the chief I'd served with on Team 3. In reality it would have been great duty, and I often wonder if that was an opportunity I should have pursued. Nonetheless, after deep consideration I chose to separate and call it a day after 6 years. I was ready to be a civilian again.

Immediately, I started looking for work and changing career direction from gas and diesel mechanic to carpenter or construction. Fortunately, I was able to sign up for the carpenter apprenticeship program associated with the Tacoma Carpenters Union. It took about a year to be called up while I had also landed a job at Valley Bank of Seattle as a maintenance mechanic that was supposed to involve minor carpentry projects etc., but in actuality was more of a glorified janitor job. I knew I was not going to maintain my sanity cleaning desks, washing windows and doing general clean-up so when the first opportunity to do some real carpentry work framing new houses for United Homes came up, I took it. On the first day, four apprentices were dispatched from the union hall. On the second day I was the only one of the original four that got to come back and there was a new batch put to the test the day after that. My first lesson in the real world of civilian employment was paramount. Talk as little as possible, keep your head down, your butt up in the air and drive nails as fast as you possibly could.

For the next year and a half, I framed walls, framed roofs and built stem wall foundations. When a union labor dispute ensued in Tacoma, I moved to Las Vegas, went into commercial construction and finished the apprenticeship program in 3 ½ years. From there I worked on several commercial projects, studied and obtained my B2 contractor's license and did projects on my own. Shortly thereafter I joined another contractor, formed a partnership and we worked jointly on different projects together.

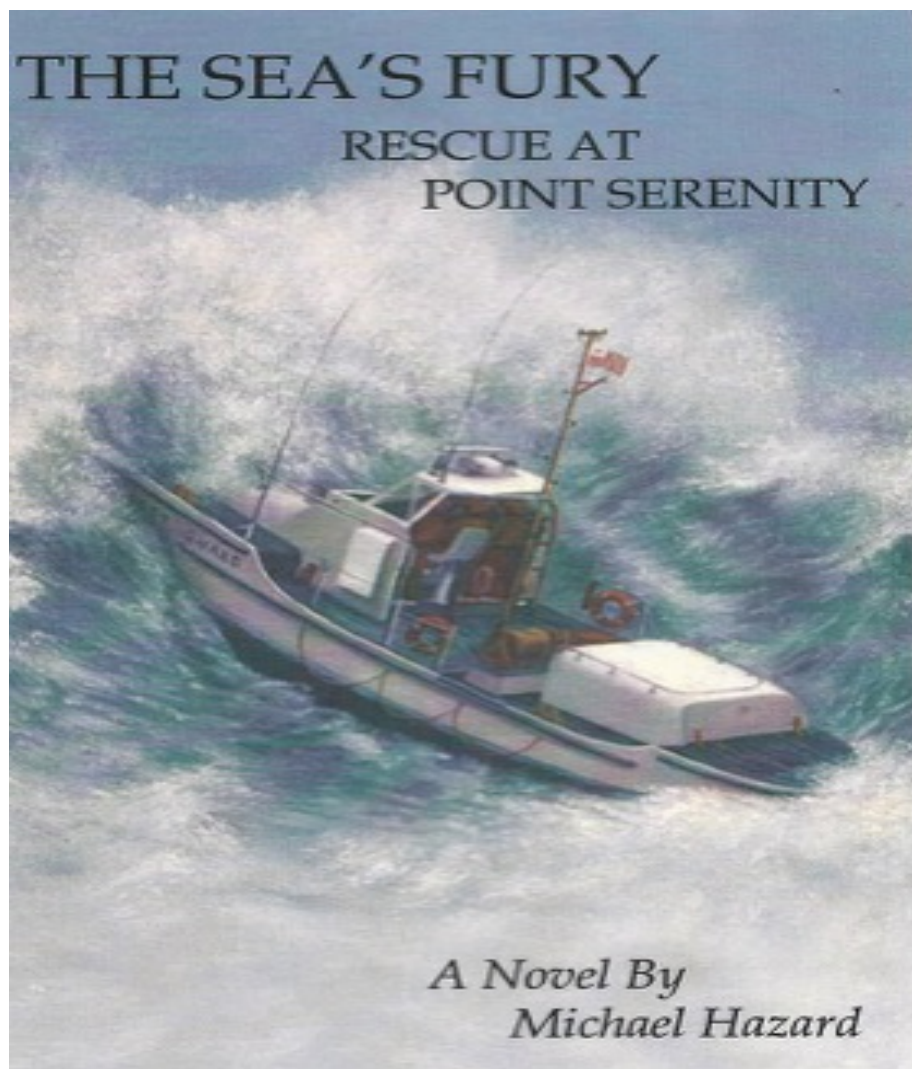
In 1985 I moved to San Diego and continued in construction as project superintendent on several multi-million-dollar projects for the US Navy in San Diego, Port Hueneme, and Fresno as well as building the New Banning High School in Banning, California on highway 10 due west of Palm Springs. However, the travel out of town for the next ten years took its toll also. And in 1996 I returned to Las Vegas as a Building Inspector for the City of Las Vegas. Being home every night finally afforded me the opportunity I was looking for. I could finally go back to school again. I took full advantage of doing that and in December of 2000 I graduated from CSN (College of Southern Nevada) with an AS degree in Construction Management and certificate in Building Technology.

After that limited success, I decided to try one class at UNLV, the largest university in the state and home to the historic "Runnin' Rebels." It turned out to be a disaster as far as the class was concerned. It was an economics class, and the details, concepts and fundamentals were about as strange to me as walking into a world of complete unknowns. Lecture after lecture went by and little was I able to grasp the basics of what the professor was trying to teach. As the class progressed, I hoped upon hope that I would pass with at least a C average, because to get reimbursed by my employer, that was the minimum grade to receive repayment for the class. Nonetheless, the full effect of reality when quarterly report

cards showed up would soon erase any doubt about the fact that I had actually failed the class. It was a three-fold development that required deep contemplation. I quickly realized I would be paying for a class that I'd just failed. I needed to understand that if I wanted to eventually pass this required program class, I would have to re-take the class somewhere. Finally, if I was going to re-take it, where was I going to pass or fail it again?

After the shock of actually failing the first class along the path of my educational journey, I continued to evaluate my situation, and I realized the world had not really ended. I realized I still had classes at the community college still available for transfer to the university. I could re-take the economics class at the community college and still take other courses towards a BS degree at the university. What I realized was that the university was at a different level than community college and I kind of liked that elevated atmosphere. The university would be an important part of continuing my education for the degree that would possibly advance my current career. I was going to get busy and study harder, take more classes and one by one pursue that degree that had eluded me earlier in life.

The next semester I re-took the econ-class at community college and took an English class at the university. There, I soon realized that the populace of the school was a very diverse group consisting of all age levels and ethnic diversification. Being part of the older population, I and my fellow classmates were often looked at differently by both faculty and fellow younger students. The age contrast was pronounced as I was often greeted by professors curious to know why I was even there. I witnessed practices by younger students that differed with my educational ethics. As time went by and the classes progressed I and fellow students seemed to adopt an identity better known as "Alternative," students. None-the less, somehow, we all adapted to each other's individual



character differences and professors and students alike participated in the educational process each in his/her own individual way.

One particular "alternative student," became a friend that I took several classes with, studied with and somewhat relied on to help guide me through this new and sometimes challenging and unfamiliar process of pursuing my degree. In our lives, we have all met someone who may have inspired us to be better than even our own expectations were for ourselves. In the Coast Guard there was a specific chief by the name of Hal Wolverton who taught me so much about my rate and gave me such a firm footing with a straight path to head down positively affecting my career for years to come. Others have seemed to have that gift

of optimism despite the fact that they may themselves have faced seemingly insurmountable challenges in their own lives. They have encouraged us when we least expected it and it is their note of hopefulness that has picked us up at times, when we were just about to fall. Their encouragement has kept us in the race we ran, allowing us to complete that race even if we are not the ones who part the tape at the finish line. They have come into our lives sometimes for only a season. They touched us with kindness, or they gave us a wonderful inspiration, and then suddenly, they were gone.

Such was the case with this particular student. One night in the spring of 2003, while I was taking one of my Business Management classes, I mentioned to her that I had just received

a letter from the Dean of the Business College. In the letter he had told me that I was going to be dropped from the class we were both taking because I had not completed the prerequisites I had agreed to take for the major, Business Management, which I had declared a few months earlier. I also mentioned to her that I was considering dropping another class because three classes that semester and working full time were just too, much. She turned to me with a puzzled yet determined look and said, "Well, did you write the Dean back?! If you get dropped from this class and if you drop that other class, you know full well you will just have to re-take them over again next semester! Is that what you really want to do?!" she reminded me sternly.

Wow! That was some wake-up call. I was stunned by her response! After class I gathered my thoughts together on the way home and when I got there I sat down at the computer and typed out the humblest and most pleading letter I had ever written in my entire life. Fortunately, I was able to stay in all 3 classes and finished out the semester and I did complete the one required prerequisite class the following semester.

A few months later we continued our discussion in the parking lot after class one night and as we talked and as she told me a portion of her Life's story, I suddenly became profoundly aware of how precious life can be at times and why she was so determined. Some years earlier, after her sister's death, she had unhesitatingly accepted the noble and awesome responsibility of raising her sister's son as a single Mom. It was kind of like the movie "No Reservations" with Kathryn Zeta Jones. In the movie Kathryn is trying to carve out a career being a gourmet chef in some upscale New York restaurant. Unexpectedly, her sister is killed in an auto accident and suddenly she is tasked with not only trying to make a living, but with the un-familiar task of raising her sister's child as a single Mom as well.

Her degree meant everything to her

"The final chapter has been written and is available at Amazon under the title: 'The Sea's Fury - Rescue at Point Serenity'..."

now, especially for her sister's son's sake. As she told me her story, I was amazed at what she had been through, and my initial thought was that this gal needed to have a painting done of herself to commemorate how brave she had been facing the adversity she had gone through. I mean she had "heroine," qualities written all over her. However, me not being an artist or even knowing if I was even up to the task, I reconsidered her tribute and thought possibly a stone statue or wooden carving of her likeness would be appropriate. However, once again not being a stone sculptor or wood carver, I was at a loss for how to commemorate her accomplishment as a single mom. Nonetheless, it was at that moment in time that she became the inspiration for a book. She had saved her sister's son and now using my Coast Guard experience as a vehicle; I would tell a story that would be a legacy for both. I would somehow create a simple story about a guy in the Coast Guard who does several rescues and using a previous short work I would somehow write a book to commemorate the struggle and the challenges she had faced after assuming the awesome responsibility of raising her nephew.

Writing "The Sea's Fury" book was not something I planned for a long time. It was about as spontaneous as an ocean wave rolling up on the deserted shore of my previous temporary home on Biorka Island. Nonetheless, it did happen, and as for any author there must be some kind of inspiration to write any book. Inasmuch, that inspiration must be significant not only to initiate the literary process of writing, but to sustain that process all the way to the end of the book as well. In my case it was that significant event that happened with this very inspirational person.

In 1993 if you had told me my 15-page short story about my Coast Guard experience in Alaska would someday become a book, I'd probably have said, "You've got to be kidding!" I was hardly a talkative sort in High school. Even out of high school I couldn't carry on a long conversation with anyone much less someone I'd known for a long period of time. You would think that some-one, voted "most friendly," in my senior annual would be able to carry on a conversation about any subject that came along and for any amount of time thereafter. However, public speaking or extensive written composition was definitely not a hidden talent I possessed. Given all that, how was I, a man of so few words and such limited composition ability, going to put together an entire book of chapters with an interesting story line that would hold a reader's attention start to finish. Starting such a project was one thing but sustaining the writing endeavor over a long and extensive time-frame was totally another. Only time would tell.

Starting out in the San Diego airport in December of 2003 I penned the first multiple yellow notebook pages full of text for the book. Yes, it was a good start, but the ideas for continuing I soon found out were fleeting. I was flailing as a new author, and I was struggling to continue. Even after a short time my brain was exhausted and I'd already recovered from more than one "writer's block," experience. Nonetheless, I was determined to continue though, so, on summer break the following year I decided to take a creative writing class at UNLV that was taught by the screen writer for the movie, "Quigley Down Under," starring Tom Selleck. I don't remember his name, but in the class, he explained

that “words” mean everything to an author. As the class progressed words for my book were difficult to come by and when I realized how few words, I really had written for the book, I became even more disillusioned. I was stuck. I was suffering from severe writer’s block again that wouldn’t go away.

Finally, 3 weeks into the class I spoke to him after class. He explained to me that I needed the antagonist (the hero) or the star of the book to have a problem. A problem that he would have to work out. A problem that he would have to solve as the book progressed taking the reader with him in his escapade of solving the problem all the way to the end of the book. With that conversation his thoughts really made sense, and it was almost as if he’d just turned a light on in a dark room.

