

Pahrump Life

JANUARY/ FEBRUARY 2026

PAHRUMP

TOURIST INFORMATION

Meet the New Pahrump Tourism Coordinator

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FEATURES

SOUTHERN NEVADA OFF-ROAD RECOVERY (SNORR)
A CELEBRATION OF AMERICA 250 IN PAHRUMP
DROP THE "INTELLIGENCE" IN AI

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Notes from the Publishers

Welcome to 2026! It's hard to believe that another year has gone by already. As the old saying goes, time sure flies by when you're having fun. We hope all of our readers, contributors, and advertisers had a good 2025 and are looking forward to another exciting year.



In this issue, we introduce you to the new Pahrump Tourism Coordinator, Jaynee Reeves. She's lived in Pahrump for 16 years and has been involved with various aspects of the town and is ready to take on a new one. We'd like to welcome her to her new job.

We also introduce you to a wonderful organization called SNORR and no, it has nothing to do with napping! If you are an off-road enthusiast, which so many people in town are, you need to get to know this group. SNORR stands for Southern Nevada Off Road Recovery, and they have rescued thousands of people who get stuck while exploring the wilderness. If you aren't familiar with them already, it's best that you learn about them in case you get in an off-road accident and need help.

Another important subject is covered by Josh in the Tech Tips segment concerning identifying online scams and learning what to do to avoid them. It's important to be aware of the tricks these hackers do to steal your identity, information, and money. We also introduce you to the America 250 dedication provided by the Daughters of the American Revolution.

Again, we both wish you a very Happy, Healthy, and Prosperous New Year! If you have ideas for an article or wish to place an ad, our contact information is listed below.

- Jim and Christine

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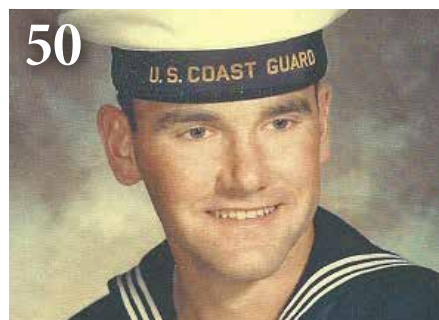
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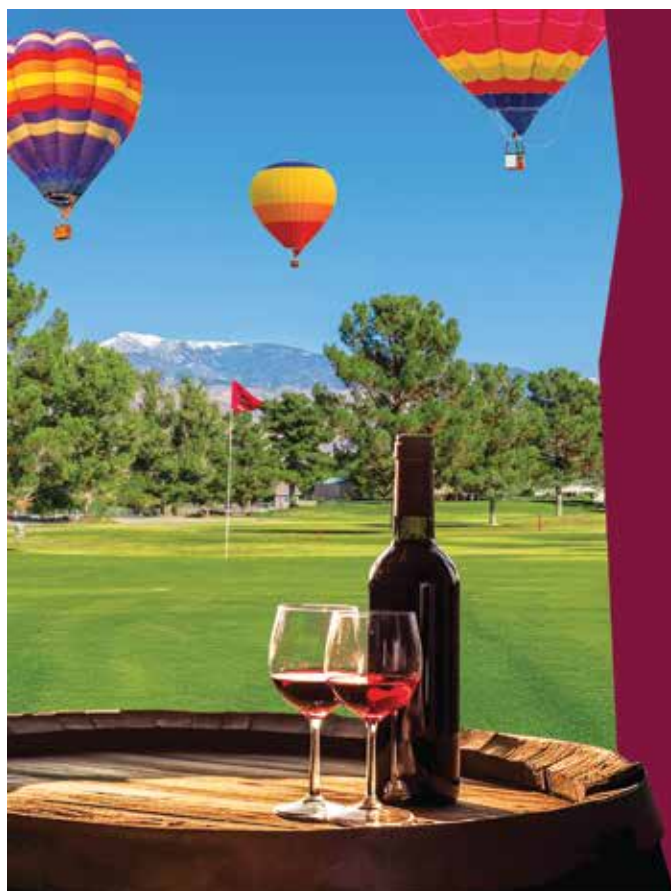
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Meet the New Pahrump Tourism Coordinator *Jayne Reeves*

By Christine Butler

We'd like to welcome the new Pahrump Tourism Coordinator, Jaynee Reeves. She's called Pahrump home for 16 years and has been working for Nye County for 15 of those years. She spent 9 years as the County Managers' secretary in the Administration Office and has extensive knowledge of the county's operations. In her previous role, she became very familiar with key community leaders and developed productive professional relationships. Also, she had the pleasure of working with her predecessor, Ms. Arlette Ledbetter. This experience has helped her hit the ground running in her new role as a Pahrump town representative.

One of her main goals is to upgrade the Tourist Information Center, located next to the entrance of Petrack Park, across from the Bob Ruud Community Center on Highway 160. Why is this important? The Tourist Info Center's location will become more of an experience for visitors, offering a memorable first impression at one of our busi-

"The Tourist Info Center will become more of an experience for visitors," offering a memorable first impression at one of our busiest intersections.

est intersections. The aim is to create a lasting impact—something visitors want to share. Jaynee describes it as "a welcome point and Pahrump storytelling space, highlighting the beauty, hospitality, and experiences that make Pahrump's culture and history unique." She believes it's essential to "create a true reflection of who we are: adventurous, welcoming, a proud community of our natural resources with a cozy small-town feel." She hopes it will become an easily recognizable landmark



Jayne Reeves

that helps enlighten visitors about what Pahrump is all about, while supporting local businesses.

Thanks to the help of the Main Street Board, Pahrump Valley Museum, and the Nevada Commission on Tourism, on the collaborative effort to create a fun, interactive resource for travelers. This effort will encourage visitors to explore our beautiful town and learn about who we are. We want them to feel the same positive vibes and community spirit that runs through our community.

According to Jaynee, "Some additional plans for the Center include fresh interior and exterior design and visual displays that feature local attractions and area history, enhanced signage and wayfinding to make trip planning easier, with an emphasis on



digital integration using QR codes.”

In addition, maps will be available identifying local activities and businesses, including wineries, OHV trails, nearby parks, and local eateries.

We will seek help from local artists to bring fresh ideas and support the

building’s renovation by creating an internal mural, seating benches, and other features to make it more appealing to visitors. A local singer, Rick Scanlan, wrote the song, “New Old West,” about Pahrump, and they plan to have it playing at the Center. We aim to engage all senses to create an immersive experience.

How Can They Afford All of These Changes?

Jayne shared that Visit Pahrump recently received two Travel Nevada grants, which will help cover most of the costs of the changes. One grant was a Rural Marketing Grant, which supports content development and on-site visitor resources. The other was an America 250 Grant in conjunction with the upcoming 250th anniversary of our country. This will be used for new educational and cultural storytelling elements for the Tourist Info Center.

What Will the Community Impact Be from These Grants?

According to Jaynee, “The economic and community impacts of these grants will:

- Strengthen local tourism visibility and drive economic benefits to hotels, restaurants, and local businesses.
- Showcase local artists, events, and the heart of Pahrump residents
- Offer visitors more reasons to stop, stay, and explore.
- Help small businesses thrive

What is the Timeline and Next Steps?

Jayne stated, “The planning and design discussions are already underway. The goal is to complete the first phase of updates before July 2026, with the potential to expand as new grant opportunities become available. The Pahrump Valley Main Street board, the Pahrump Valley Museum, and the Town of Pahrump Buildings and Grounds Department have helped with the collaboration, joining forces for the betterment of the community.”

Additional Changes Being Made

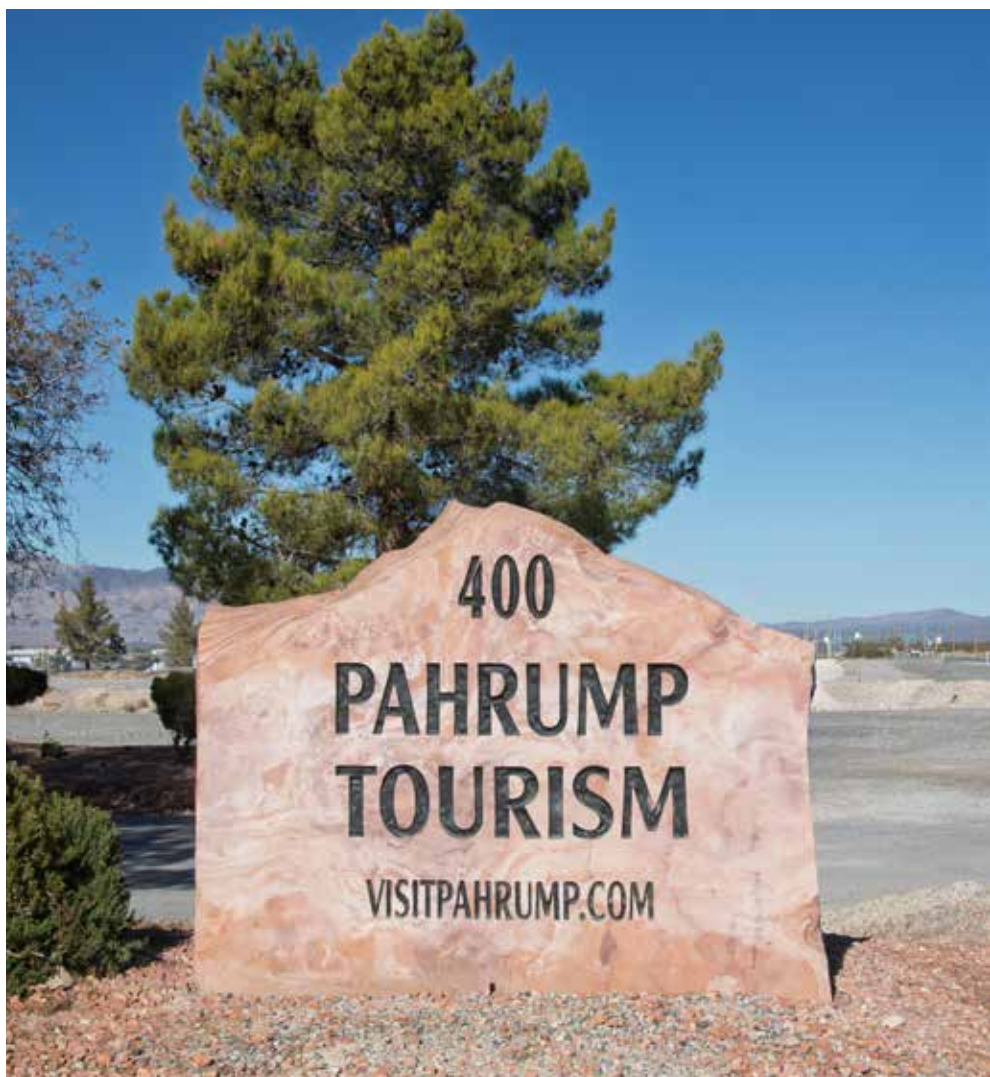
Besides revamping the Tourist Information Center, Jaynee is working on rebranding, starting with the Welcome and Thank You signs on the main highways and updating the tour-



ism website with a centralized event calendar. She plans to move away from orange and adopt our Pahrump Valley High School Trojan colors, maroon and gold, along with our middle school color, Rosemary Clarke Sharks' turquoise. Hoping to bring in more community spirit into our branding. Also, she aims to connect further various organizations, including Tourism, the Pahrump Valley Museum and Historical Society, the Chamber of Commerce, SWCREDA, Pahrump Valley Mainstreet, and local businesses, to create a shared goal with all community partners.

What is the Anticipated Outcome?

Jayne shared that "The Tourist Information Center is more than a little building—it will be a story of Pahrump's energy, connection, and community pride. Pahrump is constantly evolving as a visitor destination, and these projects are a major step forward in showcasing everything that makes our valley a great place to visit, live, and explore."





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Southern Nevada Off-Road Recovery (SNORR)

By Anthony Duran Peterson

Editor's Note: "Recently, some very dear friends of ours were in a serious off-road accident and their jeep flipped upside down in the Desert Hills with two people in the car. Fortunately, they were experienced off-roaders and knew exactly what to do. They immediately connected with an organization called SNORR who came to their rescue. Since there are so many off-roaders in our area, we felt it was important to spread the word about this life saving organization who got our friends out of the car safely and unhurt. Also, I wanted to mention that Anthony Duran Peterson, President of SNORR, spoke highly of the Pahrump members of the team. He stated "they are a great team, and I can't say enough good things about them. Someone is always willing to go and help and the team is invaluable!" -cb

Las Vegas, NV — When drivers find themselves stranded deep in the backcountry—buried in the mud at Lake Mead, perched on a boulder in Rocky Gap, stuck on a cliff near Tie-Rod, or hopelessly sunk in the dunes of Little Dumont—there's one organization Southern Nevadans rely

on: SNORR, Southern Nevada Off-Road Recovery.

Unlike traditional tow companies, SNORR is a 100% volunteer, nonprofit off-road rescue organization operating 24 hours a day, 365 days a year. The group responds to some of the most challenging and technical recoveries in the region, deploying a professionally trained team of off-road enthusiasts dedicated to public safety and community service.

A Growing Force with a Critical Mission

Founded in 2017 by Jacob Schmidt, SNORR was created in response to tow companies refusing off-road calls, overcharging desperate drivers, and often performing dangerous recovery practices. Schmidt set out to build a safer, more reliable alternative, one that would assist anyone, anywhere in Southern Nevada, without judgment.

Today, SNORR has grown into a 63-member team, including a seven-

member Pahrump unit. Members include: Mike Gevas, Brian LaCoursiere, Craig McVeay, Lona McVeay, Rick Miller, Rick Oneil, Rob Williamson

These members are invaluable, not only do they serve Death Valley, Dumont, Big Dune, and all the way up Round Mountain / Tonopah, they also provide service to Las Vegas and beyond. They are a tight knit group that perform flawlessly and work together extremely well.

In thanks to the dedicated members of SNORR we have amassed over 10,000+ followers and established partnerships across local, state, and federal agencies. The organization covers an area of 196,350 square miles, roughly the size of Nevada and Utah combined, or a 250-mile radius from downtown Las Vegas.

All members, including the founder, serve as volunteers, with donations funding fuel, recovery gear, equipment maintenance, and training.

“Getting stuck is optional. Getting rescued isn’t.”



Professional Training & Safety Standards

SNORR maintains strict training requirements for new volunteers to ensure safe, effective operations in demanding off-road environments. Members must:

- Pass an online knowledge exam
- Attend SNORR's Off-Road Safety & Recovery Class
- Complete a minimum of three supervised recoveries
- Obtain CPR and Stop-the-Bleed certifications
- Complete a Tread Lightly course
- Secure an FCC-issued GMRS radio license
- Participate in a final certification event

Additionally, volunteers are required to carry appropriate off-road recovery equipment and operate a capable 4x4 vehicle equipped with a minimum 10K winch. Our members typically use their winch more in a three-month period, than most off-roaders do in a lifetime.

Membership is open to individuals 18 years or older. One of SNORR's most active volunteers is 80-year-old

Pahrump resident Brian LaCoursiere, demonstrating that dedication and heart matter more than age.

Responding to Every Type of Recovery

SNORR responds to rollovers, cliff-side extractions, mechanical breakdowns, stranded tourists, and even the occasional electric vehicle or family se-



dan that ventures too far off pavement. In thousands of calls, the organization has never encountered an unrecoverable vehicle.

The only time SNORR declines assistance is when vehicle owners are impaired, dangerous, or abusive. In such cases, SNORR ensures individuals are transported to safety and returns later—often with law enforcement assistance—to complete the recovery.

SNORR works closely with Las Vegas Metropolitan Police Department, Nevada Highway Patrol, Metro Search & Rescue, Bureau of Land Management, U.S. Park Service, and other agencies to ensure safe and coordinated operations.

High Call Volume & Wide Coverage

SNORR performs 600 to 1,000 recoveries annually, averaging nearly three rescues per day, including holidays. The organization is headquartered in Henderson, with team members posi-



tioned across Las Vegas, Pahrump, and surrounding communities.

While currently a Southern Nevada-based nonprofit, SNORR collaborates with similar groups nationwide and remains one of the few 501(c)(3) charitable organizations dedicated to off-road recovery.

Committed to Service

Since receiving 501(c)(3) status in 2020, SNORR has ensured that every donation directly supports recovery operations—fuel, equipment, training, and safety—not personal compensation. The organization never issues a bill for its services, instead offering stranded individuals:

- Water and snacks
- Shade or warmth
- Experienced recovery crews
- Compassionate, judgment-free assistance

“Getting stuck is optional. Getting rescued isn’t.”



Interested in Volunteering?

SNORR is actively seeking new volunteers who have the equipment, fitness, and desire to serve the community.

Applications can be submitted at:

<https://snorr.vegas/volunteer/>

Be advised: helping others becomes addictive.

Media Contact:

Southern Nevada Off-Road Recovery
(SNORR) (702) 706-2330

Website: <https://snorr.vegas> (Interested in donating? Go to their website and find out how)

Social: @southernnevadaoffroadrecovery



Anthony Duran Peterson | President
Southern Nevada Off-Road Recovery
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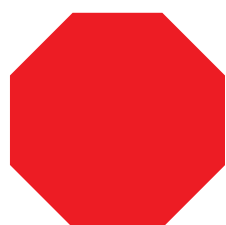




tech tips

By: Josh

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The Top 5 Red Flags to Help Spot Online Scams

Protecting Yourself from Overseas Online Fraud

By Josh Osborne

In recent years, many online scams pretending to be “technical support,” “refund,” or “bank verification” services have been traced to call centers operating in several countries, including India. These scams can sound professional and even display real company logos — but their goal is always the same: to trick you into giving access to your money or computer.

Here are five red flags that can help you stay one step ahead of them.

1. “We’ve Detected a Problem on Your Computer”

Red flag: A pop-up or caller claims your computer has viruses or security issues — and only they can fix it.

Reality: Legitimate companies like Microsoft, Amazon, or your bank *never contact you directly* about computer problems.

What to do:

- Close the pop-up if you can.
- Never call the number on your screen.

- Restart your device or take it to a trusted local repair shop.

2. “We Owe You a Refund... But You Need to Log In First”

Red flag: You’re told a company accidentally overcharged you and needs your banking info to issue a refund.

Reality: Real refunds go back automatically to your payment method — no remote access or login needed.

What to do:

- Hang up or delete the message.
- Check your account directly from the official company website.

3. “Let Me Connect to Your Computer”

Red flag: The scammer asks you to install programs like *AnyDesk*, *TeamViewer*, or *Quick Assist* so they can “help you fix” your device.

Reality: Those tools let strangers see (and control) your screen. Once inside, they can move money, copy passwords, or install malware.

What to do:

- Never allow remote access unless you personally contacted a trusted company’s verified support line.

4. “You Must Pay Right Now — With Gift Cards”

Red flag: The caller insists you must buy gift cards to fix an issue.

Reality: No government agency, tech company, or real business ever demands payment that way.

What to do:

- Stop communication immediately.
- Report the scam to the *FTC* (reportfraud.ftc.gov) or your local consumer protection office.

5. “We’re Calling from Microsoft / Amazon / Your Bank”

Red flag: The person sounds convincing, uses company-style language, and may even spoof official phone numbers or emails.

Reality: Scammers can fake caller ID and email addresses. If they’re rushing you to act — it’s not real.

What to do:

- Hang up and call the company back using the **official phone number** from its website or your billing statement.

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Final Word: Stay Calm and Verify

Scammers rely on *fear and urgency* to make you act fast. The safest move is always to **pause** — hang up, breathe, and verify independently. You can't

“miss” a real emergency by taking a moment to confirm.

Your best defense? *Skepticism, not stress.* If something feels off, it probably is — and by trusting your instincts, you protect your wallet and your peace of mind.

Check back in Pahrump Life Magazine next month for another article.

Still Needing Some Help?

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About Josh Osborne

Josh has over 25 years in the tech industry. After many years of selling computers, software and offering seminars to educators around the country, he and his family opened a local retail and repair center in 2010 called Great Computer Deals. The store's steady growth is due to Josh and his staff's ability to communicate computer technology in a way that's friendly, affordable and easy to understand. Josh is a 15 year resident of Pahrump Valley with his wife Kristie and daughters Kaylee and Lily. Josh loves Jazz music, the gym and enjoys watching Mixed Martial Arts.





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Shelley Poerio

A New Year in Recovery Six Themes to Consider as We Start 2026

By Shelley Poerio with Casey Jones

Happy New Year to everyone! The end of the last year and the beginning of the new one are typically times for reflection on the past and to forecast the future.

“What did I accomplish last year?”

“What do I hope to accomplish this year?”

For those of us in recovery and really, everyone, it's important to take the time to look back at the last year and reflect on what went well, of what we are proud. But it is also important to acknowledge where we could have done better.

This column has covered the importance of having plans, setting milestones, and developing healthy habits. As I performed my annual audit it occurred to me that summarizing six of the themes already covered can be use-

ful both for reviewing last year, and for adding structure to improve the likelihood of achieving goals for 2026.

Just as we are all unique individuals, we all will have goals that are very personal and tailored to our specific personalities, desires, and circumstances. But there is a framework we can use to help us all stay on track as we march through time and try to get the most out of this next year we've been given.

Set or Revise Realistic Goals

Goal setting should be an iterative process: you set initial goals, then as you gather more information or experience, goals might need to be tuned or reconsidered altogether. If you set goals for 2025 – you can review the year by asking yourself, “did I achieve them?”, “are they still relevant?”, “did I fall short of accomplishing them and if so, why?”.

Having written goals down – and

having reviewed them at regular intervals – makes this process so much easier. And involving a trusted friend or mentor in goal setting and goal review (your “goal partner”) also helps reinforce what you want to make progress on. Reviewing goals monthly or quarterly also helps you to adjust – or pivot – to realistic and achievable goals. If you didn't write goals down in 2025, starting this practice now will help. And asking someone (your 12-step sponsor?) to be your “goal partner” will help you be even more accountable and successful.