We talked about the story a little bit more and in a short period of time a new story line complimenting the old one came into being. Maybe it was his input that turned a light on in my head or maybe it was just time for the writer’s block to disappear, but it did and I was off and running once again. The writer’s block was over, and the book was progressing again. He was really helpful and, in my opinion, his counsel actually saved the book from total abandonment.

I completed the manuscript in 2004 and sent it to multiple publishers across the country. Just as quickly sizzling rejection letters came whizzing back and seemed to explode like hand grenades in my mailbox. I was exhausted from writing, but I knew there was something wrong with the manuscript and I wanted to fix it. So, I launched an intensive search for an editor. In a few weeks I had located one in a small town called Grand Prairie, Texas, just outside of Dallas. She was very good, but little did I know, the real pain was just beginning.

The manuscript contained over 67,000 words when I sent it to her. By this time, I’d listened to a recorded short story by Stephen King called “On Writing.” It was a short work about his

writing career but directed at budding and potential authors to not give up and what to expect from your first potential editor. In it he told every potential author that on a first edit we could face as much as 30-40% editing or text removal from our initial manuscript. Obviously, for any author losing any words for their book would have been hard to take, but no amount of potential warning regarding that aspect of writing prepares the author, especially a first timer like me for what was to come.

When she returned the manuscript after her first review, she had deleted over 11,000 of those valued and highly prized words I had labored over to generate my manuscript. Ouch! Words are everything to an author especially on a first attempt at completing a manuscript. You would have thought she could have included a little anesthesia when she sent back her first set of comments. I was devastated! I thought she had used a skill saw to cut out huge sections of the text! I was certain she’d used a machete to slice gaping holes in the plot leaving little or no continuity to the story.

But as I thumbed through the manuscript I slowly recovered from the shock of her literary surgery. I found where she had left me notes in the margins. She wanted me to tell her more. She wanted to know the “rest of the story.” She wanted me to write down those experiences I’d had as well as others in the Coast Guard to make the story come alive on the pages of the book so the reader could experience what I had experienced. She was an intense drill Instructor taking me on 20-mile forced literary marches. She was putting me through literary calisthenics that made Coast Guard boot camp seem easy.

Nonetheless, it was difficult to again re-start the engines of literary composition. While writing the manuscript however, I had seen the movie, *Sea Biscuit*. In the movie a small boy recites a poem to his father written by Emily Dickinson. That poem goes like this:

*You never know how high we are
till we are called to rise and then,*

*if we are true to plan,
our statures will touch the skies.*

The poem and the movie itself had tremendous meaning, and it helped me recover from the mass hemorrhaging and radical surgery that was taking place in the manuscript. The significance of the poem re-energized my writing and I went back to work. I soon replaced the 11,000 words she had deleted and written an additional 15,000. I wrote four new chapters and generated a word count of over 84,000 words before it was done. I was going to complete the work; I was going to cross the finish line. The book is done now. The final chapter has been written and is available at Amazon under the title: *The Sea’s Fury - Rescue at Point Serenity* (second edition) by Michael Hazard. I also have a website at SpinnakerPress.com. It is a novel about a guy in the Coast Guard who in the course of his rescue career faces many challenges and some that are even life threatening.

I finished my studies at UNLV in 2004 and at the start of 2005 I received a promotion to Permits Supervisor, so the effort of my studies definitely paid off. I retired from the city in 2018 and now thoroughly enjoy biking, hiking and kayaking the beautiful Colorado River. Naturally, creative writing whenever possible is another favorite past time. I have two other books in the MS (manuscript) stage now and am hoping to get them into print at some point soon. I’ve enjoyed sharing my story and thank you for the opportunity to do so.

Well, that concludes Part 2 of Mike Hazard’s guided tour of life in the Coast Guard. I admit that Part 1 and part 2 held my interest from beginning to end. We could be reading YOUR story next, and, if so, we’ll see you there. Please remember that we (Christine Butler and I, Tom Waters), know that there are other stories out there that NEED to be told. Contact the Pahrump Life Magazine Staff (or me) if you want to share your story with the readers across the country and around the world.



tech tips

By: Josh

GREAT COMPUTER DEALS
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How to Avoid Android Apps That Flood You with Ads

By Josh Osborne

Have you ever installed a free game or utility on your Android phone — and then suddenly started seeing **ads everywhere**, even when you're not using that app? You're not imagining it! Some apps sneak in "adware," a type of software that shows unwanted pop-up ads or videos right on your home screen.

The good news: there are **simple steps** you can take to keep your phone clean and ad-free.

1. Check the App's Reputation Before Installing

Before you tap that "Install" button:

- **Read the reviews carefully.** If you see complaints like "It shows ads even when I'm not using it" or "My phone got slower after installing," skip that app.
- **Look at the download count.** A safe app usually has **millions of downloads** and high ratings (4.2★ or higher).
- Check who made it. Tap on the developer's name. Trusted

developers often have **multiple well-known apps** with good feedback.

Tip: If you're not sure, type the app's name into Google followed by "review" or "is it safe?"

2. Be Careful with Permissions

When an app asks for permissions (like access to your photos, contacts, or notifications), stop and think:

- Does the app really need that permission?
 - A flashlight app shouldn't need access to your contacts.
 - A wallpaper app shouldn't need your location.
- Only allow what makes sense. If something feels off, hit "Deny" or choose "Only while using the app."

*You can review permissions anytime: Go to **Settings** → **Apps** → [**App name**] → **Permissions**.*

3. Stick to the Google Play Store — and Keep Google Play Protect On

Most "forced-ad" apps come from **unofficial websites** or **third-party app stores**.



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- Only install apps from the **Google Play Store**, which automatically checks apps for bad behavior.
- Make sure **Play Protect** is turned on:
 1. Open the Play Store app
 2. Tap your profile picture → Play Protect → Settings
 3. Make sure "**Scan apps with Play Protect**" is ON

This built-in tool scans your phone daily for harmful apps and alerts you if something's not right.

💡 **Bonus Tip: If You Already See Ads Everywhere...**

If ads keep popping up even when no apps are open:

- Open **Settings** → **Apps** → **See all apps**
- Sort by Recently installed
- Uninstall any apps you don't recognize or didn't mean to install

- Restart your phone
- If that doesn't help, consider running a trusted security app like **Malwarebytes** from the Play Store.

👤 **In Short:**

✓ **Do This**

Check reviews & developer before installing
 Limit app permissions
 Use Play Protect

⊗ **Avoid This**

Downloading from random websites
 Granting every permission requested
 Ignoring weird pop-up ads or slowdowns

Final Word

Remember: just because an app is "free" doesn't mean it's harmless. With a few cautious habits, you can enjoy your Android phone *without those annoying ads popping up everywhere!*

Check back in Pahrump Life Magazine next month for another article.

Still Needing Some Help?

Still needing some help? For assistance here in Pahrump, visit our store and repair center for fast, friendly and affordable service and shopping. We're located at 1190 East Highway 372 (across the street from Pizza Hut) and are available via phone at: 775-990-8833. We're open Monday thru Friday from 9am-3pm.

About Josh Osborne

Josh has over 25 years in the tech industry. After many years of selling computers, software and offering seminars to educators around the country, he and his family opened a local retail and repair center in 2010 called Great Computer Deals. The store's steady growth is due to Josh and his staff's ability to communicate computer technology in a way that's friendly, affordable and easy to understand. Josh is a 15 year resident of Pahrump Valley with his wife Kristie and daughters Kaylee and Lily. Josh loves Jazz music, the gym and enjoys watching Mixed Martial Arts.

LIFE after 18



Income Taxes

By Janet M. Nast
Life Skills Consultant, Speaker, Author
LifeAfter18.com

Introduction

When you start getting a regular paycheck, money is deducted from each one by the payroll department of your employer. One of those deductions is called “income taxes.”

State and federal governments use your tax money to maintain public infrastructure such as roads, jails, public buildings (*libraries, government offices*) and schools, as well as to pay the salaries of the people who do the work in those places. Taxes also pay the salaries of the police, military personnel, and politicians, aka, the people you elect to run the city and other government “businesses.”

Yes, it’s quite a shock the first time you get a paycheck and it’s not what you calculated it would be based on the promised hourly wage multiplied by the number of hours you worked! But that’s the way it is.

While taxes can seem overwhelming, understanding the following fundamentals will help you to start navigating this necessary part of earning a paycheck.

W-2 Forms

When you get your first job your employer will require you to fill out a “W-4” form (sometimes referred to as a “W-2” also). This is a form that tells the employer how much to deduct from your paycheck for income taxes.

The form will ask for your name and address, name of the employer and the number of “dependents” (*usually children*) you want to “claim.” The number of dependents will help the government and your employer figure out how much you will owe in taxes at the end of the year.

Everyone is required to fill out a W-2 for federal income taxes. Depending upon where you live, you might also have to fill one out for state income taxes.

Your employer is not allowed to tell you what to put on this form. So, if this is your first job and you are not sure how to fill this out, ask someone even before you apply for a job – you don’t want to look completely inexperienced. (*Perhaps make a note and tuck it into your wallet.*)

Filing Income Tax Returns

The federal and state governments have a complex set of calculations that determine who must pay how much, in taxes. An over-simplified explanation looks like this:



Janet M. Nast

When you make \$20,000 per year, you must pay 5 percent of that in federal taxes and maybe another 5 percent in state taxes. This money is usually taken out of your paycheck by your employer before you ever see it, so you don’t have to worry about saving it up throughout the year. Your employer sends the money to the Internal Revenue Service (IRS) and the state’s Franchise Tax Board (*if applicable – not all states collect income tax*) under your name and Social Security number.

At the end of every year, you are responsible for reporting your income (the money you were paid to work), the amount of taxes you already paid to the federal government, and, in some states, the money you’ve paid to the state government. This is referred to as “filing your income tax returns.” You have until April 15 in the following year to file your returns for the previous year.

You can file your taxes with the help of a computer program such as TurboTax, through a tax preparation service such as H&R Block, or by hir-

ing a certified public accountant. Part of the preparation process will be doing all the calculations that let you know if you have already paid all you owe, if you paid too much, or if you didn't pay enough. If you paid too much, you will get a tax refund. If you didn't pay enough (your employer didn't deduct enough) then you will have to send in a check for the amount owed.

Deductions/Write-Offs

The government allows you to deduct a number of items from your tax bill, known as either "deductions" or "write-offs." In most cases these are dollar amounts that you subtract, or deduct from your total yearly income, thus lowering your taxable income.

Some examples of deductions for individuals would be child-care expenses, a "renter's" credit (*for those who rent homes or apartments*), mortgage interest, and property taxes.

Some examples of deductions for businesses would be business expenses such as office supplies, building/real estate costs, computers and telephones, and property taxes.

Loopholes

This term is often confused with tax deductions. However, there is a fine line between the two terms: A deduction is clearly defined, a loophole is not.

Merriam-webster.com (2014) defines a loophole as,

"An error in the way a law, rule, or contract is written that makes it possible for some people to legally avoid obeying it."



My simplified, more personal version of that is this:

- A tax loophole is when you can use your own opinion to calculate a deduction because the law is not clearly defined.

The most notorious business loophole is the one where a business can move its main office out of the United States to avoid paying federal income taxes.

On a smaller, more personal scale, I offer this example:

You can deduct a certain percentage of your mortgage for a home business (*based upon the square footage of the house*) if you do over 50 percent of that business in one particular room (*the office*) of the house. This phrase allows you to calculate the percentage of that business, and the square footage of the room in which you are doing business and make your own determination of the deduction you will take.

Since these types of calculations are open to individual opinion, they are really considered a "gray area" in the tax law. Most tax accountants will advise you to stay on the conservative side of these types of calculations knowing that the IRS frowns upon anyone taking advantage of them.

To calculate on the high side, or take advantage of loopholes is considered bad business, bad faith, and in some cases, tax fraud and therefore, illegal. Stay away from any tax man who sells you on his services by saying he's really good because he knows how to "work around all the loopholes."

Nine States That Do Not Have State Income Taxes

Tax laws change from one year to the next so please be sure to check for updates in your state before you file your taxes and before you decide to relocate to a different state.

As of Dec 2021, these are the nine states that do not make you pay state income taxes on your wages (income):

- Washington
- Nevada



- Wyoming
- South Dakota
- Texas
- Florida
- Tennessee
- Alaska – also does not have a state sales tax
- New Hampshire – also does not have a state sales tax. While they do not charge state income taxes on wages, they do charge on any investment income such as if you own an apartment building and make extra money on rents.

Many people believe that Arizona does not have state income taxes: They do. **However, they do not charge state income taxes on retirement income such as social security.**

Want to dig deeper into income taxes? I'm not a tax professional, but I've learned quite a bit navigating these waters myself. For more detailed guidance on avoiding common tax pitfalls, you can reach out to me at jan@lifeafter18.com, or sign up for the 'Income Taxes' lesson at LifeAfter18.com where I share what I've learned through experience.

For specific tax advice related to your situation, I encourage you to consult with a professional tax preparer such as a Certified Public Accountant (CPA), H&R Block, or TurboTax. I've also found this IRS website helpful: <https://www.irs.gov/filing>

Just a Thought...



By Tyler Ryan

I have a request for most of you sports fans out there.

Can you all just calm down please?

Especially you NFL fans.

Why can't you guys just sit and watch the game instead of puffing your chest out and acting like some wannabe tough guy wearing a store-bought sports jersey.

What is it about witnessing the human drama of athletic competition that brings out the worst behavior in football fans?

It's just a game.

Over the years I've seen people get into fist fights, pushing and shoving matches, before, during and after games.

After a bit of research, I've learned that the Philadelphia Eagles consistently ranked number one for rudeness among fans who start fights, followed by the Raiders, Cowboys and Steelers.

By way of fan surveys conducted by Reddit, Lincoln Financial Field in Philadelphia has the worst reputation for being the venue deemed the most unsafe place to visit for NFL games.

So much for "Brotherly Love."

Though other professional sports have their share of violence among fans in the stands and bleachers, but it's not as bad as American football.

Don't get me started on European soccer games which is another story

altogether.

It's violence galore over there.

Again, if you're looking for trouble during a game, just add alcohol.

It never fails, especially at the venues who serve up hard liquor.

Maybe if a game is a runaway or just plain boring, I'd prefer to watch the younger and middle-aged guys duke it out in the stands.

Those are the the ones who did fairly well in high school but failed to start a career in the college and professional level in my opinion.

Bottom line, I don't think I'll ever take my wife to an NFL game because I'm a bit too old to be fighting some loud-mouthed, knucklehead who angered me because his team just lost, because I'm the same way.

Plus I think that my wife can release a wicked uppercut to my jaw.

After all is said and done, it's just a game.

Just a thought...



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Wills & Trusts

Why Estate Planning Is About More Than “Having a Will”

By David Bindrup, ESQ., CPA, LL.M.

Over the years, we’ve written many articles about estate planning, and we’ve helped families in Pahrump with these issues for well over a decade. Lately, though, a particular concern has come up repeatedly in our office, especially among older residents and long-time homeowners.

People are worried that if they pass away without a plan, the Public Administrator will “take their stuff.”

That fear deserves a clear, honest explanation because while the government does not simply take people’s property, Nevada law does allow a public official to step in quickly when no one else has been legally empowered to

do so. And that reality is exactly why proper estate planning matters.

What the Public Administrator Can Do Under Nevada Law

The Public Administrator does not take property from people. That is not how the system works.

However, under Nevada law, the Public Administrator is given specific authority to protect and manage estate property in certain situations. If a person dies and no family member, friend, or professional has legal authority to step in right away, the law allows the Public Administrator to act to prevent loss or damage.

In practical terms, this means that if someone passes away and their prop-

erty is unattended, vulnerable, or at risk, and no one is immediately available or legally authorized to protect it, the Public Administrator may identify and secure estate assets. This authority exists so property isn’t stolen, destroyed, or allowed to deteriorate.

In addition, this can happen *before* a formal probate case is opened and *before* relatives are notified, if waiting would put the property in danger. The purpose of this power is protection, not punishment. But that doesn’t mean it’s what most people want.

The Real Concern Isn’t the Law — It’s Control

When clients express anxiety about the Public Administrator, what they’re really saying is, “I don’t want a

“If the idea of a stranger being the first person legally allowed into your home makes you uncomfortable... it’s a sign that planning matters to you.”

stranger going into my house, touching my things, or making decisions for me.” That reaction is completely understandable.

Your home isn’t just an asset. It’s where your photographs are, where your paperwork is kept, where your personal belongings and private life exist. Even if a public official is acting appropriately and lawfully, the idea of someone unfamiliar stepping into that space can feel deeply uncomfortable.

Your estate planning manages what happens to your property, but it also directs who is doing the management when you are incapacitated or pass away.

Why “Something on Paper” Isn’t Always Enough

Many people believe that as long as they have some documents (an old will, a form they downloaded, or something

a friend helped them fill out) they’re protected. Unfortunately, that’s not always true.

Poorly drafted, outdated, or legally ineffective documents can create the same problem as having no plan at all: no one with clear, immediate authority to act.

Here are just a few common issues I see:

- Wills that don’t comply with Nevada law
- Documents that name people who have passed away or are no longer appropriate
- Powers of attorney that are invalid, incomplete, or rejected by institutions
- Plans that don’t address what happens immediately after death

When documents fail, delays happen. When delays happen, the court steps in. And when the court needs



someone to act and no private person is ready and able, the Public Administrator may become involved.

The Difference a Proper Plan Makes

A properly prepared estate plan does more than say who gets what. It answers critical questions before there is confusion or urgency.

A well-designed plan can:

- Clearly identify who has authority to act immediately
- Prevent unnecessary court involvement
- Keep control within the family or trusted advisors
- Reduce stress, cost, and uncertainty for loved ones

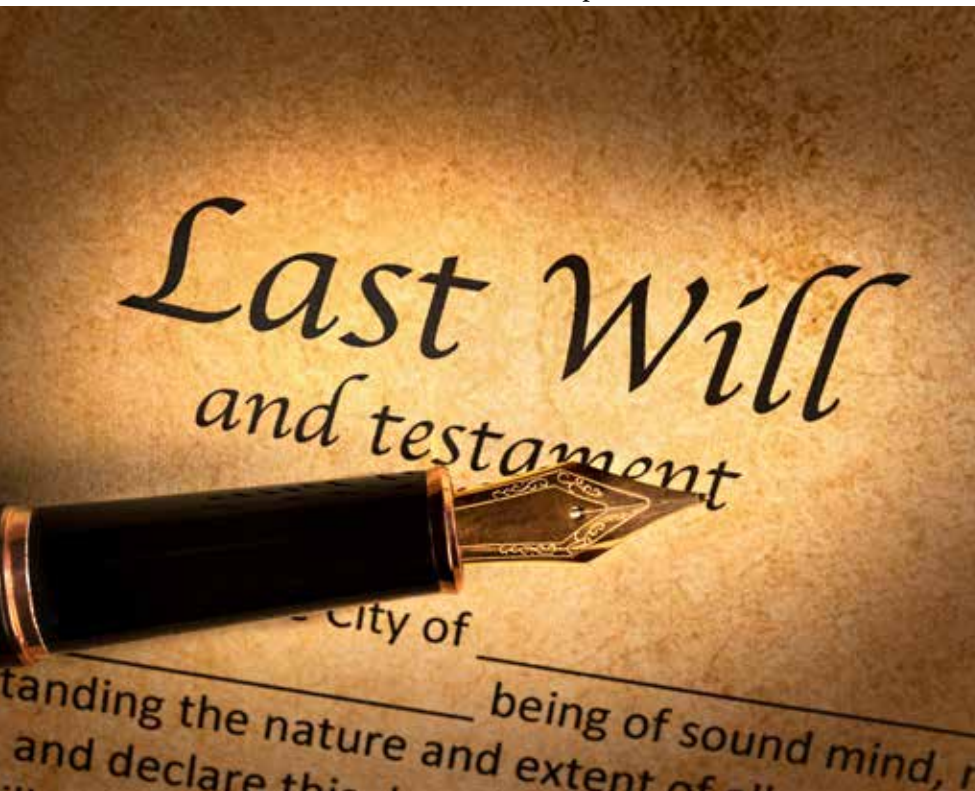
Most importantly, it ensures that someone *you chose*—not a stranger, not a default system—is the first person legally allowed to step in.

This is especially important for people who:

- Live alone
- Do not have close family nearby
- Own real property
- Have strong feelings about privacy and independence

Why Experience Matters

Estate planning is not a place for shortcuts. Nevada law is technical, and small mistakes can have big consequences. Documents need to work not just in theory, but in real-world situa-



tions—under time pressure, emotional stress, and legal scrutiny.

This is why working with someone who understands:

- Nevada probate procedures
- How courts actually operate
- How Public Administrator involvement is triggered
- How to draft documents that hold up when they matter most makes a meaningful difference.

Estate planning is not about filling in blanks. It's about anticipating problems before they arise and structuring documents to prevent them.

Planning Is an Act of Consideration

At its core, estate planning is not about fear or worst-case scenarios. It's about consideration, not only for your home and the people you leave behind, but also for yourself. It's about making sure your affairs are handled privately, efficiently, and according to your wishes, rather than by default rules

“...peace of mind doesn't come from hoping things will work out. It comes from knowing they will.”

designed for situations where no guidance was left at all.

The law will always step in when necessary. But with proper planning, it usually doesn't have to.

A Final Thought

If the idea of a stranger being the first person legally allowed into your home makes you uncomfortable, that's not paranoia, it's a sign that planning matters to you. Having valid, thoughtfully prepared estate planning documents is how you keep control where it belongs: with you, and with the people you trust.

If you've ever wondered whether your documents would actually work when needed or whether you've waited “too long” to address this, it may be time for a cost-free consultation with

a firm who practices estate planning. You can meet to make sure your documents are sufficient, learn what your options are, or see what considerations you need to make given your health and assets.

Remember that peace of mind doesn't come from hoping things will work out. It comes from knowing they will.

If you want more information about a revocable living trust, seek out an estate planning law firm that only practices in estate planning, asset protection and probate. David Bindrup Law Firm offers free consultations at our Pahrump office, located at 1321 S. Hwy 160, Suite 8A, Pahrump, NV 89048. Call 702-465-0888 to set up a cost-free consultation with an attorney to review your options today.

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financial focus

with Jeffrey R. Dye



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

Ease the Squeeze on Your Retirement Income Plan

Rising prices may not dominate headlines the way they did a year or two ago, but if you're retired, you're probably still feeling them. Even when overall inflation cools, the costliest expenses — like health care, utilities, insurance and property taxes — tend to rise faster than broad inflation numbers suggest. That creates a squeeze that can make you question whether your income plan is built to last.

Fortunately, you often can adjust without drastic cuts that affect your lifestyle. Start by understanding where the pressure comes from and how to build more flexibility into your plan.

Inflation hits retirees differently. You've likely noticed your grocery bill, prescription drug costs and heating expenses haven't returned to "normal." Even small increases compound over time and can chip away at your buying power.

If your income plan was created years ago, it may assume lower inflation or relatively stable price increases

over time. Recent years have shown that's not always the case.

Why some income plans feel strained. Any plan relying on fixed withdrawals or rigid budgets can feel tight when living costs rise. If you're drawing from investments, you may hesitate to increase your withdrawals because of market volatility. And if

you depend on fixed income sources like Social Security or a pension, yearly costofliving increases may not keep pace with your expenses. You might live 25 to 35 years in retirement, giving small annual cost increases decades to add up.

What you can do without sacrificing stability. A few adjustments can help you stay ahead of rising costs and maintain your financial confidence.

First, review your withdrawal strategy. Ask your financial advisor about flexible approaches that increase income when markets and portfolios





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perform well and pull back during tougher times. This protects your long-term plan with room to respond to rising prices.

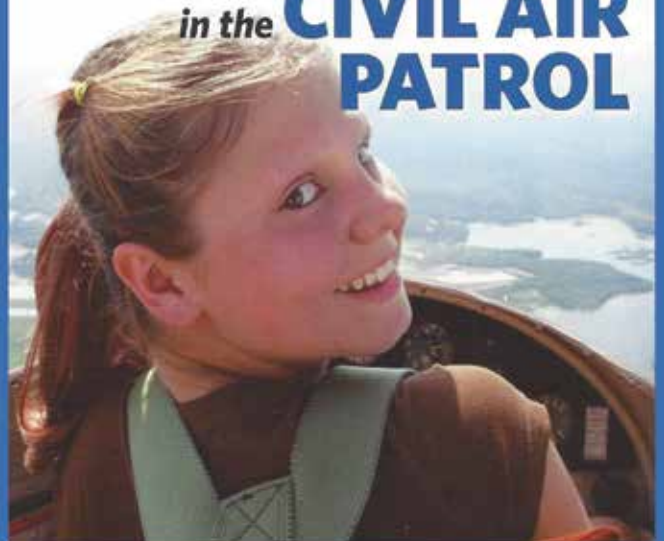
Next, rebalance your portfolio. You may uncover opportunities to shift toward investments with more consistent income or better tax efficiency. Sometimes a small tweak can generate extra cash flow without increasing overall risk.