Practice Mindfulness

Simple mindfulness techniques can help you reduce stress and enhance your emotional well-being. We all have tough times; it's part of the human condition. Embracing this fact and developing ways to process sadness, anger, rejection, and even happiness is critical to staying balanced and not letting ad-



verse events or experiences derail you from your goals. In fact, we want to be able to integrate hardships into our lives, and use them to grow stronger and to be more insightful.

Recognizing what's happening is the first step. "I'm feeling down" or "I can't accept that person's behavior" should trigger the need to do something calming. For some people, a walk in nature helps, giving them time to think through all angles of the situation – from the other person's and their own perspectives in light of the context of the event or interaction. Maybe the other person reacted in a hurtful way because they're experiencing something sad in their life? Or maybe your feelings aren't related at all to the recent incident – but reflect an underlying anxiety about something completely unrelated. Giving yourself time to breathe and reflect on situations helps teach a more objective, and less reactive, way of dealing with challenges – strengthens emotional maturity.

Build or Strengthen a Support Network

It's a compliment for most people when someone asks for their opinion or for their help. It shows that they are valued, and that the person asking thinks highly of them as a person. If you don't feel that you have such a network, you can start by asking a trusted friend, mentor, or colleague if they'd be interested in giving you input on what you are trying to accomplish. Naming

them your "goal partner" is one way.

Enlisting other people to help you succeed in life – sobriety, career, health, or anything you want to excel in – is often greeted with a willingness to be in your network. If your goal is to improve your health by, for example, walking a mile each morning – there is probably someone else who has the same desire to connect in a healthy way that benefits them both physically, emotionally, and even spiritually.

Develop and Reinforce Healthy Habits:

The support network mentioned above is a wonderful way to get external reinforcement of good habits. In getting others involved, there is a mutual commitment to sticking with a plan. Other ways to do this individually is to include "healthy habits" in your goal setting – and then check in on a regular basis to see if you are moving in the direction desired. If not, what has gotten in the way? And either your goal partner, or workout, or walking partner can brainstorm with you about what to change to improve your movement toward your "healthy habits" goals.

Journal for Recovery

Start (or continue) writing about goals, progress, and frustrations or setbacks. Writing can help process emotions and track progress in recovery. It is also a way to put some distance between your real-time emotions and the "you" that can look at the writing a day or week later. Writing things down and then reviewing them later allows for a more analytical look at what's going on. Perhaps your feelings haven't changed – but often time enables an unfamiliar perspective and understanding and might change your original interpretation of "facts."

Celebrate Milestones

Just as in previous articles I've discussed having "self-compassion," allowing yourself to celebrate milestones is another aspect of self-care and treating yourself as you want to treat oth-

ers. When you accomplish a key milestone, take the time to pat yourself on the back, even sharing with a friend or your goal partner how proud you are. Getting up the courage to do something that you've wanted to do but were shy about doing – such as complimenting a stranger on something, just to share goodwill – is worthy of your own recognition. By doing this, you will be reinforcing that doing things outside your comfort zone can be rewarding – and that you are making progress toward being a better person.

As I'm writing this, the theme of needing other people and having a support network keeps emerging. It's what being human is all about. If you don't feel that you have this type of network, you can start to build it, starting with a counselor, friend, family member, or colleague. We are all human and have the need to connect with others to share the journey, celebrate the good and console each other during tough times.

Wishing you all a very happy and healthy 2026!

Shelley Poerio is a Licensed Clinician, Master Addiction Counselor, Certified Fitness Trainer, and author of "Rebalancing the Addictive Mind: Beating Addiction with Exercise and Nutrition." She is also the founder of Living Free Health & Fitness, a 501(c)(3) organization that helps people stay in recovery through counseling, education programs, lifestyle changes and sober living. Shelley lives in Pahrump, NV and has been in active recovery since September 5, 2001. For more information: www.livingfreehealth.org. Please contact Shelley directly at shelley@livingfreehealth.com.

Casey Jones, MBA, is a consultant who has been a part of Living Free Health & Fitness since 2013. She has extensive executive experience in public and private corporations and has helped numerous emerging companies successfully meet the needs of their customers and clients. Casey lives in Dallas, TX.

water wise



Working Together We Can Make Every Drop Count

By Jacky Walker

Living in a desert where precious water is the lifeblood of everything, it's no wonder the Private Well Owners Association (PWOA) has become the go-to educational resource in Nye County for learning more about wells, water conservation, and groundwater in Basin 162.

Basin 162 aquifer, also known as the Pahrump Valley Basin, supplies all the water for Pahrump and the surrounding areas, including parts of Amargosa Valley, Inyo County (CA) and Clark County. Nearly 12,000 domestic wells are in the Pahrump area, and another 8,000 proposed, so it's easy to see why PWOA's motto is "Every Drop Counts."

"All local water is drawn from a well of some type connected to Basin 162, whether for household, agricultural, commercial, industrial, or municipal use," affirms Matthew Burg, Chair of the PWOA. Even subdivisions, which may have a water utility company supplying water instead of individual wells, draw their water from Basin 162. "We're all in this together and using

water wisely is a critical responsibility for all water users."

As a tax exempt, non-profit organization, the PWOA seeks to educate the public and private well owners about well operations, water quality and conservation, water rights and water-related topics. Their mission is to promote a "truly sustainable traditional rural

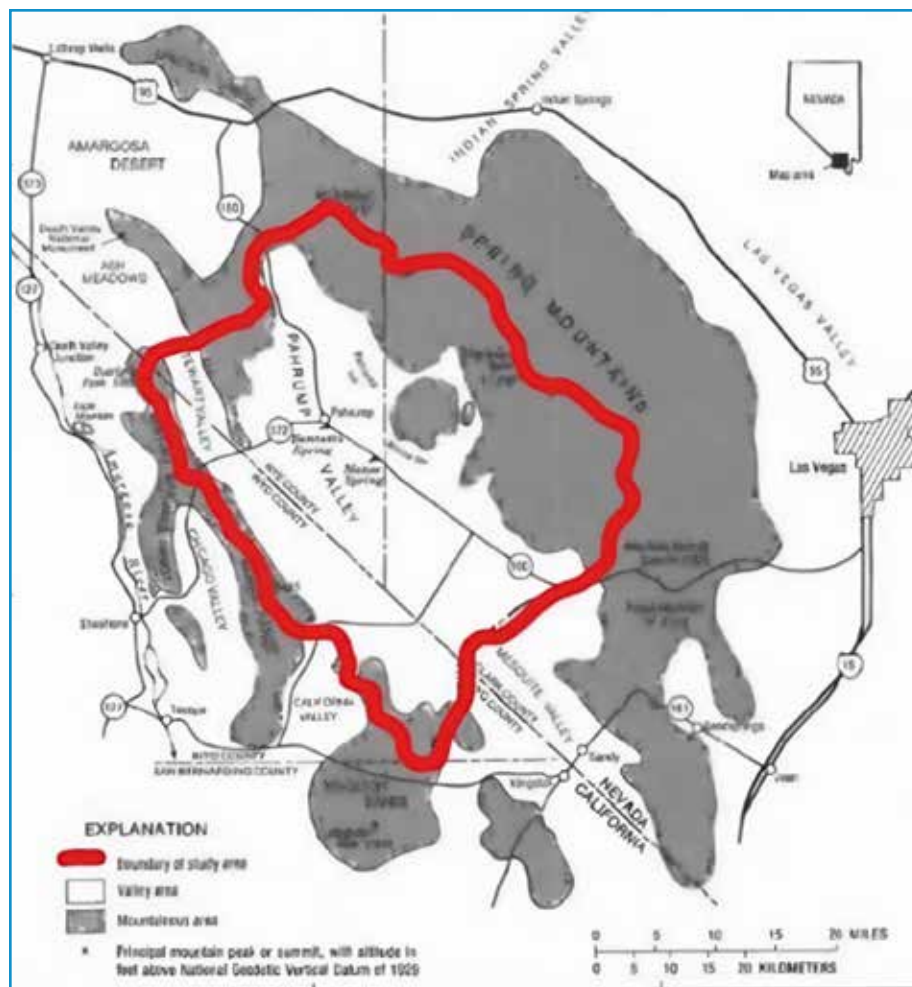


lifestyle" for the common good and general welfare.

"Typically, when you have a private



PWOA volunteers Ralph Goff, left, and Budd Watkins test static water level in a well. Photo credit - Matthew Burg



Map of Basin 162

domestic well, you're pretty much on your own without necessarily knowing about your well's equipment, how to maintain it, and do repairs yourself," notes Burg. "When the water doesn't flow, we all know we have a problem. With membership in PWOA, there's a support system in place to help answer questions to be self-sufficient."

Membership Recruitment Drive

PWOA is seeking new members to grow the area's collective knowledge about our water and well ownership. Educational classes are held every month during membership meetings by Board members and other experts who are invited to speak on water-related topics. Recent classes have included water rights of well owners, water-saving toilets, and the quality of our local

well owners come in looking for information and they are like sponges," Burg says. "For example, having a structure over a well—a well house—is very important. It protects the well from the elements, heat, cold, even insects that can cause the electrical connection to fail. Once that happens, no water!"

Annual membership is \$40 per year for owners of properties with private wells, and \$20 per year for businesses, renters and others who don't own a private well property. Applications and more information are available through the PWOA website www.privatewellowners.com.

Water Testing

A major benefit of PWOA membership is free water testing for private well owners by PWOA volunteers. The basic testing includes percentages

"We must do everything possible to be vigilant to conserve water if we don't want to become a ghost town."

for contaminant levels of nitrate, pH and total dissolved solids, in addition to the well's static water level. Arsenic testing is an optional \$10 charge due to the cost of supplies. When done periodically, the tests help well owners track the health of their well and act if levels test higher than recommended. "Testing done by a licensed laboratory could cost upwards of \$300, so paying our membership fee annually is well worth the money to have your well tested every year," Burg adds.

Drought in the Desert

Until recently, our desert area has suffered extreme drought. According to the **U.S. Drought Monitor**, this year's rainfall has been beneficial and our extreme drought conditions have subsided. "This is such good news for us in Basin 162. Unbelievably, we've heard of people complaining recently about their weeds growing," Burg says, shaking his head.

"People don't think we have a water problem because they can go to their kitchen sink and turn on their water anytime," Burg continues. "What they don't realize is that if their electricity goes out, or our wells run dry, they are in trouble. Shipping in water by tanker load is very costly. So, we must do everything possible to be vigilant to conserve water if we don't want to become a ghost town."

Cloud Seeding

One answer to help Mother Nature replenish our groundwater is cloud seeding. In 2022, the PWOA in conjunction with the esteemed Desert



Cloud seeding helps create rain and snow that eventually seeps into the aquifer. Photo credit – Jesse Juchter, Desert Research Institute

Research Institute (DRI), obtained a \$285,000 grant for a five-year cloud seeding project in the Spring Mountains. Whenever storm conditions are right during the colder months, silver iodide crystals are launched into the clouds to trigger rain or snow that will eventually recharge the groundwater. The cost is a few dollars per acre-foot of water generated.

These continual drought mitigation efforts appear to be working as snowmelt slowly seeps into Basin 162's groundwater supply. Cloud seeding's measurable success has come to the forefront as a viable means of weather modification. The Nevada State Legislature recently granted \$1.2 million to DRI for more cloud seeding efforts statewide.

Advocacy and Water Preservation

A critical role of PWOA is monitoring local and state government to help inform well owners about proposed legislation that negatively impacts them. Earlier in 2023, PWOA's Burg testified at the Nevada State Legislature against several measures that did not favor well owners.

In this role, PWOA also gives members a voice in limiting Nevada's over appropriation of Basin 162's available water resources. Basin 162 is widely

known as the most over appropriated water basin in Nevada, with over 60,000 acre-feet of paper water rights issued, while only 20,000 acre-feet of water per year is estimated for perennial yield by the Nevada Division of Water Resources.

"We're here to help folks understand complicated water rights including the Nevada State Engineer's Order 1293 and 1293A which prohibit the drilling of new domestic wells in Basin 162 unless water rights have been relinquished to support that well," Burg continues. Domestic wells operating prior to these orders are allowed a maximum of two-acre feet per year (approximately 652,000 gallons) for

"PWOA's unprecedented action saved taxpayers \$1.79 million dollars in property taxes."

single-family dwelling culinary and household purposes, including the watering of a family garden, lawn, and domestic animals. "Our mission is to protect our right to draw two-acre feet of water and independence under Nevada law while advancing good groundwater stewardship," he adds. "We do not support meters on private wells."

In 2019, PWOA celebrated a major triumph for local property owners. Its formal appeal to the Nye County Board of Commissioners successfully defeated a proposed assessment of \$30 by the Nye County Water District Governing Board on all households in Basin 162. PWOA's unprecedented action saved Nye taxpayers over \$1.79 million dollars in property taxes.

Educational Brochures and Outreach

PWOA provides free educational brochures to inform and educate the public about water use and conservation as well as life in our rural commu-



PWOA Board explains water rights at a recent meeting. Board (L-R) Joyce Barishman, Helene Williams, Matt Burg, Budd Watkins, Steve Bacus. Photo credit – Jacky Walker



PWOA volunteers greet visitors at the 2023 Fall Festival. Photo credit – Jacky Walker

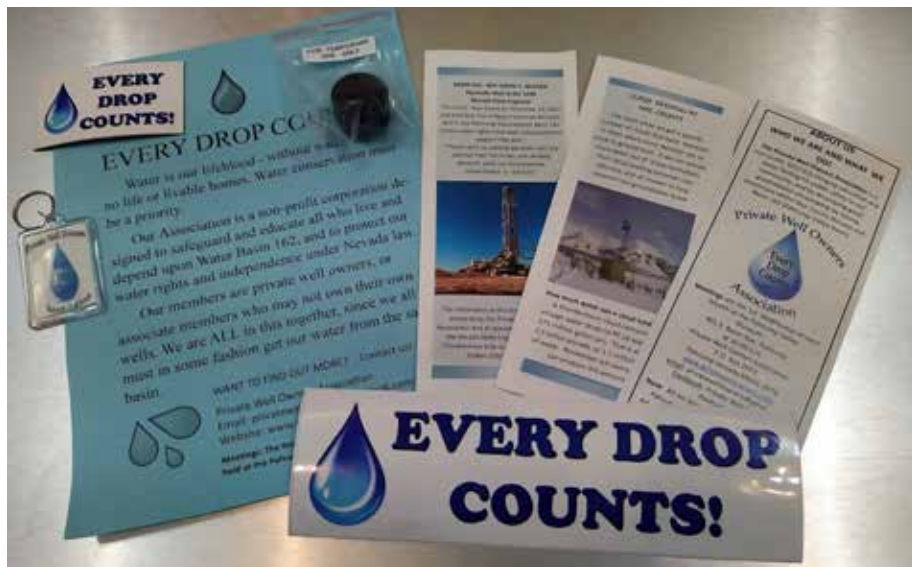
nities. Topics include Cloud Seeding, Domestic Well Order 1293, Solar and Wind Generation. These brochures are available at the Pahrump Valley Museum, Nye County Administrative Office, the Pahrump Library, and many other locations.

For the last few years, PWOA has had a booth at the annual Pahrump Fall Festival to help spread the word about the organization's educational programs and inform the public about water use, well testing, and water conservation in our rural community. At the 2021 Wild West Extravaganza, bumper stickers, key chains and refrigerator magnets reminding that "Every Drop Counts" were available for visitors.

Meeting Times & Location

Learn more about this valuable organization dedicated to water education and giving back to the community. The Private Well Owners Association meets at 10 a.m. on the first Wednesday of every month at the Pahrump Valley Museum, 401 E. Basin Avenue, Pahrump NV. Meetings are free and open to the public.

PWOA website:
www.privatewellowners.com



Nevada Division of Water Resources



PWOA Director Budd Watkins gives a class on how to add solar power to a well. Photo credit – Jacky Walker



PWOA members learn about well water rights at a monthly class at Pahrump Valley Museum. Photo credit – Jacky Walker

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LIFE after 18



Credit Card Balance Transfer Offers: Are They Really a Good Deal?

Janet M. Nast

By Janet M. Nast
Life Skills Consultant, Speaker, Author
LifeAfter18.com

January is here and the bills for Christmas will be filling up your mailbox pretty soon, yuk! You will also be receiving a lot of very tempting “Balance Transfer” offers. This means a credit card company is wanting you to transfer money you owe on one credit card, to their credit card. Some of these offers are a good deal and may help you to pay off your new Christmas spending debt. To make the best decision, *read the fine print!*

The most common offers will sound something like this:

- **Balance Transfer:** 24 Months Same as Cash!
- **Balance Transfer:** 24 Months No Interest!

They are trying to convince you to transfer the balance on your existing credit card, to their brand new credit card. Sometimes it can be a good deal, but many times it's not.

What you need to look for are words that tell you these three things:

1. What will they charge you upfront for the transfer?

Every credit card will charge you something. Most will charge you 4%-5% of the amount transferred. For instance, if you transfer \$1000, then they add up to 5%, or \$50 to your new balance owed. You'll see that on your first new bill.

2. Do you have to pay off the balance transferred within a certain period of time?

If so, do you think you can do this? That means that you would be “borrowing” someone else's money for 24 months with no interest and only be charged that \$40- or \$50-dollar transfer fee mentioned in point number one, above.

And then do some math and see if that fee is more or less than the interest you would have paid in 24 months:

- If it's a lot less and *you can pay*

it off in 24 months, then this is a great idea. (In the case where you have a pretty high balance on your current credit card.)

- If it's about the same or more than what you'd pay in interest, then I probably wouldn't bother. (That would be the case where you don't owe a lot on your current credit card.)

3. Will they charge you anything if you don't pay off the balance within that period of time?

- *Some credit cards companies* will back charge you all the interest for the original transfer amount, over the last 24 months plus interest on the \$40 or \$50 transfer fee. That's a lot of money and would be a really bad idea. The only way it would be a good idea, is if the old credit card is charging you more interest, for example, 26%. And the new one is charging something less like 18%. Even that's cutting it close and I'm not sure I would do it.

- *Some credit card companies* will just start charging you their normal interest rate (18%-28%) from the 25th month forward. That means that you just borrowed their money interest free for 24 months, and only had to pay \$40 or \$50 dollars to do so. And that original balance probably went down pretty fast too. This is a great deal so I would sign on the dotted line for this one.

One last thing to keep in mind as you transfer balances from one card to another: ***You should probably close the old card, or at the very least, put it in your dresser drawer, so you're not tempted to run up that balance again.*** That's a real easy thing to do; take it from someone who's done it!

Want to dig deeper into all things credit, credit cards, and all those credit card offers?

"Some of these offers are a good deal and may help you to pay off your new Christmas spending debt."

Sign up for the "Credit Scores and Credit Cards" lesson at **LifeAfter18.com** and get the tools you need to make smarter, more informed decisions —so you can achieve better financial results with confidence.

If you still have questions about credit and credit cards, don't hesitate to reach out—I'm happy to help! You can email me anytime at **jan@lifeafter18.com**.

Happy New Year!



27% of holiday shoppers regret store credit card signups. That card probably has 27% deferred interest. Miss the payoff deadline by \$5, and suddenly you own an extra \$200 in interest charges!

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A Celebration of America 250 in Pahrump

By Robin Olson

On October 11, 2025, the Pahrump Springs Chapter of the Daughters of the American Revolution, dedicated an America 250 Monument, in the Rock Garden, at the Pahrump Valley Museum. The America 250 celebration is a recognition to the upcoming 250th Anniversary of the signing of the Declaration of Independence. The official date will occur on July 4, 2026. With more than 6 months in the planning, the D.A.R. presented the 1800+ pound ROCK Monument to the public at a gathering at the museum. The ROCK was created by Written in Stone Rick, a local artisan. The ROCK was obtained from a quarry near Jean, NV. It is native Nevada sandstone. Artisan, Rick Clout, spent many hours working on the stone to produce the final product. The text on the stone was determined

by the National office of the Daughters of the American Revolution. However, Rick added a special touch with subtle stars on the top left and right side of the ROCK. Then, with help from the Nye County Buildings and Grounds Dept and the Pahrump Town Buildings and Grounds Dept., the ROCK was strapped up, lifted and put into place in the museum Rock Garden.

The ceremony began at 1:30 pm with a large gathering including Nye County Commissioners: Ron Boskovich, Debra Strickland, John Koenig and Bruce Jabor; Town Manager, Brett Waggoner, Assemblyman Gregory Hafen II, members of the Pahrump Town Fire Dept., members of the VFW, DAV and Chamber of Commerce, Pahrump pioneer Tim Hafen, Dr. Tom Waters, and Judge Kimberly Wanker. Emceed by local journalist, Deanna O'Donnell, the Boy Scouts presented the Colors, the Silver Tappers performed their Patriotic number and key-

note speaker, Assemblyman Gregory Hafen II, presented a Proclamation to the D.A.R. Finally, the ROCK was unveiled to enthusiastic applause.

The Pahrump Springs Chapter of the Daughters of the American Revolution extends a gracious thank you to Pahrump Valley Museum, Director Marilyn Davis and the Museum Board for all of their help and allowing us to "add" to their Rock Garden. Also, a huge THANK YOU to the Pahrump Valley Times and Reporter, Elijah Dulay and Pahrump's own Channel 25 TV Station, for helping us get the word out on the event.

If you haven't seen the ROCK yet, make sure to take a few minutes and stop by the museum. As you drive into the museum, look to your right; it's the majestic ROCK standing right out front! After looking at a salute to U.S. History, walk inside the museum to see the history of Pahrump and Nye County and say "Hi" to Marilyn Davis.



Focus on Family

New Beginnings



Tim Sutton, Esq.

By Tim Sutton, Esq., Managing Partner - Sutton Law & Consulting Group, suttonlawgroupllc.com

The New Year has long been associated with resolutions and the hope of a “new you.” While resolutions sometimes fade, the desire behind them is eternal. It is the God-given longing to grow, to heal, and to become better than we were before.

At the heart of every true new beginning is a principle that is often misunderstood: repentance.

Many people associate repentance with guilt, shame, or punishment. But that understanding misses the beauty of the concept. Repentance comes from the Greek word *metanoia*, meaning “a change of mind” or “a fresh view.”¹ Repentance is not about being trapped by the past; it is about turning toward Christ and seeing life—and ourselves—through His eyes.