Finally, look at your income sources. You may be less affected by rising costs if you delay taking Social Security, work a part-time job, add inflation-protected bonds or create predictable lifetime income with annuities, if they're appropriate for your situation.

Don't overlook health care: Health care costs often grow faster than general inflation. Medicare premiums and out-of-pocket expenses can rise annually, and the need for long-term care remains a big financial uncertainty for retirees. Building health care-specific inflation into your plan now can help prevent surprises later. Any savings you have in a health savings account can help you cover health care costs. And many pharmaceutical companies offer financial assistance programs to help pay for costlier medications.

Stay flexible and informed: Today's retirements look different from those of even a decade ago. The key is staying flexible, reviewing your plan regularly and making small adjustments before pressure builds. A financial advisor can help you find the right approach to navigating rising costs without disrupting the life you've worked hard to build.

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Medical Advice

Changing the Culture of Healthcare



Afton Christensen

By Afton Christensen

How often do you go to the doctor and feel like you are just a number to them? They take your vitals, they listen to your complaints, then give you a generic “fix” for your problems, probably write you a prescription and then send you on your way. Sound familiar?

Wouldn't it be so amazing to find a provider who can offer you a real solution? A provider who can get to the root of a problem and fix it from within? A provider who can write you a treatment program specific to your needs, and walk you through the steps? A provider who will schedule regular progress reports to help you map your success, and encourage you to keep striving for a better quality of life? We agree, and at Pahrump Spine and Wellness, that is the only way we practice healthcare.

All too often we rely on western medicine alone to have the answers, and all too often western medicine relies on the pharmaceutical companies to offer you a quick fix. While western medicine has been good for some things, and is necessary for others, they continue to have a narrow mindset for the ability of the body to heal itself in many ways.

Think of the brain as the command center, where your brain is sending sig-

nals through your nervous system all throughout the body. The significance of the pathway in which your nerves travel is the part people neglect to recognize. Your spine is that pathway, and unlike teeth, you only get one. Think of the spine like the freeway for your nervous system. All nerves travel through your spinal cord and then branch out to all other areas of your body and internal organs. If there is a vertebra out of alignment, it can mean tingling fingers, loss of feeling in your feet, other chronic discomfort and may even lead to other more serious health issues.

Too many times, we see cases where a person has been told by their medical doctor nothing can be done to solve their problems. The doctor will recommend a regular prescription of pills or go so far as to say surgery is needed. We have helped countless people avoid having to go down that road. And while we are not saying surgery is never needed, we are saying what do you have to lose by trying another route first? If worse comes to worse, the surgery is still on the table. But if you were offered an avenue to help you avoid surgery, wouldn't you take it?

Choosing to do something about your health requires real effort on your part. We are not a “quick fix” practice. We are a physical medicine practice, which means we can offer you the tools and the education to help you to, es-



*Back: Dr. Heller, Dr. Warner
Front: Dr. Christensen, Dr. Wach*

entially, help yourself. I say this to say, the amount of effort you put into your treatment program, the consistency in making your appointments and making your health a priority, ultimately comes from you.

When you come to Pahrump Spine and Wellness, you will get a full set of x-rays on day one, we also throw in a bit of palliative care, some heat, E-Stim (Electrical Stimulation) and if you fancy, a zero-gravity massage chair to finish off the visit. On your next visit, or depending on availability, a visit soon



thereafter, we go over your Report of Findings. This is when you sit down with a specialist that will explain what was found in your x-rays and go over a carefully crafted treatment plan to start you on your path to a happier, healthier and more pain-free quality of life.

This is where the ownness is on you as the patient. You must show up, you must put in the time to allow us to show you the proper neuromuscular reeducation stretching and give you the proper therapeutic exercises. Exercises? Yes, exercises. But before you scare off, please know our exercising focusses on core strength. And luckily for you, Dr. Christensen developed these incredible isokinetic machines that allow a person of any age to use without any next-day soreness. These machines operate off of resistance and allow us to strengthen the muscles around the joint to hold adjustments in place and offer you more overall stability.

These are all a lot of words to say; we can help you live a better quality of life, if you are looking for one, that is. We have a true passion for what we

do here, and we are helping people achieve miracles, every day, with their health. Losing canes, getting out of wheelchairs, offering more of a sense of freedom throughout the later years of their lives. We can't come right out and say we shed years off of your age, but we can say we will help you to feel like you've turned back the clock. And who wouldn't love that?

Pahrump Spine and Wellness is a whole vibe. It's clear to see on your first day how much our staff truly cares about what we do here and what we might be able to do for you or your loved ones. It's so incredible to know that we are the only wellness provider of its kind in the whole country, found right here in our tiny little town. Our patients often say we do so much more than help with physical problems. We've created an environment where you will truly feel like family, not only with our staff but with other patients



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You really have nothing to lose by giving us a shot, we challenge you to try something you may not have considered in the past. Chances are, we take your insurance, not too many insurance companies we aren't contracted with. We are looking forward to helping you achieve your health and wellness goals and adding a new member to our Pahrump Spine and Wellness Family!



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Art Became a Way of Life for Orlando Lara

By Ashley Welch

When Orlando Lara and his family arrived in Pahrump in the summer of 2021, they were searching for something many families dream of—space to grow, land to call their own, and a strong sense of community. Encouraged by friends who already lived in the area, Orlando decided to take a closer look at Pahrump. What he found was more than just open land; he found a place to call his home. Since making the move, Orlando has become a familiar name in the local art scene, bringing with him decades of experience, creativity, and passion for his craft. Orlando's journey as an artist began when he was a young teenager. Growing up, he and his friends would gather in a neighborhood garage, watching videos of graffiti artists and becoming fascinated by the boldness and freedom of the art form. The vibrant colors, expressive lettering, and unique visual language of graffiti immediately captured his attention. Before long, Orlando began experimenting with graffiti himself, discovering an early love for

creating art that made a statement. That passion evolved when he came across an airbrush that belonged to his father. With his dad's permission, Orlando began teaching himself how to use it. Through countless hours of practice and by taking local classes to refine his skills, he quickly became hooked. Airbrushing opened up a new world of creative possibilities and helped shape his artistic style. Art was never just a phase for Orlando, it became a way of life. He has always been drawn to drawing, painting, and any form of creative expression he could get his hands on. That dedication paid off. Orlando has been making a living as an artist for roughly 30 years, a testament to both his talent and perseverance in a competitive field. Over the last 15 years, tattooing has become his primary artistic focus and main source of income. Tattooing allows Orlando to combine technical skill with personal storytelling, creating permanent, meaningful art for his clients. Each piece is approached with care, creativity, and respect for the individual wearing it. Throughout his career, Orlando has taken on many memorable projects.



Orlando Lara

Among the highlights are his work at Resorts World, where he created faux wood finishes, showcasing his versatility and attention to detail. Locally, many residents recognize his work from the mural painted on the side of the State Farm building, a large-scale piece that adds character and artistic flair to the community. Today, Orlando works out of his private studio, OK Vibe Ink, where he tattoos most days of the week. His studio reflects his artistic journey—professional, creative, and welcoming, serving as a space where ideas come to life and clients feel comfortable collaborating on custom designs. For Orlando, Pahrump has been

more than just a place to live. It's a community he's proud to be a part of. Through his art, he continues to leave a lasting impression. For tattoos or commissioned artwork, Orlando Lara can be reached at (775) 523-0890 or okvibeink@gmail.com. Whether you're looking for custom ink or original artwork, his decades of experience and passion for creativity speak for themselves.



Welcome to Nevada Sundance Ranch



A 501c3 Non-Profit

By Christine Butler and Sandy Pentz

Who are They and What Do They Do?

If you're looking for something fun, unique, and interesting, we've found the place for you, especially if you have an interest in the "Old West." Nevada Sundance Ranch is a non-profit 501c3 organization offering a combination of horseback riding, learning about horses and different farm animals, and participating in the Old West atmosphere. In addition, you can enjoy western skits performed by The Sundance Tumbleweeds plus a whole lot more.

They offer lots of fun but at the same time they have a higher purpose. According to their mission statement, "Our mission is to provide therapeutic horseback riding and animal-assisted therapy to adults and children facing emotional, mental, and mild physical challenges. We focus on serving people with special needs, veterans and active military personnel, first responders, and others who would benefit from

animal therapy, with an emphasis on horses. Nevada Sundance Ranch provides a safe and supportive environment for individuals of all ages."

Horsemanship lessons for both adults and children, guided trail rides with or without campfire meals, educational experiences about the history of Pahrump Valley, the desert, ranch

life, and special events, such as birthday parties and field trips are all part of the fun in a safe and welcoming environment. Other activities include a special Valentine Ride which includes a bonfire with hot dogs, s'mores, and a romantic, funny skit. Their Halloween Fest is always a favorite complete with music, games, costume con-



test, and pony rides. The Sundance Tumbleweeds can pop in at any time to give you a scare and when you visit the Halloween Fest also be on the look-out for the Ghost Rider. Any donations they receive specifically support their mission and the people they work with at Nevada Sundance Ranch.

How Did They Get Started?

The organization was started by Jeanne Hamerly who remains the Director of the non-profit and Ranch Manager. Her sister, Sandra Pentz, is the President of the non-profit and, according to her, is the “techy” of the group. She designed and created the website and does any needed special computer work. Dara Thaller is the treasurer of the non-profit and office manager. Their team is basically made up of country girls who are horse lovers and horse riders. They started this venture in March of 2020 with three horses. They worked hard to keep the business going and now they have five horses. These horses must be calm and well-trained as they have many inexperienced riders coming for a trail ride and the horses need to be trusted.

Nevada Sundance Ranch also hosts a theatre group called The Sundance



Tumbleweeds, which includes Calamity Jane, Dead Eye Willey, and various other old west “good guys and bad guys.” Their goals include “making y’all laugh, helping people, and bringing more art to the community.” In their staged gunfights they only use blanks. The Sundance Tumbleweeds enjoy coming up with new ideas and having fun with the audience.

Some of Their Other Activities

Their goal is to provide a safe place to ride and mingle with the animals. They encourage guests to bring their families. With horses, goats, ducks, chickens, geese and a very special bunny, the entire family can enjoy interacting with their favorite animal. They offer their riding services to anyone who is physically able to ride; there are no age limits. They also offer Wild West Weekends when anyone can ride or wants to give riding a try. The Wild West Weekends also include a show by The Sundance Tumbleweeds. They enjoy what they do and they want their guests to as well. People from all over the world have visited and enjoyed being at the ranch.

They are involved with many other





“With horses, goats, ducks, chickens, geese and a very special bunny, the entire family can enjoy interacting with their favorite animal.”

activities. They help police kids during special events. They’ve participated in parades in Pahrump and events at Petrack Park, Church Camp in Amargosa, and Bible School at Calvary Chapel Pahrump Valley. “We just want people to know we’re here, so they can come and enjoy themselves,” says Jeanne. They provide safe events for people to attend and have fun.

They teach people, especially kids, a great deal about our area of the world, as well as about horses and other animals. They’ve taught about how the Pony Express got started and how Death Valley got its name after people died because they were not prepared for the desert. They’ve taught people who are not familiar with the desert, the dangers of this environment. For example, how the desert sand can turn to dangerous mud from a rainstorm, as well as other facts of Mother Nature. They have created a unique environment where people, and not just kids, can learn while having fun and becoming friends of their animals.

Interested?

If you want to learn more, you can go to their website at <https://www.sundanceranchnv.com> and discover more about this unique organization with a valuable purpose. They are located at:

Nevada Sundance Ranch
5285 S Plantation Street
Pahrump, NV 89048
Phone: 775-990-9137 (Office)



Nathan Adelson H O S P I C E

When it's time for a trusted partner



For a decade, the Pahrump community has entrusted Nathan Adelson Hospice with quality home care and in-patient services for the terminally ill.

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For questions regarding hospice please call: **(775) 751-6700**
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23rd Annual Pahrump Earth Day/Arbor Day Celebration



By Tamalyn Taylor

Spring is here. With Spring comes the Annual Pahrump Earth/Arbor Day Celebration. This year we will be at the Petrack Park in the Bob Ruud Community Center on Saturday, April 18th from 10 am to 3 pm. At this event we strive to bring together people who can share their knowledge about our local environment and ways to take better care of our precious resources. You can look forward to meeting the individuals who devote their time and energy to making sure that our lands, water, and wildlife are protected from harm. There will be things to see and do for all ages and abilities. Come on down and enjoy the day!