President Russell M. Nelson has taught:

“When Jesus asks you and me to ‘repent,’ He is inviting us to change our mind, our knowledge, our spirit—even the way we breathe. He is asking us to change the way we love, think, serve, spend our time, and treat our wives and children.”²

He went on to describe repentance as “a joyful process.”

That joy extends into every part of our lives.

A Fresh Start Physically

Our bodies are sacred gifts from God. The New Year provides an opportunity to recommit—perhaps gently—to better care through healthier habits, increased movement, or simply greater gratitude. Even small, sincere efforts invite divine help as we honor our physical stewardship.

A Fresh Start Financially

Financial concerns often weigh quietly on individuals and families. A new beginning might include creating a budget, reducing debt, or recommitting to honest and faithful practices such as tithing or other charitable contributions. The Lord promises peace more than prosperity. As we act with integrity and faith, He helps bring order to our lives and reassurance to our hearts.

A Fresh Start Relationally

Few things feel heavier than strained relationships. Yet the gospel of Jesus Christ is a gospel of reconciliation. A fresh start may begin with forgiveness, an apology, or simply the humility to listen. Through Christ’s grace, hearts soften, walls fall, and healing becomes

possible—sometimes slowly, but surely.

A Fresh Start Spiritually

Spiritual renewal is the foundation of all lasting change. Consistent prayer, meaningful scripture study, sincere worship, and thoughtful service to others realign our lives with heaven.

Ultimately, what makes any new beginning truly possible is Jesus Christ.

Through His Atonement, we are given power—not only to be forgiven, but to be transformed. Elder Jeffrey R. Holland taught:

“However late you think you are, however many chances you think you have missed... I testify that you have not traveled beyond the reach of divine love.”

No matter how last year ended—whether with success or struggle—the message of the gospel remains the same. This moment can be new.

As this year begins, may we believe in fresh starts. May we see repentance not as a burden, but as a blessing. And may we move forward with faith, trusting that through Jesus Christ, new beginnings are not only possible—they are promised!

1. *Repentance – Gospel Topics*. Available at churchofjesuschrist.org.

2. “We Can Do Better and Be Better” *Ensign*, May 2019, 67.

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Healthy Living

The Foundational Health Pyramid *Understanding the Sequence of Healing and the Role of Mitochondria*

By Crystal Atwood

T rue healing is not linear, nor is it random. The body heals in a specific sequence—one that reflects how human biology functions at its deepest levels. The Foundational Health Pyramid illustrates this order, beginning with mindset at the base, then moving upward through mitochondria, gut, detoxification, hormones, and finally the brain. When each layer is supported in proper order, the entire system becomes stronger, more resilient, and capable of deeper healing.

Mindset: The Ground Floor of All Healing

Your thoughts, beliefs, and emotional patterns directly influence your nervous system, hormonal balance, immune function, and even cellular energy production. Chronic stress, fear, or self-judgment keeps the body locked in a survival state, limiting its ability to repair and restore. A calm, empowered, and hopeful mindset signals safety to the body—allowing healing pathways to open.

Mitochondria: The Engines That Power the Body

Mitochondria are tiny organelles inside your cells responsible for producing ATP, the fuel your body relies on

for every metabolic and cellular function. From digestion and detoxification to brain clarity and hormonal balance, everything depends on mitochondrial energy.

When mitochondrial function declines, energy output drops—and the systems above them in the Pyramid, begin to show symptoms. Because of this, mitochondrial restoration is one of the most important early steps in any true healing process.

Common Signs of Low Mitochondrial Function

- Persistent fatigue, even after rest
- Brain fog or difficulty focusing
- Sensitivity to stress

- Trouble with exercise or physical endurance
- Unexplained weight changes
- Blood sugar instability
- Chronic inflammation
- Hormonal imbalances
- Slow or poor detoxification
- Frequent illness or slow recovery

These are often treated as separate conditions, but many stem from the same root cause: impaired mitochondrial energy output.

How Functional Labs Reveal Mitochondrial Stress

Traditional labs rarely detect early mitochondrial weakening. Functional testing, however, provides a deeper look into nutrient pathways, detoxification blocks, oxidative stress, and cellular energy markers.

Organic Acids Test (OAT)

This test can reveal mitochondrial nutrient deficiencies, detox impairments, oxidative stress, and imbalances that directly impact ATP production.

GI-MAP or Comprehensive Stool Testing

Gut infections, inflammation, dysbiosis, and toxins can place significant stress on the mitochondria. Since gut health and mitochondrial function are closely linked, these markers tell an important part of the story.

DUTCH Hormone Testing

Hormones depend heavily on mitochondrial energy. Patterns in cortisol, estrogen metabolism, and adrenal activity often reflect underlying mitochondrial strain.

Nutrient Panels

These tests assess levels of key mitochondrial nutrients such as B vitamins, magnesium, carnitine, antioxidants, and CoQ10. Together, these labs provide a clear picture of not just what is happening, but why—and what your cells need to restore healthy function.

Why Healing Must Follow the Pyramid Order

Trying to correct hormones or thyroid issues before supporting the mitochondria is like trying to power an entire house with a failing generator. You may see small improvements, but nothing holds. When the root energy systems are restored, the systems above them improve naturally and more sustainably.

The body heals best when supported in this sequence:

1. Mindset
2. Mitochondria
3. Gut
4. Liver and detoxification pathways
5. Adrenals
6. Thyroid
7. Hormones
8. Brain and neurological function

This progression honors the natural hierarchy of the body, creating deep, lasting transformation rather than temporary relief.

Working With a Practitioner to Understand Your Pyramid

Healing is deeply personal, and no two people follow the same pattern. A qualified functional practitioner can help you interpret lab results, identify where mitochondrial stress is coming from, and create a step-by-step plan that respects the body's natural healing order.

Whether you're experiencing fatigue, hormonal symptoms, digestive issues, chronic inflammation, or simply want



*Crystal Atwood, Integrative Health Coach
Owner-Natural Vibes Wellness and Nutrition
Center*

to optimize your health, having someone guide your journey can help you avoid overwhelm and gain clarity.

Connect With Crystal Atwood

If you are ready to understand your own health pyramid, explore functional lab testing, or begin a mitochondria-centered approach to healing, I would be honored to support you.

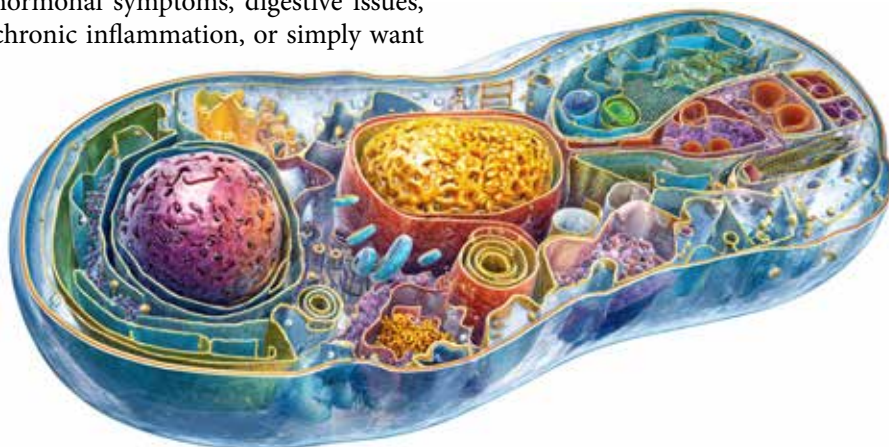
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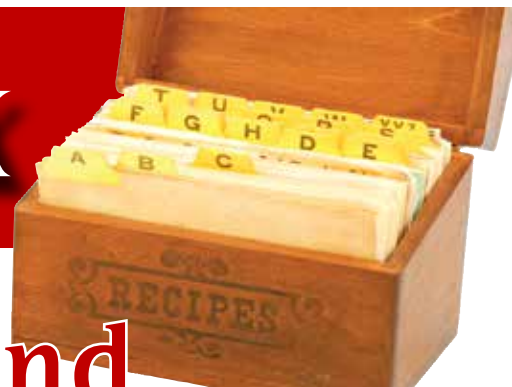
Phone: 775-419-8160

Email: crystal.naturalvibes@gmail.com

Your healing begins with one aligned step forward—one that honors your body, your energy, and your unique path.



Recipe Box



Dark Chocolate and Raspberry Chia Jam Bites

By Crystal Atwood

<https://naturalvibes-healthandwellness.com>

5 ingredients

8 hours, 50 minutes

12 servings

Ingredients

- 2 cups Raspberries
- 2 tbsps Chia Seeds
- 1 1/3 cups Dark Chocolate Chips
- 1 tsp Coconut Oil
- 1/4 tsp Sea Salt (flaky)

Directions

1. Line a baking sheet with parchment paper.
2. Place the raspberries in a medium-sized bowl and mash with a fork. Add the chia seeds and mix well.
3. Using a tablespoon, scoop the raspberry mixture into balls and place them on the prepared baking sheet. Transfer to the freezer. Freeze for eight hours or overnight, until completely frozen.
4. Once frozen, melt the chocolate and oil in a saucepan on low or in the microwave for 30- second intervals.
5. Use a large spoon or two forks to coat the frozen raspberry bites in melted chocolate and transfer them back to the baking sheet. Garnish with flaky salt and place in the freezer for 10 to 15 minutes just until the chocolate has set. Enjoy!



Notes

Leftovers. Freeze for up to two months. Thaw for five to 10 minutes before serving.

Serving Size. One serving is one raspberry bite.

Nutrition (per serving)

Calories 183	Cholesterol 0mg
Fat 10g	Sodium 50mg
Carbs 18g	Vitamin A 7IU
Fiber 2g	Vitamin C 5mg
Sugar 13g	Calcium 18mg
Protein 2g	Iron 1mg

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Drop the “Intelligence” in AI



By Dr. Christopher Salute

AI Didn't Write this Article.
And AI cannot write this article.

I have gone back and forth on this idea about how we have (at least fictionally) predicted our own destruction over the past 40+ years. We continue to pour money into the same technology that we make movies and write books about killing us. What am I talking about? Artificial Intelligence, of course. I did a brief search and found over 100 books and films on the topic, most of them being pretty popular and mainstream. Stories like:

- The Terminator (film series)
- The Matrix (film series)
- 2001: A Space Odyssey (film)
- Blade Runner / Do Androids Dream of Electric Sheep? (film/book)
- I, Robot (book/film)
- Ex Machina (film)
- WarGames (film)
- Westworld (series/film)
- Robopocalypse (book)
- Avengers: Age of Ultron (film)

Now, before you call authorities and tell me I need to take a “meditation va-

cation,” ... I can appreciate that these are all science fiction stories. And, I don't actually think we're going to see robots or AI programs waging war on humanity ... at least not traditionally. No, what I see is the fact that AI software is taking all of the fun out of our lives... in just another episode of “Technology making our lives ‘easier.’”

As a professor, I see a ton of students using AI to write their papers. I mean, this makes sense - students are stressed out. They don't see the value in writing that paper I assigned them. OK... I get it... But as someone who LOVES to write... therapeutically, educationally, and creatively... I ask myself why someone would want to ask AI to write their paper instead of writing it themselves?

So, let me get this straight. You've decided to take classes to enrich your life... maybe get a new job... or a promotion at work... and you are not taking the opportunity to learn the material and do the work when you can? For me, writing a paper in college was a nice break from my job, my relationship, my other stresses, etc. And, seeing an “A” come across my desk felt incredible. Now... In those moments I completely ignore the facts that many of my students work one or more jobs,

have childcare challenges, family issues, etc. So, I completely understand that it is EXTREMELY nearsighted to say what I am saying. I am clearly trying to prove a point.

Art, music, writing, presentations - we are relying on AI to do what makes humanity great! WE are the creatives... the problem solvers. It's literally the reason we are Earth's rulers. Well... that and our opposable thumbs. So, why are we asking AI to do the things that make us incredible? So, that we can get back to our other stressors?

I've talked to friends who do the same with their artwork, invitations and fliers, even their music. They can record their own voice and ask AI to sing their songs for them. But, isn't singing so much fun!

What will be left if we ask AI to do all of that tedious work? First of all, an influx of media that AI can generate so quickly. So, our job will be to market our work better than our competitors.' I don't know about you... but, as a creator, marketing my work is not nearly as fun as putting it together. With the widespread utilization of user accessed media platforms, we're in a bit of a renaissance era when it comes to art. Applications like SoundCloud, YouTube, and Amazon KDP allow art-

*“Art, music, writing, presentations - we are
relying on AI to do what makes humanity great!
We are the creatives...the problem solvers.”*

ists to put together their own work and get it out to the masses. This is a pretty awesome contrast to when record labels used to buy advertisement space to promote the song they wanted to sell or an author sending their transcript to thousands of agents only to receive thousands of rejection letters.

But, with the inclusion of AI into the mix, aren't we going to move backward? We will now see folks using AI and pumping money into keyword strategy and ad dollars in order to get their work to popularize and sell. Maybe every SoundCloud artist doesn't deserve our attention. But, where would we be without Post Malone?

AI also brings with it a ton of other issues, as I am sure you're aware:

- Privacy & data security concerns
- Ethical concerns
- Algorithmic bias
- Lack of transparency in AI decision-making
- Job displacement / unemployment due to automation
- High implementation costs
- Environmental impact
- Security vulnerabilities
- Over-dependence on AI systems
- Reduced human interaction / loss of human touch
- Low creativity & lack of emotional intelligence
- Unreliable or flawed algorithmic outputs
- Encouragement of human complacency or laziness

Did you know that young people are venting to their AI systems? And, that these AI systems are often programmed to be as kind as possible? So, when someone ... for example ... has

a family history of mental illness and doesn't know it yet, they may be asking AI for affirmations about how out of line their parents or partner are being. Or, how irrational their teachers or professors are in asking for a paper to be due. AI softwares, designed for sustainability, are going to agree with that user as often as possible. And, that's how easily psychosis can begin (It sounds dramatic, but there really is a lot of truth, there). An AI platform has no idea who you are or what it means to be human. They just want more of your data so that they can continue to grow in "intelligence."

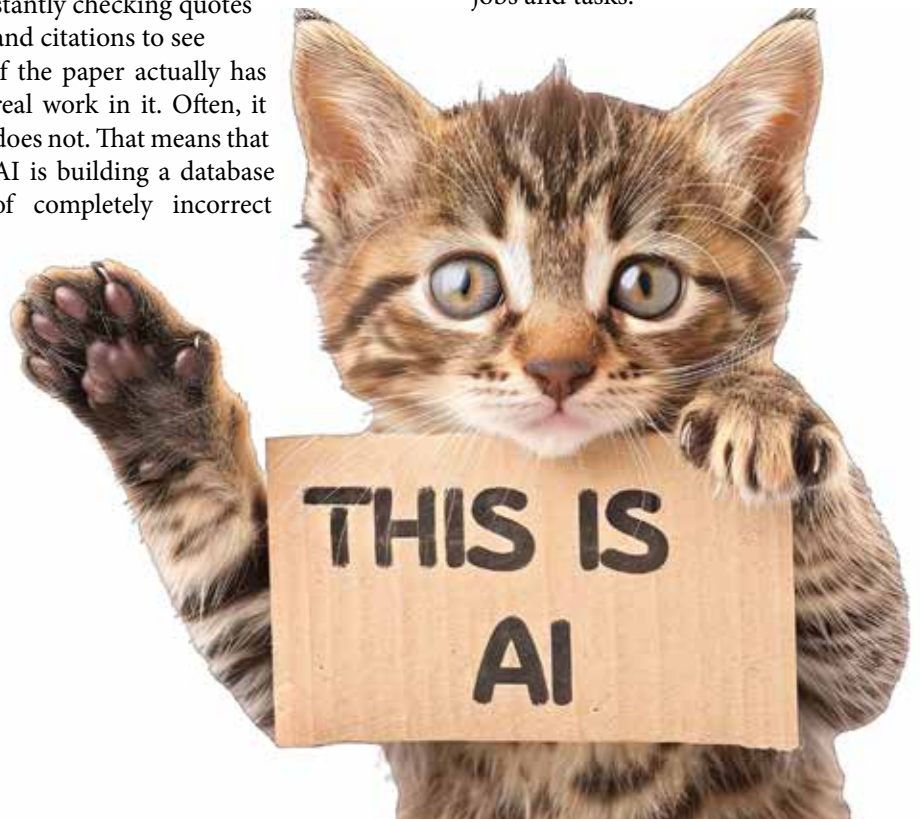
This "yes man" vibe further extends to academics. We have all heard of these stories of AI citing work that doesn't exist. My partner and I both grade lots of papers and we're constantly checking quotes and citations to see if the paper actually has real work in it. Often, it does not. That means that AI is building a database of completely incorrect

information. So, when you're writing something and ask for its help, you are relying on a very unreliable narrator.

The bottom line is... AI can be quite helpful. Organize my grocery list. Set some alarms for me so that I remember my blood pressure medicine. Heck, even help me send this one Facebook Marketplace listing to all of my other ecommerce platforms. Do the boring stuff!

But, there's absolutely no reason to use AI to do what humans do best: create. I'd rather have a fully automated robot in my house washing my dishes so that I can sit under a tree and write poetry, instead of the other way around.

If we continue to rely on AI for creation, we will absolutely eliminate the need for human thought. And, think about it: That is like substituting a 5 star restaurant for a vending machine. Sure, it'll fill you up. But, enough vending machine food and you'll forget what it's like to go out and get a nice steak. And, that will be how we slowly pass: Losing the zest we have for life while AI replaces all of our most fun jobs and tasks.



DESERT SKIN

Pityriasis Rosea: Understanding This Common Skin Rash



Michael Roos, PA-C

By Michael Roos, PA-C

Pityriasis Rosea (PR) is a surprisingly common skin condition that can look alarming but is almost always harmless—and temporary. It most often affects teens and adults under 35, though it can occur at any age. While its exact cause is still being researched, dermatologists believe it may be triggered by a viral activation in the body, similar to how cold viruses behave. Importantly, PR is not contagious and does not reflect poor hygiene, allergies, or an underlying medical problem.

How It Typically Begins

For many patients, the rash starts with a single, round or oval pink patch known as a “herald patch.” This first spot is usually larger than the others

and often appears on the chest, back, or abdomen. Within a few days to two weeks, multiple smaller spots develop—often spreading in a distinctive pattern across the trunk.

Classic “Christmas Tree” Pattern

The smaller lesions tend to follow the natural lines of the skin, creating a “Christmas tree”-shaped distribution on the back. These patches may be slightly scaly, itchy, or completely asymptomatic.

Common Symptoms

The lesions are typically pink, red, or tan oval patches with mild to moderate itching but, sometimes, does not itch at all. This may develop following mild illness or stress. Patients develop spots lasting 4–8 weeks on average.



How Pityriasis Rosea Is Treated

Most cases resolve on their own without prescription therapy. However, treatment can make the process more comfortable. Moisturizers to reduce dryness and irritation. Topical steroid creams and topical and oral antihistamines for itching. Short, controlled sunlight exposure or phototherapy may also help resolve lesions faster.

When to Seek Medical Evaluation

Certain rashes can mimic Pityriasis Rosea — including fungal infections, eczema, psoriasis, drug reactions, and even syphilis.

The Bottom Line

Pityriasis Rosea is self-limited, non-dangerous, and highly manageable. Mohave Dermatology has skilled physicians and physician assistants experienced in diagnosing and treating Pityriasis Rosea and many other skin conditions. Our team is here to provide knowledgeable, compassionate care whenever you need it.

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Michael Roos, PA-C, is a skilled physician assistant. Mr. Roos is a **veteran**, serving as a medic in the **United States Army**, and has a strong commitment to medicine and his patients. His service includes tours in Germany, Iraq, Kuwait, and Oklahoma. Michael received his undergraduate degree in biology and later became a Physician Assistant. He trained in dermatology with Dr. Daulat and treated all types of dermatology conditions, ranging from acne, psoriasis, and autoimmune diseases, to surgical removal of moles, cysts, basal cell, squamous cell, and melanoma cancers. He has over 22 years of experience in cosmetic injectables and laser treatments.



*Se Habla
Español*

Nicholas Benites, PA-C, is an exceptional physician assistant practicing in the Las Vegas area for over 10 years, with eight years in dermatology. He is a **veteran**, having served in the **United States Army** for almost 20 years in both the **Nevada Army National Guard** and the **United States Army Reserve**. He is currently a major in the Army Reserve. Nicholas completed his medical training in the military's Interservice Physician Assistant Program. Nicholas treats various skin conditions from acne to skin cancer. He brings expertise from his work with multiple dermatologists and practices over the years.

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Robyn Ruggeroli's Fainting Goat Soap

By Robyn Ruggeroli

Hi, I'm Robyn, and I've been in Pahrump for 11 years. We moved here from Las Vegas after my husband proposed and promised to buy me fainting goats if I'd go with him to Pahrump. I had never lived in a small town before, but I quickly fell in love with it. It's so easy to make friends here, and people genuinely look out for one another.

Shortly after we arrived, a new friend gifted me two bars of her handmade goat milk soap. At the time, my infant daughter had eczema. I tried the soap on both of us, and it helped her skin so much. It made a huge difference with my own skin too, and I loved how creamy it was. Not long after, we brought home two Alpine goats in milk, and I started experimenting with making soap myself and gifting it to family and friends.

That was ten years ago. Since then, I've added more products as our family needed them. When I couldn't find a lotion that lasted all day, I created a body cream. When restless legs kept me up at night, I made a magnesium cream. Soap is still my favorite prod-

uct to make and to use. Choosing fragrances, deciding on natural colors or micas, and knowing the milk and honey came from our own little farm brings me so much joy. While I make all the products, my family assists with wrapping and labeling soap and caring for the animals.

It truly feels like a blessing to create things I love and share them with others. Especially since we get to have a yard full of sweet little goats that we adore. We've also been keeping bees for a few years and use our own honey and wax whenever we can. I didn't think I'd love anything as much as making soap, but working with the bees is so exciting.

We're currently working on a website to make ordering easier and reach more customers. We're also planning to set up additional beehives in different locations this spring, since we've been selling our honey as soon as it's extracted. We are so grateful to every supporter that makes it possible for us to keep doing what we love. You can find and follow us on social media at Fainting Goat Soap by New Liberty Farm, as well as our website at Fainitnggoatsoap.com.



Robyn Ruggeroli



OUR VETERANS OUR HEROES

Mike Hazard, MK2 (E5) - US Coast Guard

Part 1

By Mike Hazard

Intro by Lt. Colonel (USAF Ret) Tom Waters

While searching for Veteran stories for Pahrump Life Magazine's "Our Veterans, Our Heroes" section, we received this story from U.S. Coast Guard veteran Mike Hazard. He sent it to me, Lt. Colonel Tom Waters (USAF, Ret), and it REALLY got our attention. After all, it was different from the previous stories because it gave us a view from inside the Coast Guard. Now, you get to read it and determine for yourself what the Coast Guard is really like and what guarding the coastlines is all about. Mike also wrote a book (*The Sea's Fury*), and he provides glimpses into life in the United States Coast Guard.

Now, let's listen to Mike Hazard.

Why I Wrote *The Sea's Fury*

On 28 September 1970, an event occurred that would change the history of the U.S. Coast Guard forever. In retrospect, the Coast Guard might have reconsidered endorsing my enlistment quite so quickly, had they known what a "HAZARD" I might pose to their fleet of Ships, Cutters, Surf-boats, and Aircraft. Not really, just a play on words there. Actually, enlisting was something I had planned for a long time. I grew up on a small farm in the Pacific Northwest that was a few miles south of Olympia, Washington, and by the time I had graduated from high school, my father and I had built over 5 different boats together. We sailed and spent countless hours on Puget Sound, Capital Lake, and the Black River.

Because we were in a rural area that had no sidewalks and no street lights, a weekly bookmobile from the Thurston County Library served our small country neighborhood in the summertime. Kids in the neighborhood, along with my sisters and I, all participated in summer reading programs offered while



Mike Hazard

checking out books from this mobile library. One day in the summer of my sixth grade, I ran across a book called "*The Story of the U.S. Coast Guard*," by Eugene Rachlis. I read it cover to cover, and it became the inspiration for me to join some 7 years later.

Growing up, my family spent a lot of time at Westport, Washington, or sometimes known as Grays Harbor. I often spent a lot of time here on the breakwater watching the Coast Guard boats go out and come back, towing a vessel that apparently had had engine problems and needed a tow to get back into the harbor. One particular event was the departure of the motor vessel "ALERT." It was only about 25-30 feet long and built like a small cabin cruiser or large fishing vessel of equal length. It made the news several times because it had launched several times in

an attempt to make it from Westport, Washington, to the Galapagos Islands, located in the Eastern Pacific. It was an older craft and had attempted several times to get underway, but each time the boat had experienced mechanical problems of some sort, and each time the Coast Guard had to bring it back to harbor. Finally, one particular day, the Coast Guard escorted it out across the bar, and as far as we know, it was on its way to the Galapagos. After reading that book and witnessing the escapade of the MV-Alert among many other rescues made by the Coast Guard, it all made sense to me, and I soon put my future plans in place.

By the mid-1960s, the war in Vietnam had made the Coast Guard such a desirable military service that, through research and information gathered from close friends, I discovered that the waiting list to get in was over three years long. That was a huge time frame of uncertainty and a big gamble to hope for the chance to enlist after high school in 1969 and still avoid being drafted. With that in mind, in the spring of my sophomore year, my best friend and I skipped school one day and went up to Tacoma to talk to the Coast Guard recruiter. Before we left his office, we had both signed up. I wanted to go into SAR (Search and Rescue), and he wanted to be a Helicopter pilot. The recruiter told us it would be a long time before we would hear from them and he was right. It wasn't until the summer after my first year of college

that they called me. The phone rang that one summer afternoon in 1970. I picked it up, and on the other end, the recruiter told me my name had finally come to the top of the waiting list, and if I wanted to go in, all I had to do was report for a physical the following week. The other option he gave me was that I could say I wasn't interested, and I would never hear from them again. The decision was simple. Without hesitation, I got the directions to the place for my physical and followed each successive instruction as they came to me.

Finally on Sept 30, 1970, I stood in line with 6 other guys from the Tacoma area, raised our right hand, took the oath and by late afternoon we were on a Hughes Air West flight to San Francisco. There, we were greeted by a small gray bus that soon dropped us off at the gate to the Coast Guard Training Center at Governor's Island Alameda, California. Trust me the fun was just beginning.

I had talked to several people who had been through Coast Guard boot camp and none had told me it was easy. Nothing however, prepared me for the mental and physical stress that was soon to be an everyday occurrence for the next 9 weeks.

That first afternoon we soon relinquished our civilian clothes for the last time donning old worn out green military fatigues that looked like they had survived the last war and were now elaborately labeled, "Green Shit." Then the marching began. We marched and then we jogged. Mile after grueling mile, around and around the large open asphalt Grinder on the north end of the island we jogged and then marched in formation to every location on base we were told to go to. Finally, at 10:00 pm the lights in our new barracks were switched off, a watch stander was selected, and everybody was told to hit their racks (bunks). The next morning at 5:30 am, the crisp and shrill sound of reveille permeated the stillness of the barracks and the lights quickly flashed back on. We had 5 min-

utes to get dressed and in formation on the asphalt below the barracks to be ready to jog to the grinder and do 4 laps or approximately one mile prior to marching off to breakfast in the galley. There, we were served an ample military breakfast that was accompanied by the incessant drill instructor's loud voice yelling "Suck it up and get out, Maggots. You heard me, suck it up and get outta here now!!"

That first week was the worst. By the end of the week, we'd been issued dress and work uniforms and were actually working ourselves into a little better condition so the physical aspect was definitely more doable. I felt bad for the guys who had blisters from the new shoes and all the running on the grinder, but somehow my feet were fine. I had trained weeks on end both swimming in the pool and on the road jogging before I left for boot camp and was eternally grateful for the hard work I'd done beforehand.

Week one was "forming" Company. We all were nobody. We had no connection to anybody in boot camp because we knew no one and all the other companies that marched by us let us know we were the scourge of the lot. In no uncertain terms they let us know how badly we had screwed up by joining the Coast Guard and landing on Governor's Island and how lucky they were that they were not wearing the ugly, beat up "green shit," uniforms that we were wearing. They constantly reminded us that we had no identity and that they were the good guys and we were the trash heap that had somehow snuck in through the front gate. Finally, however, week two dawned and it was then that we emerged as Company 'Echo-77.' We were finally somebody now. We marched in unison, we sounded off as one voice marching to chow and other places and the grinder was a friendlier place then it had been only 7 days before.

The next five weeks were filled with constant activity. There wasn't a moment of down time. There were classes



on seamanship, Coast Guard history, and the UCMJ (Uniform Code of Military Justice) and more. We learned how to tie knots, how to swim from one end of the pool to the other and how to jump off a 50-foot tower and swim to the side of the pool. We had sessions where we practiced close order drill. We practiced how to do 'order arms' with the M-1 rifle and how to make it sound like the entire company of 70 guys were pulling the trigger on their rifles at the exact same instant.

Weekly, we had sports day competing against other companies challenging them in close order drill, rope tug-o-war, obstacle course, short and long running races plus swimming. In all events we were trying to win all the pennants we could for our Guidon as we marched to and from each place we went to on base. The Guidon was always the shortest guy in the company, but he carried a staff with the "ECHO," pennant standing for the letter 'E' in the semaphore alphabet.

Because I had one year of college behind me, I was appointed by the CC (company commander) to be the company yeoman. I was to keep the watch lists up to date, handle any necessary communication to the company and communicate with the CC. It was not a popular job, but fortunately the guy who was the assistant Recruit Company Commander, a prior service ex-Army veteran didn't like being in that position and asked me if I would switch with him. We asked the Company Commander if we could switch and he wasn't happy about it, but he agreed to it anyway and warned us it would not happen again. So, the ex-Army vet took over the paperwork job and I took over the job of marching everybody to chow and classes and everywhere else we were required to be. The RCC (Recruit Company Commander) assumed the front outside left position of the 6-column company of men. The Guidon was on the right just off the front row and I was on the outside rear of the last row of the company. If the RCC was gone I



would assume his usual position to the left of the front row with the Guidon in his usual position on the right.

Week six we went to Treasure Island for two days for firefighting school similar to this picture on the left. Here there were partial ship mock-ups made out of concrete to practice firefighting simulating actual conditions as nearly as possible. We were trained in using a fire hose and what to do in the case of a fire on board a ship. Specifically, how to approach a metal door where a fire was raging behind it and what to do when a flashback occurred after you thought the fire was out. Those were some of the hottest fires I've ever experienced. The smoke and heat from the fires were overwhelming. Nonetheless, fires were extinguished and the learning process was well underway on fighting fires on board a ship. We also had to walk through a simulated smoke-filled room without smoke and no OBA (Oxygen Breathing Apparatus) and then shortly afterward go through the same room after smoke had been pumped into the room so tunnel thick you couldn't see your hand in front of your face. After you were back outside the clear moist sea air of San Francisco Bay never smelt so good.

Week seven we were in the galley. Each company spent an entire week in the galley helping out the permanent galley staff on assignment to Governor's Island that prepared the multiple dishes for the ravenous appetites of all the recruits trying to get through their training. The meal I remember the best was the chipped beef over muffins for breakfast. Everybody called it SOS or 'Shit on the Shingle,' but it's wonderful home cooked taste far outweighed the

'not-so-kind' illustrious name it had acquired over the years.

Week eight we spent at the rifle range shooting the M-1 rifle and the .45 caliber revolver. Some received 'expert' and the accompanying medal for display on their dress uniform in one or the other or maybe even both, but that skill for me would not come until much later in life when I qualified for my CCW (Concealed Carry) permit. The second half of the eighth week was spent finishing paperwork, putting our health records in order, getting orders for our first assignment and getting our uniforms cleaned, pressed and adorned with our first shoulder patches and insignias recognizing our first promotion.

When we entered boot camp, we were all E-1's or Seaman Recruits with one white slash mark. By the time we left we were promoted to E-2 or Seaman or Fireman Apprentice. There are two divisions in the Coast Guard enlisted ranks. They are either above decks for the Seaman designator or below decks for the Fireman designator. Either one has to be decided before leaving boot camp. Seaman, with a black slash on white background usually were planning to be Boatswain's Mates, Quartermasters, Radiomen, Electronics Technicians, Storekeepers or Yeoman and they either went to their associated school or they would strike for (do on the job training) their related rate. I chose the Fireman designator, with the red slash on a black background because I was planning to strike for the Engineman (which later became Machinery Technician) Rate. Other associated Fireman rates were, Boiler Tender, Machinist's Mate and Damage Controlman. Colloquial terms for your rate that you soon learned in the field later were that Seaman were "Deckies," and Fireman were "Blackshoes."

After 9 weeks of the greatest mental and physical training I had experienced to that point in my young life (an experience I will never forget), boot camp

ended and I was flying home again to be with family and friends for ten days. It was absolutely the second 'best' plane ride I remember taking. Little did I know then, but the first 'best' would come about 12 months later. Right then, I was just getting the preliminary steps and all the groundwork out of the way.

After a short stay at Base Seattle, I headed to Sea-Tac International Airport. I called my mom one last time as I waited for my plane and in what seemed like the blink of an eye, I was airborne to my first duty assignment, Biorka LORAN transmitting station. The flight into Juneau was pretty uneventful, but late afternoon turned into evening and we were soon informed that after landing we would be staying in Juneau overnight, courtesy of the airlines because the Sitka runway was still snowed in. With no choice in that regard, the following morning I hopped on a small Beaver 6-passenger prop plane and soon landed in Sitka, Alaska. From the small Sitka Airport, I made my way to the waterfront to where a waiting Cessna sea-plane was waiting to fly me out to my first duty assignment.

Through the windshield of the Cessna, I looked inquisitively and hesitantly down on an island "paradise." It was complete with palm trees, sparkling streams, gurgling hot springs, heated swimming pools and lighted tennis courts. Well, at least that's what the guys on the CGC Clover told me when I picked up the US Mail before I sea-planed into my new home away from home for the next 12 months. The



guys on the island told me that if I forgot to pick up that prized commodity called the "US Mail," I'd be swimming back to pick it up before they would let me come ashore. The Clover a 180' buoy tender WLB 292 home-ported in Sitka, could make logistics runs to Biorka Island, if necessary, but they also did extensive ATON (Aids to Navigation) maintenance and repair throughout the SE Alaska Region. They were the "go to" contact for every new crewman heading out to Biorka after landing in Sitka and they loved filling the heads of every new Biorka crew member with false impressions of what lay ahead for them on Biorka.

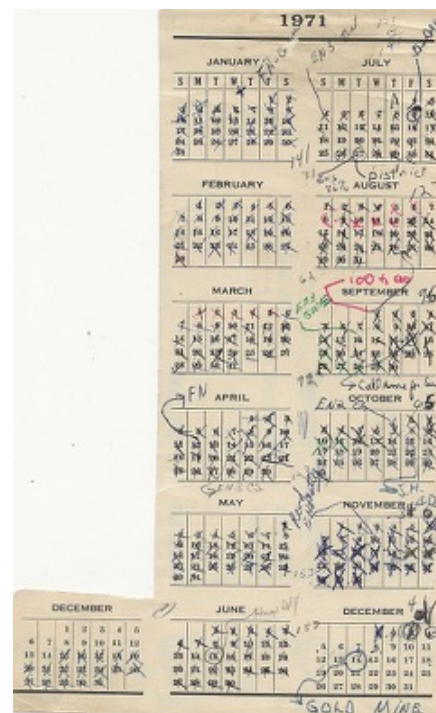
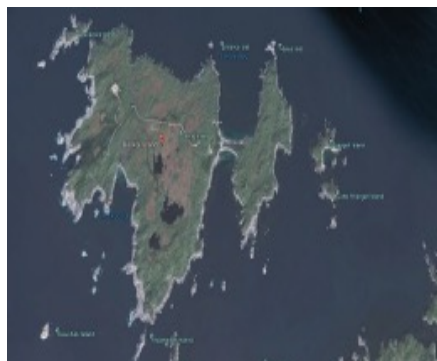
When the Cessna was on final approach and I saw the 13' Boston Whaler waiting to pick me up in Symonds Bay on the east side of the island, my youthful naiveté was soon replaced with a healthy dose of startling reality. Biorka Island was surrounded by miles and forever-cascading miles of beautiful Pacific Ocean. It was covered with huge boulders, tall scrub pines and an endless carpet of brown muskeg. It never got above 72 degrees, and it rained so much that the skipper would sometimes declare "sunshine liberty" if the sun poked its bright little head out through the dark overcast for more than 4 hours.

The reality of being stationed on Biorka Island soon settled in and the certainty associated with that fact cemented in my mind an overwhelming and forever lasting impression. There are three things I remember about Biorka Island: first, it was isolated. Second, it was isolated all right. Third,

oh by the way, did I mention it was isolated?

So just what does 'isolated' actually mean in this situation? First and foremost, we were 15 miles out to sea due west of downtown Sitka. From the island in the daytime, we were barely able to see the outline of that town, but at night we looked longingly at the blinking bright lights with nostalgia and anticipation. The prospect of having to spend the next uninterrupted 12 months on this remote island was disconcerting at best and somewhat overwhelming at worst. We shared the island with the FAA (Federal Aviation Administration) personnel that maintained microwave antennas, VHF transmitters, and other permanent communication antennas on the island. There were 4 - FAA families on one side of the island and we occupied barracks and Machinery Spaces near the center of the island. Each side was connected by several gravel roads that spread out across the island like a spider web.

Each man was assigned to the island for one year, 12 months or 365 days to be exact. Not one day more. Not one day less. Each man kept a close eye on



that critical number and kept a short timer calendar similar to mine on the left here. The calendar was updated regularly and anticipation for a week or a month to pass was never absent. The newness of the island and the novelty of being in this distant situation soon wore off and boredom, isolation, and solitude occupied each man's mind heavily. There were no paved roads, no gas stations, no convenience stores, no grocery stores, no restaurants and no theaters; although we did have a movie projector and new movies from the US Navy Movie Service were shipped aboard regularly and shown nightly on the Recreation Deck just off the galley (kitchen). The reality of not being able to leave the island to "go into town," for whatever you wanted, even if just to stretch your legs or go to a restaurant or catch a movie in a theater with a date, was just not available. A couple of guys did charter a plane one time for a weekend trip to town just to "get off" the island, but that was rare.

Similarly, if we ever saw a commercial airliner flying high overhead heading to a destination anywhere south of where we were, we would often hum "Leav'in On a Jet Plane," until it was out of sight and then the loneliness would return and we'd return to our life of coping with separation. Letters from loved ones were definitely a welcome and rich solace, but they only happened weekly if we were lucky and then only if a plane, the Fed Air Boat (owned by the FAA) or



someone else was making a rare visit to the island and only too, if the weather was suitable for maritime or air travel. Each man had to learn how to handle the isolation and then be his own support staff in making sure that the reality of maintaining a good attitude never left his psyche. One poor guy who had arrived before I left actually went nuts due to the isolation and had to be removed from the island. Hard to say what happened to him after he left.

On Biorka we generated our own power (electricity) and we collected rainwater off the roof directed into a 50-gallon drum because we could not drink the native water on the island. A very large lake in the center of the island was a primary source of water, but not drinkable because it was tainted with a brown color due to the abundance of the Peat Moss or Muskeg that covered the island in a thick carpet. On a weekly basis it was transferred through a very long piping system from the lake to the station and stored in a large tank in the engineering spaces. It was also thoroughly filtered, but we could only use it for showers, general clean-up and doing dishes. We were only allowed to drink the rain-water, fruit juice or soft drinks, and liquor of course for each guy who wanted it but they had to purchase from town and have it shipped to the island.

Shortly after arriving the skipper (LTJG) appointed me to manage the very informal "canteen." I maintained a clipboard hanging on the wall near the walk-in freezer and each Monday morning I would call in to Lincoln Market, the "go-to" grocery store in Sitka and talk to Betty, to place the order for the cook and his weekly menus and anything else anybody on the crew wanted to bring out. If the weather was decent i.e., no major wind or large surf conditions, we got our supplies and mail on a regular weekly basis. Otherwise, it was a waiting game and hoping for the best. That pertained especially to food and often times rations did seem to get a bit sparse.



The mission on Biorka was LORAN or Long-Range Aid to Navigation. We generated a LORAN A "first generation" signal and later a second-generation LORAN C signal for aircraft and maritime. This was an electronic coastal navigational system that connected from one station to the next up and down the coast and across the country and even around the world. Now satellites with state-of-the-art technology have replaced these systems.

There was no commercial power on the island, so we had auxiliary power only and that was part of my job to keep the engines running that powered the generators that produced the power that ran the electronic gear to produce the electronic LORAN signal. We had 3 - 671 Gimmy (GMC) diesels that powered huge multi-KW generators. One generator set was always on line that ran for one week or seven days in a row. When Monday morning came around it was time to light off one of the other



two generators on stand-by, bring it up to 60 cycles and transition it into the online generator set. The GMC engines ran flawlessly and I don't ever remember a time when we were ever without power, ever. We were required to be on line with both LORAN signals 24/7 and when the alarm sounded indicating that there was an "off sync," (off line condition) it was an all-hands effort by the Electronics Technician duty section or the COM (Communications) Watch Stander to address the situation ASAP.

As I said earlier each man dealt with the separation and remoteness of the island in his own way. Because we were surrounded by the ocean on all sides, fishing was a great way to relax and forget about the distance away from home. The Sea Bass off the coast of the island loved the white jig with the nylon tail feathers we used as bait. They often weighed in at around 2-3 lbs. and tasted great too. Another island, either Terbilon or Impassible, was close by. They were accessible by way of the 13' Boston Whaler which had a freshwater stream, and yielded some of the best Rainbow trout I've ever tasted. The stream was crystal clear and cool to the touch so it must have been generated from a spring and was definitely not tainted by any muskeg. The Boston Whaler was our 'go to' escape mechanism. We explored many islands and different locations close to Biorka. Sometimes ground swells on these trips were a bit larger than expected, especially when you were at the bottom of the trough waiting until you crested the huge gentle roller and could see land again.

At one point I found a very small square ended wooden box of a "boat," that I made water proof with fiberglass matt and resin. After raising the sides up a bit with some spare plywood out of the carpenter shop it did offer at least "some," semblance of seaworthiness. The skipper was a willing mate as we launched it one day below the station to navigate the short distance over to Little Biorka, the Island that was only



about 100 yards away through a narrow channel from our island. Since his last name was Dewey and my name was Hazard, I quickly painted the name "Dewey's Hazard" across the transom. It did get us over to Little Biorka and back safe and sound, but at what risk, we simply ignored it.

I often just went on a hike or a walk to somewhere on the island. Practically anywhere we went was interesting having never ever been there before. In those days we just called it "Boondocking." The Army had occupied the island during WWII and there were multiple relics and structures in several locations on the island. The island is 2.5 miles long and about 1.5 miles wide and 184' above sea level at the highest point. It was at this high point that the Army located a large gun emplacement by June of 1942 because of the concern that Japan was going to come ashore at Sika, similar to what they had already done in the Aleutians. The location for 2-6" guns on the high point of Biorka was called Battery 291 or Ft. Pierce. Construction on this battery was actually never finished and building stopped in early 1944 when the US successfully stopped the Japanese from their southern ambition of conquest. History actually reveals that the Japanese movement of their military operation into northern Alaska was somewhat of a ruse to distract the US from knowing what their real hegemonic intention was in the Pacific: Midway.

On Little Biorka the small island right next-door to us, construction of harbor defenses was also under way and when the Skipper and I visited that even smaller atoll, we found small

barracks facilities and another gun emplacement under construction and abandoned, but much further from completion than on the larger island. On Little Biorka, form boards were still in a vertical position, braced and ready for concrete with the sacks of cement for concrete still neatly stacked on pallets where they had been delivered, but turned into a solid form of rock after years of incessant rain that was always present on either island.