Now for some history about how the Pahrump Earth/Arbor Day Celebration got started. We owe our deep appreciation to John Pawlak for having the vision to create an event that would help educate the public on local environmental issues as well as creating an eco-loving community that continues to thrive and grow. John taught us that we all can contribute to the health of our planet by being better stewards of our environment and by caring for those around us. John passed away in November of 2025 and will be sorely missed by the many who knew him. One of the ways that we can continue to honor his legacy is to be a part of the Pahrump Earth Day/Arbor Day Celebration.



Another long-established Earth Day/Arbor Day volunteer who has rallied behind this event is Debby Woodland. Since 2016, Great Basin Water Co., supported Debby to ensure that we have native or desert adapted trees and shrubs for our free raffle. In this way we can pay tribute to Arbor Day. Arbor Day is a **day dedicated to planting, nurturing, and celebrating trees.**

The first Earth Day Celebration in Pahrump was held in April of 2003. John Pawlak, who was then a member of the Pahrump Nuclear Waste and Environmental Advisory Board, hosted the event at Ian Deutsch Park. The event has been held at multiple locations over the years and at present lands at the Bob Ruud Community Center. While the Town of Pahrump

has contributed to the event in the past, the board members of the Southern Nye County Conservation District (SNCCD) are the individuals who are leading the effort today.

The SNCCD is one of 28 conservation districts in Nevada. The Conservation District's mission is to *promote resource conservation, preservation, and sustainability through education, conservation projects, and public and private partnerships to benefit the citizens of Nye County.* The members of SNCCD are grateful to partner with many of the local organizations that have made contributions throughout the years.

You will see **UNR Extension** represented by the **Pahrump Master Gardeners** and the **4-H Junior Garden**



Club. The Pahrump Valley Garden Club will be there to share resources and knowledge. **The Great Basin Water Company** along with a host of other organizations dedicated to the conservation of our water resources will be present. The **Valley Electric Association** and **Great Basin College** will be there. **CLEAN up PAHRUMP®** and **Pahrump Valley Disposal** are two more organizations that we can count on being at the event. The **Pahrump Community Library** contributed a great activity for the kids last year and will be part of our event again in 2026. **The Indivisible Prickly Pears** and **NyE Communities Coalition** are long time supporters of the event.

Our appreciation goes out to the organizations like the **Bureau of Land Management**, **U.S. Fish & Wildlife**, **Amargosa Conservancy**, and the **Ash Meadows Wildlife Refuge** who are often if not always a part of the event each year. Having their support lends crucial knowledge and expertise in our education about our natural environment and resources.

New organizations for 2026 will be the **Solar United Neighbors of Nevada** who will educate us on the variety of solar options available in rural Nevada. **Make our Road Nevada** will help us become more aware of environmental justice and social issues in Southern Nevada. We have **Lake View Executive Golf Course** highlighting the use of reclaimed water. We will also have a representative from **Water Rock Farming**

Bob Ruud Community Center Saturday, April 18 10 am to 3 pm

who will share information on regenerative farming practices.

In addition to these organizations, we will have art on display. Local artists and youth groups will exhibit artwork related to the health and well-being of the planet. We feel that art is a great way to communicate our connection with our natural environment as well as a pathway to wellness. Plus, we really like the idea of supporting our youth in making healthy choices and contributing to the health of our community.

Are you someone who has a passion for nature and for the well-being of our community? If so, there are numerous groups in Pahrump



where you can make a difference. Join us at the Pahrump Earth Day/Arbor Day Celebration to find out about volunteer opportunities and ways where you can help and have fun at the same time. To express our appreciation for community support we will be giving away **free smoothies and raffle prizes**.

For information contact Tamalyn Taylor at tamalyn@nyecc.org. (775) 727-9970 Ext. 241



Places of WORSHIP in Pahrump

Apostolic Church of Pahrump

3190 S. Highway 160, #J (775) 419-3800
www.ApostolicChurchOfPahrump.com
 Pastor Anthony Liso

Calvary Chapel Pahrump Valley

1051 E. Mickey St. (775) 751-8000
www.CalvaryChapelPahrump.org
 Pastor John Gundacker

Calvary Chapel - Shadow Mountain

2491 Mount Charleston Dr. (775) 751-7623
www.CalvaryChapelShadowMountain.com
 Pastor Lonnie Biggs

Central Valley Baptist Church

3170 S. Blagg Rd. (775) 910-9995
www.BlessU2.com
 Pastor Terry Stone

Choice Hills Baptist Church

340 W. Mesquite Ave. (775) 751-1417
www.CHBCPahrump.com
 Pastor Kerry Cole

Church of Jesus Christ of Latter-Day Saints

921 E. Wilson Rd. (775) 727-5342
www.ChurchOfJesusChrist.org

Wheeler Pass Ward

Bishop Jim Wulfenstein
General Congregation Sunday Service 9am

Charleston Park Ward

Bishop John Toomer
General Congregation Sunday Service 10:30am

Water Rock Branch

President Jaime Osorio
General Congregation Sunday Service 12:40pm

Church of Jesus Christ of Latter-day Saints

5461 Manse Rd. (775) 751-7618

Manse Springs Ward

Bishop Timothy Sutton
General Congregation Sunday Service 9am

Gamebird Ward

Bishop Joe Gent
General Congregation Sunday Service 10:30am

Homestead Ward

Bishop Jeff Hammar
General Congregation Sunday Service 12pm

Church of Pentecost

781 S. Woodchips Rd. (775) 727-6681
www.PentecostalsOfPahrump.com
 Pastor James Monroe

Church of the Harvest

1670 Vondell Dr. (775) 513-4950
www.ChurchOfTheHarvestPahrump.org
 Pastor Harold L. Davis Sr.

Desert Church of Christ

2360 E. Calvada Blvd., #C (775) 751-1045
www.DesertChurchOfChrist.org

Faith Fellowship Church

2190 N. Blagg Rd. (775) 727-9183
www.FaithFP.org
 Senior Pastor Jim Huntington

Heritage Bible Church

3061 E. Heritage Dr. (775) 727-7220
www.HeritageChurchPahrump.org
 Pastor Jim Sweet

It is Finished Ministries

2301 Winery Rd. (702) 813-1490
www.ItIsFinishedMinistries.com
 Pastor Dennis Boylan

Jehovah's Witness Kingdom Hall of Jehovah's Witness

6131 Thousandaire Blvd. (775) 727-6077

Joy Divine Community Church

1161 S. Loop Rd. (775) 419-5266
www.JoyDivineChurch.com
 Pastor Vivian Chess, Pastor Jim Horvath

Living Word Church

1370 E. Matthew Ln. (775) 505-2626
www.LivingWordPV.com

New Hope Fellowship Foursquare Church

781 West St. (775) 751-1867
www.NHFPahrump.org
 Pastor Isaiah Hill

Oasis Outreach and Worship Center

1061 Second St. #A (775) 727-7227
www.OasisOutreachNV.AdventistChurch.org
 Pastor Peter Neri

Our Lady of the Valley Roman Catholic Church

781 E. Gamebird Rd. (775) 727-4044
www.OurLadyOfTheValleyChurch.org
 Father Bruno Mauricci

Pahrump Seventh-Day Adventist Church

477 Blagg Rd. (775) 727-6655
www.PahrumpNV.AdventistChurch.org
 Pastor Loren Yutuc

Pahrump Church of Christ

911 S. Lola Lane (775) 727-9218
www.PahrumpCOC.org
 Speaker Dave Miller

Pahrump Community Church

1061 E. Wilson Rd. (775) 727-5384
www.PahrumpCC.com
 Senior Pastor D. Keith Walker

Pahrump Valley United Methodist

1300 E. Highway 372 (775) 727-6767
www.PahrumpValleyUMC.com
 Pastor George Barcus

Primera Iglesias Bautista Pahrump

4180 N. Highway 160 (702) 275-8091
www.FaithStreet.com
 Pastor Juan Estrella

Redeeming Grace Church

741 Fehrs Way (775) 513-6009
www.RedeemingGracePahrump.church
 Pastor D. Joe Aja

Rock Vineyard Church

1370 E. Matthew Ln. (775) 751-8449
 Pastor Kenny & Kathy Simpson

Safe Haven Fellowship

921 Highway 160, #401 (619) 246-7363
www.EnterTheBlessings.com
 Renee Wallace

Saved By Grace Lutheran Church ELCA

6341 S. Hawkins Way. (775) 751-8424
www.SavedByGraceELCA.com
 Pastor John A. Biggs

Second Missionary Baptist

3651 Homestead Rd. (775) 537-1587
www.2ndMBC.COM
 Pastor Daniel Collins

Shepard of the Valley Lutheran Church

650 S. Blagg Rd. 308-458-8231
 Pastor Andy Safarik

Soka Gakkai International

(Buddhist) (775) 990-4132
 John Field

South Valley Baptist Church

7050 S. Homestead Rd. (775) 513-3444
www.SouthValleyBaptistChurch.com
 Pastor Doug Landers

St. Martin's in the Desert Episcopal Church

631 W. Irene St (775) 419-9204
www.StMartinsInTheDesert.org

Trinity Assembly of God

750 S. Big 5 Rd. #12 (775) 727-4514
www.TrinityChurchNV.com

Yakin B'racha Jewish Messianic Fellowship

2601 Hacienda St. (775) 751-6106
 2570 Idelwide (775) 406-8215
www.YakinBracha.org
 Rabi Paul Cohen



Central Valley Baptist Church

"Where the Bible is Central"

SUNDAY	Sunday School 9:45 AM Sunday Service 11:00 AM <i>Pastor Terry Stone (Fellowship following Service)</i> Sunday Evening Service 6:00 PM <i>Pastor Loren Hefner</i>
MONDAY	Non-Denominational Grief Share 3-5 PM
WEDNESDAY	Women's Bible Study 11 AM-12:30 PM Bible Study & Group Prayer 6-7 PM
SATURDAY	Non-Denominational Grief Share 1-3 PM



3170 S. BLAGG RD.

775-910-9995 3170 S. Blagg Rd.
 Pahrump, NV 89048
centralvalleybaptistchurch.com

SVBC

South Valley Baptist Church

Pastor Doug Landers

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John 3:16

775-513-3444

www.SVBCPahrump.com

Check our Website for Times, Sermons & More

7050 S. Homestead Road (Corner of Homestead & Kellogg)

fb.com/SVBCPahrump
 @SVBCPahrump
 @SVBCPahrump

Sunday Morning Worship Services

8:15 & 10:30am

Children's Church 10:30am

Sunday School 9:30am

6:00pm Sunday Evening
Service & Children's Church

Tuesday

3:00pm Ladies Bible Study

Wednesday

6:30pm Children's Missions & Youth Group

7:00pm Wed. Night Service

Thursday

6:00pm Coed Adult Bible Study

Friday

8:00am Men's Bible Study



EVENTS & ENTERTAINMENT

Tell us about your upcoming event! If you have an event that you'd like Pahrump to know about, please submit the details to us at Christine@PahrumpLifeMag.com.

By Christine Butler



Christian Brother's Silver Cornet Band Concert

March 14, 2pm (one show only)

*Marta Beckett's Amargosa Opera House
608 California Highway 127 and State
Line Road, Death Valley Junction, CA*

Tickets free - call for reservation - 760-852-4441



Wild West Extravaganza May 1-3

Enjoy three days of celebrating Southern Nevada's old west heritage at the Wild West Extravaganza. More information coming soon!



Nevada and Silver State Chili Cook-Off Festival

March 20 -22

Petrack Park, 150 NV-160

Benefits go to Bikers Against Bullying P.D.O.T. and Pahrump Theater Company. Come and enjoy music, carnival rides, car show, games, contests, raffles, and much more. For more information visit www.pahrumpchilicookoff.com



28th Annual Pins & Needles Quilt & Needlework Show

Friday, April 10th, 9am - 5pm;

Saturday, April 11th, from 9am - 4pm.

Bob Ruud Community Center (corner of Hwy 160 and Basin Ave)

The 2026 theme is "American Pride." Admission is \$5 for a 2-day wristband, so you can easily return to enjoy your favorite demonstrations and events. Husbands are admitted free when accompanied by their wives, and children under age 12 are admitted free. For more information, contact Joyce Higginbotham at 775-253-4885 or by e-mail to joyceinpahrump@gmail.com.

23rd Annual Pahrump Earth Day/Arbor Day Celebration

Saturday, April 18th, 10am to 4pm
Petrack Park, Bob Ruud Community Center, 150 N. Hwy. 160

Come join us for a day filled with fun and information.

Learn about the natural resources in the Pahrump Valley. Find out about ways you can take action to make Pahrump a better place to live. Free giveaways

and food. For more information Contact Tamalyn Taylor at tamalyn@nyeccc.org.