Work at the station started at 8:00 am and usually knocked off at 4:30 pm with dinner served on the recreation deck at 5:00 pm. There was always a general routine every day of maintaining equipment in the engineering and electronics spaces as well as preventative maintenance on two vehicles we used for transportation to pick up supplies from the pier that jugged out some 100 yards into Symonds Bay. On a regular weekly basis, the non-rated personnel, Seaman or Fireman, were required to trade off helping the cook in the galley preparing 3 regular meals a day. After hours it was called "Open Galley," and you were allowed to cook anything you wanted that was in the cooler, which also meant you assumed KP (Kitchen Patrol) for your own clean up ops (Operation).

In addition to the hiking opportunities other guys would launch their mail order model rockets or fly model airplanes. I bought a movie camera and a good 35 mm SLR (single lens reflex) camera and thoroughly enjoyed learn-



ing the skill of photography. I also sent away for a correspondence course on becoming a locksmith. It was a fascinating endeavor and really diverted my attention from the isolated separation that was inescapable. I also studied my rate correspondence courses for advancing to Fireman or E-3 and after 3 months I sewed on another red slash. About a month before I separated, I competed on the Service Wide exam for 3rd class petty officer and successfully got promoted to E-4 before I left the island.

Because we were isolated, it did come with a couple of perks, albeit minor in comparison to the drudgery of being so far away from family and home. Nonetheless, we received some compensatory salary enhancement that was negligible, especially on E-3 pay but the biggest recompense they tried to convince us with was the fact that we were supposed to get the duty station of "our choice" on leaving the island. Woo hoo! So, the day finally came when I filled out my "dream sheet" for my next duty assignment. I put in for Grays Harbor Lifeboat Station, Cape Disappointment at Ilwaco, Washington, and another similar location on the Oregon Coast. I definitely wanted to be on a lifeboat station. Well, the promise of "our choice," was really a "matter of interpretation." When I found out I was going to Neah Bay, Washington, I was excited that I would finally be seeing a dream come true being assigned to a lifeboat station, but the downside was that it was kind of like going from an isolated island to a semi-isolated Peninsula.

What the heck, 17th District HQ? Didn't you read my dream sheet?" Nonetheless, who could complain right? It was definitely better than another week on my current island home or being overseas in a war zone. Biorka was a nearly 4-square mile panoramic wilderness located in the middle of a magnificent seascape. Yet, the only time it looked better was from the window of that Boeing 737 when I got to leave 365 days later.



Today Biorka Island is only a memory, but one can still definitely find it on Google Earth. The FAA and its installations are still there and the road from one side of the island to the other is still visible, but as far as any evidence the Coast Guard or even that the Army was on the island has disappeared.

Biorka Loran became operational 11 March 1952. It was decommissioned at midnight 31 December 1979. Shortly thereafter the decommissioning process began. The Quonset huts we used as a barracks along with the ET and ENG spaces, the fuel tanks and the 119 ft LORAN antenna are all gone now. The carpenter shop located on a slight hill just above the barracks where I spent endless hours woodworking on different projects is gone too. I've talked to some people in Sitka about possibly trying to arrange a visit to the island for nostalgia's sake, but got nowhere. The response being essentially, "don't go near the island." So, the pictures, the home movies and the memories will all have to suffice for now. They and they alone will be the legacy of a bygone era when time stood still and when a lonely existence in another world passed by for 365 of the longest days of my life.

The things I remember best about the Coast Guard that also satisfied a childhood dream took place at lifeboat station Neah Bay, Washington. There we maintained a 40 and 44-foot motor lifeboat that we used to respond to search and rescue calls in and out of the Straits of Juan de Fuca as well as points south of Tatoosh Island on the Pacific coast of Washington. The 40-footer was a deep V- hull that was actually

fairly smooth riding, but was not suited for heavy weather that often cropped up on the Straits. The 44-footer was different in that it was designed for heavy weather and would in extreme weather conditions actually turn completely over and up-right itself again.

We were assigned to one of two duty sections either "Port" or "Starboard," which simply meant you had duty or were on call every other day and every other weekend. If we were on duty, we could get a call at 7:00 pm or at 1:00 or 2:00 am in the morning too. I always had my dungarees out in the living room by the telephone when I went to bed and, when it rang, being the duty engineer, my response was immediate. I even had a bicycle outside the front door of my base housing location so when the call came in it was my job to have the engines running by the time the Boat Coxswain (the guy who steered the boat) got on board. It was usually a 4-man crew consisting of the Coxswain with one or two seamen or firemen and the engineer. Trust me we drilled on execution and on response time until it was flawless.

Soon after arriving at Neah Bay, I journeyed to Cape Disappointment or Ilwaco, Washington, like all new search and rescue personnel for two weeks of Surf-Boat Engineer training on the Columbia River. Most of the school was classroom training since we were the engineers in charge of keeping the boats running while underway. Nonetheless, we did spend a couple of days crossing the Columbia River Bar to conduct Man-overboard drills. The 52-footer I was on, either the Triumph

or the Victory, was piloted by none other than Thomas McAdams. Boatswain Master Chief, E-9 McAdams is known as the "Father of the Coast Guard" in some circles for all the many rescues he has made in his career as a surfman and Coast Guardsman. He is truly a remarkable fellow, as humble as apple pie and a true gentleman, but a Coastie through and through. It was indeed an honor and privilege to have that experience crossing the bar with him that day.

To this day I still remember his introductory words to all of us on the boat that day as we left the dock and headed out to cross the bar. He said in no uncertain terms, "Gentlemen, today we are going to be crossing the Columbia River Bar. We don't know what conditions will be like out there, but it could be rough with possibly breaking surf. If at any point I toss my cigar overboard be advised: You better hang on!" Once across the bar it did have big rolling ground swells, but no breaking surf and we all got to experience jumping overboard and waiting to be picked up again as we practiced "man-overboard drills." I tell you what, that ocean from the water's surface waiting to be picked up, is one big ocean for sure.

At Neah Bay, even when not responding to a May-Day call for assistance we did a lot of underway training so any boredom I tried to avoid on Biorka was soon dispersed with actually providing assistance in rescue situations and in some cases saving people's lives. Our boat calls or SAR (Search and Rescue) responses could come at any time day

or night and be for any size boat from a small runabout or row boat to a full-sized ship. Search and rescue calls came in all sizes and covered all situations. In 1973 alone the Coast Guard rescued 64,182 people in distress.

One night a call came in just after evening chow in the wintertime so it was already dark as we cast off from the boat dock. We'd gotten a call from Port Angeles via landline that a US Navy Submarine (Sub), the USS George Washington had departed Bremerton from the submarine base with a civilian contractor on board and he needed to return to Bremerton immediately. Obviously, since the sub was already out in the Straits of Juan de Fuca and very close to cruising past Tatoosh Island, it had traveled too far west to turn the sub around and go back to Bremerton. That was where the Neah Bay Coast Guard would come in.

There were four of us that got underway that night. Boatswain's mate Steven Cain was at the helm, I was the duty engineer along with Terry Inman, another engineer and the duty seaman. We headed due northeast in the Straits and in a very short time about halfway between Canada and the US we picked up the sub on radar. Shortly thereafter, we picked her up on 2182 kHz, the emergency radio distress frequency and asked her to switch to 2670 kHz for routine comms (communication) as we approached. I had no idea what to expect coming along aside a nuclear sub, especially when it was pitch black out.

The USS George Washington (SSBN-598) was the United States' first operational Nuclear, Ballistic missile submarine with her keel laid at Electric Boat Division of General Dynamics, Groton, Connecticut on November 1, 1958. Nonetheless, it would be on this dark and lonely night that our crew was meeting her in the middle of the Straights of Juan De Fuca, somewhere halfway between Canada and the United States.

She displaced nearly 7,000 tons when submerged and stretched out nearly

382 feet with a 33-foot beam (width). She had two 15,000 horsepower turbines that powered 1-7- bladed screw that pushed her through the water at 20 knots on the surface and 25 knots when submerged. When fully complimented, she carried a crew of 12 officers and 124 enlisted men. The George Washington carried 16 Polaris missiles and 6-21-inch torpedoes.

With navigation lights from the subs conning tower guiding us closer, we were able to slowly close the distance between the bow of the 44-footer and the massively curved hull of the sub. The conning tower lights continued to get brighter with some of the crew standing by there, but there was also a small gathering of sailors on the deck portion just forward of the massive sail that protruded vertically out of the water. From the conning tower a loudspeaker came to life with a friendly greeting as we closed on this massive floating black cigar. "Hello, Coast Guard. We are the USS George Washington. Thank you for assisting tonight."

By this time the Coxswain was sizing up the situation, which at best was just a little precarious as we stood by off the giant round hull of the sub just forward of amidships. The difficulty of the situation was that this sub was almost 9 times as long as we were. She displaced 7,000 tons; the 44-footer displaced 20. The effect was that she was sitting as still as an island and we were essentially bobbing up and down like a cork right next to her at the behest of each gently rolling swell. Fortunately, the seas were calm and there was only a gentle swell, but the conundrum we faced was how were we going to get close enough to pull a man off the sub without hitting the sub with the bow of the 44? We simply could not get close enough by being broadside or parallel to the hull of the sub because of the large radius of her hull.

Cain continued to study the situation. He was not a green coxswain by any means. He'd been to Cape Disappointment also and received his Surfman's medal and associated quali-





fications plus he was prior service in the Navy as a small boat skipper with Swift Boats on the Mekong River in Viet Nam. He literally had nerves of steel and continued to tap into the deep experience resources he had from his many years behind the helm of many small boats like the 44-footer.

As he and I talked at the helm on the coxswain's platform he instructed me on what his plan was and how we were going to execute it. We had one choice and that was to go bow first, nosing the bow of the 44 in as tight as we could to the sub without touching its hull as the 44 was gently rising with the ground swell. I left the coxswain's platform and went forward to the 2" pipe handrail that bordered the edge of the 44's deck above the center of the bow's most forward extrusion. Fortunately, the center of the bow line below did curve slightly inward matching slightly a similar profile of the sub's hull and then down to the waterline. The inside curvature of the 44's bow did not match exactly the outside curvature of the sub's hull, but it would simply have to be close enough.

Once I reached the handrail, I tucked it into my crotch and wrapped my legs together at my feet bracing them against the adjacent vertical stanchion below the handrail and signaled the coxswain that I was ready. We were close enough now so that I could talk to the civilian contractor and told him what we were going to do. He said he understood and

I signaled Cain one more time with a quick thumbs up while the other engineer joined me at the handrail just opposite of where I was located. We drew closer and closer and I felt the bow rising slowly with the next swell that lapped gently against the hull of the sub. I leaned forward stretching my 6'2" frame out over the handrail and bow reaching with both arms outstretched and at the last second yelled, "Now!" The contractor stepped forward to the furthest point of the 44's deck with one leg and connected to both mine and Terry's arms as we pulled him safely aboard. We immediately got him inside the handrail as I turned to give Cain the high sign that the contractor was safely aboard. He had already shifted the engines into reverse and we were gliding slowly down the side of that last once rising swell.

A cheer went up from the conning tower of the sub with a final farewell. "Thank-you Coast Guard! Good job and thanks again for all your assistance tonight." We took the contractor back to the station and somebody in the duty section loaded him up in the station's Government vehicle and took him to the sub base in Bremerton. Cain had used his feather-like touch on the throttle controls as he had drifted gently up to the sub's hull executing with precision and accuracy the transfer of the contractor with each boat coming within inches, but neither touching each other. We all breathed a sigh of relief at how it had all turned out and we were glad we could help our brothers in the US Navy.

There was never any pattern to the occurrence of distress calls we might receive at Neah Bay. Summers were usually a busier season with sports fishermen flocking to the Straits for a chance to land a big Silver or King Salmon. There was never any pattern to the type of calls we might receive however. One day I was down on the floating dock next to the finger piers doing maintenance on the 44 and someone in a small aluminum boat about 13' long yelled over at me from

just past the end of the pier in the bay. "Hey, Coast Guard! My engine is dead; can you give me a tow?" This was probably the shortest boat call we ever did, but I called up to the Com Watch, told him to alert the duty coxswain that we needed to get underway and we soon had the boat in tow headed for downtown to the boat ramp.

One day we received another call from SAR Headquarters in Port Angeles about 15:30 (3:30 PM) that a Russian fishing vessel was lying approximately 12 miles off the coast of Washington with an injured crewman on board who had a broken arm. District Headquarters in Port Angeles had asked us to go out and transport him to town so he could receive treatment at the hospital there.

In 1972 the Cold War was still very much in session. The Russians were still the communists. They were the enemy in that "Cold War." When word came down that there would be contact with the Russians, it elevated a keen interest in what would have otherwise been a long and boring boat call. The hair on the back of my neck bristled slightly at the thought of making contact with the Russians. At the same time, I suppressed the concern that we would be meeting them in the middle of the Pacific, totally unarmed. Even so, I trusted the district's decision to send out the 44-footer to meet the 400' Russian fishing vessel. It also made me realize that the gears of political persuasion had been put in motion one more time and that we would be lending a helping hand to the Russians, while the war in Viet Nam raged on.

With a compass course given to us by the Port Angeles Air Station who had obtained it from the ship, we set course due west of Tatoosh Island and just kept going. We proceeded for about three and a half hours and finally spotted the profile of the huge Russian ship on the horizon. As we moved closer a prevailing westerly wind brought with it an unpleasant and unfamiliar scent. It was a foul, terrible stench that smelled like old dead fish. The dark colored hull of

the ship in the distance looked at least 35 years old and was most likely pre-WWII vintage.

It was discolored from stem to stern with dirt and large V shaped splotches that were rusty as a beach shovel. It was a huge fish canning ship that serviced smaller Russian fishing vessels in the immediate area. It allowed the smaller fishing vessels to unload their cargo of fish without having to head into port every time their holds were filled up. We crossed in front of her bow that was headed south and approached the starboard (right) side where the ship's ladder was being lowered. We looked up to the bridge of the ship and spotted the gray bearded captain wearing a small billed cap, who gave us a small salute and smiled slightly as he watched the injured crewman descend the ladder to the water's surface where he would come aboard the 44-footer. Along the edge of the ship's deck stood the ship's crew. Amazingly, the crew consisted of men, women and even small children.

I was shocked to see whole families lining up behind the ship's rusting handrail. Why were they here? Why were women and small children on board this rusting hulk out in the middle of the Pacific Ocean? Were things so bad in Russia that these poor people had to be sequestered to this floating fishing ghetto just so they could feed their families?

I still remember one small little girl who leaned next to her mom clinging to her leg as she stood there staring blankly down at us. I seem to remember her wearing a red and purple multi-colored dress that was covered with orange or yellow flowers that rustled in the ocean breeze. In my memory I captured this picture that was sort of like what they did in the movie "Schindler's List." That movie was filmed in black and white, but if you remember there were certain images that were highlighted in their natural color. That's the way this was. The colors of her dress seem to be highlighted against the drab background of the unclean conditions on board the ship. It was almost as if

our eyes connected for a fleeting moment as she stood there staring back at me, her blank expression and vacant look through those hollow eyes reflected the meager existence on board the ship. The crew's obvious bleak poverty radiated through their soiled and tattered clothing as I considered the opulence of our own nation. It was almost unimaginable that families would be living in such squalid conditions on board this smelly floating fish factory.

The injured crewman stepped aboard; we nodded mutual greetings and prepared to leave. He was polite and well mannered, even though he couldn't understand us and we couldn't understand him. It struck me then that here we were, two nations at war, meeting in a moment of peace, on the deck of the Coast Guard 44-footer. Nonetheless, as we headed back to base, he was now a Russian sailor, who had just been rescued by the U.S. Coast Guard.

Each branch of the military prepares hard and practices long hours for the mission they have sworn to perform. It is the hope that all the long hours of practice and conducting realistic drills will pay off by alleviating or at least reducing the number of mistakes made operating under actual conditions. Nonetheless, mistakes and near misses still do happen and it seems like it is either good luck or even fate that often saves the day.

At Neah Bay, we were required to make weekly logistics runs out to Tatoosh Island to service the 4 families who maintained the lighthouse on the island. Tatoosh is the absolute farthest Northwest point of the Continental United States. To go further North West would put you in the Straits of Juan de Fuca and on your way to Vancouver Island, Canada. The top of the island is about 100 feet above the water's surface and probably best described as a flat rock about 18 square acres in size. The crew on the island maintained the lighthouse there that marked the entrance to the Straits of Juan de Fuca and points east of there.

The crew consisted of 4 Coasties and



their families to keep the light fully operational 24/7 and 365 days a year. In July 1974, National Geographic Magazine did a feature article titled Coast Guard – Small Service with a Big Mission on the operations of the lighthouse crew and what they did. Obviously, logistics was a big part of their operation and keeping them fed and supplied with basic necessities was a big part of their operational process. That's where we came in. We would typically leave on a Wednesday morning early, weather permitting, in the 40-footer and pick up the family members who wished to go into town to pick up groceries and supplies. The men usually let the gals take care of that responsibility. They would be back at the station by early afternoon and then we would return them to the island once they and all their supplies were safely loaded aboard either the 44-footer or the 40-foot motor lifeboat again depending on weather or sea conditions out on the Straits of Juan De Fuca.

Well, that concludes Part 1 of Mike Hazard's guided tour of life in the Coast Guard. I admit that it held my interest from beginning to end. In the next issue, you'll be treated to Part 2. We'll see you there. Please remember that we (Christine Butler and I, Tom Waters), know that there are other stories out there that NEED to be told. Contact the Pahrump Life Magazine Staff (or me) if you want to share your story with the readers across the country and around the world.



Top 4 Styling Products and How to Choose Yours

By Anthony Castillo

The world of men's grooming has evolved, and achieving the perfect haircut is only half the battle. The right styling product is essential to defining, maintaining, and elevating your look throughout the day. With so many gels, pomades, sprays, and powders available, it can be overwhelming to decide what to put in your hair. Unfortunately, many people simply grab the first product they see, which often leads to poor hold, a greasy look, or a style that collapses by noon. The question then is: How do you choose the product that works for you? Here are some essential styling products and how to determine your best fit.

Product #1: Pomade

Pomades are considered the classic choice, ideal for hairstyles that require a sleek, polished finish, such as side parts, comb-overs, and pompadours. Pomades generally offer a medium to high shine and a flexible medium hold, meaning you can often re-style your hair throughout the day. They are

foundational for creating those clean, sharp lines that define a quality haircut. Pomades come in two main types: oil-based (very strong, high shine, difficult to wash out) and water-based (easier to wash out, good shine, medium hold). For most modern styles, especially those that need maintenance throughout the day without flaking, water-based pomades are the fan favorite. To use, emulsify a small, dime-sized amount in your hands until it's transparent, then apply evenly from root to tip, focusing on styling the hair into its desired final shape.

Product #2: Gel

When you choose hair gel, you are opting for the product that delivers the strongest, stiffest hold and the highest shine. Gel is the best product for styles that must remain completely locked in place, resisting humidity and movement throughout the entire day. Unlike pomade, gel dries and hardens quickly, creating a «wet» look and a firm, immovable finish. It is often used for spiky styles, highly structured looks, or for clients who need their hair completely controlled. The drawback of gel

is that it can sometimes flake or create a sticky residue if too much is used. It is crucial to start with a modest amount and apply it to damp hair, shaping the style quickly before the product fully sets. Gel provides unbeatable control, but remember, once it sets, there is no restyling.

Product #3: Sea Salt Spray & Texture Powder

For clients seeking volume, texture, and a natural, matte (non-shiny) finish, sea salt spray and texture powder are the ultimate combination. These products are designed to mimic the natural, windswept texture your hair gets after a day at the beach. Sea salt spray is applied to damp hair, providing a gritty base texture, definition, and subtle lift. It gives the hair thickness and makes it feel substantial, which is perfect for men with fine or thin hair.

Texture powder is shaken lightly into dry hair, directly at the roots, and worked in with the fingers. This powder is weightless but chemically designed to add enormous lift and a strong, dry hold. Combining these two—the spray for the base texture and the powder for the final volume—creates a highly controlled, yet natural-looking, high-volume style. They are ideal for modern quiffs, messy crops, or any style where movement and a dry look are prioritized over shine.

Choosing a product that delivers the desired finish and hold ensures your cut looks its best. If you want Shine and Sleekness, choose a Pomade. If you want Unbreakable Structure, choose a Gel. If you want Volume and Natural Texture, choose Sea Salt Spray and Texture Powder. The barber you choose is trained to recommend the perfect product for your specific hair type and style. By selecting a product that suits your needs, you're not only guaranteeing a high-quality finished look but also enjoying a controlled, professional style that leaves you looking and feeling your best.

Looking for a Barbershop?

Come on down to **Sharper Image Barbershop** for fast, friendly, affordable, and traditional services.

We're located at **1266 E Calvada Blvd**, on the corner of Pahrump Valley and Calvada Blvd. Feel free to call or text us at **775-910-2111**.

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Barbers:

- Anthony Castillo – Owner
707-563-7781
Tuesday through Friday
English and Spanish
- Richard “Dick” Price
Thursday only
Primarily takes walk-ins
- Karla Carranza
702-619-2202
Monday, Tuesday, Wednesday,
Friday and Saturday
Walk-ins and appointments
- Ethan Worsman
909-682-9633
Tuesday through Saturday
Walk-ins and appointments
Designs

About Anthony Castillo

Anthony brings over 25 years of customer service experience, starting with his first job at In-N-Out and later working for the Nye County Sheriff's Office. Barbering has always been his passion, and after leaving NCSO, he trained in Las Vegas and has now been barbering professionally for five years.

Sharper Image Barbershop combines traditional services with modern practices, focusing on quality, customer service, and lasting community relationships.

Anthony has lived in Pahrump for eight years with his wife, Elvia, and daughter, Gianna. When he's not barbering, Anthony is a movie buff, a fan of In-N-Out, and a die-hard sports enthusiast. Go Raiders!



the Education Editorial



Dr. Christopher Salute

GBC Hosts Second Pahrump Town Hall A Night of Vision, Growth, and Powerful Student Voices

By Dr. Christopher Salute
Director, Great Basin College, Pahrump

Great Basin College (GBC) held its second Town Hall this week at the Pahrump Valley Campus, marking another key milestone in the college's ongoing commitment to transparency, expansion, and community engagement. While the first Town Hall centered on introducing the vision for GBC's future, this second gathering delivered something even more unforgettable: profoundly moving student testimonies that underscored the life-changing impact of GBC's programs, faculty, and support networks.

A Night Defined by Student Voices

The highlight of the evening was not data, construction plans, or enrollment charts - it was the students themselves.

Alika Pratt, Marissa Neal, and Cailyn Marsh stood before faculty, admin-

istration, community partners, and peers to share deeply personal stories of resilience, struggle, and success. Their testimonies reflected themes of life changing events, academic barriers, disability, mental health, family loss, and financial hardship - yet every narrative concluded with a common thread: Great Basin College made finishing college possible.

Attendees described the student reflections as *"raw," "inspiring," and "a reminder of why GBC matters."* Applause moved to tears multiple times as students credited advisors, faculty mentors, and the institution as a whole as reasons they were able to live their dreams for themselves and their families.

"GBC reminds me that, no matter where you come from," says student Marissa Neal, "You can achieve your dreams. And, my dream is not just for me, but for my daughter."

Student Success Services in Focus

With student voices leading the conversation, the Town Hall reaffirmed the college's investment in services designed to eliminate barriers:

- **Student Success Center**, which includes tutoring, testing, academic coaching, and new online mental health support
- **Community Resources and Events** like their Food Pantry and Winter Oasis
- **Wraparound advising and mentorship** tailored for working students, parents, veterans, and first-generation learners

Faculty and staff expressed pride, but students were clear: these services are not just supports - they are lifelines.

Enrollment Growth and Dual Engagement Momentum

Building on last year's momentum, GBC reported continued enrollment strength. Dual enrollment remains a defining success, particularly through:

- Partnerships with Nye County School District
- Career pathways advising
- Local industry mentorship and training



Campus Expansion and Infrastructure Updates

Significant progress was also shared on the campus master plan, including:

- New upcoming Technical Programs
- More conversations with the Bureau of Land Management surrounding the new campus

- More and more classes, in person.

These expansions are not merely facilities, but responses to what students themselves have asked for: more space, more access, more community.

Looking Ahead

As the second Town Hall concluded, the tone was clear: the future of GBC

in Pahrump is not just an expansion of buildings and enrollment - it is the expansion of human possibility.

The voices from the microphone, mainly students, were the clearest articulation of GBC's mission.

GBC leadership closed the night with gratitude and a promise: to continue growing access, honoring student experiences, and building a campus where every learner has the tools to thrive.

Together - with students leading the way - GBC and the Pahrump community continue to shape a future defined by hope, equity, and educational opportunity.

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Youth Recognition



MLK Day: A Federal Reminder of Service and Struggle

By Kaitlyn G

Observed annually on the third Monday in January, Martin Luther King Jr. Day is a federal holiday to commemorate the legacy of Dr. King.

Martin Luther King Jr. Day is a United States federal holiday set by statute to fall on the third Monday of each year. Intended as both a day of remembrance and civic engagement, the holiday is codified in federal law (P.L. 98-144) and is unique among other federal holidays for being *designated by Congress as a national “Day of Service,”* encouraging volunteering and community engagement in Dr. King’s name. The law establishing the holiday was signed by President Ronald Reagan in 1983, and the first national observance took place in January 1986.

Martin Luther King Jr. himself was a Baptist minister and the preeminent leader of the U.S. civil rights movement in the 1950s and 1960s. Born on January 15th, 1929, in Atlanta, GA, Dr. King urged nonviolent protest and civil disobedience to dismantle segregation and expand voting rights. His leadership role in campaigns such as the Montgomery Bus Boycott and the 1963 March on Washington, where he delivered the famous “I Have a Dream” address, made him the head of moral force in American public life. He won the Nobel Peace Prize in 1964, and remained a vocal critic of economic injustice and the Vietnam War until his assassination in Memphis, TN, in April 1968. His speeches, sermons, and writings, especially the “Letter from Birmingham Jail,” live on as crucial texts for students of American democracy and social movements.



Kaitlyn G

The holiday’s creation was the product of a long, oftentimes contentious political struggle that began almost immediately after Dr. King’s assassination. Representative John Conyers introduced the first bill to create a federal holiday in 1968; despite repeated efforts being stalled, grassroots organizers, members of Congress, civil rights groups, and cultural figures continued to demand justice. Coretta Scott King, his widow, led a sustained campaign through organizing petitions, testimonies, and public demonstrations, as well as allying with artists and activists to amass broad public support. Those efforts, combined with shifting



congressional coalitions, produced passage of the holiday bill in 1983; for President Reagan signed it into law in November of that year.

In this day and age, Martin Luther King Jr. Day continues to serve many

purposes. For one, Dr. King's rhetoric and sacrifices are immortalized in the national recognition of the holiday, as practical encouragement towards service projects and volunteerism echoes his commitments to poverty elimina-

“Dr. King urged nonviolent protest and civil disobedience to dismantle segregation and expand voting rights.”

tion and community uplift. Similarly, it stands to encourage schools, civic groups, and public employers to continue to teach and reflect on his sentiment that people *“will not be judged by the color of their skin, but by the content of their character.”* Observances range from classroom studies of Dr. King's teachings to community food drives, voter registration efforts, and national service projects to inspire you to treat the holiday as a *“day on, not a day off.”*



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Medical Advice

Were You a Victim in an Auto Accident?



Afton Christensen

By Afton Christensen

Getting into a car accident is an unfortunate event that happens all too often. It's inconvenient, and it disrupts your daily life. In most cases people don't know that even a simple fender bender may cause injuries that can have lifelong effects if not taken care of properly. A lot of times you don't want to deal with all the rigmarole that goes along with attorneys, and doctors' offices. You just want to get back to your regular life. What you should know is you are doing yourself a disservice by not seeking a professional to assess the actual damage to your body. Put it this way, a one-hundred-pound person hit from behind at 30 mph is about 3000 ft lbs. of force to the cervical spine, which is akin to falling off a 3-story building. That may cause a lot of damage. Adrenaline plays a large role in thinking you might be totally fine after a car accident, and often the pain doesn't set in until days or even weeks later. Which is why it is even more important to see a provider immediately after or following an accident.

The Importance of Your Spine

The best way to describe the importance of your spine is like this; all your nerves begin in your brain; your spine

is like the freeway for your nerves to reach the rest of your body. If your spine is not in proper alignment then your nerves are not reaching the rest of your body at an optimal rate, which can cause numbness, tingling and in more serious circumstances organ failure. A nerve traffic jam so-to-speak.

A good chiropractor will assess your x-rays and adjust your spine accordingly to help correct whatever misalignment you might have. A great chiropractor will adjust your spine accordingly and prescribe proper traction along with therapeutic exercises to help correct the imperfection on a long-term basis. When you've been in an auto accident, you've likely jolted your body out of alignment, as well as causing soft tissue injuries. These issues can take 4-6 months or longer to correct, depending on the amount of tissue damage.

How Does this Work Exactly?

The accident occurs; you choose a provider and an attorney to help with your case. An attorney cannot maximize your claim to the insurance provider without the backing of medical bills to substantiate your need for pain and suffering. That's where we come in.

Choosing a provider you trust with your health is the ultimate goal. Always choose a doctor whose number one



priority is correcting the problem, not collecting a check. Too many providers treat personal injury cases as an easy payday, they inflate their prices, see you for a few weeks and release you without ever actually fixing your problem. At Pahrump Spine and Wellness, your health is our number one priority. We take x-rays on your initial visit, and we prescribe you with a treatment plan specific to your needs. Our extensive documentation throughout the entire process ensures that your attorney will have reliable, science-backed evidence to substantiate your pain and suffering claim if the case does go into litigation.

It's important for you to know that after an accident, you have the right to choose who you want to treat your injuries. Choose an attorney that cares about your quality of care and will recommend a place that will actually correct your issues. The only requirement is that the provider works off of a lien,



“...a one-hundred-pound person hit from behind at 30 mph is about 3000 ft. lbs. of force to the cervical spine, which is akin to falling off a 3-story building.”

your case after it is settled with the insurance companies. Pahrump Spine and Wellness works off of liens and we always negotiate our bills when the need arises. We choose to work with the most ethical and principled attorneys in Pahrump and Las Vegas, this means making sure you are made whole at the end of it all.

Chances are, you already know about Pahrump Spine and Wellness, even greater chances you are already a patient of ours, and at the very least, you have certainly driven by our facility off Homestead Road. Over 50K people live in Pahrump, roughly 20K have treated with us. If you or someone you know has been in an auto accident in the last 18 months and are still experiencing headaches or back pain, come see us! We can give you an assessment and help you to determine if obtaining an attorney would be in your best interest.

How Important is Your Health to You?

Ask yourself this very important question, how important is your health to you? There are long term effects on your body after an accident, and while hurrying to close a case for financial benefit may seem like a great idea in the moment, your body will pay for it in the long run. You and you alone have

the power to determine who will be treating you after an accident, be sure to choose a provider that can offer you real solutions, and real healing results.

So much more to share but we have limited space. Our goal in sharing this article is to educate and empower people to know that they do have options after an auto accident. Our office has over 100 years of combined personal injury experience between the 4 chiropractors we have and medical staff, and our patient service is unmatched.

Word of mouth is the best form of advertisement, and, in an effort to remain humble, we will simply implore you to go read our reviews for yourself. We are looking forward to serving you and answering any questions you might have. In the coming issues we hope to share patient success stories and give you a more in-depth incite on what it is that goes on inside of our giant, red, 10K square foot, integrated healthcare treatment facility.





Wills & Trusts

What Do New Year's Resolutions Have to Do with Estate Planning?

By David Bindrup, ESQ., CPA, LL.M.

We are all familiar with how New Year's Resolutions work. We feel a rush after the holidays for self-improvement. We commit ourselves to making changes in our lives. "This will be the year!" We feel renewed energy to finally tackle areas of our lives that we've ignored or put off for too long. As we reflect on the changes we want to make, we often think about getting our affairs in order. Part of that process includes estate planning.

Estate planning is completing legal documents that govern when we become incapacitated and when we pass away. They set forward who we want to be in charge of our decisions and the care we want to receive. They may be

very specific or general. They also set out how our assets are to be distributed when we pass away. This includes what we want done with our bodies and all of our stuff.

We all know that these decisions are important, because we never know when we are going to need to rely on those documents. Many of our clients come into our office with outdated documents. Yellowed, typewritten documents that address children who have long since grown up, and assets that have long since been sold. Many of our clients first completed their documents when their children were young, but haven't made changes as children have grown, assets have changed, clients have moved, divorced, remarried, etc. So many of your day-to-day decisions can affect your estate plan, so it's im-

portant to review it regularly and make sure that it accomplishes your goals as you are today.

As you reflect on these important decisions - whether you've had a plan in place for years or are only now considering what estate planning entails - here are a few pointers to keep in mind:

Last Will & Testament

A common misconception is that if you have a trust, you don't need a Last Will & Testament. This is completely false! Think of your Last Will & Testament as a safety net in your estate planning. A Last Will & Testament doesn't replace your Revocable Living Trust, but it's an important part of your estate plan. A Last Will & Testament authorizes burial or cremation, nominates a guardian who can care for your

“Estate planning is completing legal documents that govern when we become incapacitated and when we pass away.”

minor children and also yourself if you become incapacitated. It also lays out how you want your assets to be distributed when you pass away. If you have a Revocable Living Trust, it often will reference the Trust. If you don't, it may list individuals or charities to receive your assets when you pass away. As you are reviewing your Last Will & Testament, make sure it includes these important facets so that it can be followed when you pass away.

TAKEAWAY: *If your Last Will & Testament doesn't have these crucial elements, you may need to have it reviewed with a competent estate planning attorney to be sure that your Last Will & Testament is in order.*

Revocable Living Trust

If you own real property, a Revocable Living Trust is usually the most efficient tool to pass that property to someone else upon your death. Revocable Living Trusts are often referred to as revocable trusts, family trusts or just a plain old trust! A trust is a document that makes arrangements for your assets (financial accounts, real property and personal property, just to name a few), by giving someone control to manage these assets when you're not able to and then distribute these assets when you pass away. The neat thing about a revocable living trust is that you can make arrangements now so that you can distribute your assets to your loved ones in a way that you would do if you were still around to do it, rather than having things distributed by the court or some default. But if the language in there isn't clear and you can't understand how it's going to be distributed, how can you depend on those you're counting on to take care of things? These documents require precision- things must be set out very clearly so that there can be no mistake about your wishes and how they're

followed.

TAKEAWAY: *If you look at your trust and can't understand how your assets are distributed when you pass, it may be time to revisit that language to make sure that it is clear and distributes your assets in the way you want them to be distributed. Relying on a good attorney who is well-versed in these issues can help clarify your goals so they can be clearly followed after you pass.*

Power of Attorney

Powers of Attorney are a crucial and often overlooked part of an estate plan. A Power of Attorney allows someone to step in and act on your behalf when you are unable to act for yourself because of an illness or injury. In other words, you can give the power in advance to someone you trust so that when you are at your most vulnerable, you can count on that trusted loved one to act for you, both medically and financially. The scary part about powers of attorney is that these circumstances often arise very suddenly, leaving little to no time to prepare for this transition. These documents are life-changing when someone is struggling, they can also easily be misunderstood or misused if there is not clear language in place.

TAKEAWAY: *Understanding what your power of attorney can do is a crucial part of planning for upcoming emergencies. Look over your power of attorney for medical decisions and for financial decisions and ensure that those you trust have the authority to make decisions for you when you need the help. Review these decisions so you can verify they reflect your current wishes.*

Beneficiary Designations

With or without a will and/or a trust, beneficiary designations are an impor-



tant consideration. Your beneficiary designations should, generally speaking, indicate your trust as a beneficiary if you have a trust, and if not, should name beneficiaries directly (such as individuals or charities). You should be sure to name contingent beneficiaries- those are people or charities that will inherit if your first named beneficiaries pass or are unable to inherit. Your beneficiary designations should take into account any potential tax or legal implications, as well the age and maturity of any individual beneficiaries. This work is important and is best done through careful review with a competent and experienced attorney.

Remember, there is no time like the present to make sure your estate plan accomplishes your goals and clearly gives instructions to be followed when you become incapacitated or pass away. Doing so can help you check this important issue of your “to do” list in 2026, and leave you with the peace of mind of knowing your affairs are finally in order.

David L. Bindrup, Esq., CPA, LL.M. is the only Nevada-licensed CPA, California-licensed CPA and Nevada-licensed attorney with a Masters of Law in Taxation who has a Pahrump location practicing only estate planning, asset protection and probate. Call 702-465-0888 to set up a cost-free consultation and to learn more about how you can meet with an attorney in our Pahrump office to further review these important decisions.



financial focus

with Jeffrey R. Dye



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

AI in Personal Finance: The Promise and the Limits

Your smartphone buzzes with an alert: Your budgeting app has spotted an unusual spending pattern and suggests transferring \$50 from your savings account to your checking account. Later that day, a robo-advisor automatically rebalances your investment portfolio. Welcome to the age of artificial intelligence (AI) in personal finance, where technology is reshaping how we manage money.

What AI Can Do for Your Wallet

From tracking every latte to forecasting next month's bills, AI-powered tools are making financial management more accessible than ever. Some apps categorize transactions automatically, while other platforms offer conversational financial advice through text messages. These tools can monitor your credit score, suggest budget adjustments and even negotiate lower bills on services like cable and internet.

The investing landscape has transformed as well. Robo-advisors use algorithms to build diversified portfolios, automatically rebalance holdings and apply strategies to minimize tax bills. Educational tools powered by AI can explain complex concepts through interactive games and simple question-and-answer formats, making financial literacy more accessible.

Where AI falls short. Here's what the algorithms can't do: understand what truly matters to you:

AI doesn't know whether you value sustainable investing over maximum returns. It can't weigh the emotional complexity of saving for a child's education versus retiring early. When sudden illness strikes or a job change upends your plans, AI lacks the context and empathy to guide you through those human moments.

Technology can crunch numbers brilliantly, but it can't offer wisdom. It can't replace human judgment, experience or ethical reasoning. Robo-advisors' predetermined algorithms

*"Technology can
crunch numbers
brilliantly, but it can't
offer wisdom. It can't
replace judgment,
experience or ethical
reasoning."*

may not suit investors with complex financial needs like estate planning or comprehensive tax planning.

The Human Touch Still Matters

This is where human financial advisors remain indispensable. They provide what technology can't:

- Long-term perspective: Help you maintain focus when markets get volatile and emotions run high
- Goal coordination: Balance competing priorities, help



partners merge their financial visions and remind you of goals you've tucked away and didn't know still mattered

- Accountability: Keep you on track with your financial strategy through life's inevitable changes
- Emotional support: Offer reassurance and wisdom during major financial decisions

Research validates it: Those who regularly work with a financial advisor and have a financial strategy are more likely to feel optimistic about their financial future than those who manage finances on their own, according to 2025 research from Edward Jones and Morning Consult.

Find the Right Balance

The future likely lies in a hybrid approach: combining data-driven AI insights with the human wisdom of a financial advisor who understands your values, priorities and life's inevitable curveballs. Think of AI as a powerful calculator and your financial advisor as the mathematician who knows which equations to use.

As these technologies evolve, the key is treating AI as a tool, not a guide.

Stay curious about what technology can do for your finances. Stay critical of its limitations. And remember: What matters most in your financial life is something only you can define.

Dreaming up the ideal retirement is your job. Helping you get there is ours.

To learn more about why Edward Jones makes sense for you, call my office today.

Jeffrey R Dye
Financial Advisor

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Just a Thought...



By Tyler Ryan

I was watching a movie recently where a man hit a large casino jackpot for more than a million dollars, but what caught my attention was his reaction.

The guy went absolutely nuts by shouting and screaming over his newfound wealth.

It was then when I thought how would I react if I were in the same situation.

First of all, I certainly would not lose my cool by letting the entire casino know that I hit the jackpot because that's just asking for trouble from someone who would rob me for my winnings.

My question is why draw attention to myself?

That's just crazy.

Don't get me wrong, as I would be beyond ecstatic on the inside, but no one really needs to know about my luck.

I'd simply fill out all of the necessary forms and get on with the good life.

Secondly, I would not go out and buy a brand-new luxury car, as people tend to notice such things.

Thirdly, I would never flash my cash in front of strangers or worse, my young grandkids who at three, five, and nine years of age, truly know the value of a buck.

Their mother and grandmother

taught them that at a young age.

Please don't misunderstand.

I'm not greedy, but I am frugal.

There are however a few things that I would do.

Once the dust has cleared, I would take my wife out to a nice dinner and discuss what we should do with our winnings for the future.

One thought that comes to mind is establishing a savings plan for their future.

I'd also buy my wife a newer wedding ring that didn't come from a pawn shop.

What can I say, I may be cheap, but I'm still a romantic guy.

After which we'd go out and purchase a decent vehicle and later a home.

Both cash because who wants to make monthly payments if you have

the money to pay.

Depending on how much I won, I'd also donate a few bucks to several of my favorite charities.

As far as travel, I'd rather not because I don't like leaving home.

I would end up staying in the hotel room and watch television, which I could do at home.

I know that my wife would have a fit which is why the destination would have a casino where she could hang out and play video poker for hours to her heart's content.

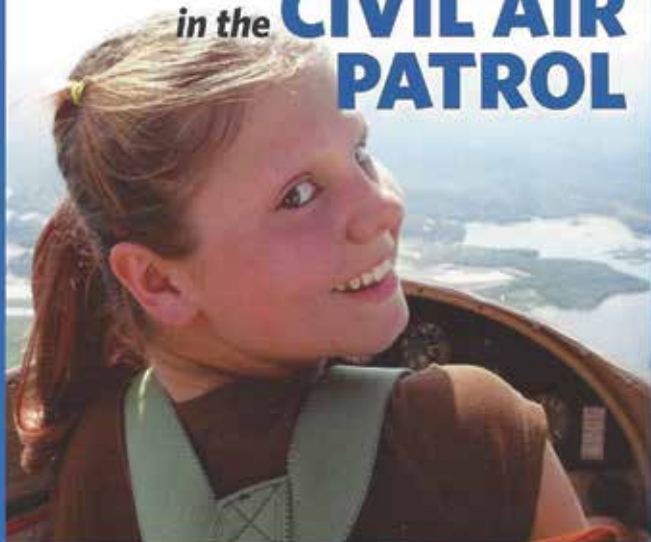
To sum it all up, winning a ton of cash would be great but it wouldn't change my lifestyle much.

It would however make me the world's richest and laziest bum.

Just a thought...