RECURRING EVENTS

The Private Well Owners Assoc.

First Wed. of each month, 10am
*Pahrump Valley Museum ,
401 E. Basin Ave.*

The Private Well Owners Association's primary mission is to inform, educate, and assist you in learning about and protecting Hydrographic Basin 162, understanding well-related issues, and water conservation topics. They meet on the first Wednesday of each month at 10 a.m. at the Pahrump Valley Museum, 401 E. Basin Ave. We hope to see you there. PWOA: www.privatewellowners.com



Prostate Cancer Group Meetings
Fourth Tues. of each month
DAV Building, 270 N. Hwy 160

For support, education, and information. Come talk with us! Meetings also available on Zoom. For additional information contact: Dr. Tom Waters 702-379-3449 or Linda Wright 775-419-5715.

Tumbleweed Tales II
Poetry Roundtable
Third Tuesday of each month, 2 -4pm

Pahrump Valley Museum,
401 E. Basin Ave.

Donations at door for PV Museum are appreciated. You can now also join us at Pahrump Community Library, 701 East St. last Fridays of the month, 2 to 4 p.m. Next sessions are: Jan. 30 and Feb. 27. Share original poems, short writings, favorite author, your artistic voice. Contact: 775-537-5859; or for the library 775-727-5930.



Pahrump Community Choir
Every Wednesday, 6:30 - 8pm
301 Oxbow Rd. Suite 14

Come sing your heart out! The rehearsal time is fun; you don't need choral singing experience. Many of our members haven't sung since high school, and some have never sung in choirs. We have enough members with expertise to help those who need more experience. For more information, visit www.pvpac.org or their Facebook page, Pahrump Arts Council.

Cocktails & Canvas
Meet second Sat. of the month, 1-4pm
Pahrump Senior Center
1370 W. Basin Ave

Laurie McCaslin calls her monthly classes 'Fun Art' instead of 'Fine Art,' Each month, she teaches a different acrylic painting. Guided instructions are easy to follow, and traceables or templates are provided. Youth are welcome with an adult. Reservations are required. \$25.00 cash or check includes all supplies and guided instruction. To reserve your spot call Laurie McCaslin at 775-209-6200.



Artesian Cellars Winery & Vineyard
Monday – Wednesday, 11am – 8pm
Thursdays, 11am – 9pm
Fridays & Saturdays, 11am – 10pm
Sundays, Noon – 5pm
1731 S. Hwy 160

Artesian Cellars offers diverse musical entertainment. Listen to music by local artists while you taste the delicious wines personally crafted by owner Tim Burke. The staff at the winery are welcoming, creating a warm home-town feel. There is indoor and outdoor seating. A special menu includes Charcuterie boards, flatbreads, personal-size pizzas, desserts, and more. In addition to music, classes are offered, such as wine pairing, wine and paint night, Funtastic Saturdays benefitting a local charity, and unique wine events for Wine Club members. For an event listing, visit their website, www.artesiancellars.com, or their Facebook page, Artesian Cellars.



Artesian Cellars –
Weekend Brunch
Saturday: 10 am - 1 pm
Sunday: 11 am - 2 pm
1731 S. Hwy 160

Step into a slower pace and savor the comfort of brunch at Artesian Cellars, where the table is set with heart and the vineyard serves as your backdrop. Our weekend brunch invites you to relax, reconnect, and savor the simple pleasures of good food, fine wine, and great company. Pair your meal with our handcrafted wines or house brunch cocktails, carefully selected and designed to elevate your experience. From the first sip to the last bite, every detail reflects the relaxed beauty of life in the vineyard.

Biweekly Children's Choir
Every other Saturday starting Jan. 3
following Church Service, 1:30–2:30pm
Pahrump SDA Church
477 North Blagg Road

Open to all children ages 4 – 17. Learn basic music theory skills, new songs, and meet new friends. You do not have to be a church member and can join anytime. For more information, contact Shannon Sagert at 407-758-3254.



Pahrump Community Library
Hours: Mon.-Fri. 9am-6;
Sat. 10am-5pm
701 East Street

The library is now open with lots of new programs including Tails to Pebbles (children reading to dogs to build confidence), Baby Story Time, Favorite author book club, genealogy, Chess Club, tablet, smart phone and computer classes, CPR Class, AARP senior driving courses and many more. They've expanded and remodeled the youth department and much more. Go and see the many changes for yourself.

Over the Hump Offroad Club

This group of trail riders in the Pahrump Valley is well-versed in hidden gems throughout the surrounding area. Join our private Facebook page for upcoming rides.

Nye County Dirt & Desert Riders

We are a group of like-minded people who like creating dust, exploring our beautiful deserts, and riding on countless trails. This group is for riders, friends of riders, and those who enjoy desert and dirt riding. Check out our Facebook page to see where we've been riding!

Pahrump Valley Chess Club
Every Saturday Afternoon
Noon – 3 pm
Holiday Inn Breakfast Lounge
860 NV Hwy 160

Whether a newbie or an expert, you and your family can join this free activity. Join the Pahrump Valley Chess Club. It is open to all ages and all levels. They also offer a free beginner's class. For information, call (775) 419-7552.



Pahrump Farmers' Market
Saturdays, Oct. - Apr., 8:30am-12pm.;
May-Sep., 7:30-11am
Tractor Supply, 900 East NV Highway
372 at Bolling Rd.

Get to know your community neighbors by attending the local farmers' market. Support local vendors, farmers, and gardeners while enjoying home-grown food.

Volunteer Connection

Volunteer Connection is a listing of local organizations that need volunteers. We often hear people say they would love to volunteer, but don't know where to start. If your organization needs volunteers, please send a 40-80 word description to: Christine@PahrumpLifeMag.com.

Ambassadors of Pahrump

The official Ambassadors of Pahrump (the Nevada Silver Tappers and Ms. Senior Golden Years, USA,) non profit 501(3) c organizations invite all golden ladies to join them in their sisterhood. The tappers invite anyone who has reached the age of 50 years young to join them and learn to dance, get great exercise and have lots of fun. The Ms. Sr. Golden Years USA, Inc. invite any lady who has reached the golden age of 60 to join them in their pageant held in June at Saddle West Hotel & Casino. To join either group, no experience is needed. We are just ladies who devote our lives to the community of Pahrump wherever and whenever there is a need. You may join us by phoning the executive director at 775-727-7011 or 702-370-8852.



Clean up Pahrump®

CLEAN up PAHRUMP®, a chapter of Desert Pigs nonprofit, is committed to the removal of illegally dumped trash. Meeting every Saturday for 1 hour we clean up trash sites and roadside garbage; properly disposing of it. Come make friends, and do something beneficial for the community! Bring plenty of fluids and no politics-we supply the rest! For more information on volunteering or donating please visit us at www.cleanuppahrump.org or Facebook at CLEAN up PAHRUMP!



MLK Foundation of Pahrump

Martin Luther King Foundation of Pahrump, MLK, is a non-profit organization. Here in Pahrump, we focus on hosting events that provide scholarship money for college or trade school applicants from our local Pahrump Valley High School. All our proceeds go to our graduating high school seniors. We are committed to our community and the future of our students. At this time, we are hosting an event to help replenish the funds we used for last years' scholarships recipients. We are holding our usual MLK Luncheon in January honoring Martin Luther King Day. We are looking for volunteers to help with event planning, decorating, ticket sales, fundraising, and so much more. Your time and effort is what is needed. Our monthly meetings are held on Monday afternoons and there are no dues for our members. For more information or questions send an email to MLKPahrump@icloud.com and please include Volunteer in the heading/subject line.



Nevada Outreach Training Organization

NOTO is the umbrella organization for the Pahrump Family Resource Center, No to Abuse, and the Nye County Children's Advocacy Center.

We offer assistance with applications from community and government agencies (SNAP, TANF, energy



assistance, unemployment, etc.), assistance in obtaining necessary documents, referrals and connections with other community resources, and material goods. We offer court-approved parenting, co-parenting, anger management/impulse control, and life skills classes. We also run Nye County's only supervised visitation program, providing court- and DCFS-ordered visitation services to Nye County residents, a weekly women's support group for domestic violence survivors, advocacy services for victims of domestic violence and elder abuse, material goods, and referrals for community needs assistance. We provide advocacy services to families referred by the Nye County Sheriff's Office in cases of child abuse allegations.

Volunteers can help by processing donations to NOTO, property maintenance, office work, and outreach events. If you would like help or want further info, please call Darlene at 775-751-1118, ext. 113, Monday-Thursday, 8:00 to 4:30.

Never Forgotten Animal Society

Never Forgotten Animal Society is a no-kill rescue. We are looking for animal-loving volunteers to help with quarterly yard sales and our second-hand store "Make An Offer Shoppe" located at 1050 S. Dandelion. We are largely supported by community donations. Any questions please contact Pat at 775-764-9070.



The NyE Communities Coalition

We are building healthy communities across Nye and Esmeralda Counties and we welcome anyone interested in helping! The coalition is made up of individuals, organizations and agencies that are focused on joining together in cooperative and collaborative efforts to increase prevention services and opportunities. The NyE Communities Coalition and partners always have volunteer opportunities. If you would like to help improve the quality of life in our community please contact us for current opportunities. To contact by phone 775.727.9970 or send an email to info@nyecc.org.



Nye County School District

Volunteers are needed to read with children offer tutoring in a variety of subjects, to offer mentorship in arts, writing, poetry, and math. You don't have to have a student enrolled to volunteer your time. Volunteers need to fill out forms in accordance to state law but anyone with a few hours to give, come on down! They'll hook you up with a school. For more information or to volunteer contact the NCSD Human Resources office at 775-727-7743, ext. 300 or email volunteer@nyeschools.org.



The Nye County Sheriff's Office Auxiliary Unit

The Nye County Sheriff's Office is looking for volunteers for our Sheriff's Auxiliary Unit in Pahrump, Amargosa, Beatty, and Tonopah. You can volunteer a minimum of 15 hours a month. You must be able to pass an FBI Background Check and must be available for day-time classroom training. For information about Neighborhood Watch, contact Harold Rubin-Smith at 775-419-9707 or on their Facebook page. Call Commander Al McMahan or Vice Commander Leia Martin at 775-751-4231. Applications are available at the Sheriff's Office, 1520 East Basin Avenue, at the Administrative Office in the Detention Center (next to the Court House), or online.



P-Town Litter Pickers

We are a new group in town that cares about the appearance of our community. We assist the Nevada Dept. of Transportation by picking up litter on our adopted sections of Highway 160. Meet up dates, times and locations are posted on our Facebook page, P-Town Litter Pickers. We meet Wednesday mornings for 1 hour. Must be 18 years old to help. Please bring a grabber tool and gloves.



Pahrump Valley Lions Club

Lions Clubs International is the largest service club organization in the world. The Pahrump Valley Lions Club is looking for new members to assist in efforts to aid the blind and visually impaired, champion youth initiatives, and strengthen the local community through hands-on service and humanitarian projects. The Club meets the first and third Tuesday of each month at 6:30 p.m. at Las Patronaz, 270 Dahlia St. For more information, call 775-727-9016.



RSVP Needs Drivers

Would you like to assist seniors and disabled persons in our RSVP Transportation program? RSVP provides door to door safe transportation for medical appointments, to pick up prescriptions or shopping. Drivers must pass a background check and will receive 40 cents per mile reimbursement for each & every round trip of a registered client. Please join us in helping our friends and neighbors. Call 775-751-5282 to Volunteer.



The Salvation Army Pahrump Service Center

The Salvation Army Pahrump Service Center is open five days a week from 8 AM to 4 PM and is always accepting new volunteers. We need the most assistance on our client-choice food pantry days, which are Tuesday and Friday from 9 AM to 2 PM. Volunteers will work with clients to check in, select food items, and load items into clients' cars. To apply please come to our office located at 240 Dahlia Street or call 775-751-6181



Silver State Chili Cook-off

If you like chili, networking, organizing, and helping a great cause we have opportunities for you to get involved. All of the proceeds of this event goes to support local charities. We are in need of individuals for organizing the judges, vendors, car show, chili contestants, entertainment, and purchasing supplies. For additional info call Kelli Sater at (775) 764-9377.



Sleep in Heavenly Peace

Sleep in Heavenly Peace is a new chapter in town and in the state of NV. This organization was started in 2014 and is based in Twin Falls, Idaho. This organization gets beds for kids. They are 100% volunteer-driven and donation-driven. They need funds for tools and materials to build the beds and volunteers to help assemble the beds and deliver them to children right here in Pahrump. For more information call Carmen Murzyn at 775-910-8921 or carmenmurzyn@shpbeds.org.



Southern Nye County Search and Rescue

Southern Nye County Search and Rescue is a volunteer organization. Our primary mission is to respond to and execute any search and rescue operations within Southern Nye County, NV and surrounding jurisdictions under the direction of the Nye County Sheriff's Office. Our volunteers, along with our local equestrian unit, assist and support many community events and provide on-going training programs to unit members.



Are you interested in becoming a member? For more information about our mission and services, please contact us at 775-727-5071 or searchrescue201@yahoo.com.

West Star Ranch

If you love animals, West Star Ranch Animal Rescue & Thrift Store could use your help. We're always in need of folks to help with placing animals, light construction, help in the store, rescues, networking, and much more. For more information call 775-287-1436.



DINING life

Dining Life is a listing of local restaurants. Every attempt is made to maintain accuracy. If your restaurant is not listed or there is an error, please email Christine@PahrumpLifeMag.com.

Asian

China a Gogo

150 S. Hwy. 160, #C12
775-727-1222

China Wok Buffet & Grill

580 S. Hwy. 160
775-727-9988

Chattai Bistro

421 S. Frontage Rd., #1
775-727-9988

Ohjah Japanese

Steakhouse

20 S. Hwy. 160, #110
775-727-9888

Panda Express

280 S. Hwy. 160
775-751-8822

Romi Thai

5020 Pahrump Valley Blvd, #3
775-751-5333

Sushi Yong's

1720 E. Calvada Blvd.
775-372-7757

Teriyaki Madness

240 Hwy. 160, #2
775-877-9670

Bars & Cafés

Dry Creek Saloon

1330 5th St.
775-505-5161

Golden Harvest Café

Pahrump Nugget Casino
681 S. Hwy. 160
775-751-6500

Jeremiah's BBQ

Coyote's Den Bar
3971 E. Kellogg Rd.
775-537-8670

Lakeside Café

Lakeside Casino
5870 S. Homestead Rd.
775-751-7770

Moonshiners

Terrible's Road House
1750 S. Pahrump Valley Blvd
775-727-7777

O Happy Bread

French Bakery
1231 E. Basin Ave., #7-8
775-455-0478

Rhinestones Country Bar & Dance Hall

1700 Pahrump Valley Blvd.
775-877-5068

Shenanigans Pub

1330 E. Calvada Blvd
775-419-6367

Silver Spur Buffet & Café

*Saddle West Hotel, Casino &
RV Resort*
1220 S. Hwy. 160
775-727-1111

Steelbound Brewery and Distillery

Best Western
1101 S. Hwy. 160
775-537-1111

The Hubb

3720 W. Bell Vista Ave.
775-764-1299

Winging It

921 S. Hwy. 160
775-253-4952

Bakery, Coffee & Snacks

Black Cow Coffee House

1266 E. Calvada Blvd #4,
775-419-6592

Caffé Chilly

960 Margaret St. at Hwy. 372
775-537-0700

Java Junkies

Horizon Market
840 Hwy. 372
775-238-6848

O Happy Bread French Bakery

1231 E. Basin Ave., #7-8
775-455-0478

Our Place

1401 S. Hwy. 160
702-742-8621

Starbucks

Albertsons
200 S. Hwy. 160
775-751-0160

Starbucks

460 S. Hwy. 160
775-727-7572

Thrifty Ice Cream & Deli

1021 E. Gamebird Rd.
702-328-8614

Deli/ Sandwiches

Jimmy John's Sandwiches

Pahrump Nugget Casino
681 S. Hwy. 160
775-505-6011

Port of Subs

150 S. Hwy. 160, #C-6
775-751-6000

Subway Sandwiches

1520 E. Hwy. 372, #1
775-751-8400

Subway Sandwiches

Walmart
300 S. Hwy. 160
775-751-6777

Family Style

Caffé Chilly

960 Margaret St. at Hwy. 372
775-537-0700

Dad's American Diner

1440 E. Hwy. 372
775-751-3237 (DADS)

Denny's Restaurant

240 S. Hwy. 160
775-751-3828

The Grill Room

Mountain Falls Golf Club
5001 S. Clubhouse Dr.
775-537-6553

Jackpot Joanie's

820 S. East St.
775-727-5211

Jeanne's Gourmet Hot Dogs
1401 Hwy. 160 & Loop Rd.
Jeanneshotdogs.com

Johnny's
90 Emery St.
775-727-3737

Johnny's To Go
4760 Pahrump Valley Blvd.
775-253-4521

Living Free Café
2050 N. Hwy. 160, #400
775-505-3888

Mom's Diner
1240 E. State St. #100
775-751-9929

The Place To Go
921 S. Hwy. 160, #402
775-253-4952

The Venue
Nevada Treasure RV Resort
301 W. Leslie St.
775-770-6640

\$5 \$10 \$15 Restaurant
Stagestop Casino
100 W. Stagestop Rd.
775-727-7300

Fast Food

Arby's
690 S. Hwy. 160
725-245-1120

Burger King
667 S. Hwy. 160
775-751-8080

Carl's Jr.
500 S. Hwy. 160
775-727-3700

Chipotle Mexican Grill
540 S. Hwy. 160
775-505-2418

**Dairy Queen/
Orange Julius**
20 S. Hwy. 160, #109
775-751-2177

Jack in the Box
640 S Hwy. 160
775-727-3783

KFC
1540 E. Hwy. 372
775-751-6400

McDonald's
710 S. Hwy. 160
775-727-8765

Seemore's Polar Parlor
70 E. Hwy. 372 (at Blagg Rd.)
775-764-8242

Sonic Drive-In
350 S. Hwy. 160
775-727-0742

Taco Bell
571 S. Hwy. 160
775-727-7313

Italian / Pizza

Carmelo's
1440 E. Hwy. 372, #3
775-751-1660

Domino's
250 S. Hwy. 160, #B-6
775-751-3030

Farinata's Pizza
775-877-9400
1360 Hwy. 372, #3

K-7 Pizza
6050 Thousandaire Blvd.
775-727-9070

Little Caesars Pizza
70 S. Hwy. 160, #107
775-751-5556

Mia Ava East Coast Pizza
1971 S. Pahrump Valley Blvd.
775-505-4434

Pizza Hut
920 S. Pahrump Valley Blvd.
775-727-7952

Tarantino's Pizza
Horizon Market
961 S. Linda at Hwy. 372
775-727-4992

Tower Pizza
3561 E. Kellogg Rd.
775-537-2211

Mexican/ Southwest

El Jefe's, #1
1560 E. Calvada Blvd.
775-537-6034

El Jefe's, #2
921 S. Hwy. 160, #101
775-537-6034

Johnny's
90 Emery St.
775-727-3737

Johnny's Taco Shop
1330 S. Hwy. 160
775-727-3733

LaFonda - Salvadorian & Mexican
1021 Gamebird Rd.
775-253-1604

Las Patronaz
270 Dahlia St.
702-820-2281

Maria's Taco Shop
2301 S. Winery Rd.
775-751-0228

Maria's Tacos & More
Coyote Den
3971 E. Kellogg
775-253-0148

Rivas Mexican Grill 21
270 Dahlia St.
702-333-7800

Roberto's
1541 E. Hwy. 372
775-990-4703

Romero's
290 S. Humahuaca St.
775-537-1800

Rubalcaba's Mexican Restaurant
1500 Red Butte St.
775-727-4225

Tacos Fiesta
1330 E. Fifth St.
(off Hwy. 372)
702-579-5972

Tina's Tamales
361 Frontage Rd., #5
775-253-2634

Small Plates

Artesian Cellars
1731 S. Hwy. 160
775-600-7144

The Wine Down
250 Hwy. 160, #8
775-307-9463

Steak House

Stockman's Steak House
Pahrump Nugget Casino
681 S. Hwy. 160
775-751-6500

Montana Bar & Steak House
1231 S. Loop Rd.
775-209-2163



Romi Thai - A Delightful Place

What a wonderful, warm feeling when you enter this new restaurant! ROMI THAI is located on the southwest corner of Manse Road and Pahrump Valley Boulevard. It is where the previous My Thai restaurant was located. The decor and overall atmosphere of this place is so inviting with its wall art and bright colors reminiscent of a home in Thailand as I can imagine it.

We were seated immediately and welcomed by the owner, Bee. The service was top notch, professional and friendly.

The menu is extensive with all kinds of different food options including the best Pad Thai meal I've had for a long, long time.

In order to taste as many of my favorite appetizers as I could eat, I started with a side of shrimp fried rice. It was served steaming hot and cooked to perfection. The portion was too big to eat it all and still have room for the entree. The second thing I tried was a plate of pot stickers (another favorite) and, again, they were served piping hot and accompanied with a fragrant, softly spiced dipping sauce that made you want more!!

The prices at this restaurant were so affordable. The quality was very good, and the quantity was more than I could possibly eat in one sitting. My "to go" bags provided two more meals after that!!

I highly recommend this restaurant for families, parties (call ahead) and any other gatherings of friends and neighbors you want to impress!!!

Their location address is 5020 Pahrump Valley Blvd., and hours are Tuesday through Saturday, opens at 9:00 AM, closing at 8:00 PM, and on Sundays from 12 noon to 8 PM. They are closed on Mondays. Their telephone number is (775) 751-5333.

As a point of interest, the name of



the restaurant, Romi, was decided upon to honor their first child just recently born! So, if you meet Mom, Bee, tell her congratulations on opening an amazing new eatery in Pahrump and her newborn child, Romi.





If you know of additional Food Pantries in Pahrump, please email details to Christine@PahrumpLifeMag.com.

Faith Fellowship Church

2190 N. Blagg Rd775-727-9183

Friday, 9 a.m. sharp!

Food boxes are distributed via drive-thru. Please remain in your car and thank you for your understanding.

Great Basin College

551 E. Calvada Blvd.775-327-5210

Monday - Friday, 8 a.m. - 5 p.m.

New Hope Fellowship

781 West St.775-751-1867

Wednesday 9 a.m. - 12:30 p.m.

TEFAP and Commodities distributed during regular pantry hours.

Joy Divine Community Church

1161 So. Loop Rd.....775 -419-5266

Seniors: First Friday, 10-11:30 a.m.

Public: Every Friday, 10-11:30 a.m.

Lunch and pre-filled pantry food bags are served at the door.

Oasis Outreach

1061 E. Second St.775-727-7227

Sunday, Tuesday, Thursday, Friday, 6:15-7:15 a.m.

Please remain in your vehicle, we wave you up when boxes are ready.

Pahrump Community Church

1061 E. Wilson St.....775-727-5384

Monday, Thursday, Friday, 9-11 a.m.

Identification is required.

The Salvation Army

240 S. Dahlia St.....775-751-6171

Tuesday and Friday, 9 a.m. - 2 p.m.

Golden Groceries: Tuesday & Friday, 9 a.m. - 2 p.m.

All are welcome, ID and check-in required. Pantry lists limited to ONE visit per month for all programs.

United Methodist Church

1300 E. Highway 372775-727-6767

Monday, 9-11 a.m.; Tuesday, 4-6 pm

VFW Food Bank

4651 Homestead Rd.....775-727-6072

1st & 3rd Wednesday, 10 a.m. - 12 p.m. (Last name A-L)

2nd & 4th Wednesday, 10 a.m. - 12 p.m. (Last name M-Z)

Veterans only, Military ID and proof of Pahrump residency required.