LEARN, LEAD, & SERVE as a **CADET** in the **CIVIL AIR PATROL**



GoCivilAirPatrol.com



LIGHTHOUSE GIFT SHOP

GIFTS ✨ AVON ✨ HOME & YARD DÉCOR



Call Judith at

775-764-7660

1290 W. Fawn St. (off Red Rock Dr.)

HOURS

Monday-Saturday
10am-4pm

SVBC

South Valley Baptist Church
Pastor Doug Landers

**You are
Loved!**
John 3:16

775-513-3444

www.SVBCPahrump.com

Check our Website for Times, Sermons & More

7050 S. Homestead Road (Corner of Homestead & Kellogg)

fb.com/SVBCPahrump @SVBCPahrump @SVBCPahrump

Sunday Morning Worship Services

8:15 & 10:30am

Children's Church 10:30am

Sunday School 9:30am

**6:00pm Sunday Evening
Service & Children's Church**

Tuesday

3:00pm Ladies Bible Study

Wednesday

6:30pm Children's Missions & Youth Group

7:00pm Wed. Night Service

Thursday

6:00pm Good Adult Bible Study

Friday

8:00am Men's Bible Study

Places of WORSHIP in Pahrump

Apostolic Church of Pahrump

3190 S. Highway 160, #J (775) 419-3800
www.ApostolicChurchOfPahrump.com
 Pastor Anthony Liso

Calvary Chapel Pahrump Valley

1051 E. Mickey St. (775) 751-8000
www.CalvaryChapelPahrump.org
 Pastor John Gundacker

Calvary Chapel - Shadow Mountain

2491 Mount Charleston Dr. (775) 751-7623
www.CalvaryChapelShadowMountain.com
 Pastor Lonnie Biggs

Central Valley Baptist Church

3170 S. Blagg Rd. (775) 910-9995
www.BlessU2.com
 Pastor Terry Stone

Choice Hills Baptist Church

340 W. Mesquite Ave. (775) 751-1417
www.CHBCPahrump.com
 Pastor Kerry Cole

Church of Jesus Christ of Latter-Day Saints

921 E. Wilson Rd. (775) 727-5342
www.ChurchOfJesusChrist.org

Wheeler Pass Ward

Bishop Jim Wulfenstein
General Congregation Sunday Service 9am

Charleston Park Ward

Bishop John Toomer
General Congregation Sunday Service 10:30am

Water Rock Branch

President Jaime Osorio
General Congregation Sunday Service 12:40pm

Church of Jesus Christ of Latter-day Saints

5461 Manse Rd. (775) 751-7618

Manse Springs Ward

Bishop Timothy Sutton
General Congregation Sunday Service 9am

Gamebird Ward

Bishop Joe Gent
General Congregation Sunday Service 10:30am

Homestead Ward

Bishop Jeff Hammar
General Congregation Sunday Service 12pm

Church of Pentecost

781 S. Woodchips Rd. (775) 727-6681
www.PentecostalsOfPahrump.com
 Pastor James Monroe

Church of the Harvest

1670 Vondell Dr. (775) 513-4950
www.ChurchOfTheHarvestPahrump.org
 Pastor Harold L. Davis Sr.

Desert Church of Christ

2360 E. Calvada Blvd., #C (775) 751-1045
www.DesertChurchOfChrist.org

Faith Fellowship Church

2190 N. Blagg Rd. (775) 727-9183
www.FaithFP.org
 Senior Pastor Jim Huntington

Heritage Bible Church

3061 E. Heritage Dr. (775) 727-7220
www.HeritageChurchPahrump.org
 Pastor Jim Sweet

It is Finished Ministries

2301 Winery Rd. (702) 813-1490
www.ItIsFinishedMinistries.com
 Pastor Dennis Boylan

Jehovah's Witness Kingdom Hall of Jehovah's Witness

6131 Thousandaire Blvd. (775) 727-6077

Joy Divine Community Church

1161 S. Loop Rd. (775) 419-5266
www.JoyDivineChurch.com
 Pastor Vivian Chess, Pastor Jim Horvath

Living Word Church

1370 E. Matthew Ln. (775) 505-2626
www.LivingWordPV.com

New Hope Fellowship Foursquare Church

781 West St. (775) 751-1867
www.NHFPahrump.org
 Pastor Isaiah Hill

Oasis Outreach and Worship Center

1061 Second St. #A (775) 727-7227
www.OasisOutreachNV.AdventistChurch.org
 Pastor Peter Neri

Our Lady of the Valley Roman Catholic Church

781 E. Gamebird Rd. (775) 727-4044
www.OurLadyOfTheValleyChurch.org
 Father Bruno Mauricci

Pahrump Seventh-Day Adventist Church

477 Blagg Rd. (775) 727-6655
www.PahrumpNV.AdventistChurch.org
 Pastor Peter Neri, Pastor Ryan Johnson

Pahrump Church of Christ

911 S. Lola Lane (775) 727-9218
www.PahrumpCOC.org
 Speaker Dave Miller

Pahrump Community Church

1061 E. Wilson Rd. (775) 727-5384
www.PahrumpCC.com
 Senior Pastor D. Keith Walker

Pahrump Valley United Methodist

1300 E. Highway 372 (775) 727-6767
www.PahrumpValleyUMC.com
 Pastor George Barcus

Primera Iglesias Bautista Pahrump

4180 N. Highway 160 (702) 275-8091
www.FaithStreet.com
 Pastor Juan Estrella

Redeeming Grace Church

741 Fehrs Way (775) 513-6009
www.RedeemingGracePahrump.church
 Pastor D. Joe Aja

Rock Vineyard Church

1370 E. Matthew Ln. (775) 751-8449
 Pastor Kenny & Kathy Simpson

Safe Haven Fellowship

921 Highway 160, #401 (619) 246-7363
www.EnterTheBlessings.com
 Renee Wallace

Saved By Grace Lutheran Church ELCA

6341 S. Hawkins Way. (775) 751-8424
www.SavedByGraceELCA.com
 Pastor John A. Biggs

Second Missionary Baptist

3651 Homestead Rd. (775) 537-1587
www.2ndMBC.COM
 Pastor Daniel Collins

Shepard of the Valley Lutheran Church

650 S. Blagg Rd. 308-458-8231
 Pastor Andy Safarik

Soka Gakkai International

(Buddhist) (775) 990-4132
 John Field

South Valley Baptist Church

7050 S. Homestead Rd. (775) 513-3444
www.SouthValleyBaptistChurch.com
 Pastor Doug Landers

St. Martin's in the Desert Episcopal Church

631 W. Irene St (775) 419-9204
www.StMartinsInTheDesert.org

Trinity Assembly of God

750 S. Big 5 Rd. #12 (775) 727-4514
www.TrinityChurchNV.com

Yakin B'racha Jewish Messianic Fellowship

2601 Hacienda St. (775) 751-6106
 2570 Idelwide (775) 406-8215
www.YakinBracha.org
 Rabi Paul Cohen



Pahump Life Magazine

2026 Media Calendar

Issue Date	Ads/Article Deadline
January/February	December 5, 2025
March/April	February 5, 2026
May/June	April 6, 2026
July/August	June 5, 2026
September/October	August 5, 2026
November/December	October 5, 2026

Pahump Life Magazine publishes every two months. The Fraziers published the first issue in November of 2010. The Butlers took over in December of 2022. All materials and questions concerning ads should be directed to Jim Butler at Jim@PahumpLifeMag.com or call 520-403-7007. Questions and issues relating to content should be directed to Christine Butler at Christine@PahumpLifeMag.com or call 520-403-8600.

OUR MISSION STATEMENT

Pahump Life Magazine is a lifestyle magazine targeted to individuals and families living in and visiting the Pahump Valley. We hope to inform and inspire our readers to go out and enjoy this charming town and surrounding area and to increase participation in all the cultural, charitable, and social events offered.

Our goal is to support the growth of local businesses, promote tourism, and strengthen our local economy by providing advertisers a vehicle to reach new customers and give editorial coverage about their accomplishments.

Pahump Life focuses on positive, interesting topics. We hope our readers will always find an upbeat and welcoming experience. We endeavor to provide opportunities for new writers, photographers, and artists to have their work published.

EVENTS & ENTERTAINMENT

Tell us about your upcoming event! If you have an event that you'd like Pahrump to know about, please submit the details to us at Christine@PahrumpLifeMag.com.

By Christine Butler



Desert Squares of Pahrump
Enrollment on Jan. 13 & 20, 5:30-7pm.
Lessons to follow.
Bob Ruud Community Center,
150 NV-160

Learn how to square dance and have some fun!



Pahrump Hot Air Rally in the Valley
February 13-15, Approx., 7:30 am
Petrack Park

In addition to the balloons there will be live music, food vendors, and activities to entertain the whole family. This year's event will include sunrise launches along with evening balloon glows and don't miss the taste of Pahrump wine garden! Hot air balloon tethered launches will be available.



58th Anniversary Celebration for Marta Becket and her Amargosa Opera House
Saturday, February 14
608 California Highway 127 and State Line Road, Death Valley Junction, CA

There will be Valentine's Day festivities to honor her legacy, the Iconic murals, and all the various guest artists that performed over the years. For more information call 760-852-4441



Mardi Gras Annual Benefit
Saturday, February 21, 5 pm
Pahrump Nugget Hotel and Casino
681 NV-160

Presented by Soroptimist International, Pahrump Valley



Nevada and Silver State Chili Cook-Off Festival
March 20 -22
Petrack Park, 150 NV-160

Benefits go to Bikers Against Bullying P.D.O.T. and Pahrump Theater Company. Come and enjoy music, carnival rides, car show, games, contests, raffles, and much more. For more information visit www.pahrumpchilicookoff.com

RECURRING EVENTS

The Private Well Owners Assoc.
First Wed. of each month – Jan. 7, Feb. 4, 6pm
Pahrump Valley Museum,
401 E. Basin Ave.

The Private Well Owners Association's primary mission is to inform, educate, and assist you in learning about and protecting Hydrographic Basin 162, understanding well-related issues, and water conservation topics. They meet on the first Wednesday of each month at 10 a.m. at the Pahrump Valley Museum, 401 E. Basin Ave. We hope to see you there. PWOA: www.privatewellowners.com

Prostate Cancer Group Meetings
Fourth Tues. of each month - Jan. 27,
Feb. 24, 6pm
DAV Building, 270 N. Hwy 160

For support, education, and information. Come talk with us! Meetings also available on Zoom. For additional information contact: Dr. Tom Waters 702-379-3449 or Linda Wright 775-419-5715.

Tumbleweed Tales II
Poetry Roundtable
Third Tuesday of each month - Jan. 20,
Feb. 17, 2 -4pm

Pahrump Valley Museum,
401 E. Basin Ave.

Donations at door for PV Museum are appreciated. You can now also join us at Pahrump Community Library, 701 East St. last Fridays of the month, 2 to 4 p.m. Next sessions are: Jan. 30 and Feb. 27. Share original poems, short writings, favorite author, your artistic voice. Contact: 775-537-5859; or for the library 775-727-5930.

Pahrump Community Choir
Every Wednesday, 6:30 - 8pm
301 Oxbow Rd. Suite 14

Come sing your heart out! The rehearsal time is fun; you don't need choral singing experience. Many of our members haven't sung since high school, and some have never sung in choirs. We have enough members with expertise to help those who need more experience. For more information, visit www.pvpac.org or their Facebook page, Pahrump Arts Council.

Cocktails & Canvas
Meet second Sat. of the month - Jan
10, 1-4pm
Pahrump Senior Center
1370 W. Basin Ave

Laurie McCaslin calls her monthly classes 'Fun Art' instead of 'Fine Art,' Each month, she teaches a different acrylic painting. Guided instructions are easy to follow, and traceables or templates are provided. Youth are welcome with an adult. Reservations are required. \$25.00 cash or check includes all supplies and guided instruction. To reserve your spot call Laurie McCaslin at 775-209-6200.

Artesian Cellars Winery & Vineyard
Monday - Wednesday, 11am - 8pm
Thursdays, 11am - 9pm
Fridays & Saturdays, 11am - 10pm
Sundays, Noon - 5pm
1731 S. Hwy 160

Artesian Cellars offers diverse musical entertainment. Listen to music by local artists while you taste the delicious wines personally crafted by owner Tim Burke. The staff at the winery are welcoming, creating a warm home-town feel. There is indoor and outdoor seating. A special menu includes Charcuterie boards, flatbreads, personal-size pizzas, desserts, and more. In addition to music, classes are offered, such as wine pairing, wine and paint night, Funtastic Saturdays benefitting a local charity, and unique wine events for Wine Club members. For an event listing, visit their website, www.artesiancellars.com, or their Facebook page, Artesian Cellars.

Artesian Cellars -
Weekend Brunch
Saturday: 10 am - 1 pm
Sunday: 11 am - 2 pm
1731 S. Hwy 160

Step into a slower pace and savor the comfort of brunch at Artesian Cellars, where the table is set with heart and the vineyard serves as your backdrop. Our weekend brunch invites you to relax, reconnect, and savor the simple pleasures of good food, fine wine, and great company. Pair your meal with our handcrafted wines or house brunch cocktails, carefully selected and designed to elevate your experience. From the first sip to the last bite, every detail reflects the relaxed beauty of life in the vineyard.

Biweekly Children's Choir
Every other Saturday starting Jan. 3
following Church Service, 1:30-2:30pm
Pahrump SDA Church
477 North Blagg Road

Open to all children ages 4 - 17. Learn basic music theory skills, new songs, and meet new friends. You do not have to be a church member and can join anytime. For more information, contact Shannon Sagert at 407-758-3254.

Pahrump Community Library
Hours: Mon.-Fri. 9am-6; Sat. 10am-5pm
701 East Street

The library is now open with lots of new programs including Tails to Pebbles (children reading to dogs to build confidence), Baby Story Time, Favorite author book club, genealogy, Chess Club, tablet, smart phone and computer classes, CPR Class, AARP senior driving courses and many more. They've expanded and remodeled the youth department and much more. Go and see the many changes for yourself.

Over the Hump Offroad Club

This group of trail riders in the Pahrump Valley is well-versed in hidden gems throughout the surrounding area. Join our private Facebook page for upcoming rides.

Nye County Dirt & Desert Riders

We are a group of like-minded people who like creating dust, exploring our beautiful deserts, and riding on countless trails. This group is for riders, friends of riders, and those who enjoy desert and dirt riding. Check out our Facebook page to see where we've been riding!

Pahrump Valley Chess Club
Every Saturday Afternoon
Noon - 3 pm
Holiday Inn Breakfast Lounge
860 NV Hwy 160

Whether a newbie or an expert, you and your family can join this free activity. Join the Pahrump Valley Chess Club. It is open to all ages and all levels. They also offer a free beginner's class. For information, call (775) 419-7552.

Pahrump Farmers' Market
Saturdays, May-Sept. 7:30-11am, Oct.-
Apr. 8:30am-Noon.
Tractor Supply, 900 East NV Highway
372 at Bolling Rd.

Get to know your community neighbors by attending the local farmers' market. Support local vendors, farmers, and gardeners while enjoying home-grown food.

Volunteer Connection

Volunteer Connection is a listing of local organizations that need volunteers. We often hear people say they would love to volunteer, but don't know where to start. If your organization needs volunteers, please send a 40-80 word description to: Christine@PahrumpLifeMag.com.

Ambassadors of Pahrump

The official Ambassadors of Pahrump (the Nevada Silver Tappers and Ms. Senior Golden Years, USA,) non profit 501(3) c organizations invite all golden ladies to join them in their sisterhood. The tappers invite anyone who has reached the age of 50 years young to join them and learn to dance, get great exercise and have lots of fun. The Ms. Sr. Golden Years USA, Inc. invite any lady who has reached the golden age of 60 to join them in their pageant held in June at Saddle West Hotel & Casino. To join either group, no experience is needed. We are just ladies who devote our lives to the community of Pahrump wherever and whenever there is a need. You may join us by phoning the executive director at 775-727-7011 or 702-370-8852.



Clean up Pahrump®

CLEAN up PAHRUMP®, a chapter of Desert Pigs nonprofit, is committed to the removal of illegally dumped trash. Meeting every Saturday for 1 hour we clean up trash sites and roadside garbage; properly disposing of it. Come make friends, and do something beneficial for the community! Bring plenty of fluids and no politics-we supply the rest! For more information on volunteering or donating please visit us at www.cleanuppahrump.org or Facebook at CLEAN up PAHRUMP!



MLK Foundation of Pahrump

Martin Luther King Foundation of Pahrump, MLK, is a non- profit organization. Here in Pahrump, we focus on hosting events that provide scholarship money for college or trade school applicants from our local Pahrump Valley High School. All our proceeds go to our graduating high school seniors. We are committed to our community and the future of our students. At this time, we are hosting an event to help replenish the funds we used for last years' scholarships recipients. We are holding our usual MLK Luncheon in January honoring Martin Luther King Day. We are looking for volunteers to help with event planning, decorating, ticket sales, fundraising, and so much more. Your time and effort is what is needed. Our monthly meetings are held on Monday afternoons and there are no dues for our members. For more information or questions send an email to MLKPahrump@icloud.com and please include Volunteer in the heading/subject line.



Nevada Outreach Training Organization

NOTO is the umbrella organization for the Pahrump Family Resource Center, No to Abuse, and the Nye County Children's Advocacy Center.

We offer assistance with applications from community and government



agencies (SNAP, TANF, energy assistance, unemployment, etc.), assistance in obtaining necessary documents, referrals and connections with other community resources, and material goods. We offer court-approved parenting, co-parenting, anger management/impulse control, and life skills classes. We also run Nye County's only supervised visitation program, providing court- and DCFS-ordered visitation services to Nye County residents, a weekly women's support group for domestic violence survivors, advocacy services for victims of domestic violence and elder abuse, material goods, and referrals for community needs assistance. We provide advocacy services to families referred by the Nye County Sheriff's Office in cases of child abuse allegations.

Volunteers can help by processing donations to NOTO, property maintenance, office work, and outreach events. If you would like help or want further info, please call Darlene at 775-751-1118, ext. 113, Monday-Thursday, 8:00 to 4:30.

Never Forgotten Animal Society

Never Forgotten Animal Society is a no-kill rescue. We are looking for animal-loving volunteers to help with quarterly yard sales and our second-hand store "Make An Offer Shoppe" located at 1050 S. Dandelion. We are largely supported by community donations. Any questions please contact Pat at 775-764-9070.



The NyE Communities Coalition

We are building healthy communities across Nye and Esmeralda Counties and we welcome anyone interested in helping! The coalition is made up of individuals, organizations and agencies that are focused on joining together in cooperative and collaborative efforts to increase prevention services and opportunities. The NyE Communities Coalition and partners always have volunteer opportunities. If you would like to help improve the quality of life in our community please contact us for current opportunities. To contact by phone 775.727.9970 or send an email to info@nyecc.org.



Nye County School District

Volunteers are needed to read with children offer tutoring in a variety of subjects, to offer mentorship in arts, writing, poetry, and math. You don't have to have a student enrolled to volunteer your time. Volunteers need to fill out forms in accordance to state law but anyone with a few hours to give, come on down! They'll hook you up with a school. For more information or to volunteer contact the NCSD Human Resources office at 775-727-7743, ext. 300 or email volunteer@nyeschools.org.



The Nye County Sheriff's Office Auxiliary Unit

The Nye County Sheriff's Office is looking for volunteers for our Sheriff's Auxiliary Unit in Pahrump, Amargosa, Beatty, and Tonopah. You can volunteer a minimum of 15 hours a month. You must be able to pass an FBI Background Check and must be available for day-time classroom training. For information about Neighborhood Watch, contact Harold Rubin-Smith at 775-419-9707 or on their Facebook page. Call Commander Al McMahan or Vice Commander Leia Martin at 775-751-4231. Applications are available at the Sheriff's Office, 1520 East Basin Avenue, at the Administrative Office in the Detention Center (next to the Court House), or online.



Pahrump Valley Lions Club

Lions Clubs International is the largest service club organization in the world. The Pahrump Valley Lions Club is looking for new members to assist in efforts to aid the blind and visually impaired, champion youth initiatives, and strengthen the local community through hands-on service and humanitarian projects. The Club meets the first and third Tuesday of each month at 6:30 p.m. at Las Patronaz, 270 Dahlia St. For more information, call 775-727-9016.



RSVP Needs Drivers

Would you like to assist seniors and disabled persons in our RSVP Transportation program? RSVP provides door to door safe transportation for medical appointments, to pick up prescriptions or shopping. Drivers must pass a background check and will receive 40 cents per mile reimbursement for each & every round trip of a registered client. Please join us in helping our friends and neighbors. Call 775-751-5282 to Volunteer.



The Salvation Army Pahrump Service Center

The Salvation Army Pahrump Service Center is open five days a week from 8 AM to 4 PM and is always accepting new volunteers. We need the most assistance on our client-choice food pantry days, which are Tuesday and Friday from 9 AM to 2 PM. Volunteers will work with clients to check in, select food items, and load items into clients' cars. To apply please come to our office located at 240 Dahlia Street or call 775-751-6181



Silver State Chili Cook-off

If you like chili, networking, organizing, and helping a great cause we have opportunities for you to get involved. All of the proceeds of this event goes to support local charities. We are in need of individuals for organizing the judges, vendors, car show, chili contestants, entertainment, and purchasing supplies. For additional info call Kelli Sater at (775) 764-9377.



Sleep in Heavenly Peace

Sleep in Heavenly Peace is a new chapter in town and in the state of NV. This organization was started in 2014 and is based in Twin Falls, Idaho. This organization gets beds for kids. They are 100% volunteer-driven and donation-driven. They need funds for tools and materials to build the beds and volunteers to help assemble the beds and deliver them to children right here in Pahrump. For more information call Carmen Murzyn at 775-910-8921 or carmenmurzyn@shpbeds.org.



Southern Nye County Search and Rescue

Southern Nye County Search and Rescue is a volunteer organization. Our primary mission is to respond to and execute any search and rescue operations within Southern Nye County, NV and surrounding jurisdictions under the direction of the Nye County Sheriff's Office. Our volunteers, along with our local equestrian unit, assist and support many community events and provide on-going training programs to unit members.



Are you interested in becoming a member? For more information about our mission and services, please contact us at 775-727-5071 or searchrescue201@yahoo.com.

WEST STAR RANCH Animal Rescue & Thrift Store

West Star Ranch

If you love animals, West Star Ranch could use your help. We're always in need of folks to help with placing animals, light construction, help in the store, rescues, networking, and much more. For more information call 775-287-1436.

DINING life

Dining Life is a listing of local restaurants. Every attempt is made to maintain accuracy. If your restaurant is not listed or there is an error, please email Christine@PahrumpLifeMag.com.