MOONSHINERS

LUNCH & DINNER MENU + SERVED 11AM-11PM

20% GRATUITY FOR PARTIES OF 8 OR MORE

STARTERS

- Fried Chicken Fingers** \$10.99
Plain or Buffalo Red Hot, with ranch. Add fries for \$1.99
- Chicken Wings (8)** \$12.99
Pit-smoked, then flash-fried, sealing in the flavor. Served with ranch, or try one of our sauces from the BBQ sauce bar.
- Moonshiner Minis (3)** \$11.99
Three small BBQ sandwiches. Choice of chopped brisket or pulled pork. Add fries for \$1.99
- Fried Mac & Cheese Bites** \$9.99
Our house-made mac & cheese, battered and fried.
- Onion Rings** *Choice of dipping sauce* \$7.99
- Road House Quesadilla** \$9.99
Grilled tortilla, jack & cheddar, with pico de gallo, sour cream and guacamole. Add chicken, pork or brisket for \$2.99
- BBQ Potato** \$10.99
Stuffed with your choice of BBQ pork, BBQ beef, BBQ chicken, or chili. Topped with cheddar and green onions.
- Chili Cheese Fries with onions** \$10.99



SALADS

- BBQ Salad** \$13.99
Fresh greens with your choice of BBQ chicken, BBQ beef, or BBQ pork, with cheddar and Parmesan cheeses. Topped with tomatoes, croutons, and red onions.
- Classic Caesar** \$9.99
Fresh romaine tossed in a creamy Caesar dressing, topped with Parmesan cheese and croutons. Add pulled chicken or pulled pork for \$2.99.
- Oriental Salad** \$10.99
Fresh cabbage, mandarin oranges, onions, fried noodles, with sesame seed dressing. Add pulled chicken or pulled pork for \$2.99.
- Chili Cup** \$5.99
Our hearty, homemade chili with beef.
- Soup & Salad Bar** ALL YOU CAN EAT \$9.99



ADD SOUP & SALAD BAR TO ANY ENTRÉE FOR \$5.99

PIT SMOKED BARBECUE

MOUTH-WATERING POST OAK SMOKED MEATS, SERVED WITH YOUR CHOICE OF TWO SIDES



- Pulled Pork** \$13.99
Smoked low & slow for 16-18 hours, then pulled, dusted and sauced. Choice of two sides.
- BBQ Brisket** \$15.99
Smoked low & slow for 16-18 hours, then sliced, dusted and sauced. Choice of two sides.
- Half Chicken** \$14.99
Smoked low & slow for 3.5-4 hours, then dusted and sauced and finished on the grill. Choice of two sides.
- Turkey Breast** \$12.99
Slice turkey breast topped with our house-made gravy. Served with mashed potatoes, an additional side and a cranberry garnish.
- St. Louis Style Ribs Dinner** \$21.99
Dusted with our Shiner Dust, then slowly smoked in our pit for 4-6 hours over post oak wood, locking in the flavor. Choice of two sides.
- Two Meat Plate** \$18.99
Choice of any two of our pit-smoked meats. (Ribs once only.) Choice of two sides.
- Three Meat Plate** \$19.99
Choice of any three of our pit-smoked meats. (Ribs once only.) Choice of two sides.
- PIT SMOKING ADDS A ROSEY CAST TO OUR SUCCULENT MEATS

SANDWICHES

SERVED WITH YOUR CHOICE OF ONE SIDE.

- Pulled Pork** \$10.99
Smoked low & slow with Texas post oak, topped with slaw, barbecue sauce and Shiner Dust.
- Chopped Brisket** \$14.99
Smoked low & slow with Texas post oak. Served on Texas garlic toast, topped with slaw, barbecue sauce and Shiner Dust.
- Smoked Turkey Club** \$11.99
Smoked turkey, bacon, lettuce, tomato, American & Swiss cheese, mayo, choice of bread.
- Grilled Cheese** \$8.99
Parmesan-crusted Texas toast, with cheddar, Swiss, American cheese.
- BLT** Served with one side \$9.99



SIDES

- Moonshiner Fries** \$5.99
Homemade with fresh cut potatoes, deep-fried and dusted with our Shiner Dust
- Cole Slaw (vinegar base)** \$3.99
- Potato Salad** \$3.99
- Mac & Cheese** \$3.99
- Green Beans with Bacon** \$3.99
- Corn on the Cob (seasonal)** \$3.99
- Baked Beans** \$3.99
- Mashed Red Potato with Gravy** \$3.99
- Onion Rings Upgrade (with meal)** \$3.99

BURGERS

1/2-POUND ANGUS BEEF BURGER. SERVED WITH YOUR CHOICE OF ONE SIDE.

- Grilled Cheeseburger** \$11.99
Flame-broiled with choice of cheese, lettuce, tomato, onion, and pickle.
- Smashed Cheeseburger** \$12.99
Smashed on the grill, sealing in the flavor. Choice of cheese, lettuce, tomato, onion, and pickle.
- BBQ Burger** \$14.99
Choice of cheese, bacon, onion straws, BBQ sauce, lettuce, tomato, onion, and pickle.
- Chili Burger** \$14.99
Grilled burger with choice of cheese and onions.
- Patty Melt** With grilled onions & Swiss cheese \$13.99



DINNER PLATES

CLASSIC DISHES FOR ANY TASTE.

- Salmon** GRILLED OR BLACKENED Served with two sides \$17.99
- Catfish** \$14.99
Farm-raised catfish fillet fried to a golden brown, served with two sides, tartar sauce & lemon.
- Baked Ziti** \$12.99
Ziti pasta with marinara & mozzarella, baked topped with ricotta, served with garlic toast.
- Chicken Fried Steak** \$15.99
Battered chicken fried steak in home-style gravy, with mashed potatoes and additional side.
- Porterhouse Steak** \$19.99
Grilled to your liking, with our house-made steak seasoning and two sides.
- Fish & Chips** \$14.99
Served with cole slaw, tartar sauce, and lemons.
- Liver & Onions** \$13.99
A Southern classic served with bacon, mashed potatoes and additional side.

BREAKFAST

SERVED 6AM - 11AM

DEUCES WILD

Two Eggs Any Style
Two Pancakes or Two French Toast
Two Strips of Bacon or Two Sausage Patties
\$7.99



FROM THE GRIDDLE

Pancakes Stack (3) **\$7.99**
Choice of bacon or sausage patties.

Belgian Waffle **\$7.99**
Add strawberries and whipped cream for \$1.99

French Toast **\$7.99**
Thick sliced toast dipped in cinnamon vanilla batter and fried to a golden brown. Choice of bacon or sausage patties.

Chicken Fried Steak **\$12.99**
Served with two eggs any style, hash browns, and choice of toast.



Road House Classic **\$8.99**

Two eggs any style, with hash browns. Choice of bacon or sausage patties, choice of toast.

Moonshiner Omelet (build your own) **\$10.99**

Choice of 3: bacon, sausage, ham, green pepper, onion, tomato, American, Swiss, provolone, cheddar, pepper jack, jalapeños. Choice of toast. Each additional item \$.75

Steak & Eggs **\$13.99**

New York steak, two eggs any style, with hash browns and choice of toast.

Ham & Eggs **\$10.99**

8oz bone-in ham steak, two eggs any style, with hash browns and choice of toast.

Breakfast Burrito **\$10.99**

Scrambled eggs, choice of meat, cheese, pico de gallo, hash browns.

Country Platter **\$11.99**

Biscuit & gravy, hash browns, two eggs any style, choice of bacon or sausage patties, and choice of toast.

Biscuits & Gravy **\$7.99**

Handmade buttermilk biscuits smothered in country gravy.

Cold Cereal **\$3.99**

Assorted flavors

Oatmeal / Cream of Wheat **\$3.99**



BREAKFAST SIDES

One Egg **\$1.49**

Toast (white, wheat, sourdough, rye) **\$1.99**

English Muffin **\$1.99**

Hash Browns **\$1.99**

Bacon **\$2.99**

Sausage Patties **\$2.99**

Biscuit & Gravy **\$3.99**

Sliced Tomatoes **\$2.99**

Substitute Egg Beaters **\$1.99**

DESSERT

OUR SCRUMPTIOUS DESSERTS ADD A SWEET FINISH TO ANY MEAL

Bread Pudding **\$8.99**

Cobbler **\$7.99**

Brownie Sundae **\$7.99**



BEVERAGES

Soft Drinks, Iced Tea, Raspberry Iced Tea **\$3.49**

Coffee, Hot Tea, Hot Chocolate **\$3.49**

Milk, Chocolate Milk **\$3.49**

Juice (Orange, Apple, Tomato) **\$3.99**

FOR THE KIDS

FOR OUR PATRONS 12 AND YOUNGER

Hot Dog with Fries **\$6.99**

Ziti Pasta **\$7.99**

Topped with marinara and served with garlic toast.

Chicken Fingers with Fries **\$8.99**

A child-size portion of our mouthwatering chicken strips, served with a side of fries.



CONSUMPTION OF UNDERCOOKED MEAT, POULTRY, EGGS OR SEAFOOD MAY INCREASE RISK OF FOOD-BORNE ILLNESSES. PLEASE ALERT YOUR SERVER IF YOU HAVE SPECIAL DIETARY REQUIREMENTS.



Mountain Falls

Where every day feels like a resort

Discover a brand new
all ages community and a
55+ active lifestyle community

**Vivere models now open -
please visit the Ovation sales office**

Mountain Falls is home to spectacular resort-style amenities and an inviting masterplan perfect for making lasting friendships and planting roots. With a state-of-the-art golf course throughout the neighborhood, two resort-style pools, a play pool, a fitness center, a multipurpose room, a signature restaurant and more, you'll never run out of activities to fill your days.



**Taylor Morrison is proud to be America's
Most Trusted® for eleven years in a row!***



taylormorrison.com | 702.213.9424



Vivere at Mountain Falls is an all-ages community. Ovation at Mountain Falls is an age-qualified community intended for permanent occupancy of each residence by at least one person 55 years of age or older in compliance with all applicable state and federal laws, as well as the Community Declaration. Some residents may be younger under very limited circumstances and no one under 18 years of age in permanent residency. Complete details available. Taylor Morrison received the highest numerical score in the proprietary Lifestory Research 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025 and 2026 America's Most Trusted® Home Builder study. Study results are based on experiences and perceptions of people surveyed. Your experiences may vary. Visit www.lifestoryresearch.com. Maps and plans are not to scale, all dimensions are approximate and are intended to represent an artist's depiction only of the existing and/or planned elements of the Community or Neighborhood. Prices may not include lot premiums, upgrades, and options depending on stage of construction. All homes subject to prior sale. No offer to sell or lease any property until Nevada Real Estate Division approval of the Public Offering Statement for the above-described Property. Complete details available. Please see a Taylor Morrison Community Sales Manager for details and visit www.taylormorrison.com for additional disclaimers. ©January 2026 Robert Evon, Sales Manager #BS.0029612.SMGR; William Lyon Homes, Inc. dba Taylor Morrison, NSCL #0040722. All rights reserved. 011526 6798

Lisa Bond Real Estate, LLC

3130 S. Highway 160
Pahrump, NV 89048



MLS



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Nevada License: S.0179035

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Hablo Español

¿Necesitas Comprar o Vender?
Let Me Help You Discover Your Perfect
Piece of Pahrump!

- Site Built Homes
- New Construction
- Manufactured Homes
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Call Me Today For Current Listings & Let's Get Started! - ¡Lláname Hoy!
Direct: 702-582-2883 Office: 775-764-0990 Ext.604 Email:Genesis@LBRENV.com



DEDICATED TO OUR CUSTOMERS ONE CLOSING AT A TIME.



PAHRUMP OFFICE



John G Ingram
Sr Escrow Officer
702-804-7762
jingram@ortc.com



Lora Kanter
Front Office Coordinator
702-804-7710
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Moving Checklist

It's time to start your moving calendar.

- ☐ Have a moving binder to store all the information you'll be getting and keeping your receipts for tax purposes.
- ☐ Contact your physician to get your medical records for yourself and your pet.
- ☐ Obtain your child's school records.
- ☐ Take a complete home inventory to know what you will take and what you'll leave behind. Take all give-away items to local charities.
- ☐ Contact 3-4 reputable moving companies to receive moving quotes. Make sure your quotes include all the services the mover is including. Get all the paperwork up front so you don't have any surprises. Never sign any blank or incomplete documents.
- ☐ Obtain boxes for packing.
- ☐ Start packing items you won't need right away first, such as off season clothing, dishes and pans. As you pack the items you'll need right away with "Open First".
- ☐ Obtain your change of address from the Post Office.
- ☐ As credit card bills come in, change your address so you won't miss a payment.
- ☐ Decide how to transport your pets. Check with your veterinarian.
- ☐ Decide the best way of transporting your plants. Check with your local nursery.
- ☐ Change the address on your magazines that you receive in the mail.
- ☐ Change your address with the Internal Revenue Service.
- ☐ Make arrangements to stop your newspaper deliveries.
- ☐ Discuss with your family about how this move will impact them.
- ☐ Get your vehicle serviced.
- ☐ Cancel your utilities including water, electricity, gas, internet and reconnect these services to your new home in your new location.

Now you're ready to greet your Big Day!

Useful Phone Numbers



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Valley Electric Association (VEA) 775-727-5312
800 E Hwy 372



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Utilities Inc 775-727-5575
1240 E State St.
Customer Service 866-277-5515
Desert Utilities 775-751-1368
4060 Blagg Rd.
Pahrump Utility Co Inc. 775-727-1629
5250 S Hafen Ranch Rd.



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Pahrump Valley Disposal 775-727-5777
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Dish Network 855-315-0572



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Desert View Hospital 775-751-7500
360 S Lola Ln.



DRIVER'S LICENSE/VEHICLE REGISTRATION

Dept. of Motor Vehicle (DMV) 775-727-4141
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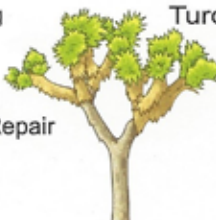
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