Asian

China a Gogo

150 S. Hwy. 160, #C12
775-727-1222

China Wok Buffet & Grill

580 S. Hwy. 160
775-727-9988

Chattai Bistro

421 S. Frontage Rd., #1
775-727-9988

Ohjah Japanese Steakhouse

20 S. Hwy. 160, #110
775-727-9888

Panda Express

280 S. Hwy. 160
775-751-8822

Romi Thai

5020 Pahrump Valley Blvd, #3
775-751-5333

Sushi Yong's

1720 E. Calvada Blvd.
775-372-7757

Teriyaki Madness

240 Hwy. 160, #2
775-877-9670

Bars & Cafés

Dry Creek Saloon

1330 5th St.
775-505-5161

Golden Harvest Café

Pahrump Nugget Casino
681 S. Hwy. 160
775-751-6500

Jeremiah's BBQ

Coyote's Den Bar
3971 E. Kellogg Rd.
775-537-8670

Lakeside Café

Lakeside Casino
5870 S. Homestead Rd.
775-751-7770

Moonshiners

Terrible's Road House
1750 S. Pahrump Valley Blvd
775-727-7777

O Happy Bread

French Bakery
1231 E. Basin Ave., #7-8
775-455-0478

Rhinestones Country Bar & Dance Hall

1700 Pahrump Valley Blvd.
775-877-5068

Shenanigans Pub

1330 E. Calvada Blvd
775-419-6367

Silver Spur Buffet & Café

*Saddle West Hotel, Casino &
RV Resort*
1220 S. Hwy. 160
775-727-1111

Steelbound Brewery and Distillery

Best Western
1101 S. Hwy. 160
775-537-1111

The Hubb

3720 W. Bell Vista Ave.
775-764-1299

Winging It

921 S. Hwy. 160
775-253-4952

Bakery, Coffee & Snacks

Black Cow Coffee House

1266 E. Calvada Blvd #4,
775-419-6592

Caffé Chilly

960 Margaret St. at Hwy. 372
775-537-0700

Iceology Shaved Ice Co.

1330 Hwy. 160, #130

Java Junkies

Horizon Market
840 Hwy. 372
775-238-6848

O Happy Bread French Bakery

1231 E. Basin Ave., #7-8
775-455-0478

Our Place

1401 S. Hwy. 160
702-742-8621

Starbucks

Albertsons
200 S. Hwy. 160
775-751-0160

Starbucks

460 S. Hwy. 160
775-727-7572

Thrifty Ice Cream & Deli

1021 E. Gamebird Rd.
702-328-8614

Deli/ Sandwiches

Jimmy John's Sandwiches

Pahrump Nugget Casino
681 S. Hwy. 160
775-505-6011

Port of Subs

150 S. Hwy. 160, #C-6
775-751-6000

Subway Sandwiches

1520 E. Hwy. 372, #1
775-751-8400

Subway Sandwiches Walmart

300 S. Hwy. 160
775-751-6777

Family Style

Caffé Chilly

960 Margaret St. at Hwy. 372
775-537-0700

Dad's American Diner

1440 E. Hwy. 372
775-751-3237 (DADS)

Denny's Restaurant

240 S. Hwy. 160
775-751-3828

The Grill Room

Mountain Falls Golf Club
5001 S. Clubhouse Dr.
775-537-6553

Jackpot Joanie's

820 S. East St.
775-727-5211

Jeanne's Gourmet Hot Dogs

1401 Hwy. 160 & Loop Rd.
Jeanneshotdogs.com

Johnny's
90 Emery St.
775-727-3737

Johnny's To Go
4760 Pahrump Valley Blvd.
775-253-4521

Living Free Café
2050 N. Hwy. 160, #400
775-505-3888

Mom's Diner
1240 E. State St. #100
775-751-9929

The Place To Go
921 S. Hwy. 160, #402
775-253-4952

The Venue
Nevada Treasure RV Resort
301 W. Leslie St.
775-770-6640

\$5 \$10 \$15 Restaurant
Stagestop Casino
100 W. Stagestop Rd.
775-727-7300

Fast Food

Arby's
690 S. Hwy. 160
725-245-1120

Burger King
667 S. Hwy. 160
775-751-8080

Carl's Jr.
500 S. Hwy. 160
775-727-3700

Chipotle Mexican Grill
540 S. Hwy. 160
775-505-2418

**Dairy Queen/
Orange Julius**
20 S. Hwy. 160, #109
775-751-2177

Jack in the Box
640 S. Hwy. 160
775-727-3783

KFC
1540 E. Hwy. 372
775-751-6400

McDonald's
710 S. Hwy. 160
775-727-8765

Seemore's Polar Parlor
70 E. Hwy. 372 (at Blagg Rd.)
775-764-8242

Sonic Drive-In
350 S. Hwy. 160
775-727-0742

Taco Bell
571 S. Hwy. 160
775-727-7313

Italian / Pizza

Carmelo's
1440 E. Hwy. 372, #3
775-751-1660

Domino's
250 S. Hwy. 160, #B-6
775-751-3030

Farinata's Pizza
775-877-9400
1360 Hwy. 372, #3

K-7 Pizza
6050 Thousandaire Blvd.
775-727-9070

Little Caesars Pizza
70 S. Hwy. 160, #107
775-751-5556

Mia Ava East Coast Pizza
1971 S. Pahrump Valley Blvd.
775-505-4434

Pizza Hut
920 S. Pahrump Valley Blvd.
775-727-7952

Tarantino's Pizza
Horizon Market
961 S. Linda at Hwy. 372
775-727-4992

Tower Pizza
3561 E. Kellogg Rd.
775-537-2211



If you know of additional Food Pantries in Pahrump, please email details to Christine@PahrumpLifeMag.com.

Faith Fellowship Church

2190 N. Blagg Rd775-727-9183
Friday, 9 a.m. sharp!
Food boxes are distributed via drive-thru. Please remain in your car and thank you for your understanding.

Great Basin College

551 E. Calvada Blvd.775-327-5210
Monday - Friday, 8 a.m. - 5 p.m.

New Hope Fellowship

781 West St.775-751-1867
Wednesday 9 a.m. - 2 p.m.
TEFAP and Commodities distributed during regular pantry hours.

Joy Divine Community Church

1161 So. Loop Rd.775 -419-5266
Seniors: First Friday, 10-11:30 a.m.
Public: Every Friday, 10-11:30 a.m.
Lunch and pre-filled pantry food bags are served at the door.

Oasis Outreach

1061 E. Second St.775-727-7227
Sunday, Tuesday, Thursday, Friday, 6:15-7:15 a.m.
Please remain in your vehicle, we wave you up when boxes are ready.

Pahrump Community Church

1061 E. Wilson St.775-727-5384
Monday, Thursday, Friday, 9-11 a.m.
Identification is required.

The Salvation Army

240 S. Dahlia St.775-751-6171
Tuesday and Friday, 9 a.m. - 2 p.m.
Golden Groceries: Tuesday & Friday, 9 a.m. - 2 p.m.
All are welcome, ID and check-in required. Pantry lists limited to ONE visit per month for all programs.

United Methodist Church

1300 E. Highway 372775-727-6767
Monday, 9-11 a.m.; Tuesday, 4-6 pm

VFW Food Bank

4651 Homestead Rd.775-727-6072
1st & 3rd Wednesday, 10 a.m. - 12 p.m. (Last name A-L)
2nd & 4th Wednesday, 10 a.m. - 12 p.m. (Last name M-Z)
Veterans only, Military ID and proof of Pahrump residency required.



Chat Thai

WOW what a refreshing difference in an eating experience! When you step inside the door you feel as though you have just transcended into another world. The entryway is a hallway created by a tall bamboo fence of sorts. It makes you feel as though you're coming into something unique! And you really are. Prepare for an eating experience like no other in Pahrump. The decor takes you to another place on our planet. A place where sights and sounds, mingling with heavenly aromas of foreign spice's, meats and vegetables, mixed with exotic fruits and teas excite

your senses! Warm and inviting. I hope you don't miss this dining experience.

Chatthai Bistro is located at 421 South Frontage Road in Pahrump, across SR 160 from Walmart. The hours are high noon to 8 PM, Tuesday through Saturday (closed Sunday and Monday).

The bistro offers special prices on several lunch menu options. They also offer kids meals! The cocktail choices are extremely unique too. For example, the Emperor's Martini, made with lychee fruit, is so fresh that if you close your eyes, you can easily imagine you are right there in Thailand. Be careful though - if you have more than one you may have an

additional expense of hiring a taxi!

My favorite dish is what the chef calls "lollipops." These delicacies are made with a chicken leg that has had its meat pulled up and around the top of the bone to resemble a lollipop! It is then cooked with savory spices and what I call his magic sauce. The 4 legs are an entire meal, but they are made for sharing. Trust me on this; when you share you will be the hit of the meal, and each person you share with will be back for more!!!

Although no reservations are required, if you want more information just call this number (775) 537-7227.



DINING life

Mexican/ Southwest

El Jefe's, #1

1560 E. Calvada Blvd.
775-537-6034

El Jefe's, #2

921 S. Hwy. 160, #101
775-537-6034

Johnny's

90 Emery St.
775-727-3737

Johnny's Taco Shop

1330 S. Hwy. 160
775-727-3733

LaFonda - Salvadorian & Mexican

1021 Gamebird Rd.
775-253-1604

Las Patronaz

270 Dahlia St.
702-820-2281

Maria's Taco Shop

2301 S. Winery Rd.
775-751-0228

Maria's Tacos & More

Coyote Den
3971 E. Kellogg
775-253-0148

Rivas Mexican Grill 21

270 Dahlia St.
702-333-7800

Roberto's

1541 E. Hwy. 372
775-990-4703

Romero's

290 S. Humahuaca St.
775-537-1800

Rubalcaba's Mexican Restaurant

1500 Red Butte St.
775-727-4225

Tacos Fiesta

1330 E. Fifth St.
(off Hwy. 372)
702-579-5972

Tina's Tamales

361 Frontage Rd., #5
775-253-2634

Small Plates

Artesian Cellars

1731 S. Hwy. 160
775-600-7144

The Wine Down

250 Hwy. 160, #8
775-307-9463

Steak House

Stockman's Steak House

Pahrump Nugget Casino
681 S. Hwy. 160
775-751-6500

Montana Bar & Steak House

1231 S. Loop Rd.
775-209-2163



MOONSHINERS

LUNCH & DINNER MENU + SERVED 11AM-11PM

20% GRATUITY FOR PARTIES OF 8 OR MORE

STARTERS

- Fried Chicken Fingers** \$10.99
Plain or Buffalo Red Hot, with ranch. Add fries for \$1.99
- Chicken Wings (8)** \$12.99
Pit-smoked, then flash-fried, sealing in the flavor. Served with ranch, or try one of our sauces from the BBQ sauce bar.
- Moonshiner Minis (3)** \$11.99
Three small BBQ sandwiches. Choice of chopped brisket or pulled pork. Add fries for \$1.99
- Fried Mac & Cheese Bites** \$9.99
Our house-made mac & cheese, battered and fried.
- Onion Rings** *Choice of dipping sauce* \$7.99
- Road House Quesadilla** \$9.99
Grilled tortilla, jack & cheddar, with pico de gallo, sour cream and guacamole. Add chicken, pork or brisket for \$2.99
- BBQ Potato** \$10.99
Stuffed with your choice of BBQ pork, BBQ beef, BBQ chicken, or chili. Topped with cheddar and green onions.
- Chili Cheese Fries with onions** \$10.99



SALADS

- BBQ Salad** \$13.99
Fresh greens with your choice of BBQ chicken, BBQ beef, or BBQ pork, with cheddar and Parmesan cheeses. Topped with tomatoes, croutons, and red onions.
- Classic Caesar** \$9.99
Fresh romaine tossed in a creamy Caesar dressing, topped with Parmesan cheese and croutons. Add pulled chicken or pulled pork for \$2.99.
- Oriental Salad** \$10.99
Fresh cabbage, mandarin oranges, onions, fried noodles, with sesame seed dressing. Add pulled chicken or pulled pork for \$2.99.
- Chili Cup** \$5.99
Our hearty, homemade chili with beef.
- Soup & Salad Bar** ALL YOU CAN EAT \$9.99



ADD SOUP & SALAD BAR TO ANY ENTRÉE FOR \$5.99

PIT SMOKED BARBECUE

MOUTH-WATERING POST OAK SMOKED MEATS, SERVED WITH YOUR CHOICE OF TWO SIDES



- Pulled Pork** \$13.99
Smoked low & slow for 16-18 hours, then pulled, dusted and sauced. Choice of two sides.
- BBQ Brisket** \$15.99
Smoked low & slow for 16-18 hours, then sliced, dusted and sauced. Choice of two sides.
- Half Chicken** \$14.99
Smoked low & slow for 3.5-4 hours, then dusted and sauced and finished on the grill. Choice of two sides.
- Turkey Breast** \$12.99
Slice turkey breast topped with our house-made gravy. Served with mashed potatoes, an additional side and a cranberry garnish.
- St. Louis Style Ribs Dinner** \$21.99
Dusted with our Shiner Dust, then slowly smoked in our pit for 4-6 hours over post oak wood, locking in the flavor. Choice of two sides.
- Two Meat Plate** \$18.99
Choice of any two of our pit-smoked meats. (Ribs once only.) Choice of two sides.
- Three Meat Plate** \$19.99
Choice of any three of our pit-smoked meats. (Ribs once only.) Choice of two sides.
- PIT SMOKING ADDS A ROSEY CAST TO OUR SUCCULENT MEATS

SANDWICHES

SERVED WITH YOUR CHOICE OF ONE SIDE.

- Pulled Pork** \$10.99
Smoked low & slow with Texas post oak, topped with slaw, barbecue sauce and Shiner Dust.
- Chopped Brisket** \$14.99
Smoked low & slow with Texas post oak. Served on Texas garlic toast, topped with slaw, barbecue sauce and Shiner Dust.
- Smoked Turkey Club** \$11.99
Smoked turkey, bacon, lettuce, tomato, American & Swiss cheese, mayo, choice of bread.
- Grilled Cheese** \$8.99
Parmesan-crusted Texas toast, with cheddar, Swiss, American cheese.
- BLT** Served with one side \$9.99



SIDES

- Moonshiner Fries** \$5.99
Homemade with fresh cut potatoes, deep-fried and dusted with our Shiner Dust
- Cole Slaw** (vinegar base) \$3.99
- Potato Salad** \$3.99
- Mac & Cheese** \$3.99
- Green Beans with Bacon** \$3.99
- Corn on the Cob** (seasonal) \$3.99
- Baked Beans** \$3.99
- Mashed Red Potato with Gravy** \$3.99
- Onion Rings Upgrade** (with meal) \$3.99

BURGERS

1/2-POUND ANGUS BEEF BURGER. SERVED WITH YOUR CHOICE OF ONE SIDE.

- Grilled Cheeseburger** \$11.99
Flame-broiled with choice of cheese, lettuce, tomato, onion, and pickle.
- Smashed Cheeseburger** \$12.99
Smashed on the grill, sealing in the flavor. Choice of cheese, lettuce, tomato, onion, and pickle.
- BBQ Burger** \$14.99
Choice of cheese, bacon, onion straws, BBQ sauce, lettuce, tomato, onion, and pickle.
- Chili Burger** \$14.99
Grilled burger with choice of cheese and onions.
- Patty Melt** With grilled onions & Swiss cheese \$13.99



DINNER PLATES

CLASSIC DISHES FOR ANY TASTE.

- Salmon** GRILLED OR BLACKENED Served with two sides \$17.99
- Catfish** \$14.99
Farm-raised catfish fillet fried to a golden brown, served with two sides, tartar sauce & lemon.
- Baked Ziti** \$12.99
Ziti pasta with marinara & mozzarella, baked topped with ricotta, served with garlic toast.
- Chicken Fried Steak** \$15.99
Battered chicken fried steak in home-style gravy, with mashed potatoes and additional side.
- Porterhouse Steak** \$19.99
Grilled to your liking, with our house-made steak seasoning and two sides.
- Fish & Chips** \$14.99
Served with cole slaw, tartar sauce, and lemons.
- Liver & Onions** \$13.99
A Southern classic served with bacon, mashed potatoes and additional side.

BREAKFAST

SERVED 6AM - 11AM

DEUCES WILD

Two Eggs Any Style
Two Pancakes or Two French Toast
Two Strips of Bacon or Two Sausage Patties
\$7.99



FROM THE GRIDDLE

Pancakes Stack (3) **\$7.99**
Choice of bacon or sausage patties.

Belgian Waffle **\$7.99**
Add strawberries and whipped cream for \$1.99

French Toast **\$7.99**
Thick sliced toast dipped in cinnamon vanilla batter and fried to a golden brown. Choice of bacon or sausage patties.

Chicken Fried Steak **\$12.99**
Served with two eggs any style, hash browns, and choice of toast.



Road House Classic **\$8.99**
Two eggs any style, with hash browns. Choice of bacon or sausage patties, choice of toast.

Moonshiner Omelet (build your own) **\$10.99**
Choice of 3: bacon, sausage, ham, green pepper, onion, tomato, American, Swiss, provolone, cheddar, pepper jack, jalapeños. Choice of toast. Each additional item \$.75

Steak & Eggs **\$13.99**
New York steak, two eggs any style, with hash browns and choice of toast.

Ham & Eggs **\$10.99**
8oz bone-in ham steak, two eggs any style, with hash browns and choice of toast.

Breakfast Burrito **\$10.99**
Scrambled eggs, choice of meat, cheese, pico de gallo, hash browns.

Country Platter **\$11.99**
Biscuit & gravy, hash browns, two eggs any style, choice of bacon or sausage patties, and choice of toast.

Biscuits & Gravy **\$7.99**
Handmade buttermilk biscuits smothered in country gravy.

Cold Cereal **\$3.99**
Assorted flavors

Oatmeal / Cream of Wheat **\$3.99**



BREAKFAST SIDES

One Egg **\$1.49**
Toast (white, wheat, sourdough, rye) **\$1.99**
English Muffin **\$1.99**
Hash Browns **\$1.99**
Bacon **\$2.99**
Sausage Patties **\$2.99**
Biscuit & Gravy **\$3.99**
Sliced Tomatoes **\$2.99**
Substitute Egg Beaters **\$1.99**

DESSERT

OUR SCRUMPTIOUS DESSERTS ADD A SWEET FINISH TO ANY MEAL

Bread Pudding **\$8.99**
Cobbler **\$7.99**
Brownie Sundae **\$7.99**



BEVERAGES

Soft Drinks, Iced Tea, Raspberry Iced Tea **\$3.49**
Coffee, Hot Tea, Hot Chocolate **\$3.49**
Milk, Chocolate Milk **\$3.49**
Juice (Orange, Apple, Tomato) **\$3.99**

FOR THE KIDS

FOR OUR PATRONS 12 AND YOUNGER

Hot Dog with Fries **\$6.99**
Ziti Pasta **\$7.99**
Topped with marinara and served with garlic toast.
Chicken Fingers with Fries **\$8.99**
A child-size portion of our mouthwatering chicken strips, served with a side of fries.



CONSUMPTION OF UNDERCOOKED MEAT, POULTRY, EGGS OR SEAFOOD MAY INCREASE RISK OF FOOD-BORNE ILLNESSES. PLEASE ALERT YOUR SERVER IF YOU HAVE SPECIAL DIETARY REQUIREMENTS.



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Moving Checklist

It's time to start your moving calendar.

- ☐ Have a moving binder to store all the information you'll be getting and keeping your receipts for tax purposes.
- ☐ Contact your physician to get your medical records for yourself and your pet.
- ☐ Obtain your child's school records.
- ☐ Take a complete home inventory to know what you will take and what you'll leave behind. Take all give-away items to local charities.
- ☐ Contact 3-4 reputable moving companies to receive moving quotes. Make sure your quotes include all the services the mover is including. Get all the paperwork up front so you don't have any surprises. Never sign any blank or incomplete documents.
- ☐ Obtain boxes for packing.
- ☐ Start packing items you won't need right away first, such as off season clothing, dishes and pans. As you pack the items you'll need right away with "Open First".
- ☐ Obtain your change of address from the Post Office.
- ☐ As credit card bills come in, change your address so you won't miss a payment.
- ☐ Decide how to transport your pets. Check with your veterinarian.
- ☐ Decide the best way of transporting your plants. Check with your local nursery.
- ☐ Change the address on your magazines that you receive in the mail.
- ☐ Change your address with the Internal Revenue Service.
- ☐ Make arrangements to stop your newspaper deliveries.
- ☐ Discuss with your family about how this move will impact them.
- ☐ Get your vehicle serviced.
- ☐ Cancel your utilities including water, electricity, gas, internet and reconnect these services to your new home in your new location.

Now you're ready to greet your Big Day!

Useful Phone Numbers



ELECTRIC

Valley Electric Association (VEA) 775-727-5312
800 E Hwy 372



WATER

Utilities Inc 775-727-5575
1240 E State St.
Customer Service 866-277-5515
Desert Utilities 775-751-1368
4060 Blagg Rd.
Pahrump Utility Co Inc. 775-727-1629
5250 S Hafen Ranch Rd.



TRASH SERVICE

Pahrump Valley Disposal 775-727-5777
1410 E Mesquite Ave.



TELEPHONE – LANDLINE

AT&T 800-288-2020



INTERNET SERVICE

Valley Electric Broadband 775-727-5312
800 E Hwy 372
Rise Broadband 844-411-7473



TELEVISION SERVICE

Direct TV 800-531-5000
Dish Network 855-315-0572



HOSPITAL

Desert View Hospital 775-751-7500
360 S Lola Ln.



DRIVER'S LICENSE/VEHICLE REGISTRATION

Dept. of Motor Vehicle (DMV) 775-727-4141
1780 E Basin Ave.



LIBRARY

Pahrump Community Library 775-727-5930
701 S East St.



SENIOR CENTER

Pahrump Senior Center 775-727-5008
1300 W Basin Ave.



U.S. POSTAL SERVICE (USPS)

Pahrump Main Post Office 775-727-7055
2300 E Postal Dr.
Station 2 775-727-8815
3001 E Kellogg Rd.
Station 3 (P.O. Boxes Only-No Service) . . . 775-751-8122
950 N Blagg Rd.



CHAMBER OF COMMERCE

Pahrump Valley Chamber of Commerce . . 775-727-5800
1301 S Hwy 160 - Nevada State Bank Bldg.



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Nye County School District
Southern District Office 775-727-7743
484 S West St.



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Service Times:
 Sunday Morning
 10:00 a.m.
 Sunday Evening
 5:30 p.m.
 Tuesday Evening
 6:00 p.m.
Do I really need Jesus Christ in my Life?
 Romans 6:23 "For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord."
How do I receive eternal life?
 John 3:5 "Jesus answered, 'Verily, verily I say unto thee, except a man be born of water and of the Spirit, he cannot enter the kingdom of God.'"
How do I become born again?
 Acts 2:38 "Then Peter said unto them 'Repent and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost.'"
 www.pentecostalsofpahump.com

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